

NEWFIELD COMMUNITY GROUP SCIO52862

TRUSTEE REPORT 2025-2026

Newfield
Community
Group

1st 2025



OSCR

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Registered SCIO
SC052862

EVERYTHING YOU NEED TO KNOW, RIGHT HERE ...

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WELCOME!

OUR PURPOSE

Originally set up in September 2023. The Charity is based in 'The Crescent' which is a community hub in Dundee and the base for a busy inner-city GP practice and other services. The Practice runs as a Co-op and underpinning that is the desire to improve the lives of those in the community. The Charity was originally set up by a group of 3 GP trustees to create a 'hub' where people in the community of all ages and backgrounds can be supported by other 3rd sector organisations. The hub is in a small community cafe area within 'The crescent'. The GP Practice currently employs a full time Community Coordinator whose role it is to coordinate all the activities on behalf of NCG and support the growing group of community volunteers.

ACHEIVEMENTS SO FAR...

This is the second trustee report and over the last year we have seen the charity grow from strength to strength as it supports the activities in the local community. We have seen a strong group of local volunteers who offer free refreshments in the café area and peer support for those seeking refuge. The NCG volunteers have also been instrumental in supporting the 3rd sectors that come to Whitfield to provide vital services and support to those living in the community. Receiving lottery funding has assisted the NCG charity to support those organisations working from the community hub. It has been wonderful to see the strong links developing between the 3rd sectors working collaboratively together for the common purpose of providing mental health and wellbeing support to everyone living in the community of all ages and backgrounds.

Financial Acheivements

The community hub runs a basic kitchen providing soup and hot drinks and light sweet bites. Only donations are accepted for this and daily donations range between £40-£60 a day.

The Community Coordinator has successfully applied for funding and payments have been received from:

- **Scottish government**
- **'go fund me'**
- **ASDA Foundation**

We recognise the support from Dundee City Council in supporting the use of the space in the 'Crescent' to develop and grow the charity.



Activities on offer

To date we have developed a number of activities, developed several partnerships and established a very good relationship with the local community. This has been the foundation on determining what activities are on offer so far

Firstly, we have our community kitchen café running Monday to Friday 9-5 pm by our band of NCG Volunteers. This allows the local community to have access to free food, support, chatter and laughter. It is a 'safe space' for those in need. We have no set prices and suggest that individuals donate what they can. This money goes back into buying ingredients and other supplies for the kitchen. Thus far, approximately 7680 individuals have accessed our cafe at the time of producing the report. This is an average as we recorded the amount of people we had in one week and was able to come up with an average from this figure.



I HAVE BEEN VOLUNTEERING FOR 7 MONTHS NOW, AND I ABSOLUTELY LOVE IT! AFTER A RECOMMENDATION FROM MY EXTREMELY SUPPORTIVE AND CARING GP, I PLUCKED UP THE COURAGE TO APPLY. I WAS AT A REAL LOW, BUT NOW, I HAVE REGAINED MY CONFIDENCE AND FEEL LIKE 'MY OLD SELF' ONCE AGAIN. I LAUGH A LOT!!

I HAVE MADE LOTS OF NEW FRIENDS, SOME OF WHOM I SOCIALISE WITH OUTSIDE OF VOLUNTEERING, AND HAVE ALSO JOINED VARYING ACTIVITY GROUPS, WHICH I DISCOVERED THROUGH VOLUNTEERING. I FEEL I AM 'GIVING SOMETHING BACK' TO THE COMMUNITY AND DEFINITELY HOPE TO KEEP DOING THIS LONG TERM.

NCG VOLUNTEER

Walking Group

We have a **walking group**. This group is for anyone looking to get active in their local area to enhance health, fitness and social isolation. To ensure this group is inclusive as possible we have split the walk into a longer walk and a shorter walk. This group also participates in a litter pick once a month to ensure their community remains clean and benefits the environment. We have collected 72 bags of rubbish. This is facilitated by two volunteers who are walk leader trained. Medical students participate in the walk once a month when they can learn about the local community. This has proved a huge success. We have been able to get 4 volunteers walk leader trained.



Food Larder

Newfield Community Group (NCG) offers a **Food larder** for our local community. We run this on a Thursday but not limited to this day. We offer ten ambient items, 1 from the fridge and 1 from the freezer. We work in partnership with DCC, Faith in Communities, Dundee Bairn's, Dads rock, literacy team, barnardos and Alexander's development.

This is free of charge for anyone in the community. This year we have supported 1768 in the northeast area in Dundee. Dad's rock has been present at a number of larders to advertise their charity and what they do. Dundee Bairn's also provide us with items for the larder for parents that attend our food larder.



Barnardo's

Barnardo's have a presence in the hub on the food larder day. They offer employability support to anyone that is looking for work. They understand that it is not as easy as filling in an application and accepting a job and support individuals to navigate returning or getting into employment.

DDC Literacy Team

Dundee City Councils (DCC) **literacy's team** have become present in our community space. They have run a number of activities including, literacy board games and basic IT skills groups. This has allowed local people have access to groups that can empower them to learn new skills and/or build upon these skills. Due to the reorganisation of their team their presence is not has much as earlier in the year.

Stoma Support Group

The GP's identified a number of local people that have a stoma bag and how little support there is when someone has this life changing surgery. This empowered a local individual to make a change and started a **Stoma support group** to ensure there was a source of support. This takes place on the last Thursday of the month in the evening 5-7 pm to ensure that it is accessible to everyone.

Veterans Group

Our **Veterans group** offers peer to peer support for anyone who was in any of the armed forces. We have worked with a number of different organisations including **SAFA** and **Alzheimer's Scotland** to ensure this group is as supportive and informative for anyone accessing this group. We have a new volunteer starting to help support this who will be a **SSAFA Volunteer** but their role will be to support this group.



Seated Yoga

Heart Space Dundee is a yoga teaching company that do outreach to local communities. Seated yoga is a gentle practice that allows you to perform yoga postures while seated or with the aid of a chair. Chair yoga is suitable for beginners and those with physical disabilities, focusing on inclusivity and adaptability. We are lucky enough to offer this on a weekly basis (Thursday afternoon). There is on average 8 that participate weekly.

Naloxone & BLS

We are also proud to be able to offer **Naloxone** training. We have trained, so far, **52 individuals** on Naloxone. We can also offer **Basic Life Support** training with discussions in place for dates for this year.



Alzheimer's Scotland

Alzheimer's Scotland attend on the first Tuesday of every month to provide support to the local community. We have had at least 15 participants each month. Each month has had a different theme or topic. These have included Scottish fire and rescue attending for safety in the home advice and the police Scotland to inform participants on the 'missing protocol'. From these sessions approx. 10 participants

have engaged in follow up sessions and engaged in other services ran by Alzheimer's Scotland.

DVVA Mental Health Forum

NCG hosted the **DVVA Mental Health Forum** in November 2025 where many organisations come together to share ideas, news, projects and support.



Health Inclusion Nursing Team (HINT)

The Health Inclusion Nursing team (HINT) have continued to support local people through our community cafe. This is an NHS team that offers Health promotion and education, Holistic health assessments, Person centred support to access and engage with services, 1 – 1's and group work and Health & wellbeing interventions with our Associate Practitioners. They are now present every Tuesday 10-1pm and they identify patients that may benefit from referral to the Vulnerable Access Clinic. They have made several referrals to the VAC in the past 4 months already.

Health Inclusion Nursing Team (HINT) Case Study

Patient A attended one of the groups at the café where HINT nurse engaged with them for the first time in August 2024. A positive relationship has been built with Patient A and over the course of the time we have known them several health and social issues have been supported. Patient A continues to attend the café regularly which has reduced the risk of social isolation, and they can access social supports like food larder.

Examples of the supports provided by HINT are below;

- Changes to medication by GP – Monitoring of BP at the café and fed back to GP surgery
- Increasing frequency of falls – HINT referred to Falls Prevention Team
- Referral to Community Podiatry
- Supporting to complete health questionnaires / preparation for appointments
- Concerns regarding memory and social situation – liaise with GP, Social Work and Fire Service
- Support to attend Audiology appointment
- Patient transport arranged to ensure hospital appointment attendance

Consent gained from Patient A to write a brief case study

Hillcrest

Hillcrest have supported us with a **Recovery and Wellbeing Group**. This has allowed anyone dealing with addiction to gain access to the support they need. Identified issues raised by this group relate to housing, ADP, Benefits, referrals to Vulnerable Access Clinic, Emotional support, drugs and alcohol support and harm reduction advice.

NCG Volunteer Group

As we embedded ourselves in our local community, volunteers were recruited through word of mouth and from attending the cafe themselves. We have provided a number of volunteering opportunities for the local area to empower the community to learn new skills, meet new people, achieve a sense of purpose and help reduce social isolation.

As a result of this we have supported up to fifteen volunteers throughout the year and this number varies from month to month as we support volunteers into employment or other activities. The NCG Volunteer group are an asset to the charity, and they have been instrumental in allowing the charity to grow and deliver on the purposes that it set out to achieve. The Community Coordinator employed by Newfield Medical Group whose role is dedicated 100% to the charity has been recognised by the offer and acceptance of a full-time contract. The charity is grateful to Newfield Medical Practice for recognising the impact of this role on the delivery of the purposes of the charity. The NCG Community Coordinator continues to develop the role to provide training and support for the volunteers in the charity. Examples of some of these activities planned are a bowling team building day, First aid in the workplace course and a mini 'awards ceremony' to thank the volunteers for their hard work and dedication.

HMP Castle Huntly work placements

We have built a good relationship with our local Cat D prison, HMP Castle Huntly. This has allowed us to support four prisoners to rehabilitation and integrate back into the community prior to liberation. The prisoners have been offered an opportunity to gain new employability skills, regain confidence in the community, and share their own skills. There is evidence that community placements help to reduce reoffending rates and challenge stigma in the community.

Fundraising Activities

The NCG Volunteer Group raised **£1599.42** by participating in the local Kiltwalk. Seven volunteers completed the 20 mile walk from St Andrews to Dundee. This was an incredible achievement for all the volunteers as this was the first time many of them had completed a walk of this size. Congratulations to them for this achievement!



Medical Student Volunteering

NCG volunteers work alongside senior medical students once a week to support the community café. This has proved a huge success where both groups of people from very different backgrounds can learn from each other's experiences. The community volunteering afternoon for the students has provided an excellent insight into what goes on in the community and the challenges that many people find themselves in.

Vulnerable Access Clinic (VAC)

NCG support the delivery of this access clinic on a Monday afternoon. It is fully funded by NHS Tayside Charitable Foundation. Extremely vulnerable patients identified in the community by 3rd sector organisations are supported to access support with addiction, harm reduction, housing, sexual health and medical support. NCG provide refreshments and comfort bags as well as peer support.



Interface with other organisations

NCG has worked in partnership with a number of organisations to ensure we can benefit our community as much as possible. These include, Dundee City Council Community Health Team, Literacy's Team, Connect Team and Empowerment Team, Roundhouse, Alexander Development, One Parent Family Scotland, Veterans First Point, Ahlziemers Scotland, Autism Scotland, Whitfield Community Garden, With You, The Corner, Feeling Strong, Faith in the Community, NHS Health inclusion nurses, Leisure and Culture Dundee, Heart Space, Dundee Bairns, Local Management Group, Fairshare, National Lottery, NHS Charitable Foundation, Barnardo's, Mental Health Forum, Green Health Partnership, carers centre, The Crescent and DVVA, YMCA Tayside.



Picture: Men that have engaged with YMCA Tayside out for a meal

Interface with other organisations

We have also had a good presence in a number of partnership meetings and network meetings. We have contributed to the Mental Health Forum, Alcohol and Drug Partnership and Local Community Partnership Plan meetings.

Information on Trustee, staff & Governance

Our trustees are responsible for the direction of the charity, ensuring that the charity achieves its purpose and follow the constitution.

Trustees who served during this year were:

Dr Rebecca Forrester (Chairperson)
Dr Edmund Rhatigan
Dr Zindzi Greenwood

Employed staff/Management:

Joe Good (Community Coordinator employed by Newfield Medical Practice)

Governance

Newfield Community Group is charity SCIO 52862, registered in Scotland and is governed by its constitution and trustees.

The Co-ordinator has clear line management set up within the practice to support their role and employment needs

Conclusion and final word's from Trustee Chairperson

Dr Becky Forrester

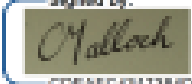
The report has been put together by Joe Good Community Coordinator without whom this charity would not have grown and be the success that it is today. We are extremely grateful for his dedication and hard work supporting all those that come through hub and all the organisations that are supported to deliver their services within the Crescent. We are also grateful to Newfield Medical Group who as part of their charitable giving fully support and employ a full-time Community Coordinator and signpost those in the community to engage with the services and activities that are provided. It was wonderful to hear that the practice have guaranteed a full time contract now for the coordinator role which provides reassurance and security.

NCG is extremely grateful to the Board of Trustees who responded to the vision of what could be achieved in a local community and working in partnership with 3rd sector organisations, supported by a local GP practice.

Dr Greenwood and Dr Rhatigan have given notice of stepping down from their role as trustee due to increasing work commitments and therefore we have implemented an active recruitment drive to establish a broad and diverse board of Directors moving forwards.

APPENDIX 3



		Independent examiner's report on the accounts							vs	
Report to the trustees/members of	Charity name	Newfield Community Group SCIO								
	Registered charity number	SC 052862								
On the accounts of the charity for the period	Period start date				Period end date					
	Day	Month	Year		Day	Month	Year			
	28	September	2024	to	30	September	2025			
Set out on pages	24 - 28							(remember to include the page numbers of additional sheets)		
Respective responsibilities of trustees and examiner	The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.									
Basis of independent examiner's statement	My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.									
Independent examiner's statement	In the course of my examination, no matter has come to my attention - which gives me reasonable cause to believe that in any material respect the requirements: - to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations have not been met, or - to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.									
Signed**:					Date:	29/06/2026				
Name:	Catriona Malloch									
Relevant professional qualification(s) or body (if any):	Signed by:  CCDAPC4317384C0...									
Address:	28 Lewis Place Perth PH1 3BD									

Statement of Receipts and Payments for the year ended 30 September 2025

		Unrestricted Funds (£)	Restricted Funds (£)	Year ended 30/09/2025 (£)	Year ended 28/09/2024 (£)
Receipts					
Donations	3	11,883	371	12,254	6,806
Grants	4	4,800	1,100	5,900	14,314
Other		0	0	0	
Total Receipts		16,683	1,471	18,154	21,120
Payments					
Cost of Charitable Activities	5	12,821	1,267	14,088	9,089
Donations	6	0	371	371	
Fundraising Costs		60	0	60	
Governance Costs		0			
Other		0			
Total Payments		12,881	1,638	14,519	9,089
Net Receipts / (Payments)		3,801	(167)	3,634	12,031
Transfers to / (from) funds	10	719	(719)	0	0
Surplus / (deficit) for the year		4,520	(886)	3,634	12,031

Statement of Balances at 30 September 2025

	Unrestricted Funds	Restricted Funds	Year ended 30/09/2025	Year ended 28/09/2024
	(£)	(£)	(£)	(£)
Cash Funds				
Opening cash at bank and in hand	1,320	10,711	12,031	0
Surplus / (deficit) for the year	4,520	(886)	3,634	12,031
Closing cash at bank and in hand	5,840	9,825	15,665	12,031
			At 30/09/2025 (£)	At 28/09/2024 (£)
Bank and cash balances				
Bank account			15,518	12,006
Cash			148	25
			15,665	12,031
Other assets			At 30/09/2025 (£)	At 28/09/2024 (£)
Fixed Assets			0	0
Debtors			0	0
			0	0
Liabilities			At 30/09/2025 (£)	At 28/09/2024 (£)
Creditors			0	0
Other Liabilities			0	0
			0	0
Net Assets			At 30/09/2025	At 28/09/2024
			15,665	12,031
Retained Earnings			At 30/09/2025	At 28/09/2024
Retained Earnings			12,031	0
Current Year Earnings			3,634	12,031
			15,665	12,031

Notes to the accounts for the year ended 30 September 2025**1 General information**

Newfield Community Group SCIO is a Scottish Charitable Incorporated Organisation governed by its constitution. It was registered as a chairity in Scotland (registered number SC052862) on 28 September 2023. Its registered address is The Crescent 71 Lothian Crescent, Whitfield, Dundee, DD4 0HU. The organisation's purposes are: the advancement of health and the relief of those in need by reason of age, ill health, disability, financial hardship, or any other disadvantage.

2 Basis of accounting

These accounts have been prepared on the Receipts and Payments basis in accordance with the Charities & Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended)

3 Donations	Unrestricted Funds (£)	Restricted Funds (£)	Year ended 30/09/2025 (£)	Year ended 28/09/2024 (£)
Cafe Donations	10,768	0	10,768	1,965
Kiltwalk Donations	944	0	944	341
Donations from organisations	170	0	170	4,500
Donations for third parties	0	371	371	0
	11,883	371	12,254	6,806

4 Grants Received	Unrestricted Funds (£)	Restricted Funds (£)	Year ended 30/09/2025 (£)	Year ended 28/09/2024 (£)
Common Good Fund	0	0	0	2,159
Community Regeneration	0	0	0	1,655
Big Lottery	0	0	0	10,000
Dundee Bairns	0	0	0	500
Dundee City Council	0	500	500	0
NHS Charitable Trust	4,800	0	4,800	0
Asda Foundation	0	600	600	0
Total Grants	4,800	1,100	5,900	14,314

5 Cost of Charitable Activities	Unrestricted Funds (£)	Restricted Funds (£)	Year ended 30/09/2025 (£)	Year ended 28/09/2024 (£)
Expenditure - Cafe Expenditure	10,935	0	10,935	0
Expenditure - Food Larder	175	358	533	0
Expenditure - New Equipment	547	249	796	0
Expenditure - Insurance	714	0	714	0
Expenditure - Printing, Postage & Stationery	14	0	14	0
Expenditure - Grant Repayments	0	500	500	0
Expenditure - Telephone & Broadband	80	0	80	0
Expenditure - Staff & Volunteer Costs	357	160	517	0
Expenditure - Cost of Charitable Activities	0	0	0	9,089
	12,821	1,267	14,088	9,089

6 Donations

The charity collected donations of £371 on behalf of Breast Cancer UK (1138866).

7 Fundraising Costs

The charity contributed toward the entry fees of the Kiltwalk for volunteers who raised funds for the charity at this event. £60, 2025. (£0, 2024)

8 Trustee Remuneration and Related Party Transactions

There was no trustees' remuneration, expenses or other benefits for the year ended 30 September 2025. (£0, 2024)

There were no transactions requiring disclosure between the charity and any parties relating to the trustees or key management personnel in the year ended 30 September 2025. (Reimbursement to trustee: £480, 2024)

9 Staff and Volunteers

Newfield Medical Group provides 1 FTE of coordinator staff time. The coordinator's role is to support patients and local people through social prescribing, connecting them with community services, coordinating volunteers, developing local projects, and building partnerships to improve community wellbeing. The charity also has 13 volunteers who perform a variety of roles including day to day running of the kitchen, cleaning, organising donations, being the face of the charity and supporting the coordinator to develop the charity.

10 Movement in Funds

	At 29 September 2023 (£)	Income (£)	Expenditure (£)	Transfers (£)	At 28 September 2024 (£)
<u>Restricted Funds</u>					
Restricted - Big Lottery		10,000			10,000
Restricted - Common Good Fund		2,159	1,933		226
Restricted - Community Regeneration		1,655	1,670	15	0
Restricted - Dundee Bairs		500			500
	0	14,314	3,603	15	10,726
<u>Unrestricted Funds</u>					
.Unrestricted - General		1,965	1,965		0
Designated - Newfield Medical Group		4,500	3,180	(15)	1,305
Designated - Kiltwalk		341	341		0
	0	6,806	5,486	(15)	1,305
<u>Total Funds</u>	0	21,120	9,089	0	12,031

	At 29 September 2024 (£)	Income (£)	Expenditure (£)	Transfers (£)	At 30 September 2025 (£)
<u>Restricted Funds</u>					
Restricted - Big Lottery	10,000	0	160	0	9,840
Restricted - Dundee City Council	0	500	500	0	0
Restricted - Common Good Fund	226	0	0	(226)	0
Restricted - Donations for Third Parties	6	371	371	0	0
Restricted - Dundee Bairs	500	0	0	(500)	0
Restricted - Asda Foundation	0	600	607	7	0
	10,726	1,471	1,638	(719)	9,840
<u>Unrestricted Funds</u>					
.Unrestricted - General	0	10,743	8,597	719	2,865
Designated - YouGov	0	195	0	0	195
Designated - Newfield Medical Group	1,305	0	0	0	1,305
Designated - NHS Charitable Trust	0	4,800	4,224	0	576
Designated - Kiltwalk	0	944	60	0	884
	1,305	16,683	12,881	719	5,825
<u>Total Funds</u>	12,031	18,154	14,519	0	15,665

Some funds were fully used in the year ending 29 September 2024, but this was incorrectly recorded in that year's accounts. As a result, a transfer has been made in the current financial year from the unrestricted funds to bring the balance of these funds to £0. This includes £226 of the Common Good Fund and £500 of the Dundee Bairs fund.

11 Purpose of Funds

Restricted Funds

Restricted - Big Lottery	To support the groups and activities we have on in the cafe.
Restricted - Dundee City Council	Winter Grant to cover gift cards for individuals and families accessing the Larder. This was unused and returned to the funder.
Restricted - Common Good Fund	This fund was to buy equipment for the cafe
Restricted - Donations for Third Parties	6 Funds raised by the charity to be passed on to another charity.
Restricted - Dundee Bairsns	Restricted funding for the food larder.

Unrestricted Funds

.Unrestricted - General	General reserves.
Designated - YouGov	Donated by local MP.
Designated - Newfield Medical Group	Start Up Fund from Newfield Medical Group
Designated - NHS Charitable Trust	Unrestricted grant. The trustees have designated this for the running of the café project.
Designated - Kiltwalk	Raised by volunteers by doing the Kilt Walk.

THANK YOU

CONTACT INFORMATION

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-  Newfield Communtiy Group

Newfield Community Group is a registered Scottish charity with charitable status (SC052862)