



Get On A Bike

Trustees' Annual Report

1st February 2025 to 31st January 2026

Contact information

Get On A Bike

Scottish Charity Number: SC053122

Principal Address: Muckle Hoose, Birnie, Elgin, IV30 8SW

Email: sheila@getonabike.org.uk

admin@getonabike.org.uk



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Receipts and payments accounts

1. **Charity number and legal name:** SC053122 Get On A Bike
2. **Governance arrangements:** Get On A bike is governed by its constitution.
3. **Principal Office/Trustee Address (Treasurer):** Ms Sheila Scott, Muckle Hoose, Birnie, Elgin, IV30 8SW sheila@getonabike.org.uk
4. **Alternative e-mail address:** admin@getonabike.org.uk
5. **Gross Income for the period 01.2.25 - 31.01.26:** £0
6. **Gross expenditure for the period 01.2.25 - 31.01.26:** £5613.24
7. **Annual reports and accounts** – see over
8. **Charitable purpose and activity:** The advancement of health, by providing access to cycling opportunities, and by promoting the health benefits of cycling, to people in Moray.
9. **Income from investments:** none
10. **Total number of Charity Trustees:** 5 **Total number of paid staff:** 0
11. **Charity Trustees are:-**
 - Diane Maciver – Chair
 - Elizabeth Duncan – Secretary and Social Media Lead
 - Sheila Scott – Treasurer
 - Fee Howie – Safeguarding and Technical Support
 - Susan Leonard- Strategy and Projects



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12. **Safeguarding:** Get On A Bike holds PVGs for all charity Trustees and volunteer Bike Leaders. We have a Safeguarding Policy in operation and a dedicated Safeguarding Lead on the Board of Trustees.

13. **Summary of main activities in period of report:** see Chairman's Report for period 01.02.25 – 31.01.26 overleaf.

14. **Meetings:** The Board of Trustees meet at least monthly to discuss and agree both strategy and operational matters. Membership comprises of adults within the local community with both interest in cycling and the collective skills and experience required to manage a registered charity. The Trustees will be looking to increase their number during the forthcoming year.

15. **Donated facilities and services:** Over the past year, Digital Roots Ltd developed a website for Get On A Bike free of charge. Supporters have also donated three unwanted used bikes. The total value of these donated bikes at the time of donation was under £100.



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GET ON A BIKE CHAIRMAN'S REPORT

1st February 2025 – 31st January 2026

Chairman's Report – Get on a Bike

I am pleased to present this year's Chairman's report.

Over the past year, we have grown from strength to strength led by our team of five trustees and supported by our eight dedicated volunteer Bike Leaders and Bike Mechanics.

We were especially honoured to receive the national Scottish Cycling Inspiring Participation Award in November 2025. This recognition reflects the commitment of our volunteers and the positive difference Get On A Bike makes to adults who would like to try to start or restart cycling and need a helping hand.

A key development this year has been the rollout of our volunteer bike leader induction programme, which is helping to ensure that all volunteers are welcomed, supported, and equipped with the knowledge they need to contribute effectively. We are delighted that all have successfully passed the Ride Leader 1 training, which was delivered locally by Cycling UK in July 2025

This winter we decided to trial weekly indoor cycling sessions with the aim of ensuring that those who have already started cycling don't lose momentum, and to encourage new participants to develop skills and confidence in a safe environment, so they are ready to join group cycles as the weather improves. They were a great success with a total attendance of 28 over the 9 sessions run from November 2025 until Jan 2026. We are particularly proud of the partnership we have developed with the Skills for Life Team at the University of the Highlands and Island (UHI). On a weekly basis, Bike Leaders have supported an average of 6 young people with additional support needs to learn to ride bikes with skill and confidence.

This year we also expanded our equipment by purchasing three step-through bikes and two extra large bikes. This helps us to ensure that our sessions are accessible and suitable for a wide range of participants. We were also delighted to be able to donate a bike to one of our clients, supporting them to continue cycling independently.



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Behind the scenes, important work has also taken place to strengthen the organisation's foundations, including the development of key policies to support our ongoing growth and sustainability. Our trustees have benefited from good governance and organisational development training provided by the TSI Moray

We continue to invest time in marketing our project to potential participants and those who have a relationship with them, such as local health professionals and 3rd sector organisations. We are especially grateful to Val McLennan from Digital Routes Ltd who has produced our fantastic new website which was launched in January 2026. Thanks to the participants, partners and volunteers who shared their views on how to ensure it is accessible to all.

Plans for the Coming Year

Looking ahead, Get on a Bike aims to build on the strong foundations established this year.

To meet demand, we aim to proactively increase our volunteer base. We have established that we need Bike Leaders who have daytime availability and Trustees, ideally with financial and/or 3rd sector governance experience.

Continuing to build on the success of our indoor evening cycling sessions is a priority. This includes trialing a similar format outdoors throughout Spring 2026.

We also intend to further develop our partnership with UHI and other 3rd sector organisations with the aim of making cycling more accessible to those who need extra support, enabling them to develop confidence, practical skills and improved wellbeing. Internally, we will continue to strengthen governance and organisational resilience by reviewing and developing policies and supporting ongoing trustee development.

We have sufficient funding to cover operational costs for the next financial year. A priority throughout this year will be to secure the necessary investment to ensure that Get On A Bike can continue to grow from strength to strength throughout 2027/2028. Most importantly, we will remain committed to our core mission: creating welcoming opportunities for people of all abilities to experience the benefits of cycling and physical activity.



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Finally, I would like to thank our trustees, volunteers, partners, and participants for their continued support.

Diane MacIver
Chairperson, Get On A Bike

Receipts - 01/02/25 to 31/01/26

No new grants or donations were received during the period of the accounts

Cash in the bank as at 01.02.26 was £10,735



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Statement of Receipts and Payments for year ending 31/01/26

	Unrestricted	Restricted	Year end 31.01.26	Period end 31. 01. 25
Receipts				
Grants				17272
Donations				3000
Total				20274
Payments				
Cost of charitable activities	20	3220	3240	2979
Governance costs		281	364	364
Equipment		2063	2063	612
Total payments	-20	-5564	-5584	3955
Surplus/deficit for the year	-20	-5564	-5584	16319



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Statement of Balances as at 31 January 2026

	Unrestricted	Restricted	Total Year end 31.01.26	Total year end 31.01.25
Opening cash at bank	2934	13385	16319	0
Surplus/deficit for the year	-20	-5564	-5584	
Closing cash at bank	2914	7821	10735	16319
Bank balances				
Bank current account	2914	7821	10735	16319
	2915	7790	10705	16319
Other assets (unrestricted fund)				
Bikes (est value)			3500	4300
Helmets, bike locks, tools and accessories (est value)			350	700
			3850	5000
Liabilities (restricted fund)			0	
Other assets unrestricted fund				
Bikes (est value)			3500	4300
Helmets, bike locks, tools and accessories (est value)			350	700
			3850	5000



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Notes to the accounts for the year ended 31st January 2026

1 Basis of accounting

These accounts have been prepared on the Receipts and Payments basis as advised by OSCR

2 Nature and purpose of funds

Unrestricted funds are those that may be used at the discretion of the Trustees in furtherance of the objects of Get On A Bike.

Restricted funds may only be used for specific purposes. Restrictions are specified by the doner.

3 Donations and grants

During this year, no new donations or grants were sought or received as there were sufficient funds available to cover expenditure for the year.

4 Related party transactions

The Get On A Bike's membership agreement with Cycling UK includes indemnity insurance for all Ride Leaders. No other remuneration was paid to the trustees or any connected persons during the year.

5 Cost of equipment, charitable activities and governance costs

See overleaf.

6 Receipts and payments by funding source

See overleaf.



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Cost of equipment, charitable activities and governance costs

	Cash in Bank on 1/2/25	Payments 26	Payments 25
	£16,319		
Equipment			
Equipment		£1893	£0
Mobile phones		£170	£612
Sub total		£2063	£612
Charitable activities			
Branded clothing		£697	£969
Store supplies		£98	£386
Bike Repairs		£239	£140
Statutory training		£580	£136
Training -bike maintenance		£183	£836
Web design		£0	£0
Stationery/marketing		£415	£184
Participant refreshments		£1028	£328
Sub total		£3240	£2979
Governance			
Insurance and Fees		£281	£261
Accreditation		£0	£103
Sub total		£281	£364
TOTAL		£5584	£3955
Cash in bank 1st Feb 26		£10,735	



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Receipts and payments by funding source 1st February 2025 – 31 January 2026

<u>Source and funding allocated</u>	<u>Timescale</u>	<u>Spend from 28/4/24 to 31/1/26</u>	<u>Reporting requirements</u>	<u>Key GOAB contact given to funder</u>
<u>Lottery - Awards For All</u> £16394 Purpose Web design £156 Community Fee - £146 Store Supplies - £400 Bike Repair - £912 Clothing - £1500 Mobile Phone - £700 Bike Maint courses - £3000 First Aid courses - £1500 Refreshments - £4200 Bike Insurance £880 Replacement Bikes - £3000 Marketing £0	April 2024- March 2026	£8630.24	At end of project	Sheila
<u>Energize</u> £1500 Purpose Unrestricted	August - November 24 No timescale allocated for spend	£20	None	Lorna
<u>Scottish Cycling</u> £1500 Purpose Not specified	February 2024 No timescale	£65	None	
<u>Changing Lives Fund (Moray Council)</u> £480 (£328.28 spend in previous year) Purpose Refreshment costs for 2 groups of 12 riders and leaders based on £6 per head	April 2024- March 2025	£151.72 (£480 total spend)	Moray Council	Susan

Declaration



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The Trustees declare that they have approved the Trustees' report and statement of receipts and payment account above.

Signed on behalf of the charity Trustees:

Signed:

Position:

Date:

Signed:

Position:

Date: