

Trustees' Annual Report for the period							
	Period start date				Period end date		
	Day	Month	Year		Day	Month	Year
From	01	04	2025	To	31	03	2026

Office of the Scottish **Charity Regulator**

Reference and administration details

Charity name
Other names charity is known by
Registered charity number
Charity's principal address

Shapinsay Men's Shed	
SC054074	
4 Helliars View,	
Balfour, Orkney	
	Postcode KW172ED

Names of the charity trustees on date of approval of Trustees' Annual Report

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Cj Battye	Chair		
2	Alison McDougall	Secretary		
3	David Watson	Treasurer		
4	Peter Fish	Trustee		
5	William McInnes	Trustee		
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Reference and administration details

Names of all other charity trustees during the period, if any, (for example, those who resigned part way through the financial period)

Name	Dates acted if not for whole year
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Structure, governance and management

Type of governing document

Constitution (Scottish Charitable Incorporated Organisation)

Trustee recruitment and appointment

Trustees are elected by members at the Annual General Meeting in accordance with the organisation's constitution. The board may also appoint trustees between AGMs. All trustees must be members of the organisation and must not be disqualified from serving as charity trustees under the Charities and Trustee Investment (Scotland) Act 2005.

Objectives and activities

Charitable purposes

To address the social, health, and wellbeing needs of men of all ages and backgrounds living in Shapinsay, Orkney, by fostering social connections, camaraderie, and a sense of belonging. Through regular gatherings, shared activities, and community involvement, the group aims to reduce isolation, promote mental and physical health, and enhance the overall wellbeing of its members.

Summary of the main activities in relation to these objects

Shapinsay Men's Shed was established in January 2024 and has 15 members. The group meets regularly at the Shapinsay Community Centre Clubrooms, which are made available free of charge. Activities during the period included regular group gatherings, shared meals, community volunteering, and group outings designed to strengthen connection, reduce isolation, and promote the wellbeing of male residents on Shapinsay.

APPENDIX 1

Achievements and performance

Summary of the main achievements of the charity during the financial period

During the period, Shapinsay Men's Shed delivered a range of activities that made a meaningful difference to members and the wider community.

The group organised a full-day fishing trip to the Orkney mainland for nine participants, covering transport, boat charter, lunch, and equipment support. Participants caught mackerel, ling, pollock, and haddock, which were shared across the community. The trip demonstrated that shared experiences outside the island have a powerful impact on connection and wellbeing, and there is strong appetite among members for an annual trip and more group outings.

The Men's Shed attended the Orkney Men's Shed networking meeting in Stromness and took out annual membership of the Scottish Men's Shed Association, strengthening national connections and access to support.

The group distributed fresh fish to neighbours and friends and restocked the Community Larder with non-perishable food items, improving access to nutritious food for more people in the community. The group also shared two group meals and baking ingredients to support regular gatherings and include partners and friends.

Members organised and ran the cafe at the Shapinsay Agricultural Show, serving around 300 residents and visitors. The group also volunteered for two weeks at Cast Affs, the Shapinsay charity shop, sharing baking and their time for the benefit of the community.

Key differences made during the period include: reduced social isolation through shared experiences and regular connection; increased confidence and sense of belonging among participants; strengthened peer support and friendships; improved access to nutritious food; and increased visibility and legitimacy of the Shapinsay Men's Shed within the community.

Financial review

Brief statement of the charity's policy on reserves

The trustees aim to maintain sufficient unrestricted reserves to cover the organisation's operating costs for a period of three months. This provides a prudent buffer against unexpected expenditure or a shortfall in income.

Details of any deficit

Donated facilities and services (if any)

The Shapinsay Community Centre Clubrooms are made available to the organisation free of charge for regular meetings and activities.

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APPENDIX 1

Other optional information

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s) *Cj Battye*
*OSCR will accept
digital or typed
signatures*

Full name(s) CJ Battye

Position (e.g. Chair) _____
Chair

Date May 28, 2026

APPENDIX 3



		Independent examiner's report on the accounts						v2
Report to the trustees/members of Registered charity number On the accounts of the charity for the period Set out on pages	Charity name	Shapinsay Men's Shed						
	Registered charity number	SC054074						
	Period start date				Period end date			
	Day	Month	Year		Day	Month	Year	
	01	April	2025	to	31	March	2026	
						7 - 10		
Respective responsibilities of trustees and examiner Basis of independent examiner's statement	The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention. My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.							
Independent examiner's statement Signed**: Name: Relevant professional qualification(s) or body (if any): Address:	In the course of my examination, no matter has come to my attention 1. which gives me reasonable cause to believe that in any material respect the requirements: - to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations have not been met, or 2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.							
	 Anne Stacey				Date:		01/06/26	
	Voluntary Action Orkney 6 Bridge Street Kirkwall Orkney, KW17 2UT							

*Please delete the words in the brackets if they do not apply. If the words do apply, set out those matters which have come to your attention on the following page.

**OSCR will accept digital or typed signatures.

Shapinsay Men's Shed

SC054074



Receipts and payments accounts			
For the period from	Period start date		Period end date
	01 April 2025		31 March 2026

Section A Statement of receipts and payments

	Unrestricted to nearest £	Restricted to nearest £	Expendable to nearest £	Permanent to nearest £	Total funds to nearest £	Total funds last to nearest £
A1 Receipts						
Donations	2,005				2,005	-
Legacies					-	-
Grants		2,259			2,259	-
Receipts from fundraising activities					-	-
Gross trading receipts					-	-
Income from investments other than					-	-
Rents from land & buildings					-	-
Gross receipts from other charitable					-	-
					-	-
A1 Sub total	2,005	2,259	-	-	4,264	-
A2 Receipts from asset &						
Proceeds from sale of fixed assets					-	-
Proceeds from sale of investments					-	-
A2 Sub total	-	-	-	-	-	-
Total receipts	2,005	2,259	-	-	4,264	-
A3 Payments						
Expenses for fundraising activities					-	-
Gross trading payments					-	-
Investment management costs					-	-
Payments relating directly to charitable activities	29	1,520			1,549	-
Grants and donations					-	-
Governance costs:					-	-
Audit / independent examination					-	-
Preparation of annual accounts					-	-
Legal costs					-	-
Other					-	-
					-	-
A3 Sub total	29	1,520	-	-	1,549	-
A4 Payments relating to asset and						
Purchases of fixed assets					-	-
Purchase of investments					-	-
A4 Sub total	-	-	-	-	-	-
Total payments	29	1,520	-	-	1,549	-
Net receipts / (payments)	1,976	739	-	-	2,715	-
A5 Transfers to / (from) funds						
					-	
Surplus / (deficit) for year	1,976	739	-	-	2,715	-

Section B Statement of balances

Categories	Details	Unrestricted funds	Restricted funds	Expendable endowment funds	Permanent endowment funds	Total current period	Total last period
		to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
B1 Cash funds	Cash and bank balances at start of year	-				-	
	Surplus / (deficit) shown on receipts and payments account	1,976	739			2,715	
						-	
						-	
	Cash and bank balances at end of year	1,976	739	-	-	2,715	-
	(Agree balances with receipts and payments account(s))	-	-	-	-	-	-

Categories	Details	Fund to which asset belongs	Market valuation	Last year
			to nearest £	to nearest £
B2 Investments				
		Total	-	-

Categories	Details	Fund to which asset belongs	Cost (if available)	Current value (if available)	Last year
			to nearest £	to nearest £	to nearest £
B3 Other assets					
		Total	-	-	-

Categories	Details	Fund to which liability relates	Amount due	Last year
			to nearest £	to nearest £
B4 Liabilities				
		Total	-	-

Categories	Details	Fund to which liability relates	Amount due	Last year
			to nearest £	to nearest £
B5 Contingent liabilities				
		Total	-	-

Signed by one or two trustees on behalf of all the trustees	Signature*	Print Name	Date of approval
	Cj Battye	Cj Battye	28 May 2026
	Davy Watson	Davy Watson	28 May 2026

* Please note - OSCR will accept digital or typed signatures

Section C Notes to the Accounts

C1 Nature and purpose of funds (may be stated on analysis of funds worksheets)

Unrestricted funds are those that may be used at the discretion of the trustees in furtherance of the objects of the charity.

Restricted funds are those received with specific spending restrictions imposed on them by the funder.

Shapinsay Men's Shed have two restricted funds. The Community Mental Health & Wellbeing fund 2024 and The Community Mental Health & Wellbeing fund 2025. Both funds were received to enable Shapinsay Men's Shed to run various activities which contributes to health and wellbeing of those who attend the Shapinsay Men's Shed.

C2 Grants

Type of activity or project supported	Individual / institution	Number of grants made	£
Total			-

C3a Trustee remuneration

If no remuneration was paid during the period to any charity trustee or person connected to a trustee cross this box (otherwise complete section 3b)	x
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C3b Trustee remuneration - details

Authority under which paid	£

C4a Trustee expenses

If no expenses were paid to any charity trustee during the period then cross this box (otherwise complete section 4b)	
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C4b Trustee expenses - details

	Number of trustees	£

C5 Transactions with trustees and connected persons

Nature of relationship	Nature of transaction	Transaction	Balance

C6 Other information

Shapinsay Men's Shed

SC054074

Additional analysis (1)**Analysis of receipts and payments****1 Donations**

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
					-	-
Donations	2,005	-			2,005	-
					-	-
					-	-
Total	2,005	-	-	-	2,005	-

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2 Grants

	Unrestricted funds to nearest £	Restricted funds to nearest £			Total current period to nearest £	Total last period to nearest £
Community Mental Healty & Wellbeing 2024		699			699	-
Community Mental Healty & Wellbeing 2025		1,560			1,560	-
					-	-
					-	-
Total	-	2,259			2,259	-

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3 Gross receipts from other charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
					-	-
					-	-
					-	-
					-	-
					-	-
					-	-
					-	-
Total	-	-	-	-	-	-

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4 Payments relating directly to charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
					-	-
Outings	4	1,520			1,524	-
Membership	25	-			25	-
					-	-
					-	-
					-	-
					-	-
					-	-
					-	-
Total	29	1,520	-	-	1,549	-

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