

# Yogi & Cindy Bears (SC054134)

Trustees' Annual Report and Accounts for the Year Ended  
30 April 2026

*Medical Detection Dogs • Animal-Assisted Intervention • Suicide Prevention •  
Mental Health Support • Water Safety • Drowning Prevention*

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## 1. INTRODUCTION

Yogi & Cindy Bears is a Scottish registered charity dedicated to improving public safety, providing 24hr face-to-face **Mental Health** support and **Water Safety Drowning Prevention**. Our trained First Responders and Water Safety Team use specialist trained **Medical Detection & Water Rescue** Newfoundland Dogs as part of our daily operations. We work across healthcare, education, emergency services, workplaces, and community environments, providing life changing support to children, adults, families, and staff teams.

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## 2. STRUCTURE, GOVERNANCE AND MANAGEMENT

Yogi & Cindy Bears is a charitable organisation governed by its trustees, who are responsible for the overall management, strategy, and safeguarding of the charity's assets.

The trustees meet as required to oversee operations, review activities, and ensure the charity is operating in line with its charitable objectives.

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## 2. OUR MISSION

To enhance lives and strengthen communities by:

- Supporting mental health and emotional wellbeing
- Providing early intervention and suicide prevention support
- Delivering specialist Medical Detection Dog services
- Offering Animal Assisted Therapy and engagement
- Promoting safety, resilience, and community connection
- Supporting NHS, education, and public services through partnership work

### 3. OUR CORE SERVICES

#### A. Medical Detection Dogs (MDDs) Animal Assisted Intervention (AAI)

Our dogs support emotional, cognitive, and social wellbeing.

We assist:

- Adults and children
- Individuals with disabilities
- People with autism, anxiety, PTSD, depression
- Dementia patients
- Isolated or vulnerable individuals
- Rehabilitation and recovery programmes

Benefits include:

- Reduced stress and anxiety
  - Improved communication and confidence
  - Increased engagement in education or therapy
  - Emotional regulation and behavioural support
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#### B. Suicide Prevention Scotland Network Support

We provide 24hr Face-to-Face compassionate, non-clinical support including:

- Early intervention
- Crisis signposting
- Community awareness sessions
- Support for families and staff teams
- Trauma informed wellbeing engagement

Our approach is **person centred, confidential, and safety focused.**

### **C. Mental Health Support Team**

We deliver:

- Psychological support
  - Wellbeing visits
  - Staff support sessions
  - Resilience and emotional regulation workshops
  - Confidence-building programmes
  - Support for individuals struggling with social interaction
  - Assistance accessing community services
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### **D. Water Rescue & Safety & Search & Recovery**

- Fully trained water rescue dogs
- Public safety demonstrations
- Support for emergency services
- Education workshops on water safety and drowning prevention
- Deployment from land, boat, or helicopter
- Multi agency support



## 4. WHERE WE WORK

We operate across Scotland in:

- NHS hospitals and healthcare settings
  - Schools, colleges, and universities
  - Care homes and residential environments
  - Community centres and charities
  - Corporate workplaces
  - Public events and safety demonstrations
  - Emergency service training environments
  - Local landmarks
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## 5. WHO WE SUPPORT

Our charity supports:

- Adults and children
- Adults and children with mental health challenges
- People with disabilities or additional needs
- Families in crisis
- NHS and education staff
- Emergency responders
- Isolated or vulnerable individuals



## **6. IMPACT & BENEFITS**

Our work helps:

- Reduce anxiety, stress, and depression
  - Improve emotional wellbeing and resilience
  - Increase engagement in learning or treatment
  - Provide comfort during crisis
  - Support early infection detection
  - Promote water safety and public awareness
  - Strengthen community resilience
  - Save lives through suicide prevention and rescue support
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## **7. SAFETY, GOVERNANCE & PROFESSIONAL STANDARDS**

We operate under:

- Full charity governance (SC054134)
- Enhanced PVG-checked staff and volunteers
- NHS aligned Infection Prevention & Control standards
- Comprehensive risk assessments for all environments
- Full public liability and professional indemnity insurance
- Strict animal welfare protocols
- Professional training for all handlers

### **Legal Frameworks Considered**

This assessment is based on the following UK and Scottish legislation and standards:

#### **7.1 Health & Safety Legislation**

- Health and Safety at Work Act 1974
- Management of Health and Safety at Work Regulations 1999
- Corporate Manslaughter and Corporate Homicide Act 2007

## **7.2 Animal Welfare & Access**

- Animal Health and Welfare (Scotland) Act 2006
- Control of Dogs (Scotland) Act 2010
- Equality Act 2010 (where assistance-dog-related access applies)

## **7.3 Safeguarding, Mental Health & Medical Support**

- Children and Young People (Scotland) Act 2014
- Protection of Children (Scotland) Act 2003
- Adult Support and Protection (Scotland) Act 2007
- Mental Health (Care and Treatment) (Scotland) Act 2003
- Suicide Prevention Scotland Frameworks
- Care Act 2014
- Human Rights Act 1998 Access to Private Medical Support

## **7.4 Data Protection**

- Data Protection Act 2018
- UK GDPR

## **7.5 Local Policies**

- NHS Board policies
- School/University safeguarding and visitor policies
- Workplace or venue-specific access policies

## **8. FINANCIAL REVIEW**

- **Financial Overview**

The charity recorded total income of £18,612.48 and total expenditure of £9,771.48, resulting in a net surplus of £8,841.00.

The closing bank balance at 29 April 2026 was £8,841.00, with no opening balance brought forward from the previous year.

## **9. RESERVES POLICY**

The charity retains reserves to ensure continuity of services, particularly in relation to animal care, training, operational delivery, and emergency response capability.

At year end, reserves stood at £8,841, which the trustees consider appropriate for the size and operational requirements of the organisation.

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## **10. TRUSTEES' RESPONSIBILITIES**

The trustees are responsible for:

- Ensuring proper accounting records are maintained
- Preparing financial statements that reflect the charity's activities
- Safeguarding the charity's assets
- Ensuring funds are used in accordance with charitable objectives

## 11. CONTACT DETAILS

**Website:** www.yogicindybears.com

**Email:** info@yogicindybears.com

**Phone:** 07934 103396

**Social Media:** @yogi\_cindy\_bears

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## 12. APPROVAL

This report was approved by the trustees on or after 30 April 2026.

**Signed:** 

**Name:** Norman J McConnachie

**Date:** 25/05/2026



# Yogi & Cindy Bears

SC054134

Annual Return April 29th 2026

Total (In Account)	Paid In (£)	Withdrawn (£)	Awards (Paid In)	Funding (Paid In)	Donations (Paid In)	Services (Paid In)	Other Income (Paid In)	Withdrawals(Paid Out)
£8,841.00	£18,612.48	£9,771.48	£8,000.00	£8,462.00	£1,379.39	£391.17	£379.92	£9,771.48

**APPENDIX 3**



<b>Independent examiner's report on the accounts</b>							v2
<b>Report to the trustees/members of</b>	Charity name <b>YOGI AND CINDY BEARS</b>						
<b>Registered charity number</b>	<b>SC054134</b>						
<b>On the accounts of the charity for the period</b>	Period start date				Period end date		
	Day	Month	Year	to	Day	Month	Year
	<b>01</b>	<b>05</b>	<b>2025</b>		<b>30</b>	<b>April</b>	<b>2026</b>
<b>Set out on pages</b>							(remember to include the page numbers of additional sheets)
<b>Respective responsibilities of trustees and examiner</b>	<p>The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.</p>						
<b>Basis of independent examiner's statement</b>	<p>My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.</p>						
<b>Independent examiner's statement</b>	<p>In the course of my examination, no matter has come to my attention [other than that disclosed on the attached page*]</p> <ol style="list-style-type: none"> <li>1. which gives me reasonable cause to believe that in any material respect the requirements: <ul style="list-style-type: none"> <li>• to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and</li> <li>• to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations</li> </ul> <p>have not been met, or</p> </li> <li>2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.</li> </ol>						
<b>Signed**:</b>	<div style="font-size: small;">           Scott M Taylor  <a href="#">Scott M Taylor (May 24, 2026 18:54:01 GMT+1)</a> </div>				<b>Date:</b>	<b>21/05/2026</b>	
<b>Name:</b>	<b>Scott Taylor</b>						
<b>Relevant professional qualification(s) or body (if any):</b>	<b>ICMA</b>						
<b>Address:</b>	<b>23 Sanday Road</b>						
	<b>Aberdeen</b>						
	<b>AB15 6DS</b>						

\*Please delete the words in the brackets if they do not apply. If the words do apply, set out those matters which have come to your attention on the following page.

\*\* OSCR will accept digital or typed signatures

## APPENDIX 3

### Disclosure section

Only complete if the examiner needs to highlight material problems.

**Give here brief details of  
any items that the  
examiner wishes to  
disclose**