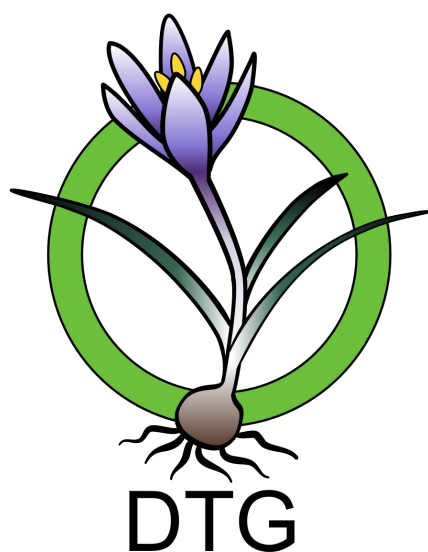


Report and Accounts for The Dundee Therapy Garden

Also known as The Veterans' Support Garden

Scottish Charitable Incorporated Organisation, charity number SC046484.



Dundee Therapy Garden

Accounts for the Year ending

31 March 2026

Report and Accounts for The Dundee Therapy Garden, also known as The Veterans' Support Garden.

Scottish Charitable Incorporated Organisation (SCIO), charity number SC046484.

Trustees

Peter Burnet - Chair from 12 Jan 26

John Campbell (Treasurer)

Kevin Gray

Paul McSherry

Hon Secretary

George Gammack

Address

The Old Bowling Green, 16 Dudhope Terrace, Dundee, DD3 6HF

Governing document

The Charity is a Scottish Charitable Incorporated Organisation (SCIO), charity number SC046484. It is governed by its constitution.

Charitable Purpose

The Charity delivers specialised therapy, based against the backdrop of gardening and horticulture. We provide structured therapy and holistic support to veterans and ex-emergency service personnel experiencing mental health challenges, including PTSD, depression, and anxiety.

Activities and Achievements

The Trustees adopted the following Mission.

To enhance the lives of those who have served by delivering structured therapy, one-to-one counselling, and community engagement activities that support recovery, resilience, and reintegration.

Name change

It was decided by the Trustees that the previous name, Dundee Therapy Garden, reflected our origins and physical location. It also used the word “therapy”, which over time has proved unhelpful. Some potential beneficiaries found the term clinical or intimidating, while some partners assumed that access required a diagnosis or formal referral. In practice, this created a barrier.

The name described a place and a perceived medical intervention rather than a supportive, accessible service focused on wellbeing, connection, and recovery. As the charity has matured, our work has expanded beyond a single activity. The former name no longer reflects what we do day to day or what we aim to deliver in the future. The new name, Veterans Support Garden, better reflects both current delivery and our future direction.

Fundraising

2025 saw the Charity fundraise the sum of £144,390. This was made up of £109,920 of unrestricted funds and £35,100 of restricted funding, specifically raised to redevelop the Garden. Our founder and Chair, Alec Lyell, suffered a catastrophic stroke and subsequently died just before Christmas. His wife, and fellow Trustee, was the Charity's fundraiser. A fundraiser was then recruited, who left us after just six months. This has led to two pauses in our fundraising activities, hence the dramatic change in the Charity's income in 2025 and early 2026. The Chair temporarily took over responsibility for fundraising and is grateful to those who have continued to support us through these difficult times.

Veterans

Over the past 12 months, the Charity has supported 28 people to cope with life challenges. A breakdown of the numbers is as follows: 6 Royal Navy, 13 Army, 3 RAF, 3 police and 2 dependants. Our work often benefits, indirectly, the partners and families of those we support. Our work is underpinned by evidence based therapeutic models and a commitment to holistic, person-centred support.

The Garden

The Garden refurbishment has been completed and has enhanced the environment considerably. The mound has been transformed, and a beach area and Consulting Room are planned for 2026. We now employ two Gardeners each for two days each week. They are both professionally trained and are doing an excellent job.

Staff

Fiona Hutcheon. An experienced counsellor who worked with the Prince's Scottish Youth Business Trust. Registered with COSCA. Fiona works 4 days per week.

Lisa Christmas. An experienced counsellor and former Staff Nurse with LHS. Registered with COSCA. Lisa works 3 days per week.

Roseanne Stirling - Reid. A qualified Level 5 Horticulturist who works for the Charity 2 days a week.

Lucas Wood. - After completing his Biological Sciences degree (BSc) from Dundee University, he has decided to pursue a career in gardening and horticulture. He also works 2 days a week for the Charity.

Accountants

Our accountants, Irvine Adamson, continue to give us an excellent service. We are extremely grateful that they charge their charitable rate.

Trustee remuneration and expenses

No trustee was remunerated or paid expenses.

Reserves

The Accounts for the year to 31 March show a deficit of £31,424 and bank balances of £36,424 in the Current Account and a Reserve Account balance of £31,183. This includes £10,504 which is reserved for the building of the consultation room.

The charity holds reserves of approximately six months annual operating costs, in line with OSCR recommendations.

Approved by the Trustees and signed on their behalf.

Peter Burnet

Chair

Sept 2026

Independent Examiner's Report to the Trustees of Veterans Support Garden

I report on the accounts of the charity for the year ended 31 March 2026 which are set out on pages 1 to 5.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 ("the 2005 Act") and the Charities Accounts (Scotland) Regulations 2006 (as amended) ("the 2006 Regulations"). The charity's trustees consider that the audit requirement of Regulation 10(1) (d) of the 2006 Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the 2006 Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently, I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with Section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Regulations, and
 - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Regulations.

have not been met, or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Jennifer Welsh BA(Hons) FCCA
Irvine Adamson
Chartered Accountants
7 St Malcolm's Wynd
Kirriemuir
Angus
DD8 4HB

8 September 2026

Dundee Therapy Garden
also known as The Veterans Support Garden

	Unrestricted 2026	Restricted 2026	Total 2026	Unrestricted 2025	Restricted 2025	Total 2025
General Donations received	78,380	10,504	88,884	108,589	35,100	143,689
Fundraising income						
Bank interest	323		323	701		701
	78,703	10,504	89,207	109,290	35,100	144,390
Charitable payments						
Salaries wages & pension	88,350		88,350	70,878		70,878
Recruitment	6,099		6,099	1,650		1,650
Garden equipment	364		364	1,302		1,302
Garden Refurbishment		2,372	2,372		28,536	28,536
Seeds & Plants		4,075	4,075	535	1,302	1,837
Arts & crafts			-			0
Training & supervision	1,288		1,288	690		690
Insurance	2,206		2,206	2,172		2,172
Heat & Light	3,084		3,084	2,497		2,497
Repairs & maintenance	2,080		2,080	772		772
Printing, stationery & advertising	-		-	238		238
Computer & CCTV equipment	1,097		1,097	1,905		1,905
Motor & travel expenses	8		8	136		136
Telephone	1,479		1,479	1,343		1,343
Legal & professional fees	1,386		1,386	612		612
Bank charges	240		240	240		240
Cleaning	1,148		1,148	1,431		1,431
General	5,014		5,014	4,290		4,290
Total payments for charitable activities	113,844	6,447	120,291	90,693	29,838	120,531
Governance costs						
Independent examiner fees	360		360	360		360
Total payments	114,204	6,447	120,651	91,053	29,838	120,891
Unrestricted Deficit/Surplus for the yr	(35,501)	4,057	(31,445)	18,237	5,262	23,499

Dundee Therapy Garden
also known as The Veterans Support Garden
Statement of Balances at 31 March 2026

	2026	2025
	Total	Total
Bank Balances		
Opening balances		
Handelsbanken current accooint	58,370	35,586
Handelsbanken reserve accooint	40,860	40,159
Cash on hand	24	9
	<u>99,253</u>	<u>75,754</u>
 Unrestricted defecit/surplus	 (35,501)	 18,237
 Restricted funds		5,262
		<u>-</u>
Garden refurbishment	(2,372)	
Plants	(4,075)	
Consulting room	10,504	
Surplus/(Deficit) for the year	<u>(31,445)</u>	<u>23,499</u>
	<u>67,810</u>	<u>99,253</u>
 Closing balances		
Handelsbanken current accooint	36,624	58,370
Handelsbanken reserve accooint	31,183	40,860
Cash on hand	3	24
	<u>67,810</u>	<u>99,254</u>
 Reserves		
Restricted Garden Refurbishment fund	(908)	1,464
Restricted Plant fund	(277)	3,798
Funded from unrestricted reserves	<u>(1,185)</u>	
Unrestricted funds b/f	93,992	
Deficit for the year	(35,501)	
	<u>57,306</u>	
 General unrestricted c/f		
	10,504	
 Restricted A Lyell Consulting room		93,992
Total	<u>67,810</u>	<u>99,254</u>
 Amounts due within a year		
Liabilities	<u>896</u>	<u>644</u>

Approved by the Trustees and signed on their behalf by

John Campbell
Treasurer
Sep-26

OUR THANKS

The Veteran's Support Garden, formerly The Dundee Therapy Garden, relies on the generosity of those kind enough to support the charity's work with vulnerable veterans.

During the year we have enjoyed donations from the following. The trustees are extremely grateful to them all.

Aberbrothock Skea Trust
Alexander Moncur Trust
Armed Forces Covenant
Army Benevolent Fund
Dundee Changemakers
Dundee Volunteer and Voluntary Action
IBB Trust
Leng Charitable Trust
Lethendy Charitable Trust
Mary's Mercury Trust
Rev John Duncan
John Smythe
Mears Foundation
Northwood Charitable Trust
St. Katharine's Trust
Tay Charitable Trust
Tillyloss Trust
Angus Tod
Veterans Foundation
Wood Foundation

The Charity also received generous donations from some who wish to remain anonymous.