APPENDIX 1

OSCR
Scottish Charity Regulator

Office of the Scottish **Charity Regulator**

Trustees' Annual Report for the period							
	Period start date				Period end date		
	Day	Month	Year		Day	Month	Year
From	01	04	2025	To	31	03	2026

Reference and administration details

Charity name	**Carnoustie Activity Project**
Other names charity is known by	Formally known as Carnoustie YMCA
Registered charity number	**SC044766**
Charity's principal address	166 Ravensby Road
	Carnoustie
	Angus
	Postcode DD7 7NN

Names of the charity trustees on date of approval of Trustees' Annual Report

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Ian Scott	Treasurer		The board of trustees.
2	Gemma Herron	Secretary	30/06/25 - Present	The board of trustees.
3	Claire McAllister	Chairman	31/01/26 - Present	The board of trustees.
4	Colin Robertson	N/A		The board of trustees.
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Reference and administration details

Names of all other charity trustees during the period, if any, (for example, those who resigned part way through the financial period)

Name	Dates acted if not for whole year

Structure, governance and management

Type of governing document	Constitution
Trustee recruitment and appointment	Trustees are appointed by majority vote of the board

Objectives and activities

Charitable purposes	CAP (Formally known as Carnoustie YMCA) exists to support the physical, mental and social wellbeing of the Carnoustie community and surrounding areas by providing inclusive and affordable opportunities in sport, creativity, fitness and community activity. Through our shared space, The Carnoustie Activity Hub, we aim to reduce isolation, build confidence, and promote connection across generations.
Summary of the main activities in relation to these objects	Providing access to affordable, inclusive exercise, physical activity, and fitness through community-led programmes and facilities. Supporting mental wellbeing, confidence, and emotional resilience through accessible non-clinical activities and group participation.

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Achievements and performance

Summary of the main achievements of the charity during the financial period

We have supported Adults and children to achieve their health and fitness goals through our activities and the provision of our Carnoustie facility.

Our junior members have produced a number of karate champions who have competed in both local and national championships.

Through the professional advice and coaching of our Gym Instructor, many members of the Carnoustie community have achieved an enhanced level of physical fitness and body composition improvement.

Financial review

Brief statement of the charity's policy on reserves

Our reserves are to be used for our main charity purpose of offering health and fitness education and support across the generations of local people.

In addition, our reserves can also be used to maintain our Carnoustie facility such as building repairs and improvements, for the benefit of the local community.

Details of any deficit

We had a deficit of £15,753.03 this year due to us completing some expensive refurbishment work to install a new Cardio Fitness Room. Another contributing factor to this deficit was due to us having to hire a Gym relocation service to move an entire gym's equipment from the local Carnoustie Golf Hotel to our charity premises after the Hotel kindly donated the equipment to us.

Donated facilities and services (if any)

We donate the use of our Carnoustie facility to the local community and surrounding Angus area, where we provide free physical education by qualified instructors, and equipment to allow everyone to pursue their personal health and fitness goals.

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Other optional information

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

OSCR will accept digital or typed signatures

Ian Scott

Full name(s)

Ian Scott

Position (e.g. Chair)

Trustee/Treasurer

Date 19/09/26