

APPENDIX 1

OSCr

Office of the Scottish Charity Regulator

Trustees' Annual Report for the period							
	Period start date				Period end date		
	Day	Month	Year		Day	Month	Year
From	01	01	2025	To	31	12	2025

Reference and administration details

Charity name
Other names charity is known by
Registered charity number
Charity's principal address

University of the Third Age in East Kilbride
u3a in EK
SC041004
c/o Jan de Vries
7 Creighton Grove
East Kilbride
Glasgow Postcode G74 1AJ

Names of the charity trustees on date of approval of Trustees' Annual Report

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Norma Churchill	Chair		
2	Jane Brittin	Secretary		
3	Jan K de Vries	Treasurer		
4	Elaine de Vries			
5	Alex Fleming			
6	Iris Mayhew			
7	Joe McKague			
8	Irene Hudson			
9	Alan Chappell		10/07/2025 to 31/12/2025	Co-opted by Committee
10				
11				
12				
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19				
20				

Reference and administration details

Names of all other charity trustees during the period, if any, (for example, those who resigned part way through the financial period)

Name	Dates acted if not for whole year
Alastair Sommerville	01/01/2025 to 19/05/2025

Structure, governance and management

Type of governing document

Governance is by the Executive Committee in accordance with the Constitution agreed by the members of the Charity at the Annual General Meeting held on 19th May 2025

Trustee recruitment and appointment

The Executive Committee of up to twelve persons is elected by the members at the Annual General Meeting held normally in May each year.

Four Honorary Office Bearers namely, Chairman, Vice-Chairman, Secretary and Treasurer are elected by the members; the balance of other posts is allocated by the Executive Committee. This year the position of Vice-Chairman remained Vacant.

The Executive Committee is entitled to appoint an additional two co-opted members who shall have full voting rights.

Objectives and activities

Charitable purposes

The University of the Third Age (u3a) is a voluntary self-help organisation for older persons who are no longer in full time employment.

The charitable purpose of the u3a in East Kilbride is the advancement of education, and in particular the education of older people and those who are retired from full time work, by all means including associated activities conducive to learning and personal development, in East Kilbride and its surrounding locality. Also to provide facilities for leisure time and recreational activities with the purpose of improving the conditions of life for these persons in the interests of their social welfare.

Summary of the main activities in relation to these objects

The u3a in East Kilbride provides educational, creative and leisure opportunities in a friendly and relaxed environment. We draw upon the skills, knowledge and expertise of our members to provide the courses and activity groups requested by them. A selection of courses and activity groups includes but is not limited to bowling; foreign languages such as French and German; photography; horticulture; crafts; golf, table tennis, yoga; mahjong; reading for pleasure; sign language; family history and walking. These are all part of over thirty activities that are available to our members.

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Achievements and performance

Summary of the main achievements of the charity during the financial period

The Committee is pleased with the support it received from the general membership with the number of renewals confirmed and new members gained during 2025. The membership fee for 2025 was reduced from £23.00 to £20.00. By the end of the year, the membership role stood at 236 slightly down on the year before.

Most members live locally in East Kilbride but other persons reside in towns and villages in the surrounding area. The aim of our charity is to provide activities and facilities to our members to keep them mentally and physically active in their senior years and we believe we continue to achieve that aim.

We held ten monthly general meetings during the period (including the AGM in May). At these meetings guest speakers were invited to speak on a broad spectrum of subjects aimed at entertaining and stimulating the interests of the members attending.

Two social events took place in 2025, a Summer Outing to North Berwick & Dunbar with a meal at the Nether Abbey Hotel, North Berwick in June plus a Christmas Lunch at the Torrance Hotel, East Kilbride Village in December.

The Committee held its regular monthly committee meetings during the year. Contact with the membership was maintained throughout the year with the issue of monthly Newsletters.

Financial review

Brief statement of the charity's policy on reserves

The Committee's policy is to hold reserves of a minimum of three months or 25% to 30% of annual expenditure to cover any unforeseen financial expenses.

Details of any deficit

Not applicable

Donated facilities and services (if any)

None

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Other optional information

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Jan de Vries	Jane Brittin
Position (e.g. Chair)	Treasurer 	Secretary 
Date	12th February 2026	12th February 2026