



# SCOTIA MEDICAL GROUP

Accounts for the year ended  
*30 April 2025*

Scotia Medical Group (SCIO)  
SC050096

PO Box 6843  
Elgin  
Scotland  
IV30 9EH



[www.scotiamedicalgroup.org.uk](http://www.scotiamedicalgroup.org.uk)

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## Board of Trustees & Management

### Trustees

- > Nicholas Mort Appointed Acting Chair 15.11.2025
- > Carina Reynolds Appointed 31.5.2025 (appointed Secretary 23.8.25)
- > Keith Millar (Treasurer) Appointed 3.8.2024
- > Hannah Brown Appointed 31.5.2025
- > Daniel Wood Appointed 18.3.25
- > Denise Sutherland Appointed 31.5.2025
  
- > Grant Petrie (Chair) Appointed 24.3.2025; Resigned 27.10.2025
- > Iain Holgan (Vice Chair) Resigned 25.3.2025
- > Nathan Sanderson (Treasurer) Resigned 13.5.2024
- > Georgia Wilson Resigned 3.6.2024
- > Adam Mathieson Resigned 22.3.2025
- > Beverley Sugden Resigned 23.3.2025
- > Daniel Wood (Chair) Resigned 18.3.2025

### Bankers

Royal Bank of Scotland  
36 St Andrew Square,  
Edinburgh,  
EH2 2YB

### Independent examiner

Alison Fionda CA, as associate in the firm of:  
Ritsons, Chartered Accountants  
103 High Street  
Elgin  
IV30 1EB

## Overview

The Board of Trustees are pleased to submit their report and this year's accounts for our financial year ending 30th April 2025. The accounts have been prepared on a Receipts and Payments basis in accordance with the Charities and Trustee (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006.

2025 marks a significant year for Scotia Medical Group as we celebrated our 5th year of being a charity on 22nd April 2025. The charity continues to grow and develop year on year and this has only been possible through the commitment and dedication of all our volunteers.

## Objectives and activities

At Scotia Medical Group, we have a shared mission to create a network of highly-skilled and competent individuals who can deliver safe, holistic and high-quality care. While the number of people surviving an out of hospital cardiac arrest (OHCA) has halved since 2015 (1:10 (2023) compared to 1:20 (2015)), there is an ongoing need to support people to maintain their confidence, learn basic first aid skills and work with other agencies to increase the number of people that survive an OHCA.

To achieve our mission, we have three key areas of activity; firstly, providing free first aid training so that anyone can learn the skills to save a life. We believe that by having the skills and confidence to recognise a life-threatening condition, provide basic first aid and having the right support after can greatly increase someone's chances of recovering well.

Our second area of activity is providing event medical cover at events. This area of activity provides an opportunity for our volunteers to utilise their skills, gain confidence, and to learn and support each other. This activity also allows us to generate income to deliver free courses, purchase and maintain equipment and invest in our clinical practices to ensure we are as up to date as possible.

Lastly, our third aim of Scotia Medical Group is to provide assistance which will benefit communities where our assets can be used. This work in partnership with other organisations and statutory services, many of which we work closely with already at events.

## Structure, Governance and Management

### Our Constitution

Scotia Medical Group is governed by our Single Tier Constitution and as such we are considered a Scottish Charitable Incorporated Organisation (SCIO). Our constitution document sets out the administration of the Board of Trustees, how the Board is structured, our decision making process and how we manage Scotia Medical Group.

This constitution is regularly reviewed.

### Trustee recruitment and appointment

This reporting period has seen several changes within the Board. We have welcomed new members to the Board, we have had some members change roles, and unfortunately, we have also had some members retire from the Board.

In 2024, the Board undertook a self-assessment to determine where our strengths and weaknesses lie. This was a valuable exercise to identify where further skills and experience is required and also reflect on where we are strongest. Our intention for the year ahead will be to continue reflecting personally and collectively to ensure that we are an effective Board that drives and delivers progress towards our mission.

### Chairman's Report

It is my pleasure to be writing our fifth annual report. Having formed during the COVID-19 pandemic and grown year on year it is incredible to see the size of the organisation that Scotia Medical Group now is. As I said with my opening remarks, none of this could have been achieved without the pragmatism, dedication and aptitude of the volunteers that make Scotia Medical Group the thriving, learning and progressive organisation that we are. It is thanks to our volunteers that we have been able to grow and achieve so much success. We have continued to recognise key volunteers that go above and beyond with our awards ceremony during our Annual General Meeting. This year we congratulated six volunteers with awards for brand ambassador of the year, most improved clinician, most inspiring volunteer, award for clinical excellence, and a special Chairman's recognition award.

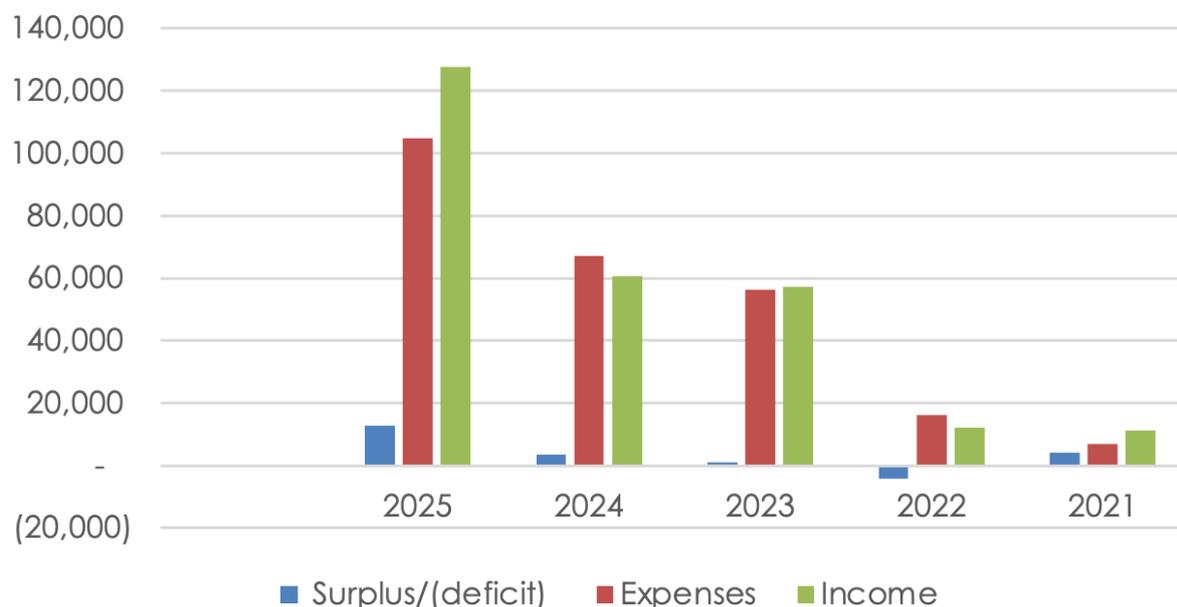
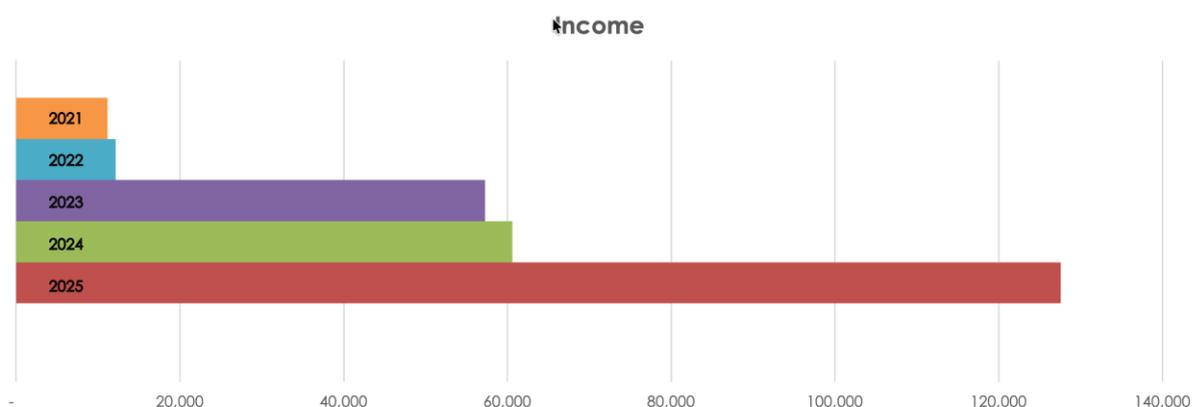
As we continued to grow, we struggled with the upkeep of the charity. Being volunteer led wasn't easy. A small core team of volunteers were keeping the charity afloat, but this often blurred the lines between strategic and operational decisions. Standing by our values we began to share the workload by recruiting more volunteers to management positions and catch up on areas for development.

Purchasing a fleet of second-hand vehicles meant there was a lot of maintenance to do. This came with challenges as we had no mechanical expertise for the specialist vehicles and nor did we appreciate the cost of such upkeep. Thankfully, with careful financial control and recruitment of a volunteer with mechanical knowledge we were able to commence work on the vehicles to make them operational ready.

## Treasurer's Review

This year was the fifth year of Scotia Medical Group and the charity has continued to grow, with many new events and many of the previous ones returning. This shows the high level of confidence that event organisers hold in Scotia's skills and performance.

As can be seen by the graphs below, it has been by far our biggest year to date, more than doubling our income from last year. This was primarily due to covering medical cover for the Tall Ships in Aberdeen, an event attended by over 500,000 people. This involved around 50 volunteers every day of the four-day event. An astounding success by our volunteers, whilst producing a professional service and also having fun at the same time.



## Reserves Policy

There was no reserve policy during 2024/25. The trustees created one in the next financial year and will be in that report.

## Looking Forward

Planning is well underway for our biggest event to date; Tallships Aberdeen 2025. We are also excited to be championing areas of growth within our events portfolio by increasing the number of event coordinators. As we continue the organisation-wide role out of FREC3 as a minimum for event cover our training team will continue to grow to meet this demand.

Our Fundraising activity will focus on events that have proved extremely successful such as coffee mornings and wreath making. And we will continue to promote and advertise our work on social media.

The trustees declare that they have approved the report above.

Signed on behalf of the charity's trustees.



Nick Mort (Mar 20, 2026 17:36:18 GMT)

Nick Mort  
Trustee - Acting Chairman

20/03/2026



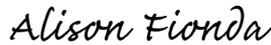
Keith Millar (Mar 20, 2026 17:37:54 GMT)

Keith Millar  
Treasurer

20/03/2026

**Independent Examiner’s Report to the trustees of Scotia Medical Group**

I report on the accounts of the charity for the year ended 30 April 2025, which are set out on pages 9 to 11.

<b>Respective responsibilities of trustees and examiner</b>	<p>The charity’s trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.</p>		
<b>Basis of independent examiner’s statement</b>	<p>My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.</p>		
<b>Independent examiner’s statement</b>	<p>In the course of my examination, no matter has come to my attention, other than that disclosed below.</p> <ol style="list-style-type: none"> <li>1. which gives me reasonable cause to believe that in any material respect the requirements: <ul style="list-style-type: none"> <li>• to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and</li> <li>• to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations</li> </ul> <p>have not been met, or</p> </li> <li>2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.</li> </ol> <p>The matter that has come to my attention is that, in the course of my examination of the accounting records of the charity, it was noted that supporting documentation has not been retained for some of the expenses incurred within the year. The total expenditure which could not be verified was £15,074. The charity trustees are aware of the importance of maintaining full records of accounting transactions going forward.</p>		
<b>Signed:</b>	 <small>Alison Fionda (Mar 23, 2026 08:46:53 GMT)</small>	<b>Date:</b>	23/03/2026
<b>Name:</b>	Alison Fionda, CA as associate in the firm of:		
	Ritsons, Chartered Accountants		
<b>Address:</b>	103 High Street		
	Elgin		
	IV30 1EB		

## Scotia Medical Group

Receipts and payments accounts for the year ended 30 April 2025

	Unrestricted funds	Restricted funds	2025 Total funds	2024 Total funds
<b>Receipts</b>				
Donations	5,225	3,000	8,225	2,374
Fundraising	9,266	-	9,266	2,330
First aid training	-	-	-	420
Events	110,082	-	110,082	55,513
<b>Sub total</b>	<b>124,573</b>	<b>3,000</b>	<b>127,573</b>	<b>60,637</b>
<b>Loans received</b>				
Short-term loan	-	-	-	10,000
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>10,000</b>
<b>Total receipts</b>	<b>124,573</b>	<b>3,000</b>	<b>127,573</b>	<b>70,637</b>
<b>Payments</b>				
<b>Payments relating directly to charitable activities:</b>				
Protective clothing and materials	7,239	-	7,239	6,029
Event first aid supplies	10,673	-	10,673	12,128
Event Expenses	16,671	-	16,671	13,977
Communications	4,226	-	4,226	3,430
Vehicle costs	825	-	825	2,221
Insurance – general	1,887	-	1,887	2,066
Insurance – motor	5,237	-	5,237	4,079
Storage	4,247	-	4,247	1,482
Miscellaneous expenses	2,925	-	2,925	168
Stationery	52	-	52	180
Volunteer training	17,354	-	17,354	957
<b>Sub total</b>	<b>71,336</b>	<b>-</b>	<b>71,336</b>	<b>46,737</b>
<b>Loans repaid</b>				
Short-term loan	10,000	-	10,000	-
<b>Sub total</b>	<b>10,000</b>	<b>-</b>	<b>10,000</b>	<b>-</b>
<b>Governance costs</b>				
Independent examiner's fee	1,357	-	1,357	1,535
<b>Sub total</b>	<b>1,357</b>	<b>-</b>	<b>1,357</b>	<b>1,535</b>
<b>Cost of fundraising</b>				
Fundraising expenses	143	-	143	227
<b>Sub total</b>	<b>143</b>	<b>-</b>	<b>143</b>	<b>227</b>
<b>Payments relating to purchase of equipment</b>				
General equipment	16,549	3,000	19,549	4,723
Vehicles	12,324	-	12,324	14,025
<b>Sub total</b>	<b>28,873</b>	<b>3,000</b>	<b>31,873</b>	<b>18,748</b>
<b>Total payments</b>	<b>111,709</b>	<b>3,000</b>	<b>114,709</b>	<b>67,247</b>
<b>Surplus for year</b>	<b>12,864</b>	<b>-</b>	<b>12,864</b>	<b>3,390</b>

**Scotia Medical Group**

Statement of balances as of 30 April 2025

	Unrestricted funds	Restricted funds	2025 Total funds	2024 Total funds
<b>Cash funds</b>				
Bank and cash balances at start of year	4,421	-	4,421	1,031
Surplus for year	12,864	-	12,864	3,390
<b>Bank and cash balances at end of year</b>	<b>17,285</b>	<b>-</b>	<b>17,285</b>	<b>4,421</b>

	Fund to which asset belongs		2025 Total	2024 Total
<b>Equipment</b>				
General	unrestricted		34,223	17,674
General	restricted		3,550	550
Vehicles	unrestricted		36,345	24,021
Computer	unrestricted		1,107	1,107
Office	unrestricted		1,665	1,665
<b>Total</b>			<b>76,890</b>	<b>45,017</b>

	Signature	Print Name	Date of approval
Signed by one or two trustees on behalf of all the trustees	 <small>Nick Mort (Mar 20, 2026 17:36:18 GMT)</small>	Nick Mort	20/03/2026
	 <small>Keith Millar (Mar 20, 2026 17:37:54 GMT)</small>	Keith Millar	20/03/2026

## Scotia Medical Group

For the year ended 30 April 2025

### Notes

#### 1 **Nature and purpose of funds**

Unrestricted funds are those that may be used at the discretion of the trustees in furtherance of the objects of the charity.

Restricted funds may only be used for specific purposes. Restrictions arise when specified by the donor or when funds are raised for specific purposes.

#### 2 **Related party transactions**

The trustees did not receive any remuneration nor were they reimbursed for any expenses.

#### 3 **Restricted funds**

In the year £3,000 was received from the Gordon & Ena Baxter Foundation, which was fully spent in the year on the Resusci Ann & Junior manikins.

# SMG amended 2025 accounts

Final Audit Report

2026-03-23

Created:	2026-03-19
By:	Ritsons Chartered Accountants (elgin@ritsonsca.com)
Status:	Signed
Transaction ID:	CBJCHBCAABAAAEEnJ1e3ZCxU7XeZsuUL0_oGZpFuJA3IE

## "SMG amended 2025 accounts" History

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2026-03-20 - 5:33:45 PM GMT
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Signature Date: 2026-03-23 - 8:46:53 AM GMT - Time Source: server
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