



**TRAUMA HEALING TOGETHER SCIO
TRUSTEES' REPORT AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE PERIOD 1 NOVEMBER 2024 TO 31 MARCH 2026**

Trauma Healing Together SCIO Contents

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Trauma Healing Together SCIO

Trustees' Report For the Period 1 November 2024 to 31 March 2026

The trustees present their report and the financial statements for the period ended 31 March 2026.

Objectives and Activities

Aims and Objectives

Trauma Healing Together was set up in March 2020 to provide opportunities for healing and growth to those who have experienced poor mental health as a result of trauma.

Our aim is to develop a holistic and collaborative service which will be free to use for anyone who has experienced any form of psychological trauma in Scotland. As well as providing therapy, we hope to offer opportunities for training and personal development and the chance to shape the future of services and understanding of trauma through participation in research. The vision for our charity is 'All Trauma Survivors in Scotland to have the resilience and skills needed to live a fulfilling and meaningful life despite their trauma'.

Reference and Administrative Details

Trustees

Ms Diana Ngonyama
Mr Razvan Syed
Mr Andrew Marsh (resigned 01/02/2026)
Mr Johnathan Law (appointed 01/03/2025)
Mr Sam Rodger
Mr Michael Marley
Mr Douglas Blackie (appointed 01/05/2025)
Ms Catherine Idle (resigned 01/05/2025)
Ms Lindy Paterson (resigned 01/03/2025)
Mr Billy Gregal (appointed 01/02/2026)

Charity Number

SC050517

Principal Address

8 Kinnoull Street
Perth
PH1 5EN

Independent Examiner

Jon Norton FMAAT
Barefoot Accounting
Regent House
Linlithgow
West Lothian
EH49 7HU

**Trauma Healing Together SCIO
Trustees' Report (continued)
For the Period 1 November 2024 to 31 March 2026**

The trustees' report was approved by the board of trustees and signed on its behalf by:

Mr Razvan Syyed

Trustee

29/06/2026

Trauma Healing Together SCIO
Independent Examiner's Report to the Trustees of Trauma Healing Together SCIO
For the Period 1 November 2024 to 31 March 2026

I report to the trustees on my examination of the accounts of Trauma Healing Together SCIO (the Trust) for the period ended 31 March 2026.

Responsibilities and Basis of Report

As the charity trustees you are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (a) to (c) of the 2006 Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent Examiner's Statement

Since the Charity has prepared its accounts on an accruals basis and is registered in Scotland your examiner must be a member of a body listed in Regulation 11(2) of the Charities Accounts (Scotland) Regulations 2006 (as amended). I confirm that I am qualified to undertake the examination because I am a member of The Association of Accounting Technicians, which is one of the listed bodies.



Jon Norton FMAAT
29/06/2026
Regent House
Linlithgow
West Lothian
EH49 7HU

Trauma Healing Together SCIO
Statement of Financial Activities
For the Period 1 November 2024 to 31 March 2026

				31 March 2026	31 October 2024
		Unrestricted funds	Restricted funds	Total funds	Total funds
	Notes	£	£	£	£
INCOME AND ENDOWMENTS FROM:					
Donations and legacies	3	20,210	-	20,210	2,863
Charitable activities	4	127,705	138,020	265,725	110,994
		<u>147,915</u>	<u>138,020</u>	<u>285,935</u>	<u>113,857</u>
EXPENDITURE ON:					
Charitable activities	6	(91,017)	(159,856)	(250,873)	(111,568)
NET INCOME		57,128	(22,066)	35,062	2,289
NET MOVEMENT IN FUNDS		<u>57,128</u>	<u>(22,066)</u>	<u>35,062</u>	<u>2,289</u>
RECONCILIATION OF FUNDS:					
Total funds brought forward		19,074	44,107	63,181	60,892
TOTAL FUNDS CARRIED FORWARD	14	<u><u>76,202</u></u>	<u><u>22,041</u></u>	<u><u>98,243</u></u>	<u><u>63,181</u></u>

The notes on pages 7 to 11 form part of these financial statements.

Trauma Healing Together SCIO
Comparative Statement of Financial Activities
For the Period 1 November 2024 to 31 March 2026

				2024
	Notes	Unrestricted funds	Restricted funds	Total funds
		£	£	£
INCOME AND ENDOWMENTS FROM:				
Donations and legacies	3	2,863	-	2,863
Charitable activities	4	36,500	74,494	110,994
		<u>39,363</u>	<u>74,494</u>	<u>113,857</u>
EXPENDITURE ON:				
Charitable activities	6	(45,255)	(66,313)	(111,568)
NET INCOME		<u>(5,892)</u>	<u>8,181</u>	<u>2,289</u>
NET MOVEMENT IN FUNDS		<u>(5,892)</u>	<u>8,181</u>	<u>2,289</u>
RECONCILIATION OF FUNDS:				
Total funds brought forward		24,966	35,926	60,892
TOTAL FUNDS CARRIED FORWARD	14	<u>19,074</u>	<u>44,107</u>	<u>63,181</u>

The notes on pages 7 to 11 form part of these financial statements.

Trauma Healing Together SCIO
Statement of Financial Position
As At 31 March 2026

				31 March 2026	31 October 2024
		Unrestricted funds	Restricted funds	Total funds	Total funds
	Notes	£	£	£	£
FIXED ASSETS					
Tangible Assets	11	1,675	-	1,675	-
		1,675	-	1,675	-
CURRENT ASSETS					
Debtors	12	3,900	-	3,900	-
Cash at bank and in hand		71,295	22,041	93,336	63,181
		75,195	22,041	97,236	63,181
Creditors: Amounts Falling Due Within One Year	13	(668)	-	(668)	-
NET CURRENT ASSETS (LIABILITIES)		74,527	22,041	96,568	63,181
TOTAL ASSETS LESS CURRENT LIABILITIES		76,202	22,041	98,243	63,181
NET ASSETS		76,202	22,041	98,243	63,181
FUNDS OF THE CHARITY					
Restricted Funds				22,041	44,107
Unrestricted Funds				76,202	19,074
TOTAL FUNDS	14			98,243	63,181

On behalf of the board

Mr Razvan Syyed

Trustee
29/06/2026

The notes on pages 7 to 11 form part of these financial statements.

Trauma Healing Together SCIO

Notes to the Financial Statements

For the Period 1 November 2024 to 31 March 2026

1. General Information

Trauma Healing Together SCIO is a charitable incorporated organisation registered with the Office of the Scottish Charity Regulator (OSCR), registered charity number SC050517. The principal address is 8 Kinnoull Street, Perth, PH1 5EN.

2. Accounting Policies

2.1. Basis of Preparation of Financial Statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)", Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland", the Charities and Trustees Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006.

The charity is a Public Benefit Entity as defined by FRS 102.

2.2. Tangible Fixed Assets and Depreciation

Tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. Depreciation is provided at rates calculated to write off the cost of the fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Fixtures & Fittings	5 years straight line
Computer Equipment	5 years straight line

2.3. Cash and Cash Equivalents

Cash and cash equivalents are basic financial assets and include cash in hand and deposits held at call with banks, other short-term highly liquid investments that mature in no more than three months from the date of acquisition and are readily convertible to a known amount of cash with insignificant risk of change in value, and bank overdrafts.

3. Income from Donations and Legacies

	31 March 2026	31 October 2024
Unrestricted funds		Total funds
£		£
Donations and gifts	20,210	2,863

4. Income from Charitable Activities

	31 March 2026	31 October 2024
Unrestricted funds	Restricted funds	Total funds
£	£	£
Charitable Activities	127,705	138,020
	265,725	110,994

5. Net Income/(Expenditure)

The net income is stated after charging/(crediting):

	31 March 2026	31 October 2024
£		£
Depreciation of tangible fixed assets - owned	418	-

Trauma Healing Together SCIO
Notes to the Financial Statements (continued)
For the Period 1 November 2024 to 31 March 2026

6. Analysis of Expenditure

		31 March 2026
	Activities undertaken directly	Support costs (see note 7)
	£	£
Charitable Activities	30,673	220,200
	<u>30,673</u>	<u>220,200</u>
		<u>250,873</u>

		31 October 2024
	Activities undertaken directly	Support costs (see note 7)
	£	£
Charitable Activities	7,020	104,548
	<u>7,020</u>	<u>104,548</u>
		<u>111,568</u>

7. Support Costs

	31 March 2026
	Charitable Activities
	£
Employee costs	175,985
Premises expenses	19,802
General administration	24,413
	<u>220,200</u>

	31 October 2024
	Charitable Activities
	£
Employee costs	80,469
Premises expenses	16,543
General administration	7,536
	<u>104,548</u>

8. Independent Examiner's Remuneration

	31 March 2026	31 October 2024
	£	£
Independent examination of the financial statements	1,200	240
	<u>1,200</u>	<u>240</u>

Trauma Healing Together SCIO
Notes to the Financial Statements (continued)
For the Period 1 November 2024 to 31 March 2026

9. Staff Costs

Staff costs were as follows:

	31 March 2026	31 October 2024
	£	£
Wages and salaries	155,593	71,011

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000.

10. Average Number of Employees

Average number of employees during the period was: 7 (2024: 4)

11. Tangible Assets

	Fixtures & Fittings	Computer Equipment	Total
	£	£	£
Cost			
As at 1 November 2024	-	-	-
Additions	1,591	502	2,093
As at 31 March 2026	1,591	502	2,093
Depreciation			
As at 1 November 2024	-	-	-
Provided during the period	318	100	418
As at 31 March 2026	318	100	418
Net Book Value			
As at 31 March 2026	1,273	402	1,675
As at 1 November 2024	-	-	-

12. Debtors

	31 March 2026	31 October 2024
	£	£
Due within one year		
Other debtors	3,900	-

13. Creditors: Amounts Falling Due Within One Year

	31 March 2026	31 October 2024
	£	£
Accruals and deferred income	668	-

Trauma Healing Together SCIO
Notes to the Financial Statements (continued)
For the Period 1 November 2024 to 31 March 2026

14. Movement in Funds

	As at 1 November 2024	Income	Expenditure	As at 31 March 2026
	£	£	£	£
Unrestricted funds				
General:				
General unrestricted fund	6,581	37,415	(18,998)	24,998
Gannochy	11,993	45,000	(31,993)	25,000
Robertson Trust	500	17,500	(13,609)	4,391
Bank of Scotland	-	20,000	(1,187)	18,813
Postcode Lottery	-	25,000	(25,000)	-
Soutar	-	3,000	-	3,000
Total unrestricted funds	19,074	147,915	(90,787)	76,202
Restricted funds				
National Lottery	38,555	77,441	(115,996)	-
Foyle	2,412	-	(2,412)	-
Paths for All	640	-	(640)	-
NHS Tayside Charitable Foundation	2,500	18,400	(17,647)	3,253
Community Mental Health and Wellbeing Fund	-	22,180	(12,180)	10,000
PKC	-	6,500	(2,834)	3,666
Clothworkers	-	2,500	(2,378)	122
Enchanted Forest	-	5,000	-	5,000
Volunteer Support Fund	-	5,999	(5,999)	-
Total restricted funds	44,107	138,020	(160,086)	22,041
Total funds	63,181	285,935	(250,873)	98,243
	As at 1 November 2023	Income	Expenditure	As at 31 October 2024
	£	£	£	£
Unrestricted funds				
General:				
General unrestricted fund	9,672	2,863	(5,954)	6,581
Gannochy	1,113	20,000	(9,120)	11,993
Robertson Trust	-	16,500	(16,000)	500
Postcode Lottery	14,181	-	(14,181)	-
Total unrestricted funds	24,966	39,363	(45,255)	19,074
Restricted funds				
National Lottery	33,634	64,494	(59,573)	38,555

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Trauma Healing Together SCIO
Notes to the Financial Statements (continued)
For the Period 1 November 2024 to 31 March 2026

Foyle	-	7,500	(5,088)	2,412
Paths for All	2,292	-	(1,652)	640
NHS Tayside Charitable Foundation	-	2,500	-	2,500
Total restricted funds	<u>35,926</u>	<u>74,494</u>	<u>(66,313)</u>	<u>44,107</u>
Total funds	<u><u>60,892</u></u>	<u><u>113,857</u></u>	<u><u>(111,568)</u></u>	<u><u>63,181</u></u>

15. Transactions with Trustees

During the period the expenses reimbursed to the trustees or paid directly to third parties were as follows:

31 March 2026	31 October 2024
£	£
<u><u> </u></u>	<u><u> </u></u>

16. Related Party Disclosures

Trauma Healing Together SCIO
Detailed Statement of Financial Activities
For the Period 1 November 2024 to 31 March 2026

	31 March 2026	31 October 2024
	Total funds	Total funds
	£	£
INCOME AND ENDOWMENTS FROM:		
Donations and legacies		
Donations and gifts	20,210	2,863
	<u>20,210</u>	<u>2,863</u>
Charitable Activities:		
Charitable Activities		
Income from charitable activities	6,226	-
Events	757	-
Rental income	222	-
Grants	258,520	110,994
	<u>265,725</u>	<u>110,994</u>
	285,935	113,857
EXPENDITURE ON:		
Charitable Activities:		
Charitable Activities		
Materials	(8,608)	(7,020)
Subcontractor costs	(12,876)	-
Premises costs	(8,771)	-
Depreciation	(418)	-
Wages and salaries	(155,593)	(71,011)
Recruitment costs	(472)	-
Staff training	(8,359)	(5,966)
Travel and subsistence expenses	(11,561)	(3,492)
Rent	(19,802)	(16,543)
Computer software, consumables and maintenance	(2,720)	-
Repairs, renewals and maintenance	(2,441)	-
Insurance	(320)	(332)
Printing, postage and stationery	(1,366)	(324)
Advertising and marketing costs	(3,481)	(588)
Telecommunications	-	(528)
Website costs	(863)	-
Independent examiner's fees	(1,200)	(240)
Professional fees	(6,144)	(1,900)
Other services	(2,373)	-
Subscriptions	(1,964)	(2,695)
Other office costs	(765)	-
Sundry expenses	(776)	(929)
	<u>(250,873)</u>	<u>(111,568)</u>
	(250,873)	(111,568)
NET INCOME	<u><u>35,062</u></u>	<u><u>2,289</u></u>

Trauma Healing Together SCIO
Detailed Statement of Financial Activities (continued)
For the Period 1 November 2024 to 31 March 2026
