

Charity number: SC032028 (Scotland)

**SCOTTISH SOCIETY FOR RHEUMATOLOGY  
TRUSTEES' ANNUAL REPORT AND ACCOUNTS  
FOR THE YEAR ENDED 30 SEPTEMBER 2025**

## Scottish Society for Rheumatology

### Trustees' Annual Report and Accounts for the year ended 30 September 2025

**Scottish Charity Number** SC032028

#### Current Trustees

Dr Hazem Youssef	President
Dr John Harvie	Secretary
Dr David Crosbie	Treasurer

#### Address

Societies Administrator  
Royal College of Physicians of Edinburgh  
9 Queen Street  
EH2 1JQ

#### Structure, governance and management

The society is a charitable unincorporated association and its purposes and administration arrangements are set out in our constitution, dated 1st June 2001.

Trustees are the Honorary Officers of the Society. They comprise:

- President
- Honorary Secretary
- Honorary Treasurer

Candidates for election of Honorary Office shall require nomination of two Ordinary Members of the Society and are elected at an Annual General Meeting of the Society. They assume their duties on 1 January following. To be eligible for nomination as President a candidate must have been a member of the Society for not less than five years, and have served on the Council and one of its Committees.

#### Objectives and activities

The principal object of the Society is to promote the development of scientific knowledge about Rheumatology and the medical speciality of Rheumatology.

#### Achievements and performance

The Society's main activities during the year comprised:

During the year two educational meetings were held, being open to all society members. The meeting at the end of October and the first day of November 2024 as a Joint meeting with the Scottish Osteoporosis Specialist Network, which took place at Stirling Court Hotel. This was a very successful two day meeting with day one comprising a session from the Bone Interest Group of Scotland (BIGOS) in the morning, followed by parallel workshops for trainees and AHP colleagues whilst the Consultant business meeting was being held in the afternoon. The morning of day two provided expert sessions across Psoriatic Arthritis, Neurovasculitis, HLH and Lupus & APS in pregnancy. The afternoon of day two comprised the AGM and then sessions on Service Redesign followed by the Poster session with Abstract Presentations. Five abstracts were presented and three prizes were awarded (£100 each) for the best medical student presentation, the best overall oral presentation and the best poster presentation.

**Scottish Society for Rheumatology**

**Trustees' Annual Report and Accounts for the year ended 30 September 2025 (continued)**

**Achievements and performance (cont)**

The Spring Meeting was held on Friday 30th May 2025 at Glasgow Caledonian University, with presentations from international experts on "vasculitis or research brain imaging around fatigue/chronic pain" "personalised medicine in RA/PsA ?PsA horizon scanning" and "Systemic Sclerosis; update, recent guidelines". National experts presented on "Rheumatology Advice Lines" and "Clinical Nurse Specialist value and patient safety". The meeting closed with a poster presentations and abstracts.

This year we had no requests for grants to Allied Health Professionals, Rheumatology specialist nurses or Trainees but emphasised the availability of these at both meetings which has resulted in applications that have been approved and will be in the next set of accounts. Prizes awarded totalled £300. We continued to pay quarterly administration charges totalling £13,151 to the Royal College of Physicians of Edinburgh (Fitwise). Website support totalled £1,202. Payments of £1,576 were made to medical journals to support publications of original articles on behalf of the society. We had expenses related to Fitwise attendance at meetings of £73 and had sundry expenses on stationary and postage of £66. CPD registration for the meetings totalled £258 and speaker expenses totalled £780. Accountancy fees were £822.

We received membership subscriptions totalling £5,385. Payment for registration at the educational meetings was £7,445. The total of sponsorship received from the pharmaceutical industry was £31,700 to support biannual educational meetings. We also received a direct restricted donation from The Royal Osteoporosis Society of £10,000 and donations in memoriam totalling £31,107 to be used to support the society. Interest of £914 was received.

In summary we have had an increase in our balance with significant "one off" donations of over £30,000 but are running in balance if these donations were not included.

We anticipate increased outgoings next accounting period as we have promoted the availability of funding to sponsor education and training to the membership.

**Financial review**

As a result of the surplus of £42,425 (2024 - £8,922 surplus), the association held unrestricted funds of £83,950 (2024 - £51,525) and restricted funds of £10,089 (2024 - £89) at the year end. The Trustees deem that maintaining this level of reserves is sufficient to meet the ongoing obligations of the charity.

Approved by the Trustees and signed on their behalf

.....  
Dr Hazem Youssef, President

Date .....

**Scottish Society for Rheumatology**

**Receipts and Payments Account for the year ended 30 September 2025**

	Unrestricted Funds £	Restricted Funds £	Total 2025 £	Total 2024 £
<b>Receipts</b>				
Subscriptions	5,385	-	5,385	4,980
Proceeds from meetings	29,145	10,000	39,145	42,633
Interest received	914	-	914	646
Other - refund Hilton	-	-	-	180
Donations	31,107	-	31,107	95
	<u>66,551</u>	<u>10,000</u>	<u>76,551</u>	<u>48,534</u>
<b>Payments</b>				
Professional Subscriptions	1,834	-	1,834	1,614
Meeting expenses	16,489	-	16,489	29,759
Prizes	300	-	300	300
Grants	-	-	-	2,700
General expenses - RCPE admin	14,681	-	14,681	4,459
Accounting Fees	822	-	822	780
	<u>34,126</u>	<u>-</u>	<u>34,126</u>	<u>39,612</u>
Surplus	<u>32,425</u>	<u>10,000</u>	<u>42,425</u>	<u>8,922</u>

The notes on page 5 form an integral part of these accounts.

**Scottish Society for Rheumatology**

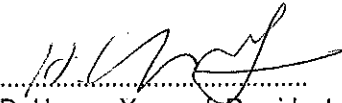
**Statement of Balances as at 30 September 2025**

	Unrestricted Funds £	Restricted Funds £	2025 £	2024 £
<b>Bank and cash in hand</b>				
Opening balances	51,525	89	51,614	42,603
Surplus for year	32,425	10,000	42,425	8,922
Closing balances	83,950	10,089	94,039	51,525

	2025 £	2024 £
<b>Reserves</b>		
Unrestricted Funds	83,950	51,436
Restricted Funds	10,089	89
	94,039	51,525

The notes on page 5 form an integral part of these accounts.

Approved by the Trustees and signed on their behalf

  
 .....  
 Dr Hazem Youssef, President

Date..... 3/11/2026

## **Scottish Society for Rheumatology**

**Year ended 30 September 2025**

### **Notes to the Accounts**

#### **1 Basis of Accounting**

These accounts have been prepared on the Receipts and Payments basis in accordance with the Charities & Trustees Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006.

#### **2 Nature and purpose of funds**

Unrestricted funds are those that may be used at the discretion of the trustees in furtherance of the objectives of the charity. The trustees maintain a single unrestricted fund for the day-to-day running of the charity. The closing balance of unrestricted funds stands at £93,950.

Restricted funds may only be used for specific purposes. Restrictions arise when specified by the donor or when funds are raised for specific purposes. In 2013, the society received a donation of £5,000 from Roche Pharmaceutical. The use of this donation was restricted to providing bursaries to members of the Allied Health Profession so they could attend meetings organised by the society. This year the society received £10,000 from the Royal Osteoporosis Society for the purpose of supporting the Bone Interest Group of Scotland. As at 30 September 2025 the balance carried forward within restricted funds at the year end was £10,089 (2024 - £89).

#### **3 Trustee remuneration and expenses**

The trustees did not receive any remuneration during the year.

During the year the charity paid expenses on behalf of the Trustees totalling £nil (2024 - £nil) in relation to travel expenses for society meetings.

## SCOTTISH SOCIETY FOR RHEUMATOLOGY

### Independent Examiner's Report to the Trustees of the Scottish Society for Rheumatology

I report on the accounts of the charity for the year ended 30 September 2025 which are set out on pages 3 to 5.

#### Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

#### Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

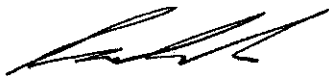
#### Independent examiner's statement

In the course of my examination, no matter has come to my attention:

- 1 which gives me reasonable cause to believe that in any material respect the requirements:
  - to keep accounting records in accordance with Section 44 (1)(a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
  - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations;have not been met; or
- 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

#### Use of our report

This report is made to the charity's board of trustees, as a body, in accordance with the terms of engagement. My work has been undertaken to enable me to undertake an independent examination of the charity's accounts on behalf of the charity's board of trustees and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's board of trustees as a body, for my work or for this report.



Kevin Leitch FCCA

Dated: 19 March 2026

Leitch Accountancy Services Limited  
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Inverness  
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