

Source Therapy Foundation

Scottish Charity No – SC046413

Annual Report and Financial Statements

For the period ended 31 March 2025

Trustees' Annual Report

For the period ended 31 March 2025

The trustees have pleasure in presenting their report together with the financial statements for the period ended 31 March 2025.

Reference and Administrative Information

Charity name

Source Therapy Foundation

Charity no

SC046413

Address

39 Muriesrton Road
Livingston
EH54 9AP

Current Trustees

Drew Sharkey	Chair
Lorraine Porter	Secretary
Jane Kerr	Treasurer
Bob Henry	
Marion McCauley	

Structure, Governance and Management

Constitution

The Charity is a Scottish Charitable Incorporated Organisation (a SCIO). It was registered as a charity on 15 March 2016.

Appointment of trustees

The management committee, which normally meets on a monthly basis, are the charity's trustees. The trustees are volunteers and have a mix of skills including delivery of cranio-sacral therapy to autistic children and other skills relevant to the good governance and operation of the charity.

Trustees are elected at the annual general meeting which is held in September. There must be a minimum of four and a maximum of eight trustees.

Objectives and Activities

Charitable purposes

The advancement of the arts, heritage, culture or science, the relief of those in need by reason of age, ill-health, disability, financial hardship or other disadvantage.

The relief of children in need and their carers within Scotland by reason of Autism Spectrum Disorder and who have suffered trauma, in particular but not exclusively by: 4.2 The advance of science through supporting and publishing scientific research analysing the treatment of these children with Energy Medicine that will bring practical benefits or improve conditions of life.

Activities

The Source Therapy Foundation aims to treat autistic children with groundbreaking Craniosacral Therapy (CST) which has shown to have positive effect on the behavioural and medical challenges of autism.

The treatment is currently only available through private therapy that limits both its accessibility and availability. The charity's main activities are currently fundraising in order to allow the proprietary TATE Project (Treating Autism with Therapeutic Energy) to be implemented initially in West Lothian, commencing in 2017.

Achievements and Performance

There have been no events run this year due as the Charity founder has been in ill health

Financial review

Our main source of funding is sponsorship income from the many events which we hold, as well as donations from supporters of the charity.

We have made enquiries in relation to grant income from a number of sources and would expect grant funding to become available as the charity evolves and develops.

Reserves policy

The trustees are not remunerated and are limiting expenditure at this stage until cash balances allow the TATE project to be commenced. Once the project has commenced, the trustees will maintain an appropriate level of working capital to allow the charity to operate effectively.

Plans for future period

The Project is currently on hold and the charity currently has no plans for this year

**Statement of Receipts and Payments for the period ended 31
March 2024**

	Unrestricted Funds	Restricted Funds	Year ended 31/03/2024
Receipts			
Grants	-	-	-
Fundraising	-	-	-
Bank interest	-	-	-
Total receipts	-	-	-
Payments			
Fundraising costs	-	-	-
Cost of charitable activities	-	-	-
Governance costs	-	-	-
Purchase of equipment	-	-	-
Total payments	-	-	-
Surplus/(Deficit) for the year	-	-	-

Statement of Balances - As at 31 March 2023

	Unrestricted Funds	Restricted Funds	Total 2025
Opening cash at bank and in hand	14,074	-	14,074
Surplus/(Deficit) for the year	-	-	-
Closing cash at bank and in hand	<u>14,074</u>	<u>-</u>	<u>14,074</u>

Other assets - unrestricted funds

Fees due to be received	-
	<u>-</u>

Liabilities (unrestricted funds)

-

**Notes to the accounts - for the period ended 31
March 2025**

1 Basis of accounting

These accounts have been prepared on the Receipts and Payments basis in accordance with the Charities & Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended)

2 Nature and purpose of funds

Unrestricted funds are those that may be used at the discretion of the trustees in furtherance of the objects of the charity. The trustees maintain a single unrestricted fund for the day-to-day running of the charity.

Restricted funds may only be used for specific purposes. Restrictions arise when specified by the donor or when funds are raised for specific purposes.

3 Related party transactions

No remuneration was paid to the trustees or any connected person during the year. Certain expenses were paid by the charity to trustees to further the ordinary course business of the charity.