

## **SPFN Trustees Annual Report (TAR ) 2024-2025.**

Over the last year the Scottish Pelvic Floor Network (SPFN) our established Scottish network of like-minded clinicians have continued to promote and deliver a uniform approach to the management of continence and pelvic floor dysfunction. It has been a slightly quieter year. All our activity is supported by NHS clinicians who freely give of their time and expertise. This year their clinical commitments have taken precedence. That said, our Annual Scientific Meeting (ASM) was really well attended and received

### **December 2024**

The SPFN Annual Scientific Meeting (ASM) took place in Stirling on the 13 December 2024. Stirling is an ideal central location in Scotland with good transport links thus allowing as many members as possible to attend. Of note we received 100 % positive feedback on the location of venue.

This was hosted by the local Forth Valley team led by [REDACTED] and [REDACTED]. The Hospital lecture theatres provided a super venue for all our speakers, and the breakout rooms were a great space for all our corporate sponsors. As always, our ASM is an excellent opportunity for networking across all Scottish Health Boards and sharing clinical experiences among different health professionals.

The meeting was very well attended by both members and non-members. Attendees were from mixed specialities, including Urogynaecologists, Gynaecologists, Colorectal Surgeons (from both adult & children services), Physiotherapists, Nurses, Consultants in Medicine for the Elderly and Urologists We had a full and varied programme with emphasis on MDT working .

An early morning Pessary Workshop was available for registered delegates. This was hosted by [REDACTED], two of the of the local Urogynaecology nurses. The workshop was well attended with positive feedback from delegates

The first morning session included talks on; Pelvic trauma, Myths & Solutions for Overactive Bladder Treatment and Nocturia. All talks were well received with very positive feedback given.

The second morning session explored the Transitional Care in Pelvic Floor Dysfunction, an excellent thought-provoking session as many of these children transition to our care in adult services.

Lunchtime proved time for further networking and for delegates to visit the stands set up by our corporate sponsors. As always, the ASM was very well supported by our industry sponsors. The ongoing support we receive from the industry sponsors is a major component in funding the costs associated with delivering the ASM; the venue,

catering and the travel and subsistence costs for invited speakers. Their support for the ASM also allows us to keep delegate fees to a minimum, thus making the ASM a very affordable and accessible Scientific Meeting.

The afternoon sessions included talks on Female Genital Mutilation and the management of Faecal incontinence. Again, great presentations that were well received with positive feedback.

Our final speaker of the day was [REDACTED] from Edinburgh. [REDACTED] has dedicated her time over many years to help the women who suffer fistula after traumatic childbirth in Sub-Saharan Africa. [REDACTED] has been instrumental in training local doctors, nurses & midwives to care for these women. She also runs a charity organisation to support the activities. A wonderful and inspiring talk to end the day.

The whole day was well received with lots of positive feedback. We did receive constructive feedback that the sessions could have been improved with better time keeping and a suggestion that there be less speakers and more Q & A time. We will take this constructive feedback into consideration when planning the next ASM

### **March 2025**

We held our SPFN AGM on the 20/3/25 via teams

- Successful ASM December 2024 hosted by Forth Valley team
- Physiotherapy led Webinar September 2024
- Ongoing DOLCE Research with Stirling university- a qualitative study to explore dementia & Prolapse

### **September 2025**

We delivered another successful OASI workshop this year. OASI are Obstetric Anal Sphincter Injuries which can occur during vaginal delivery. The OASI training sessions are supported and delivered by highly skilled and experienced clinicians sharing their time, knowledge and surgical skills and are key in the teaching and development of our Obstetric trainee medical staff.

The OASI workshop was delivered via a remote teaching session on Friday 5/9/25. This session covered the anatomy, physiology and overall short- and longer-term management of all aspects of 3<sup>rd</sup> and 4<sup>th</sup> degree tears.

This was followed by a hands-on afternoon practical session hosted by NHS Lanarkshire at Kirklands on Monday 8/9/25. Based on constructive feedback from previous workshops we ensured there was ample time for practising suture techniques on the models and anatomical specimens provided during the practical session

Both sessions were well attended, and we received positive feedback responses from all those that attended. Attendees were happy that their training needs were met and they were all satisfied or very satisfied with the training session.

**Future thoughts.**

Our next ASM is planned for January 2026 and will be hosted by our NHS Lothian colleagues

We have our next OASI Workshop planned for March 2026

We continue to aim to increase our membership & profile and input from Colorectal & Urology specialities.

The UK Continence Society (UKCS) ASM will be hosted by Glasgow in 2027. We propose that the 2027 SPFN ASM will be a joint scientific meeting with UKCS. This is an exciting prospect and will involve a lot of organisation and work. In keeping with our charitable status we will aim to support some of our SPFN membership to be able to attend this national ASM

## Receipts and payments accounts

For the period from	Period start date			to	Period end date		
	Day	Month	Year		Day	Month	Year
	26	02	2024		25	02	2025

### Section A Statement of receipts and payments

	Unrestricted funds	Restricted funds	Expendable endowment funds	Permanent endowment funds	Total funds current period	Total funds last period
	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
<b>A1 Receipts</b>						
Donations	-				-	11,519
Legacies					-	
Grants						
Receipts from fundraising activities					-	
Gross trading receipts	-				-	591
Income from investments other than land and buildings	7,266				7,266	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
					-	
<b>A1 Sub total</b>	<b>7,266</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>7,266</b>	<b>12,110</b>
<b>A2 Receipts from asset &amp; investment sales</b>						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
<b>A2 Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>7,266</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>7,266</b>	<b>12,110</b>
<b>A3 Payments</b>						
Expenses for fundraising activities	-				-	
Gross trading payments	2,300				2,300	15,407
Investment management costs					-	
Payments relating directly to charitable activities					-	
Grants and donations					-	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts	160				160	160
Legal costs					-	
Other					-	
					-	
<b>A3 Sub total</b>	<b>2,460</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>2,460</b>	<b>15,567</b>
<b>A4 Payments relating to asset and investment movements</b>						
Purchases of fixed assets					-	
Purchase of investments					-	
<b>A4 Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>2,460</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>2,460</b>	<b>15,567</b>
<b>Net receipts / (payments)</b>	<b>4,806</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>4,806</b>	<b>(3,457)</b>
<b>A5 Transfers to / (from) funds</b>						
					-	
<b>Surplus / (deficit) for year</b>	<b>4,806</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>4,806</b>	<b>(3,457)</b>

## Section B Statement of balances

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
B1 Cash funds	Cash and bank balances at start of year	7,266				7,266	10,813
	Surplus / (deficit) shown on receipts and payments account	4,826				4,826	-
						-	
						-	
	Cash and bank balances at end of year	12,092	-	-	-	12,092	10,813
	(Agree balances with receipts and payments account(s))		-	-	-		

	Details	Fund to which asset belongs	Market valuation to nearest £	Last year to nearest £
B2 Investments				
		Total	-	-

	Details	Fund to which asset belongs	Cost (if available) to nearest £	Current value (if available) to nearest £	Last year to nearest £
B3 Other assets					


Details

**B4 Liabilities**


Details

**B5 Contingent liabilities**


Signed by one or  
two trustees on  
behalf of all the

Signature


Total





Fund to which liability relates

Amount due  
to nearest £Last year  
to nearest £




Total

Fund to which liability relates

Amount due  
(estimate)  
to nearest £Last year  
to nearest £




Total

Print Name

Date of  
approval



## Section C Notes to the Accounts

### C1 Nature and purpose of funds *(may be stated on analysis of funds worksheets)*

The organisation's purposes are: To improve patient's service in Scotland by: Promoting a uniform approach to continence and pelvic floor reconstruction management. Promote evidence based practice. To raise and set standards of training in pelvic floor function. Establishing a network for clinical exchange of experience and knowledge support worldwide. To establish a network of Urogynaecology/ Urology/ Colo-rectal clinicians, nurses doctors and/or units interested in collaborative clinical research throughout Scotland and beyond. 3. Support members in the process of continuous professional development. 4. To encourage the study and management of pelvic floor function including, but not limited to, urinary incontinence, pelvic organ prolapse and faecal incontinence 5. Undertake new, and promote established, collaborative research projects.

### C2 Grants

Type of activity or project supported	Individual / institution	Number of grants made	£
Total			-

### C3a Trustee remuneration

If no remuneration was paid during the period to any charity trustee or person connected to a trustee cross this box (otherwise complete section 3b)

Authority under which paid

£

**C3b Trustee remuneration - details**

██████████	1,656
██████████	200
██████████	445

**C4a Trustee expenses**

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**C4b Trustee expenses - details**

	Number of trustees	£

**C5 Transactions with trustees and connected persons**

Nature of relationship	Nature of transaction	Transaction amount (£)	Balance outstanding at period end (£)

**C6 Other information**

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SC051535

**Additional analysis (2)****5 Breakdown of unrestricted funds**

	Unrestricted fund 1 - enter name of fund below	Unrestricted fund 2 - enter name of fund below	Unrestricted fund 3 - enter name of fund below	Unrestricted fund 4 - enter name of fund below	Total unrestricted funds	Total unrestricted funds last period
<b>Receipts</b>						
Donations					-	11,519
Legacies					-	
Grants						
Receipts from fundraising activities	7,266				7,266	
Gross trading receipts					-	591
buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
<b>Sub total</b>	<b>7,266</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>7,266</b>	<b>12,110</b>
<b>Receipts from asset &amp; investment sales</b>						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>7,266</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>7,266</b>	<b>12,110</b>
<b>Payments</b>						
Expenses for fundraising activities					-	
Gross trading payments	2,300				2,300	
Investment management costs					-	
Payments relating directly to charitable activities					-	15,407
Grants and donations					-	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts	160				160	160
Legal costs					-	
					-	
					-	
<b>Sub total</b>	<b>2,460</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>2,460</b>	<b>15,567</b>
<b>Payments relating to asset and investment movements</b>						
Purchases of fixed assets					-	
Purchase of investments					-	
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>2,460</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>2,460</b>	<b>15,567</b>
<b>Net receipts / (payments)</b>	<b>4,806</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>4,806</b>	<b>(3,457)</b>
<b>Transfers to / (from) funds</b>					<b>10,923</b>	<b>14,380</b>
<b>Surplus / (deficit) for year</b>	<b>4,806</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>15,729</b>	<b>10,923</b>

**Nature and purpose of funds**

The organisation's purposes are: To improve patient's service in Scotland by: Promoting a uniform approach to continence and pelvic floor reconstruction management. Promote evidence based practice. To raise and set standards of training in pelvic floor function. Establishing a network for clinical exchange of experience and knowledge support worldwide. To establish a network of Urogynaecology/ Urology/ Colo-rectal clinicians, nurses doctors and/or units interested in collaborative clinical research throughout Scotland and beyond. 3. Support members in the process of continuous professional development. 4. To encourage the study and management of pelvic floor function including, but not limited to, urinary incontinence, pelvic organ prolapse and faecal incontinence 5. Undertake new, and promote established, collaborative research projects.

# Independent Examiner's Report to the Trustees of

Scottish Pelvic Floor Network (SC051535)  
For the Year Ended 25 February 2025

I report on the accounts of Scottish Pelvic Floor Network for the year ended 25 February 2025.

**Respective Responsibilities of Trustees and Examiner** The charity's trustees are responsible for the preparation of the accounts in accordance with the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). They are satisfied that the charity is eligible to have the accounts examined by an independent examiner and that an audit is not required.

It is my responsibility to examine the accounts as required under section 44(1)(c) of the Charities and Trustee Investment (Scotland) Act 2005, and to state whether any matter has come to my attention.

**Basis of Independent Examiner's Statement** My examination was carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006 (as amended). An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts.

The work undertaken is less detailed than an audit, and therefore does not provide the same level of assurance.

**Independent Examiner's Statement** In the course of my examination, no matter has come to my attention:

1. Which gives me reasonable cause to believe that in any material respect the requirements to keep proper accounting records in accordance with section 44(1)(a) of the 2005 Act and Regulation 4 of the Accounts Regulations have not been met, or 2. That the accounts do not accord with those records, or 3. That the accounts do not comply with the Accounts Regulations, or 4. Which requires further explanation or disclosure.

