Touched by suicide scotland

SCIO-SCO52378

Annual Report & Financial Statements

For the Year Ended 31 March 2026

Trustee's Annual Report
For the Year Ended 31 March 2026

Charity Name

Touched by Suicide Scotland

Charity No

SCIO SCO52378

Address

TBSS Office
51 High Street
Irvine KA11 1LY

Current Trustees

Mark McVittie	Chairperson
Moira Smith	Treasurer
Jane Bone	Secretary
Linda Morgan	Trustee
Katelin Bryden	Trustee

Independent Examiner: Isabel Dunsmuir
4 Girthon Street
Glasgow G32 9BX

Bank:
Bank of Scotland

Touched By Suicide Scotland SCIO52378

Structure Governance, Management & Constitution

Touched by Suicide Scotland is a constituted group set up in 2004 under the umbrella of Survivors of Bereavement by Suicide (SOBS) - Touched by Suicide. In 2008/09 dropped the SOBS from their name and on 24 June 2009 became a registered charity SC040605 until 23 March 2023 when we became a Scottish Charity Incorporated Organisation (SCIO)
The Constitution was amended at a Special General Meeting 6 May 2010 to reflect Independent Examination, reviewed and no changes made to Constitution other than to reflect change from Charity to SCIO in 2024.

Appointment of Trustees

The Trustees are appointed annually at the Annual General Meeting. The Trustees are the management committee and meet a minimum of three times per calendar year.
Membership is open to all individuals who themselves are touched by suicide, over 18 who wish to further the objectives of the organisation.

Management

The trustees are responsible for the direction and governance of the organisation. The facilitation of the Support Groups is undertaken by Trustee's with staff delegated responsibility for day to day running of the organisation with the Office Bearers with assistance and support from Partner Organisations and other agencies when required.

Objectives & Activities Charitable Purpose

The organisation's purposes are: The relief of those in need by reason of age, ill health, disability, financial hardship or other disadvantage through offering services to anyone who has been "Touched by Suicide". In furtherance of these charitable purposes, we will: provide emotional and practical support is offered in a number of different ways including a confidential telephone helpline, support information, help via e-mail, group and network issues to allow individuals to connect with others experiencing the same feelings and information relating to practical issues and problems provide a safe, confidential environment where bereaved people can share their experiences, express their feelings, giving and gaining support from and too each other. These are carried out meet the needs and help overcome the isolation experienced by people who have been bereaved by suicide. By accessing our services, we want people to know that they are not alone and that there are many places they can go to for support in order to break the stigma and isolation attached to suicide. Provide self-help services, free of charge with our compassionate facilitators whom have all been bereaved by suicide themselves, so individuals are guaranteed the sensitive and understanding support that they require at such a difficult often lonely time.

Activities Achievements and Performance

We continue to run multiple groups across Scotland, with an additional 120 people receiving 1:1 face to face support to alleviate trauma and over 360 calls from individuals to our telephone support line, with services e.g. Penumbra,

Cruise, and Link Workers from GP services across Scotland continue their referral of individuals and families in early stages of their bereavement.
Our Development Worker continues to manage our group facilitators, telephone line, zoom sessions and 1:1 support.
We continue to employ sessional staff to assist and support Development Worker with increase in 1:1 support as we progress and develop our succession plan

Financial Review

Our main sources of grant funding this year is from The National Lottery Community Fund, The Robertson Trust and ACVS
To all of you who have been out fundraising, donating your time and commitment participating in sponsored kilt walking, our families fundraising in memory of loved ones, the differing events and creative fundraising – Thank you. We especially thank our partners for the support they give over the years without your support we would not be here.
Every year we find ourselves saying that the amount of work undertaken has been tremendous and we still manage with your support to provide support where it is most needed.
A great big thank you to our staff member who has done an excellent job managing the organisation with the support of our volunteers, sessional staff and partner organisation
A thank you to all our funders for their continued support.

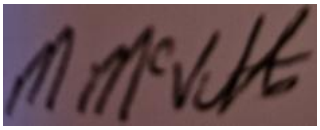
Reserves Policy

The unrestricted funds represent donations and fundraising by those touched by suicide and our support group members to assist with the running costs of our charitable activities.

Plans for Future periods

Trustee's finances permitting will continue to hold both virtual and group meetings, existing groups under review as one-to-one meetings on increase. We will continue to provide 1 to 1 support and link into existing groups or zoom session's while we maintain employment of one full time and 1 sessional member of staff, due to demand this will remain our main focus throughout 2026 as we continue to progress the retirement of our Senior Worker and a smooth transfer of support for our volunteers and us the Trustees. We hope we will be able to build a small reserve to meet a maximum of three months running costs over the next three years.

Approved by the Trustees and Signed on their behalf:



Mark McVittie e signature
Chairperson **Date: 24/09/26**

Independent Examiners Report

Independent Examiner's Report to the Trustees of Touched by Suicide Scotland

I report on the financial statements of the charity for the year ended 31 March 2026, which are set out on pages 7 to 9.

Respective responsibilities of Trustees and Examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 ("the 2005 Act") and the Charities Accounts (Scotland) Regulations 2006 (as amended) ("the 2006 Regulations"). The charity trustees consider that the audit requirement of Regulation 10(1)(d) of the 2006 Regulations does not apply. It is my responsibility to examine the accounts as required under section (44)(1)(c) of the 2005 Act and to state whether particular matters have come to my attention.

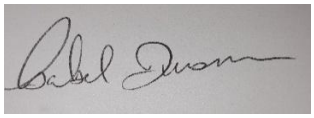
Basis of Independent Examiner's Statement

My examination is carried out in accordance with Regulation 11 of the 2006 Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

1. Which gives me reasonable cause to believe that, in any material respect, the requirements:
   - to keep accounting records in accordance with section 44(1)(a) of the 2005 Act and Regulation 4 of the 2006 Regulations, and
   - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Regulations have not been met, or
2. To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Isabel Dunsmuir (e)
Independent Examiner **24/09/26**

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Statement of Receipts and payment – For the Year Ended 31 March 2026

		Unrestricted	Restricted	Total	unrestricted	Restricted	Total
Receipts	**note**	**funds**	**funds**	**2026**	**funds**	**Funds**	**2025**
Donations	4	12,782	-	12,782	7589	-	7,589
Grants	5	-	32,600	32,600	-	45,000	45,000
Total Receipts		**12,782**	**32,600**	**45,382**	**7,589**	**45,000**	**52.589**
Payments							
Staff	6	4,000	28,821	**32,821**	-	32,492	**32,492**
Charitable Activities	7	7,062	3,161	**10,223**	7,062	12,508	**19,570**
Governance	8	280	**-**	**280**	280	**-**	**280**
Total payments		**11,342**	**31,982**	**43,324**	**7,342**	**45,000**	**52,342**
surplus (Deficit)		**1,440**	**618**	**2,058**	**(273)**	**423**	**150**

Transfer between Funds

Balance at 31 March 2025	£19,834
Surplus/ (Deficit)	2,058
Balance 31 March 2026	**£21,892**

The notes on Pages 7 & 8 Form an integral part of the accounts

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Statement of balance at 31 March 2026

Fund reconciliation

Cash at Bank & in Hand	unrestricted	restricted	total
01/04/25	247	19,587	19,834
Surplus/ (Deficit) for year	1,440	618	2,058
Cash and bank balance	**1,687**	**20,205**	**21,892**

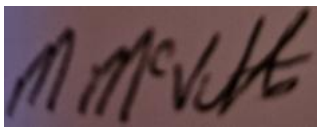
Bank and Cash Balances	**£**
Bank Account	21,892
Cash in hand	-
Total	**21,892**

Other Assets (Unrestricted Funds) **£ 1,687**

Liabilities (restricted Funds) **£ 20,205**

The notes on Pages 7 & 8 form an integral part of these accounts

Approved by the Trustees on
Signed on their behalf: -



Mark McVittie (e)
Chairperson Date: 24/09/26

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Notes to the Accounts – For the Year ended 31 March 2026

1. Basis of Accounting

These accounts have been prepared on the Receipts & Payments basis in accordance with the Charities & Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended).

2. Nature and purpose of funds

The trustees maintain both restricted and unrestricted fund for the day-to-day running of the organisation; the unrestricted fund includes Office running costs, travel for staff and volunteer Group Facilitators, networking, group accommodation, respite/retreat, quarterly and annual meetings, volunteers travel and other running costs required to enable individuals to get the support they need.

During the year, the Group received grant funding of £32,600 to assist with staff and
running costs outlined below

3. Related Party Transactions

There were no related party transactions for travel during the past year

4. Donations Received

	Unrestricted Funds	Restricted Funds	**Total 2026**	**Total 2025**
My Donate & personal	2,287	-	2,287	4,996
Fundraising	10,495	-	10,495	2,593
Total	**12,782**	-	**12,782**	**7,589**

5. Grants Received

	Unrestricted Funds	Restricted Funds	**Total 2026**	**Total 2025**
TNLC Fund	-	-	-	**20,000**
Irvine CVS	-	5,100	5,100	-
Robertson Trust	-	15,000	15,000	**15,000**
Arran CVS	-	10,000	10,000	**10,000**
YP Wood Foundation	-	2,500	2,500	-
Total	-	**32,600**	**32,600**	**45,000**

Expenditure

6. Staff Cost

	Unrestricted Funds	Restricted Funds	**Total 2026**	**Total 2025**
Staff cost	4,000	26,160	**30,160**	**27,025**
Employers Contribution	-	4,661	**4,661**	**3,987**
Payroll & Mentor	-	2,000	2,000	**1,480**
Total	**-**	**32,821**	**32,821**	**32,492**

7. Cost of Charitable Activities

	Unrestricted Funds	Restricted Funds	**Total 2026**	**Total 2025**
Travel	1,000	1,188	**2,188**	**2,093**
IT Support	-	336	**336**	**1,358**
Hospitality/Catering	-	411	**411**	**794**
Publicity	180	142	**322**	**280**
Insurance	656	-	**656**	**592**
Premises	1,003	-	**1,003**	**9,160**
Telephone	500	**500**	**1,000**	**500**
Accommodation	242	**-**	**242**	**141**
Volunteer Support Costs	1,042	**579**	**1,621**	**2,480**
Home working equipment	-	-	-	**57**
Heat & light	2,439	-	**2,439**	**2,295**
Total	**7,062**	**3,161**	**10,223**	**19,570**

8. Governance Costs

	Unrestricted Funds	Restricted Funds	**Total 2026**	**Total 2025**
Independent Examination	280	-	280	**280**
Legal advice	-	-	**-**	**-**
Total	280	-	**280**	280