oscr

Trustees' Annual Report for the period

	Period start date				Period end date		
	Day	Month	Year		Day	Month	Year
From	01	Jul	2023	To	30	June	2024

Office of the Scottish Charity Regulator

Charity name	Synergy Explorers	
ther names charity is known		
by Registered charity number	SC049660	
Charity's principal address		And the second s

Names of the charity trustees on date of approval of Trustees' Annual Report

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1			
2			
3			
4			
5 6			
7			
9			
10			

APPENDIX 1

Reference and administration details

Names of all other charity trustees during the period, if any, (for example, those who resigned part way through the financial period)

Name

Dates acted if not for whole year

Structure, governance and management

Type of governing document

The Constitution of Synergy Explorers. It is based closely on the standard OSCR model constitution for a single-tier SCIO. A copy of the current constitution has been lodged with OSCR.

Trustee recruitment and appointment

The Board is made of Charity Trustees who are recruited with the agreement of the Board at a quorate meeting of the Board. The process is for a Board member to nominate an individual and then to have the Board vote on the nomination. A simple majority of members present is needed for a new Trustee to be recruited. The processes covering the operation of the Board are set out in clauses 14 to 42 of the Constitution. The Charity Trustees are also the Members of the organisation for the purposes of the Charities and Trustee Investment (Scotland) Act 2005.

Objectives and activities

Charitable purposes

To advance science by stimulating debate about the factors that may affect sustainable harmony between intimate partners and to apply the evidence produced by the debate to the moral and ethical questions of the day.

Summary of the main activities in relation to these objects

2023-2024 was the fifth year of operation of Synergy Explorers.

Our work revolved around building the operations of the charity:

- Developing our brand through the website at https://synergyexplorers.org.
- Continuing to develop a social media presence on Twitter/X.com for audiences in Scotland and around the world.

Achievements and performance

Summary of the main achievements of the charity during the financial period

- The website traffic to https://synergyexplorers.org decreased modestly from 103,712 visitors in the fourth year to 78,882 this year. We added 6 additional pages to the website (last year 16).
- A free audio course called "Enlightened Sex" The Practicalities available through the website had 93 enrollments during 2023-24, the same as the previous year.
- In the year to 30 June 2024 different contributors had published a total of 40 additional blog posts on the website (previous year it was 57).
- @SynergyExplore1 remained active as the Charity's account on Twitter, achieving 1,808 impressions (down from 7,136). Since the Musk takeover of Twitter (now "X"), tweet exposure is throttled unless X users pay a regular subscription fee. The Synergy Board has not elected to invest in an X subscription at this time.

Financial review

Brief statement of the charity's policy on reserves

Synergy Explorers would like to set reserves at £1,000, equal to one year's basic operating costs. This amount is feasible and proportionate for the third operating year of a charity.

Details of any deficit

The charity had a deficit of £3181 for the year to 30 June 2024. The Reserves of the charity stand at £1759 so the Trustees are confident that basic operating costs will be met.

Donated facilities and services (if any)

The Charity Trustees donated an estimated total of 550 hours of free labour towards the delivery of the audio course, and the development and maintenance of the website, blogs and Twitter.

APPENDIX 1

Other optional information

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)		
Position (e.g. Chair)	Chair, Treasurer and Secretary	Assistant Treasurer
Date	1 March 2025	1 March 2025

APPENDIX 3



	Inc	dependen	it examin	er's repo	ort on th	ne account	S V2
Report to the trustees/members of	Charity name	Synergy Ex	plorers				
Registered charity number	SC 04	9660					
On the accounts of the		Period start da	ate			Period end da	ite
charity for the period	Day	Month	Year		Day	Month	Year
	01	July	2023	to	30	June	2024
Set out on pages						(remember to inclu numbers of addition	
Respective responsibilities of trustees and examiner	with the to Charities consider does not	terms of the C Accounts (So that the audit	harities and cotland) Regu requirement responsibilit	Frustee Investlations 2006 of Regulation of to examine	tment (Sco (as amendo 10(1) (d) o the accour	the accounts in tland) 2005 Act ed). The charity of the Accounts ats as required to have come to m	and the trustees Regulations under section
Basis of independent examiner's statement	Regulation charity as consider explanation of processing the constant of the c	ons. An examind a comparise ation of any united to the state of any united to the state of the s	ination includ son of the acc nusual items trustees conc evidence that	es a review of counts preser or disclosure cerning any so would be rec	of the accounted with the sin the account	n 11 of the 2006 inting records ke ose records. It a counts and seek is. The procedure audit and, cons	ept by the also includes as es undertaken
Independent examiner's statement	In the co	urse of my ex	amination, no	matter has			
	requestion	uirements to: o accounting r oulation 4 of the	records in accepted accepted which accord	ordance with unts Regulati I with the acc	section 44 ons, and counting rec	material respe (1) (a) of the 20 cords and compl	005 Act and
		t been met, or					
	2. to w	hich, in my op erstanding of	oinion, attention the accounts	on should be to be reache	drawn in or d.	rder to enable a	
Signed**:					te:	6 Mars	h 2025
Name:	-		48.8 F (1864) 1684 6 F (1864) 1864 1864 1864 1864 1864 1864 1864 1864		ga e a mandalagina a la granda de a forda Marcine (de a se e proprio de a se e per entra <mark>d</mark> e granda	,	Table Service Control of the Control
Relevant professional qualification(s) or body (if any):	Fellow	of Associ	iation of	Chartered	d Certifi	ied Account	ants
Address:	Brott	Nicholls A	Associates	3	AND THE STREET, AND ADDRESS OF THE STREET OF THE STREET, AND T		
Address.		t House	.100001466			and the second s	
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24 Herbert Street Glasgow, G20 6NB

^{*}Please delete the words in the brackets if they do not apply. If the words do apply, set out those matters which have come to your attention on the following page.

** OSCR will accept digital or typed signatures

Synergy Explorers

Enter charity name below

Enter SC No. below

SC049660

Receipts and payments accounts For the period from 2023 2024 page 6

Section A Statement of rece	Unrestricted	Restricted funds	Expendable	Permanent	Total funds	Total funds last
	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
A1 Receipts						
Donations	4,832	-			4,832	8,838
Legacies	-					
Grants						
Receipts from fundraising activities	-		-	-	-	
Gross trading receipts			-	•	-	
Rents from land & buildings Gross receipts from other charitable	•			-	•	
Refunds	-	-	-		-	2,608
A1 Sub total	4,832		1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1		4,832	11,446
A2 Receipts from asset & investment						
Proceeds from sale of fixed assets						
Proceeds from sale of investments				-		
A2 Sub total	•		-		-	
Total receipts	4,832				4,832	11,44
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A3 Payments						
Expenses for fundraising activities		-	-	-	-	
Gross trading payments		-	-			
nvestment management costs		-	-	-	7,533	7,72
Payments relating directly to charitable Grants and donations	7,533	-			7,555	1,12
Governance costs:	-	-				
Independent examination	-				480	48
Preparation of annual accounts	480		<u> </u>		400	40
Trustee Meeting	-	-	-			
Fraud	•	-	-		B240 - 10 10 14 15 15 1	
A3 Sub total	8,013				8.013	8,20
	8,013	-			0,010	0120
A4 Payments relating to asset and						
Purchases of fixed assets			-	-		
Purchase of investments			-	-		
A4 Sub total						
Total payments	8,013	1021 THE E TO		7.240.000.000	8,013	8,20
Net receipts / (payments)	(3,181)			•	(3,181)	3,23
A5 Transfers to / (from) funds	•					-
Surplus / (deficit) for year					(3,181)	3.23

SC049660 Synergy Explorers Section B Statement of balances Permanent Total current Unrestricted Expendable Total last period Restricted funds endowment funds period funds funds Categories to nearest £ to nearest £ to nearest £ to nearest £ **B1** Cash funds 4,940 4,940 1,702 Opening Cash and Bank at start of the year Surplus / (deficit) shown on receipts and 3,238 (3,181)(3,181)payments account 4,940 1,759 Cash and bank balances at end of year 1,759 (Agree balances with receipts and payments account(s)) Fund to which asset belongs Market valuation Last year Details to nearest £ to nearest £ **B2** Investments Nil Total Cost (if available) Last year Details to nearest £ to nearest £ to nearest £ **B3** Other assets Fund to which liability relates Last year Details to nearest £ to nearest £ 480 Unrestricted 480 Independent Examination Fee **B4** Liabilities 480 480 Amount due to nearest £ Fund to which liability relates Last year Details to nearest £ **B5** Contingent liabilities Nil Signed by one or two trustees on behalf of all the trustees Date of **Print Name** Signature approval 01.03.2025 01.03.2025

Synergy Explorers

Section C Notes to the A	ccounts				
C1 Nature and purpose of funds may be stated on analysis of unds worksheets)					
	All funds received during the year were f	ree of restrictions.			
	Type of activity or project so	ıpported	Individual / Institution	Number of grants made	£
C2 Grants					
				Total	
C3a Trustee remuneration	If no remuneration was paid during the p	period to any charit	ty trustee or person o	onnected to a	
osa mustee remuneration	trustee cross this box (otherwise compl	ete section 3b)			X
C3b Trustee remuneration -	Auth	ority under which	h paid		£
details					
C4a Trustee expenses	If no expenses were paid to any charity complete section 4b)	trustee during the	period then cross th	is box (otherwise	х
C4a Trustee expenses	If no expenses were paid to any charity complete section 4b)	trustee during the	period then cross th	s box (otherwise	X £
	If no expenses were paid to any charity complete section 4b)	trustee during the	period then cross th		
C4a Trustee expenses C4b Trustee expenses - details	If no expenses were paid to any charity complete section 4b)	trustee during the	period then cross th		
	complete section 4b)			Number of trustees	£
C4b Trustee expenses - details	If no expenses were paid to any charity complete section 4b) Nature of relationship		period then cross the		
	complete section 4b)			Number of trustees	£
C4b Trustee expenses - details	complete section 4b)			Number of trustees	£

Additional analysis (1)						
Analysis of receipts and payments						
1 Donations						
	Unrestricted funds	Restricted funds	Expendable endowment funds	Permanent endowment funds	Total current period	Total last period
	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
Donation via Charities Aid Foundation	4,832	-	-		4,832	8,825
Amazon Europe Core	-	-	-	-	-	13
			•	-		
Total	4,832	•	•	•	4,832	8,838
		•	•			
2 Grants						
	Unrestricted funds	Restricted funds			Total current period	Total last period
	to nearest £	to nearest £			to nearest £	to nearest £
					-	
					-	
		-				-
Total						
Total						
3 Gross receipts from other charitable activities						
	Unrestricted funds	Restricted funds	Expendable endowment funds	Permanent endowment funds	Total current period	Total last period
	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
	-					
					-	
Total			-			
Total	The second secon	THE REST CONTRACTOR OF THE PARTY OF THE PART				_
	reference error					
	reference error	-				
4 Payments relating directly to charitable activities						
4 Payments relating directly to charitable activities		Restricted funds	Expendable endowment funds	Permanent endowment funds	Total current period	Total last perior
4 Payments relating directly to charitable activities	Unrestricted	Restricted funds				Total last period to nearest £
	Unrestricted funds		endowment funds	endowment funds	period to nearest £	43
4 Payments relating directly to charitable activities Computer consumables and website management Insurance	Unrestricted funds to nearest £		endowment funds	endowment funds	to nearest £ 617 546	to nearest £
Computer consumables and website management	Unrestricted funds to nearest £ 617 546 371		endowment funds	endowment funds	period to nearest € 617 546 371	to nearest £ 43 49
Computer consumables and website management Insurance	Unrestricted funds to nearest £ 617 546 371 4,400		endowment funds	endowment funds	period to nearest £ 617 546 371 4,400	to nearest £ 43 49 36 4,80
Computer consumables and website management Insurance Office Space	Unrestricted funds to nearest £ 617 546 371 4,400 34		endowment funds	endowment funds	period to nearest £ 617 546 371 4,400	to nearest £ 43 49 36 4,80
Computer consumables and website management Insurance Office Space Advertising and Promotion Research costs (including Books and Journals) Bank/Finance Charges	Unrestricted funds to nearest £ 617 546 371 4,400		endowment funds	endowment funds	period to nearest £ 617 546 371 4,400	to nearest £ 43 49 36 4,80 19
Computer consumables and website management Insurance Office Space Advertising and Promotion Research costs (including Books and Journals) Bank/Finance Charges Travel	Unrestricted funds to nearest £ 617 546 371 4,400 34		endowment funds	endowment funds	period to nearest £ 617 546 371 4,400 34 5	to nearest £ 43 49 366 4,80 19
Computer consumables and website management Insurance Office Space Advertising and Promotion Research costs (including Books and Journals) Bank/Finance Charges Travel Consultancy fees	Unrestricted funds to nearest £ 617 546 371 4,400 34		endowment funds	endowment funds	period to nearest £ 617 546 371 4,400	to nearest £ 43 49 36 4,80 19
Computer consumables and website management Insurance Office Space Advertising and Promotion Research costs (including Books and Journals) Bank/Finance Charges Travel Consultancy fees Cell phone	Unrestricted funds to nearest £ 617 546 371 4,400 34 5 1,552		endowment funds	endowment funds	period to nearest £ 617 546 371 4,400 34 5 - 1,552	to nearest £ 43 49 36 4,80 19
Computer consumables and website management Insurance Office Space Advertising and Promotion Research costs (including Books and Journals) Bank/Finance Charges Travel Consultancy fees	Unrestricted funds to nearest £ 617 546 371 4,400 34		endowment funds	endowment funds	period to nearest £ 617 546 371 4,400 34 5	to nearest £ 43 49 36 4,80 19
Computer consumables and website management Insurance Office Space Advertising and Promotion Research costs (including Books and Journals) Bank/Finance Charges Travel Consultancy fees Cell phone	Unrestricted funds to nearest £ 617 546 371 4,400 34 5 1,552		endowment funds	endowment funds	period to nearest £ 617 546 371 4,400 34 5 - 1,552	to nearest £