



BRAHMA KUMARIS

WORLD SPIRITUAL UNIVERSITY (UK)

Annual Report

YEAR ENDED 31 DECEMBER 2025

Charity Nos. 269971 England and Wales | SC040512 Scotland

Brahma Kumaris World Spiritual University (UK)
(Charity Nos. 269971 England and Wales; SC040512 Scotland)

Financial Statements
Year ended 31 December 2025

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Report of the Trustees for the year ended 31 December 2025

The trustees present their report along with the audited financial statements of the charity for the year ended 31 December 2025. The financial statements have been prepared based on the accounting policies set out in note 1 to the financial statements and comply with the charity's trust deed, the Charities Act, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (Charities SORP FRS 102) (effective 1 January 2019).

Legal and Administrative Information

Charity Name:	Brahma Kumaris World Spiritual University (UK)
Charity Numbers:	269971 – England and Wales SC040512 – Scotland
Trustees:	Girish Wadhvani Mahesh Patel Rajiv P. Mehta Sanjay Tulsidas
Secretary:	Kim Lewis
Registered and Administrative Office:	Global Co-operation House 65-69 Pound Lane London NW10 2HH
Bank:	HSBC Bank Plc 584 High Road, Wembley Middlesex HA0 2DB
Legal Advisers:	Anthony Collins Solicitors LLP 134 Edmund Street Birmingham B3 2ES VWV Solicitors Second Floor, 3 Brindley Place Birmingham B1 2JB
Auditor:	Kingsley Brackmann Partnership 64 Woodcock Hill, Kenton, Harrow Middlesex, HA3 0JF

TRUSTEES REPORT (Continued)

Structure, Governance and Management

Trustees and organisational structure

The trustees who held office during the financial year and at the date of this report are set out on page 1.

The trust deed allows for up to 11 trustees to be appointed. Trustees serve until they resign. New trustees are nominated and if suitable appointed by members of the board of trustees, taking into account the necessary skills they contribute to the charity's management and development. New Trustees receive information about the charity's activities, governance and their legal responsibilities on appointment, and the Board is reviewing plans to formalise a structured induction process.

The Trustees retain collective responsibility for the governance, strategic direction and oversight of the charity's activities.

To support effective management and accountability, the charity operates through a number of functional areas, each led by a Head of Department or other designated responsible person. Each area is supported by named Trustees who provide oversight, guidance and support.

Where appropriate, Heads of Department are assisted by experienced volunteers, specialist advisers and external professional service providers. Day-to-day responsibilities are delegated in accordance with the charity's organisational structure, policies and approved budgets. Those responsible for each area are expected to report significant matters, risks, decisions and budget variances to the relevant Trustees and, where appropriate, to the full Board of Trustees.

The charity has its headquarters in North West London and operates through centres and representatives in many cities and towns throughout the United Kingdom

Risk Management

All significant activities undertaken are subject to a risk review as part of the initial project assessment and implementation. Major risks are identified and ranked in terms of their potential impact and likelihood.

Major risks for this purpose are those that may have a significant effect on:

- Governance and management, including organisational, decision making and procedures
- Operational performance, including risks to our volunteers
- Financial management, including systems and monetary
- Environment and external factors, including public perception
- Compliance, including law and regulation

TRUSTEES REPORT (Continued)

The trustees review these risks on an ongoing basis and satisfy themselves that adequate systems and procedures are in place to manage the risks identified. Where appropriate, risks are covered by insurance. The following framework is central to ensuring adequate risk assurance:

- Monitoring of major risks and development of action plans
- Embedding risk identification and assessment within operating procedures
- A clear structure of delegated authority and control
- Review of key systems and procedures
- Maintaining adequate free reserves in line with set policies
- Regular meetings by various units with direct trustees involvement
- Engagement of professional advisors where necessary
- Relevant insurance covers in place
- Appropriate Disclosure and Barring Service checks for volunteers who work with children or other vulnerable adults within the community

In assessing risk, the trustees recognise that some areas of the charity's work require the acceptance and management of risk if key objectives are to be achieved.

Objects and Activities

Brahma Kumaris (UK) is a non-governmental, non-political, religious organisation that was established in 1975. The charity was constituted under a trust deed, dated 18 July 1975, with various amendments.

It is registered as a charity with:

- The Charity Commission - Registered Charity Number 269971 in England and Wales (E&W).
- The Office of the Scottish Charity Regulator - Registered Charity Number SC040512 in Scotland (S).

The charity's objects are:

1. To promote the advancement of the Hindu Religion and other religions of the world.
2. To promote the advancement of education by educational courses, programmes and projects and studies of and research in the field of Hindu Religious Philosophy and Yoga (various techniques of concentration as defined and discussed in the Hindu Scriptures) and to make known the results of such studies and research.
3. To relieve poverty, mental and physical sickness and distress.

TRUSTEES REPORT (Continued)

4. To promote the mental, spiritual or moral improvement of the community.

The charity delivers these objectives through the following core activities:

- **Regular spiritual discourses**
- **The celebration of key religious festivals**, such as the Founder's Memorial Day, Maha Shiv Ratri, Holi, Janmashtami, Navratri, Raksha Bandhan, Diwali and Christmas.
- **Courses**, primarily Raja Yoga Meditation, along with life skills courses based on Raja Yoga.
- **Retreats**, including both one-day and residential programmes.
- **Lectures, seminars, workshops and events** demonstrating how the principles and practice of Raja Yoga can be applied in daily life.
- **Community engagement activities**, including exhibitions, fairs and festivals, as well as groups and programmes for women, men, young people, and older adults. These also include initiatives tailored to specific sectors such as business, interfaith, healthcare and education, and for people from diverse national and cultural backgrounds.

Public Benefit

The Board of Trustees has had due regard to the Charity Commission's guidance on public benefit when exercising its powers and duties and when planning and reviewing the charity's activities. This report outlines how the charity's activities during the year have benefited the public, either directly or indirectly.

Serving the Community - Activities, Achievements and Performance

We deliver our charitable objectives all around the UK solely through volunteers. We invite members of the public to participate in our activities in person (where possible) and online, using the internet, printed materials, social media, local networking, radio, film, television and advertising, as well as providing regular, appropriate communications to those who subscribe to our mailing lists. All our activities are free of charge and open to all members of the community.

Religious Discourses

Morning spiritual discourses are held every day of the year at venues across the UK. While most sessions are in-person, some are online and many are both.

These daily gatherings support both new and regular students in developing a deeper understanding and practical experience of the principles of Raja Yoga. To broaden

TRUSTEES REPORT (Continued)

accessibility, we also continued to offer additional sessions for newcomers and for those unable to attend early morning classes, alongside more interactive sessions exploring the daily teachings, both in person and online. Average daily attendance/connections: 1,393 (England & Wales); 6 (Scotland).

Our Courses

The Raja Yoga meditation course, our core curriculum, explores how individuals can connect with their inner goodness, cultivate a loving relationship with God, and respond more positively to life's challenges and opportunities.

The course was delivered both online and in person, with a range of formats designed to meet diverse needs: weekly sessions, an intensive week-long course, over a weekend, or a day, half-day or evening 'taster' - with the option also to follow on-demand e-learning courses.

We also offered a variety of life skills courses inspired by the teachings and practice of Raja Yoga. These included *Positive Thinking*, *Relax More - Stress Less*, *Boosting Self-Esteem*, and *Goodbye to Anger*.

Courses were delivered in several languages, including English, Bengali, Farsi, Gujarati, Hindi, Nepali, Portuguese, Japanese, Spanish, and Tamil.

The table below summarises attendance figures for courses organised and delivered by our volunteers across the UK in 2025.

Courses	England & Wales	Scotland
Raja Yoga Meditation	2,540	43
Life Skills Courses based on Raja Yoga	2,622	345
Total	5,162	388

"Very enlightening and insightful."

"A great session. I had the most amazing epiphany and today I feel so much lighter. The impact is quite profound. I am eternally grateful."

Meditation Sessions

We offered a whole range of different meditation sessions in different formats around the UK - for newcomers, more experienced meditators and also our regular students, in person and online and at different times of the day. These were in addition to the daily morning gatherings mentioned earlier.

TRUSTEES REPORT (Continued)

	England & Wales	Scotland
Meditation sessions	141,313	1,169

- In-person meditation sessions in Hindi, English and Gujarati for members of the public, new and regular students at Harmony House Leicester were attended by 43,447 people.
- Lunchtime and evening meditation sessions in person and online at Chelmsford Inner Space were attended by 1,133 people.
- Online meditation sessions organised by Inner Space Covent Garden were attended by 21,327 people.

"Wonderful to meditate in a group - such a powerful atmosphere, let's do this again!"

"During the meditation the uplifting commentaries and gentle music, helped me to stay focused."

Events

	England & Wales	Scotland
Talks, Lectures, Seminars, Workshops	46,074	688
Religious & Spiritual Celebrations	2,215	-
Special Events	15,049	777
Total	63,338	1,465

Talks, Lectures, Seminars & Workshops

A wide range of talks, seminars and workshops were offered, with speakers from around the UK and around the world, sharing their personal insights and tips, based on their own experience of studying and practising Raja Yoga. These were offered in many different locations and platforms all year round. For example, total live attendance at talks in Leeds was 544, Harrow: 567, Glasgow: 617, Peterborough: 1,100, Southall: 1,738, Covent Garden: 11,391, Wembley: 11,517 and Global Co-operation House 19,860.

TRUSTEES REPORT (Continued)

“Very good and uplifting

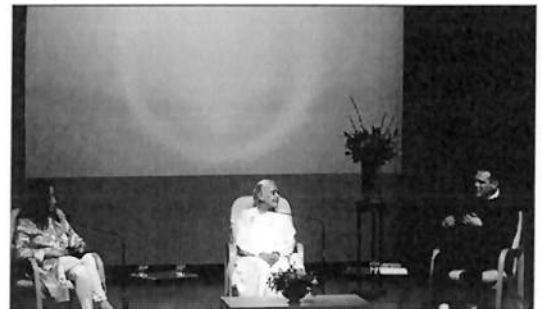
I had a very busy day and a not very pleasant afternoon... but as soon as I came here, it all disappeared... I know this is what I have to do for myself. I have to meditate.”

Religious & Spiritual Celebrations

We organised special events and activities to mark a variety of religious festivals throughout the year. These included some of the major Hindu festivals, Christmas, etc., on the understanding that, irrespective of faith and culture, we are one human family, all children of one God.

The Founder’s Memorial Day. In the month of January we commemorated the passing of Brahma Baba, the Founder of the Brahma Kumaris on 18th January 1969. Extra time was dedicated to meditation and reflection throughout the month and we organised special events for our regular students and members of the public.

The Light Returns - a reflective conversation between Professor Scherto Gill, Professor of Peace Research and Director of the Global Humanity for Peace Institute, and Jean De Silva, Youth Group Senior Co-ordinator, Yoko Forum and Sister Jayanti, attracted an inhouse audience of 160 and over 650 online. The YouTube video recording has been watched by over 4,800 people.



Shiv Ratri (The Night of Shiva) celebrates the time when the Supreme Being (‘Shiva’ - the Benefactor) incarnates in the physical world in order to empower and uplift human souls - when darkness is replaced by the dawn of a new day. Shiv Ratri celebrations were held at Global Co-operation House and Harmony House, Leicester as well as in Bradford, Milton Keynes and Slough-Langley.

TRUSTEES REPORT (Continued)

Nearly 700 people attended Belonging to the One, our Maha Shivratri celebration and exhibition, in person, including the Mayor of Brent, Mr Tariq Dar MBE.



Holi, the Hindu Festival of Colours, is an exuberant celebration of the beginning of spring, the triumph of good over evil and universal brotherhood. The celebration includes sprinkling of colours or rose water on friends and neighbours, symbolising the soul being ‘coloured’ by God’s company, having let go of the negativity of the past.

Raksha Bandhan (The Bond of Protection) is traditionally celebrated every August by Hindus all around the world and Brahma Kumaris hold special ‘Rakhi’ celebrations all across the UK. The festival is a beautiful, silent ceremony reminding us of the purification and protection experienced through a loving connection with God. Rakhis (sacred threads) are tied on each one’s wrist, symbolising the link of love between the soul and God. In addition to our own Raksha Bandhan events, our sisters went out to tie rakhi in public buildings, offices, places of worship and cultural institutions, including:

- **The House of Lords** with 160 senior members of the UK Armed Forces and the UK Parliament
- **Police Service and Fire Service, Leicester**
- **Slough Hindu Temple**
- **Indian Consulate, Birmingham**, the entire consulate staff including Mr Venkatachallam Murugan – Consul General of India, Birmingham
- **Polwarth Parish Church, Edinburgh** Guests included the Consul General of India, Edinburgh, Mr Azad Singh and President of Edinburgh Hindu Temple, Suman Vohra.
- **Willesden Bus Station**
- **The Nehru Centre, London**, Cultural Wing of the High Commission of India in the UK.

At Global Co-operation House 1,749 people attended eight separate sessions over one week and 900 rakhis were tied in the community. Another 2,524 people attended Rakhi events around the UK. In Croydon, 365 people attended a One Day Retreat entitled: *The Sacred Bond of Love & Protection: Raksha Bandhan*.

TRUSTEES REPORT (Continued)

"This is such a beautiful event. I found it so empowering."

"Thank you for helping people to relieve the pain of their emotions."

Janmashtami in August is a joyful celebration of the birthday of Lord Krishna, the most lovable child deity, the epitome of purity, innocence, playfulness and love, celebrated with special events and garba dances. Events in Birmingham and Global Co-operation House were attended by 638 people.

Diwali, the Festival of Lights in November, signifies the New Year and the coming of light to dispel the darkness. All around the UK, Brahma Kumaris arranged Diwali celebrations for students and the public and contributed to many other celebrations organised by others. Diwali events in Aberdeen, Birmingham, Colliers Wood, Croydon, Global Co-operation House, Global Retreat Centre, Leicester, Manchester, Wellingborough and Wembley Inner Space were attended by a total of 2,063 people.

- Inner Space Manchester celebrated Diwali with 70 people at Manchester Airport and with 50 people at Manchester University. Inner Space Wembley celebrated with 70 people at Brent Job Centre.

Navratri (Festival of Nine Nights). This Hindu festival in September celebrates the nine goddesses, or Shaktis – the powers of the human soul. There were events in Birmingham and Colliers Wood, and Global Co-operation House hosted a special 'garba ras' evening for regular students, plus an online Hindi talk which received 199 connections.

Other Hindu festivals and religious observances marked included Dussehra, Ganesh Chaturthi, Guru Purnima, Paryushana, Purushottam Maas, Shraad and Shravan - creating our own events and contributing to celebrations organised by others.

Festivals of other faiths were also celebrated, for example, Christmas and Chinese New Year. Our aim is always to share the spiritual perspective and the spiritual values that these festivals nurture.

- A talk at Inner Space Colliers Wood on *Christmas - the Gift of Giving* was attended by 108 people.

TRUSTEES REPORT (Continued)

A special event for Ghataasthapan Dashain, honouring divine virtues, spiritual strength and unity, was celebrated with the Nepali community at Global Co-operation House in September, attended by over 100 people



Special Events

Some highlights from 2025:

- **UN International Women's Day** in March was marked in various locations, including:
 - **Brighton** *Four Faces of Woman*: - 10 online connections
 - **Global Co-operation House** *Women Inspired* - 374 online connections
 - **Global Retreat Centre** *Celebrating You: An Afternoon to Nourish and Nurture Yourself* - 70 attenders
 - **Loughborough** *Embracing our Identity (Protect, Strengthen, Rejoice)* at Swaminarayan Temple - 70 attenders and a special event for IWD at Fearon Hall community centre - 80 attenders
 - **Slough-Langley** *Healing our Hearts Through Forgiveness* - 30 attenders
 - **Wembley** 240 attenders and online connections
- Two special events to mark **Earth Day** in April were *Caring for our Earth - 3 Steps to Give Back* in **Manchester** and *Our Power Our Planet* at **Global Co-operation House, London** were attended by 61 people.
- *Artificial Intelligence vs Emotional Intelligence* with Consultant Gynaecologist & Robotic Surgeon Amer Raza, Dr Akhil Mayor, Neville Hodgkinson and Professor Prakash Punjabi at Global Co-operation House in April was attended by over 120 medics and healthcare professionals.
- A series of eight events with Sister Jayanti entitled *The Magic of Meditation* took place in June - in **Worthing, Leicester, Cambridge, Glasgow, Manchester, Birmingham,**

TRUSTEES REPORT (Continued)

Southall and Global Co-operation House, London. Total attendance was over 2,111 people, over 300 of whom were attending an event of ours for the first time).

"It was a beautiful gathering. A timely reminder to find that place of peace within the noise of life."

"Your sharing touched my soul today."

- **11th UN International Day of Yoga - June**

Our events around the UK included:

- ***How to Be A Raja Yogi*** at Global Co-operation House with three yogis with more than 130 years of Raja Yoga meditation practice between them - Sister Maureen, Sister Jaymini and Dr.Tamsin Ramsay - attended by 180 in person with 117 connections online
- ***Aligning Body, Breath & Soul***, Manchester Inner Space - 13
- ***What's Your Yoga?***, Slough-Langley - 103
- ***International Yoga Day*** (in Hindi), Bradford - 75
- ***International Yoga Day***, Cambridge – 10
- ***Cannons Park Yoga Day***, Wembley - 120

In collaboration with The High Commission of India in the UK, we organised special International Day of Yoga (IDY) events with The Nehru Centre Director Naorem J. Singh and others at the Global Retreat Centre in Oxfordshire, and Inner Space Cambridge. Sister Neena of Birmingham Inner Space was invited to speak at an IDY event at The Consulate General of India in Birmingham.

- Three special IDY events in Manchester, Leeds and Bradford in July with Sudesh Didi, Joint Administrative Head of Brahma Kumaris and Senior Director of The Academy for a Better World, on the theme ***Wisdom for a Changing World*** were attended by 269 people.

- **Black History Month - October**

Celebrating Our Heroes was the theme of Global Co-operation House, London's online event to mark Black History Month, with 58 connections.

- **UN World Meditation Day - 21 December**

The Light of Meditation was our nationwide initiative to mark UN World Meditation Day on 21st December, with 23 meditation events - from small, candle-lit gatherings to large public events in the following locations:

Aberdeen, Bradford, Cambridge, Cardiff, Colliers Wood, Croydon, Dublin,
Edinburgh, Glasgow, Harrow, Leeds, Leicester, London, Loughborough,

TRUSTEES REPORT (Continued)

Luton, Manchester, Oxfordshire, Peterborough, Slough, St Albans, Upton Park, Watford and Wembley.

Total attendance exceeded 1,400 people in person and 1,500 online connections. Over 13,000 accounts were reached through our social media campaign supporting this initiative.

"Whatever questions I had in my mind, they all got answered."

"One thing I'll take back is the way of meditating. I knew what meditation was but I didn't know the technique. Sister Jayanti was kind enough to give the method to meditate."

"I am a social worker and coming to this event has given me a different perspective, I felt the stress lift. I will go back into work with renewed strength."

On December 9, the House of Lords held a 'Curtain-Raiser' event for UN World Meditation Day 2025, bringing together Parliament members, peers, diplomats, legal and medical professionals, disability rights advocates, senior officials from the Police and British Army, as well as leaders from the arts, media, and civil society. The event was hosted by Lord Krish Raval OBE and organised by the Brahma Kumaris in collaboration with the Sanskruti Centre of Cultural Excellence, with Baroness Verma and Sister Jayanti also in attendance.



Brahma Kumaris' Contribution to Events Partnering with Other Organisations

- Sister Jayanti was invited to lead the opening meditation for the ***What Women Want 2025*** launch at the House of Commons, organised by Lynne Franks OBE in June.
- In October Sister Jaymini and other representatives from Brahma Kumaris UK were invited to join a special gathering to honour ***UN International Day of Non-Violence*** at Tavistock Square Garden, London, where the statue of Mahatma Gandhi has stood for many years as a symbol of peace. The event was organised by the Indian High Commission High Commissioner for India Mr Vikram Doraiswami was present.
- As members of the Diwali in London committee, Brahma Kumaris UK again took an active role in ***Diwali on Trafalgar Square*** in October, contributing in various ways.

TRUSTEES REPORT (Continued)

These included: stage co-ordination, providing meals for all volunteers working on the event and 30 dedicated volunteers, the ever-popular Glimpse of Goddesses marquee and other values-based activities and Raja Yoga taster sessions in the Yoga & Meditation Zone. At one point, Sister Jaymini along with four Brahma Kumaris yogis led the vast crowd in a 'Pause for Peace' on the main stage. Over 40,000 people attended the event over the course of the day.

- Brahma Kumaris UK, along with Heartfulness and Isha Foundation, were invited to run a ***Meditation Lecture Series*** at The Nehru Centre, London, attended by 30 people.

Spiritual retreats

We offered residential and day retreats and special group gatherings for members of the public, invited guests and BK students in several locations - in person and online. These events offered participants the chance to reflect on their own spirituality and refresh their inner core values, through the understanding and experience of Raja Yoga. (3,877 - E&W).

Global Retreat Centre

The Global Retreat Centre has been offering meditation and self-development courses, sessions and retreats along with festivals and other events – all free as a service to the community – since it opened in 1993. It serves people across Oxfordshire and from all continents, faiths and backgrounds. The Global Retreat Centre organised retreats for a wide range of people - new students, regular students, professionals, leaders, youth, healthcare professionals, religious leaders and more. These took the form of one day retreats, residential weekend retreats, and were attended by a total of 956 people.

- **Peace Fest**

During the August Bank Holiday weekend in 2025, the Global Retreat Centre (GRC) hosted Peace Fest, a series of special marquee events for both regular students and the general public. The weekend commenced on Saturday with a "spiritual sustenance" session attended by 1,350 regular Brahma Kumaris students. On Sunday, 24th August, and Bank Holiday Monday, 25th August, GRC opened its doors to the public for an afternoon of activities around Raja Yoga meditation and explorations of spiritual values held within the house and grounds. The festival featured The Light Show, a theatrical marquee centrepiece styled as a TV talk show that blended humour, live music, guided meditation, and insightful conversations with senior yogis regarding inner practice and a spiritual lifestyle. Over the two public days, 1,625 visitors attended, bringing the total weekend participation to approximately 3,000 people.

TRUSTEES REPORT (Continued)

● Meeting of the Elijah Board of World Religious Leaders

In December 2025, GRC hosted the 12th biennial meeting of the Elijah Board of World Religious Leaders. A group of 30 prominent figures representing six major traditions - Judaism, Islam, Christianity, Buddhism, and the Religions of India - gathered to explore the theme *The Human Person: Religious Ideals and Contemporary Challenges*. The gathering culminated in a public event at Harris Manchester College, University of Oxford, facilitated by the Elijah Interfaith Institute's founder and director, Rabbi Dr. Alon Goshen-Gottstein. The panel of speakers were: Lord Rowan Williams, former Archbishop of Canterbury, Cardinal Christoph Schönborn, Archbishop Emeritus of Vienna, Maria Reis Habito, Zen teacher and scholar from New Mexico, Rabbi Arthur Green, an American scholar of Jewish mysticism, Dr. Swami Atmapriyananda, Pro-Vice Chancellor of Ramakrishna Mission Vivekananda University and Sister Jayanti, Additional Administrative Head of the Brahma Kumaris.

● Retreats for Leaders

Other dialogues and retreats for leaders serving in many different fields of human endeavour included: *The Call of the Time Silence Retreat* (May), *Shiv Shakti Retreat for Women Leaders* (June), *The Call of the Time Dialogue* (September), *The Gift of Peace* (for European Leaders September), *Living Values Retreat* (for Educators, October) and *International Meditation Retreat for Professionals* (November).

"I feel committed to staying on this journey and will always seek regular input from the many talks and events organised by the BKs."

"I have come away from this retreat with a shift in my way of thinking that I will carry out into my everyday life."

"In so many ways. I feel that it has generated a real new start for me. I have been on cloud nine since returning."

"What a great experience with so many beautiful souls in the most peaceful place. I will return."

Community Activities (Outreach)

	England & Wales	Scotland
Community Events, including Fairs & Festivals and Interfaith activities'	12,680	564

TRUSTEES REPORT (Continued)

Funerals	2,362	0
Total	15,042	564

We ran a wide range of community activities in person and online for people in outlying communities around the UK. Some of these areas we have been active in for many years, whilst others we served for the first time.

Fairs and Festivals

Fairs and exhibitions started to open up again, after the pandemic. We had stands at several events and locations, sharing values-based activities and materials, based on the teachings of Raja Yoga and in many cases a free and accessible 'drop-in' programme of meditations and short talks. These included:

- *Bradford University Wellbeing Day*, May - 150 people; *Bradford University Freshers Day*, September - 65 people
- *Mitcham Carnival & Fair* (Inner Space Colliers Wood), June - 195 people
- *Kirkstall Abbey Fair* (Leeds), July - 100 people
- *ActNowChangeForever* (QE II Centre, London), July - 200
- *Om Yoga Show*, Alexandra Palace, October - meditation tent: 1,055 people. Other activities: 1,500 people

Interfaith work

We continued our work in bringing people of different faiths and cultures closer together and to nurture a deeper understanding between different faiths, based on acceptance and respect. Our volunteers around the UK contributed to interfaith meetings - some in person, many still online - around the UK.

- Sister Maureen led the closing meditation at a *Global Ethical Stocktake* dialogue run by Women, Faith, & Climate Network in partnership with Project Dandelion and St Ethelburga's Centre for Reconciliation and Peace, as part of *London Climate Action Week* in June. Over 30 participants from different countries, faiths and professions joined this contribution to the Global Ethical Stocktake requested by the COP30 team. Former President of Ireland Mary Robinson, COP30 CEO Ana Toni, Minister Marina Silva, Frederico Assis, COP30 Envoy on Data Integrity, Marcele Oliveira, COP30 Youth Champion and others from the COP team were present.
- People from various faith traditions, including Quaker, Anglican, Hindu, Sai Baba and Brahma Kumaris, came together to share moving personal, spiritual stories at Watford

TRUSTEES REPORT (Continued)

Quaker Meeting House in October. Watford Labour MP Matt Turmaine and Deputy Mayor Aga Dychton were also present. Sister Rekha from Global Co-operation House led everyone in a meditation.

- The *London Boroughs Faiths Conference* on the theme *Shared Social Action*, organised by Harrow Inter Faith, was hosted by Global Co-operation House. Speakers including Mustafa Field, OBE, Director Faiths Forum for London, Laura Marks CBE, Founder and CEO of Mitzvah Day, Hisashi Fukushima, Director Yoko Forum and Gopal Bhachu, Chair of Harrow Interfaith and Birajith Baskaran of Brahma Kumaris, UK and 43 key interfaith leaders from the London Boroughs attended.
- Over 220 people took part in the *Multi-Faith Remembrance Day* event at Harmony House, Leicester in November, organised by the Brahma Kumaris, Leicester in collaboration with the Sikh Welfare & Cultural Society and the Army Benevolent Fund. A message from His Majesty King Charles III was read by Lord Lieutenant Mike Kapur OBE CStJ and prayers and reflections were offered by Bahai, Brahma Kumaris, Buddhist, Christian, Asian Christian, Hindu, Jain, Jewish, Muslim and Sikh leaders.



- Rose Goodenough of Glasgow Inner space joined senior representatives from Glasgow's diverse faith and belief communities at the City Chambers in November to launch the *Glasgow 850 Interfaith Declaration*—a powerful statement of unity and shared values in the face of growing division at home and abroad.

Serving Diverse communities: We offered and contributed to community activities for people speaking many languages including: Farsi, Greek, Gujarati, Hindi, Japanese, Nepali, Spanish, Portuguese, Punjabi, Sindhi and Tamil.

- **Tamil:** Special events for the Tamil community for Shiv Ratri were organised in the Archway Murugan Temple, Ealing Amman Temple, Harrow Sri Siddhi Vinayagar Temple, Ilford Sri Chidambareswarar Temple and Walthamstow Sri Karpaga

TRUSTEES REPORT (Continued)

Vinayagar Temple and Watford Centre, attended by a total of 345 people. A total of 287 people took the Raja Yoga meditation course in Tamil - at Global Co-operation House, Harrow Arts Centre and online. Raja Yoga exhibitions were held in temple fairs in Stoneleigh, Walthamstow, Lewisham, Ealing and Enfield. Around 45-60 people join the weekly online spiritual sustenance classes.

Shiv Ratri Talk at Ealing Amman Temple attended by over 60 people.



- **Japanese:** *Positive Space*, a weekly online gathering for the **Japanese** community organised by Global Co-operation House, was attended by 167 people. Later in the year, in November, regular students were invited to take part in a *Japanese Tea Ceremony* at GCH for regular students with Tamami Wood and Michiko Shirouzu in November. In September *The Art of 'Being Myself'* at Harmony House, Leicester with Dr Mariko Hamaya, Michiko Shirouzu and Ikuyo Miyamura was attended by 52 people..
- **Gujarati:** Weekly talks in Gujarati were delivered online in Peterborough, attended by 364 people. In Wellingborough the *Monday Meditation and Sharing* sessions in Gujarati were attended by 298 people and talks at the Hindu Mandir under the umbrella title *Understanding Spirituality*, attended by 219 people.
- **Kannada:** Sister Shivamani gave a talk in Kannada on *The Spiritual Importance of the Age*, organised by Kannada Sangha North UK at the Indian Association Hall, Oldham in April, attended by 70 people.



- **Sindhi:** A total of 792 people attended the long-standing Thursday morning class for the Sindhi community at Global Co-operation House.
- **Portuguese & Spanish:** Global Co-operation House offered online talks throughout the year in Spanish (1744) Portuguese (720).

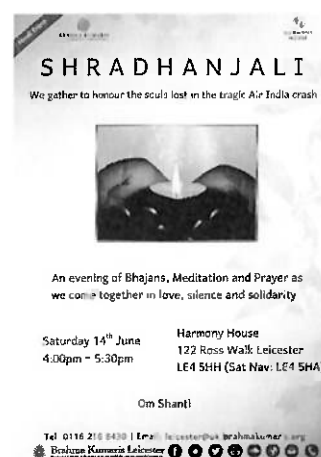
TRUSTEES REPORT (Continued)

- A special **Sign Language** Interpreted Raja Yoga session was provided for nine members of the Deaf Ethnic Women's Association (DEWA) at Global Co-operation House in January.

Funeral service

Brahma Kumaris were invited to conduct and contribute to funeral services in different locations around the UK both in person and online. We also contributed to prayer meetings and special meditation gatherings for bereaved families, offered support for families and friends and dedicated time each day individually and collectively for special meditation for those who had passed away, the sick and the bereaved (2,362 – E&W).

- To honour those lost in and affected by the tragic crash of Air India flight 171 in Ahmedabad in June, Harmony House Leicester hosted *Shradhanjali*, a special evening of meditation and prayer, attended by 180 people in person, with 40 online connections. A special service organised by Wembley Inner Space was attended by 300 people.



Inner Spaces – ‘oases of calm’ in the city

Our Inner Spaces are accessible for people living and working in urban areas. Many also do a lot of outreach work in nearby neighbourhoods. Many thousands benefit from the meditation and self-development courses, meditation sessions and talks offered regularly online and in person. There are 12 Inner Spaces around the UK - in Birmingham, Bradford, Cambridge, Chelmsford, Colchester, Edinburgh, Glasgow, Manchester, and in London Colliers Wood, Covent Garden, Romford and Wembley. (Attendance/connection figures for Inner Space activities - religious discourses, events, courses, meditation sessions, etc. are included under those headings.).

TRUSTEES REPORT (Continued)

- A new Inner Space was opened in 2025 in Colliers Wood High Street, London. With around 80 people present, it was officially opened in September by Deputy Mayor of Merton, Shuile Syeda, and other community and faith leaders.



- Inner Space Covent Garden took part in the national Open House initiative, and welcomed 501 visitors over two weekends in September.
- The *Young Ambassadors for Peace* initiative, launched in 2023 by Inner Space Wembley with several nearby schools in Harrow, was extended in 2025 to include 13 schools in both Harrow and Brent, as well as 3 in Oxfordshire and 3 in Leicester.

Sustenance Activities

	England & Wales	Scotland
Sustenance Activities: Sustenance Events & Groups	53,417	299

Spiritual sustenance events for Brahma Kumaris students and teachers

Events and activities for the spiritual sustenance of our students and teachers were organised all over the UK. These took the form of special gatherings, personal development and skills training, workshops, facilitated dialogue, spiritual exploration and discussion and expression through performing arts and audio/visual materials. Global Co-operation House continued to webcast a special programme for regular students around the UK every evening, along with a range of other regular and occasional sustenance activities, whilst each location provided their regular students with a range of sustenance. For example, in Birmingham total attendance of sustenance events was 1,547 people, in Cambridge 11,376, in Colliers Wood 1,380 and in Manchester 3,080.

Specific regular events included:

- *Awakening Inner Power* - weekdays online in Hindi in Wales & The South West - 1,766 attenders
- *Sunday Churning* weekly online in Hindi in Upton Park - 244 attenders

TRUSTEES REPORT (Continued)

Spiritual sustenance groups

A number of groups – both for the public, new and regular students - met on a regular basis throughout the year, in person or online. These included gatherings for women, men, children, youth, the elderly and special interest groups, such as environment, health and wellbeing and a range of spiritual discussion and mutual support groups.

- *What's On Your Mind? - A Clarity & Conscious Living Retreat for Young Adults*, which takes place monthly, was launched in June with an open and lively conversation with Sister Jayanti attended by around 29 young people.



- The Spirituality & Men online sustenance Group in Croydon was attended by 154 people.
- The *Make it Happen* (Youth) group with over 90 members from around the UK, most of whom are actively involved organising and contributing to activities such as Om Café - a gathering for 18-35 year olds - Interfaith tree-planting weekends, retreats and other joint activities with organisations such as the LSE Faith Centre, St Ethelburga's Centre for Reconciliation and Peace and Yoko Forum.

Serving the public through Media and Online Platforms

Social media

We continued to communicate and engage with our students and communities through the media, social media and various internet sites. We streamed a wide range of events and meditation sessions and uploaded uplifting content to a number of websites, social media platforms and apps. We also provided our various audiences with news, details of events and activities, daily inspirations, opportunities to participate, interact and give their input and feedback.

Across all our UK social media platforms and channels we had a total number of 348,502 followers/subscribers/members (as at Dec 2025).

TRUSTEES REPORT (Continued)

Followers/subscribers/members	England & Wales	Scotland
Facebook	124,819	21,000
Insight Timer (just-a-minute/Inner Space Glasgow)	7,100	4,600
Instagram	33,684	653
Meetup	23,608	13,549
Pinterest	3,100	-
Soundcloud	2,721	44
X (Twitter)	32,666	1,024
YouTube	76,934	3,000
Total	304,632	43,870

YouTube

Additional information about interaction with our UK YouTube channels:

YouTube additional counts	England & Wales	Scotland
Comments	7,610	384
Likes	155,228	5,245
Videos	2,537	246
Views	8,163,794	330,445

Instagram

We used 15 Instagram accounts to inform, connect and serve our communities around the UK.

Facebook

We had over 20 facebook pages serving different areas of the UK, as well our UK page.

Social media highlights include

- The Magic of Meditation promo video views, June
Facebook: 28,889
Instagram 11,000

TRUSTEES REPORT (Continued)

- Peace Fest, August
247,000 reels and post views
- The Light of Meditation, December: 13,000 accounts reached

*"I always benefit from reading the posts from the BK's...
They are simple but profound and practical."*

Websites

	England & Wales	Scotland
Websites New Users	17,500	4,900
Websites Views	804,302	14,000
Websites Visitors	173,654	n/a

Apps

Our range of public-facing apps to support meditation and spiritual study for new and regular students - all free to download. Total downloads: Over 200,000.

These are:

Bee.zone - guided meditations, challenges and tools to help bring meditation into daily life

Meditation Lounge - relaxing meditations

Madhuban Murli - daily teachings for regular students

Traffic Control - timed music to encourage taking short pauses during the day to observe and direct the flow of our thoughts.

Broadcast

- Minal Patel was interviewed about meditation in general and the Global Retreat Centre's Peace Fest in particular on BBC Radio Oxford's *Breakfast Show with Phil Mercer* on Sunday, 24th August. This interview reached an audience of 2,307 via the GRC's Facebook, Instagram, and YouTube channels. Samantha Fraser also contributed to a round-up of Oxfordshire events for *BBC Radio Oxford* on Monday, 25th August.
- Sister Maureen was interviewed on the theme Fractured Focus and Sacred Peace on *The Voice of Islam Radio Drive Time* programme in August.
- Sister Jayanti was interviewed by Sangeeta Bajaj of *XL Radio* prior to her *Magic of Meditation* Event at the Midlands Arts Centre, Birmingham.

TRUSTEES REPORT (Continued)

Activities in Scotland

Brahma Kumaris (UK) activities in Scotland continue to develop and expand. The details of public benefit are shown alongside England and Wales.

Our Volunteers

The trustees would like to pay special tribute to the efforts of all our volunteers in enabling the charity to meet its objectives, especially during this challenging and demanding year. Individuals who benefit from the charity frequently choose to give their time and support to show their appreciation. Our volunteers, with all their skills, enthusiasm and dedication to service, are without doubt the charity's most valuable 'assets'.

Fundraising

The charity does not undertake targeted or organised fundraising campaigns and does not use telephone, street, door-to-door or direct-mail fundraising. It does not engage professional fundraisers or commercial participants.

The charity receives voluntary donations from individuals who choose to support its work. These donations arise independently of any organised fundraising activity. All courses, events and other charitable activities are provided free of charge, and there is no requirement or expectation that participants should make a donation.

Facilities are made available for individuals who voluntarily wish to support the charity, including through the charity's website, bank transfer, cheque and cash donation boxes at the charity's sites. These facilities enable voluntary giving and do not involve active solicitation or organised fundraising campaigns.

The charity is not registered with the Fundraising Regulator and has not subscribed to any voluntary fundraising regulatory scheme. Donation arrangements and related communications are overseen by the Trustees and are subject to the charity's established financial controls.

No complaints were received during the year in relation to fundraising or donation activities.

The charity does not use fundraising methods involving unreasonable intrusion into an individual's privacy, persistent approaches or undue pressure to donate. Particular care is taken to ensure that people who may be vulnerable are not placed under any pressure to make a donation.

TRUSTEES REPORT (Continued)

Financial Review and Results for the year

The total income for the year was £3,247,162 (2024: £3,352,727) and total expenditure was £3,270,639 (2024: £2,789,489).

The charity's principal source of income continued to be voluntary donations of £2,525,684 (2024: £2,331,053).

Most of the charitable expenditure relates mainly to provision of courses, discourses, events, property running costs and support services as further explained in Note 1 to the accounts.

Future Plans

The charity's short-term plans are to increase the number of individuals served through its activities and continue sustaining the existing students. The medium-term plans are to cultivate existing relationships and association with similar organisations. The longer-term plans are to serve in strategic areas and cities throughout the UK, enabling benefit to the wider community.

Investment Policy

The Trustees adopt a prudent and risk-averse approach to the investment of surplus funds. The majority of funds are held in bank deposits to preserve capital and ensure liquidity. Investments are retained solely to further the objects of the charity, particularly to support its presence and activities in cities throughout the UK. The Board reviews the investment strategy annually to ensure it remains appropriate, compliant with the charity's objectives and mindful of economic condition.

Going Concern

The Trustees have considered the charity's financial position, available reserves, anticipated income and expenditure and known commitments. Having regard to these matters, the Trustees have a reasonable expectation that the charity has adequate resources to continue its activities for the foreseeable future and for a period of at least twelve months from the date of approval of the financial statements.

The Trustees are not aware of any material uncertainties that may cast significant doubt on the charity's ability to continue as a going concern. Accordingly, the financial statements have been prepared on the going concern basis.

TRUSTEES REPORT (Continued)

Reserves Policy

The Trustees have reviewed the charity's unrestricted expenditure needs and consider it appropriate to maintain a target level of approximately £4 million of unrestricted free reserves.

The Trustees consider this level of reserves prudent and necessary for several reasons specific to the charity's operating environment:

- The charity is predominantly reliant on voluntary donations, with no significant trading income or subscription model. Donations are largely ad hoc and unpredictable in timing and amount.
- The donor base includes a significant number of older supporters, making future giving potentially less predictable over time.
- The charity operates from a number of substantial properties which require ongoing maintenance, repair and regular refurbishment to remain safe, accessible and welcoming.
- All charitable activities are delivered free of charge. There is no significant recurring income stream available to offset a sudden reduction in donations.
- Inflationary pressures and economic uncertainty pose further risks to both income and operating costs.
- Maintaining adequate reserves ensures that the charity can continue to deliver its core services for an extended period if income falls, providing sufficient time to adapt its plans responsibly without adversely affecting beneficiaries.
- Adequate reserves also support working capital requirements, provide cash-flow stability and enable the charity to meet unexpected costs, including property repairs, safeguarding, regulatory, professional and volunteer-support costs.

At 31 December 2025, the charity held unrestricted free reserves of £6,705,011 compared with its target of approximately £4 million. Free reserves are calculated as unrestricted funds that are readily available to support the charity's activities, excluding tangible fixed assets held and used for charitable purposes. There were no restricted or designated funds at the year end.

The level of free reserves held at the year end was above the Trustees' current target. The Trustees consider that the additional reserves remain appropriate having regard to the charity's reliance on voluntary income, the scale and ongoing maintenance requirements of its property portfolio, possible future capital expenditure and its strategic goal of expanding its presence and services to other areas of the United Kingdom.

The Board reviews the level of reserves on a quarterly basis to ensure that both the target and the reserves actually held remain appropriate to the charity's needs, risks, commitments and strategic plans. Where reserves differ materially from the target, the Trustees consider the reasons for the difference and whether any action is required.

TRUSTEES REPORT (Continued)

Statement of Trustees' Responsibilities

The Charities Act 2011 requires the trustees to prepare accounts for each financial year which give a true and fair view of its financial activities and of its financial position at the end of the year.

In preparing the financial statements the trustees are required to:

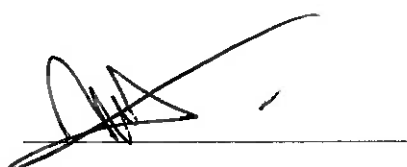
- a) select suitable accounting policies and apply them consistently,
- b) observe the methods and principles in the Charities SORP FRS 102,
- c) make judgments and estimates that are reasonable and prudent,
- d) follow applicable UK accounting standards and the Charities SORP FRS 102, disclosing and explaining any departures in the accounts,
- e) prepare the financial statements on a going concern basis unless it is appropriate to assume that the charity will be unable to continue to meet its objectives.

The Board of Trustees is responsible for keeping adequate accounting records which disclose with reasonable accuracy at any time the financial position of the Charity, and to enable them to ensure that the financial statements comply with the requirements of the Charities (Accounts and Reports) Regulations 2008. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of error, fraud and other irregularities besides the above responsibilities.

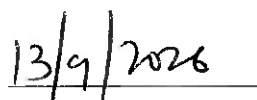
Statement of disclosure to auditor:

- a) so far as the trustees are aware, there is no relevant audit information of which the Charity's auditor is unaware, and
- b) they have taken all the steps that they ought to have taken as trustees in order to make themselves aware of any relevant audit information and to establish that the Charity's auditor is aware of that information.

For and on behalf of the Board of Trustees,



Sanjay Tulsidas
Trustee



Date

INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF BRAHMA KUMARIS WORLD SPIRITUAL UNIVERSITY (UK)

Opinion

We have audited the financial statements of Brahma Kumaris World Spiritual University (UK) for the year ended 31 December 2025 on pages 31 to 41. The financial reporting framework that has been applied in their preparation is in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and the Charities SORP FRS 102.

In our opinion the financial statements:

- give a true and fair view of the state of the charity's affairs as at 31 December 2025 and of its incoming resources and application of resources for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been properly prepared in accordance with the Charities Act 2011, the Charities and Trustee Investment (Scotland) Act 2005 and regulations 6 and 8 of the Charities Accounts (Scotland) Regulations 2006 (as amended).

Basis for Opinion

We have been appointed as auditors under section 144 of the Charities Act 2011 and section 44(1)(c) of the Charities and Trustee Investment (Scotland) Act 2005 and report in accordance with regulations made under those Acts. We conducted our audit in accordance with ISAs (UK), which require us to obtain reasonable assurance that the financial statements are free from material misstatement. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Who we are reporting to

This report is made solely to the charity's trustees, as a body, in accordance with Section 144 of the Charities Act 2011 and with regulations made under Section 154 of that Act and in accordance with section 44(1)(c) of the Charities and Trustee Investment (Scotland) Act 2005 and regulation 10 of the Charities Accounts (Scotland) Regulations 2006 (as amended).

Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF BRAHMA KUMARIS WORLD SPIRITUAL UNIVERSITY (UK) (continued)

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other Information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Charities Act 2011 and Charities Accounts (Scotland) Regulations 2006 (as amended) requires us to report to you if, in our opinion:

- the information given in the Trustees' Annual Report is inconsistent in any material respect with the financial statements; or
- the charity has not kept sufficient accounting records; or
- the financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF BRAHMA KUMARIS WORLD SPIRITUAL UNIVERSITY (UK) (continued)

Responsibilities of trustees for the financial statements

As explained more fully in the Trustees Responsibilities Statement set out on page 26, the trustees are responsible for the preparation of the financial statements which give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists.

Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

- Enquiry of management and those charged with governance around actual and potential litigation and claims;
- Enquiry of management and finance compliance functions to identify any instances of non-compliance with laws and regulations;
- Performing audit work over the risk of management override of controls, including testing of journal entries and other adjustments for appropriateness, evaluating the business rationale of significant transactions outside the normal course of business and reviewing accounting estimates for bias;
- Reviewing minutes of meetings of those charged with governance;

**INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF
BRAHMA KUMARIS WORLD SPIRITUAL UNIVERSITY (UK) (continued)**

- Reviewing financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations.

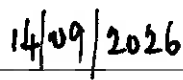
Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Use of our report

This report is made solely to the Charity's Trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008 and Regulation 10 of the Charities Accounts (Scotland) Regulations 2006 (as amended). Our audit work has been undertaken so that we might state to the Charity's Trustees those matters we are required to state to them in an Auditors' Report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Charity and its Trustees, as a body, for our audit work, for this report, or for the opinions we have formed


Kingsley Brackmann Partnership
64 Woodcock Hill, Kenton, Harrow
Middlesex
HA3 0JF


Date

Kingsley Brackmann Partnership is eligible to act as an auditor in terms of section 1212 of the Companies Act 2006 and consequently to act as the auditor of a registered Charity.

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 DECEMBER 2025

	Note	Restricted Funds 2025	Unrestricted Funds 2025	Total Funds 2025	Total Funds 2024
INCOMING RESOURCES		£	£	£	£
Voluntary Income					
Donations		-	2,525,684	2,525,684	2,331,053
Legacies		-	49,688	49,688	410,829
Tax Refunds On Gift Aid Donations		-	288,117	288,117	260,668
Activities To Generate Funds					
Investment Income		-	383,673	383,673	332,872
Other Income	2	-	-	-	17,305
Net Incoming Resources Available For Charitable Application		<u>-</u>	<u>3,247,162</u>	<u>3,247,162</u>	<u>3,352,727</u>
Charitable Activities By Objective :					
Regular Discourses	3	-	(1,197,535)	(1,197,535)	(1,056,391)
Lectures & Seminars	3	-	(851,579)	(851,579)	(751,211)
Religious Festival & Special Events	3	-	(292,732)	(292,732)	(258,227)
Retreats	3	-	(492,337)	(492,337)	(390,918)
		<u>-</u>	<u>(2,834,183)</u>	<u>(2,834,183)</u>	<u>(2,456,747)</u>
Governance Costs	3	-	(436,456)	(436,456)	(332,742)
Total Resources Expended		<u>-</u>	<u>(3,270,639)</u>	<u>(3,270,639)</u>	<u>(2,789,489)</u>
(Deficit) / Surplus In The Year	7	-	(23,477)	(23,477)	563,238
Income and Expenditure Brought Forward		-	24,534,317	24,534,317	23,971,079
Funds Carried Forward		-	24,510,840	24,510,840	24,534,317
Revaluation Reserve		-	1,161,382	1,161,382	1,161,382
Accumulated Fund Carried Forward		<u>-</u>	<u>25,672,222</u>	<u>25,672,222</u>	<u>25,695,699</u>

Note : All amounts relate to continuing activities

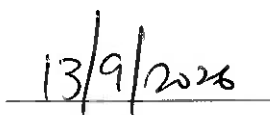
The attached notes form part of these financial statements

BALANCE SHEET AS AT 31 DECEMBER 2025

	Note	2025 £	2024 £
Fixed Assets			
Tangible assets	4	<u>18,967,211</u>	<u>17,368,182</u>
Current Assets			
Debtors	5	357,868	237,990
Cash at bank and in hand		<u>6,382,357</u>	<u>8,142,514</u>
		<u>6,740,225</u>	<u>8,380,504</u>
Creditors: amounts falling due within one year	6	<u>35,214</u>	<u>52,987</u>
Net Current Assets		<u>6,705,011</u>	<u>8,327,517</u>
Total Assets Less Current Liabilities		<u>25,672,222</u>	<u>25,695,699</u>
Represented by:			
Accumulated Funds			
Unrestricted funds		25,672,222	25,695,699
Restricted funds		-	-
Total Funds	7	<u>25,672,222</u>	<u>25,695,699</u>

Approved by the Board of Trustees on

13/9/2026


Mahesh Patel
Trustee


Date


Rajiv P. Mehta
Trustee


Date

The attached notes 1 to 13 form part of these financial statements

STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 31 DECEMBER 2025

	Notes	2025		2024	
		£	£	£	£
Cash flows from operating activities					
Net cash provided by operating activities	11		263,396		1,000,723
Cash flows from investing activities					
Investment income			383,673		332,872
Purchase of fixed assets			(2,407,226)		(567,326)
Net cash used in investing activities			(2,023,553)		(234,454)
Changes in cash and cash equivalents in the year			(1,760,157)		766,269
Cash and cash equivalents at beginning of the year			8,142,514		7,376,245
Cash and cash equivalents at the end of the year	12		6,382,357		8,142,514

The attached notes 1 to 13 form part of these financial statements.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2025

1. Accounting Policies

Basis of Preparation of Accounts

The financial statements are prepared under the historical cost convention and going concern basis and are in accordance with applicable accounting standards. In preparing the financial statements the charity follows best practice as set out in Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (Charities SORP FRS 102) and the Charities Act 2011. There are no significant areas of judgement or key sources of estimation uncertainty arising from the preparation of the financial statements.

The Charity constitutes a public benefit entity as defined by FRS 102.

Incoming Resources

All income is accounted for when the Charity has entitlement to the funds, the amount can be quantified and receipt of the funds is probable.

Donated assets, goods and services are included at the value to the Charity where this can be quantified and a third party is bearing the cost. No amounts are included in the financial statements for goods and services donated by volunteers if these cannot be quantified.

Resources Expended

Expenditure is included on an accruals basis when a liability is incurred. The Charity is not registered for VAT and its expenses are therefore inclusive of VAT which cannot be recovered.

The charity's expenditure has been apportioned between the major activities carried out by the charity to further its objectives. This expenditure has been apportioned on the basis of time spent in furtherance of each of the activities below, except for Retreats which is a direct attributable expense.

Regular Religious Discourses	– 45%
Lectures, Seminars & Courses	– 32%
Religious Festivals & Special Events	– 11%
Governance	– 12%

Judgments in applying accounting policies and key sources of estimation uncertainty

There are no significant areas of judgments or key sources of estimation uncertainty arising from the preparation of the financial statements.

NOTES TO THE FINANCIAL STATEMENTS (Continued)

Tangible Assets and Depreciation

Tangible fixed assets under the cost model are stated at historical cost less accumulated depreciation and any accumulated impairment losses. As permitted by the transitional provisions, under previous UK GAAP, pre FRS 102 adoption, the Charity had elected not to adopt a policy of revaluations of tangible fixed assets. The charity has retained the book values of freehold properties, previously revalued, as deemed cost on transition to FRS 102.

Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost of each asset over its expected useful life as follows:

Freehold properties	-	2.5% on cost
Leasehold properties	-	over period of lease
Furniture fittings and equipment	-	10% on cost
Computers	-	33.33% on cost
Motor vehicles	-	20% on cost

The charity's policy is to write off the book value of each tangible asset over its estimated remaining life. Reviews are made annually of the estimated remaining useful lives of individual productive assets, taking into account commercial and technological obsolescence as well as normal wear and tear.

Provision is made for all permanent diminution in the value of building improvements.

An annual impairment review is made, in accordance with the requirements of the Charities SORP FRS 102, to ensure that the recoverable amounts of the assets are not lower than their current values. The charity currently has no tangible fixed assets to which impairment provisions apply.

Foreign Currency Translation

Transactions in foreign currencies are recognised at the rate of exchange at the date of the transaction. Monetary assets and liabilities are translated into sterling at the exchange rate on the balance sheet date. All exchange differences are recognised through the statement of financial activities.

Financial instruments

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Leasing

Rentals payable under operating leases are charged against income on a straight line basis over the lease term.

NOTES TO THE FINANCIAL STATEMENTS (Continued)

Fund Accounting

Unrestricted funds are those that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

2. Other Income

	Total 2025	Total 2024
	£	£
Profit on exchange differences	-	17,305
	<u>-</u>	<u>17,305</u>

3. Analysis of Total Unrestricted Resources Expended

Charitable Activity	Regular Discourses	Lectures & Seminars	Religious Festival & Special Events	Retreats	Governance	Total	Total
						2025	2024
	£	£	£	£	£	£	£
Rent Rates & Water	281,758	200,361	68,874	35,259	75,135	661,387	557,255
Electricity, Fuel & Gas	125,828	89,478	30,758	78,540	33,554	358,158	372,235
Repairs & Maintenance	174,492	124,083	42,654	185,553	46,531	573,313	474,391
Insurance	39,342	27,976	9,617	27,343	10,491	114,769	91,523
Telephone & Fax	20,831	14,813	5,092	-	5,555	46,291	39,444
Printing & Stationery	15,540	11,050	3,799	4,744	4,144	39,277	24,626
Travel & Subsistence	57,619	40,973	14,085	6,198	15,365	134,240	133,980
Training	-	-	-	-	4,931	4,931	2,178
Hire of Equipment	2,019	1,436	494	62,048	538	66,535	4,013
Kitchen & Catering	56,546	40,210	13,822	34,144	15,079	159,801	132,315
Garden Expenses	249	177	61	43,995	66	44,548	28,221
IT Costs	59,442	42,270	14,530	5,295	15,851	137,388	104,497
Advertising / Promotion	181	129	44	9,218	48	9,620	4,392
Legal & Professional	-	-	-	-	95,882	95,882	34,755
Audit	-	-	-	-	6,000	6,000	5,500
Bank Charges	-	-	-	-	9,403	9,403	8,605
Loss on exchange differences	-	-	-	-	899	899	-
Depreciation	363,688	258,623	88,902	-	96,984	808,197	771,559
	<u>1,197,535</u>	<u>851,579</u>	<u>292,732</u>	<u>492,337</u>	<u>436,456</u>	<u>3,270,639</u>	<u>2,789,489</u>

NOTES TO THE FINANCIAL STATEMENTS (Continued)**4. Tangible Fixed Assets**

	Freehold Properties	Leasehold Property	Furniture Fittings & Equipment	Computer	Motor vehicle	Total
Cost:	£	£	£	£	£	£
At 1 January 2025	14,776,709	13,913,663	811,499	12,885	118,447	29,633,203
Additions during the year	1,600,240	698,887	50,558	5,048	52,493	2,407,226
At 31 December 2025	<u>16,376,949</u>	<u>14,612,550</u>	<u>862,057</u>	<u>17,933</u>	<u>170,940</u>	<u>32,040,429</u>
Depreciation:						
At 1 January 2025	9,281,292	2,603,744	303,072	8,544	68,369	12,265,021
Charge for the year	390,124	298,115	83,176	3,852	32,930	808,197
At 31 December 2025	<u>9,671,416</u>	<u>2,901,859</u>	<u>386,248</u>	<u>12,396</u>	<u>101,299</u>	<u>13,073,218</u>
Net book value:						
At 31 December 2025	<u>6,705,533</u>	<u>11,710,691</u>	<u>475,809</u>	<u>5,537</u>	<u>69,641</u>	<u>18,967,211</u>
At 31 December 2024	<u>5,495,417</u>	<u>11,309,919</u>	<u>508,427</u>	<u>4,341</u>	<u>50,078</u>	<u>17,368,182</u>

All fixed assets are used for direct charitable purposes.

5. Debtors

	2025	2024
	£	£
Prepayments	130,942	110,366
Accrued income	226,926	127,624
Total debtors due within one year	<u>357,868</u>	<u>237,990</u>

NOTES TO THE FINANCIAL STATEMENTS (Continued)**6. Creditors**

	2025 £	2024 £
Accruals and deferred income	35,214	52,987
Total creditors due within one year	<u>35,214</u>	<u>52,987</u>

7. General Fund

	Restricted Funds 2025 £	Unrestricted Funds 2025 £	Total Funds 2025 £	Total Funds 2024 £
Balances brought forward at start of the year	-	24,534,317	24,534,317	23,971,079
Net (outgoing)/incoming resources for the year	-	(23,477)	(23,477)	563,238
Balances carried forward at end of the year	-	24,510,840	24,510,840	24,534,317
Revaluation reserves	-	1,161,382	1,161,382	1,161,382
Accumulated funds carried forward	-	25,672,222	25,672,222	25,695,699

There were no restricted or designated funds during the year.

8. Funds

(a) Analysis of net assets between funds

	2025			2024		
	Restricted £	Unrestricted £	Total £	Restricted £	Unrestricted £	Total £
Tangible fixed assets	-	18,967,211	18,967,211	-	17,368,182	17,368,182
Net current assets	-	6,705,011	6,705,011	-	8,327,517	8,327,517
Net assets	-	25,672,222	25,672,222	-	25,695,699	25,695,699

There were no restricted or designated funds during the year.

NOTES TO THE FINANCIAL STATEMENTS (Continued)

(b) Detailed comparatives for the statement of financial activities

	Restricted Funds 2024	Unrestricted Funds 2024	Total Funds 2024
INCOMING RESOURCES	£	£	£
Voluntary Income			
Donations	-	2,331,053	2,331,053
Legacies	-	410,829	410,829
Tax refunds on Gift Aid Donations	-	260,668	260,668
Activities to Generate funds			
Investment Income	-	332,872	332,872
Other Incoming resources	-	17,305	17,305
Net Incoming resources available for charitable Application	<u>-</u>	<u>3,352,727</u>	<u>3,352,727</u>
Charitable Activities by objective :			
Regular Discourses	-	(1,056,391)	(1,056,391)
Lectures & Seminars	-	(751,211)	(751,211)
Religious Festival & Special Events	-	(258,227)	(258,227)
Retreats	-	(390,918)	(390,918)
	<u>-</u>	<u>(2,456,747)</u>	<u>(2,456,747)</u>
Governance costs	-	(332,742)	(332,742)
Total resources expended	<u>-</u>	<u>(2,789,489)</u>	<u>(2,789,489)</u>
Transfers	-	-	-
(Deficit) / Surplus in the year	-	563,238	563,238
Income and expenditure brought forward	-	23,971,079	23,971,079
Funds carried forward	<u>-</u>	<u>24,534,317</u>	<u>24,534,317</u>
Revaluation reserve	-	1,161,382	1,161,382
Accumulated fund carried forward	<u>-</u>	<u>25,695,699</u>	<u>25,695,699</u>

9. Volunteers and Trustees' Remuneration

No salaries, fees or expenses are paid to the volunteers or Board of Trustees for their services to the charity.

The average number of volunteers during the year was 425 (2024: 395).

NOTES TO THE FINANCIAL STATEMENTS (Continued)

10. Financial & Capital Commitments

At 31 December 2025 the charity had total commitments under non-cancellable operating leases as follows:

	Land & Buildings	
	2025	2024
	£	£
Expiry date:		
Within one year	476,365	344,572
Between two and five years	1,192,438	992,567
In over five years	1,918,109	1,631,538

11. Reconciliation of Net Income/(Expenditure) to Net Cash Flow From Operating Activities to Net Cash Flow From Operating Activities

	2025	2024
	£	£
Net income/(expenditure) for the reporting period	(23,477)	563,238
Depreciation charges	808,197	771,559
Investment income	(383,673)	(332,872)
Decrease/(increase) in debtors	(119,878)	(46,990)
Increase/(decrease) in creditors	(17,773)	45,788
Net cash provided by operating activities	<u>263,396</u>	<u>1,000,723</u>

NOTES TO THE FINANCIAL STATEMENTS (Continued)**12. Analysis of Cash and Cash Equivalents**

	As at 01.01.25	Cash flows	As at 31.12.25
Cash at bank and in hand	8,142,514	(1,760,157)	6,382,357
Total cash and cash equivalents	8,142,514	(1,760,157)	6,382,357

The charity has no borrowings, therefore, a reconciliation of net debt is not required.

13. Related Party Transactions

There were no related party transactions requiring disclosure in these financial statements. None of the trustees nor any persons connected with them received any remuneration or benefits from the charity during the year.