APPENDIX 1

OSCR

Office of the Scottish **Charity Regulator**

Trustees' Annual Report for the period							
	Period start date				Period end date		
	Day	Month	Year		Day	Month	Year
From	01	07	2025	To	30	06	2026

Reference and administration details

Charity name	The Scottish Centre for Personal Safety	
Other names charity is known by		
Registered charity number	**SC044042**	
Charity's principal address	Barony St. John Centre	
	Princes Street	
	Ardrossan	
	North Ayrshire	**Postcode KA22 8DQ**

Names of the charity trustees on date of approval of Trustees' Annual Report

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Alan Bell MBE, BCAe	Executive Manager		
2	Ann Wilson	Chair		Board
3	Alan Graham	Treasurer		Board
4	Jean Smart MBE	Trustee		Board
5	Ann Shorts	Trustee		Board
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

APPENDIX 1

Reference and administration details

Names of all other charity trustees during the period, if any, (for example, those who resigned part way through the financial period)

Name	Dates acted if not for whole year
Rebecca Glenn	01/07/25 – 16/07/25

Structure, governance and management

Type of governing document

The Scottish Centre for Personal Safety is a Scottish Charitable Incorporated Organisation (SCIO), which was registered on 31st May 2013.

The charity is administered in accordance with the terms detailed in its Constitution.

Trustee recruitment and appointment

Appointment and removal of Trustees is in accordance with the Constitution which requires that appointment is approved by unanimous agreement of the existing Trustees and removal of any Trustee by the unanimous agreement of the others (unless resignation of said Trustee).

We currently have 5 Trustees on our Board.

Objectives and activities

Charitable purposes

The overall mission of the charity is to potentially save lives by preventing and reducing violence and fear of violence throughout Scotland; and to empower individuals to manage safer lives,

Our aims are:

- The provision of practical training and solutions to help people avoid violence and aggression.
- The raising of awareness of the importance of personal safety in Scottish communities.
- The provision of a point of contact for those who are at risk of violence or those seeking advice in Scotland.
- The reduction of the fear of crime throughout Scotland.

Summary of the main activities in relation to these objects

We champion equality, diversity and human rights as defining values of our charity.

We promote equality of opportunity for all, giving every individual the chance to achieve their potential, free from prejudice and discrimination.

To achieve this, we provide empowering, bespoke Personal Safety training to groups, businesses and individuals but particularly vulnerable groups such as female survivors of violence, children, sensory impaired people, people with learning disabilities, ethnic minority groups and LGBTQ groups – basically anyone targeted by Hate Crime.

APPENDIX 1

Achievements and performance

Summary of the main achievements of the charity during the financial period

Once again, we have achieved the unthinkable by recording out highest number of vulnerable people trained since we started in 1997. In the last year, we have run **140** training sessions, empowering a massive **1,867** individuals. This brings the total number of people we have helped to **14,005**. Amazing, considering we only had **4** active volunteer instructors this year!

Additionally, we launched our new wellbeing activities programme to help local members of our community who suffer from isolation and/or low mental health. Our wellbeing activities included Barony Bingo, fun quizzes and domino mornings in our new Barony Wellbeing Café, as well as Yoga, Tai Chi, Mindfulness, Sound therapy, Ice Tank therapy, hot therapy In our new sauna, and Therapeutic Art classes in our Centre.

Overall, our Therapeutic Art classes had the biggest impact, even helping one participant who had a plan to take his own life. Please see our video which has testimonials from those who participated, as well as comments from local therapists and counselling services about our impact. https://www.youtube.com/watch?v=cMx5DdHGu4g&t=6s

We are extremely proud of, and lucky to have, our wonderful volunteers working for us, and their professionalism and achievements have been recognised by the following awards we have either won, or reached the final of, in the last year;

In October 2025, we reached the final of **The Mental Health Awards 2025** in the category of "***Most Innovative Mental Health Intervention***" for the life-changing effects of our empowering Personal Safety courses. Unfortunately, we did not win but the judges commented; "*This was a really innovative and novel intervention which has the ability to be adapted across multiple regions*."

In December 2025, our new **Barony Wellbeing Café** made it to the final in the "***Best Café – North Ayrshire 2025***" category of the **UK Small Business Awards**.

In February 2026, **Barbara Pokryszka** won our "***Volunteer of the Year***" trophy for the second time, having previously won this award in 2022. Her outstanding commitment to our charity, making herself available for the vast majority of our training courses, and launching her hugely successful and highly impactful Therapeutic Art classes in our Centre, helped Barbara achieve her second win.

In March 2026, we were delighted that the **Global Health & Wellness Awards 2026** recognised the health and wellness benefits of both our Personal Safety training and our therapeutic art coaching when they awarded us their "***Health and Wellness Training & Coaching Excellence***" award. This award was presented to us by **North Ayrshire Depute Provost John Sweeney**.

Also in March 2026, we reached the London final of **The Great British Wellbeing Awards 2026** in the category of "***Wellbeing Service Provider of the Year***". Sadly, we did not win this time around but the judges' commented;
"*This charity demonstrated measurable improvements in wellbeing and repeat engagement shows sustained influence.*"

In April 2026, two of our volunteers won their respective categories in the **North Ayrshire Community Champion Awards 2026**;
Alan Bell won the '***Champion Mentor of the Year***' award for his work in not only devising and teaching the many Personal Safety courses this charity has to offer but also for mentoring volunteers and service users to become instructors.
Barbara Pokryszka won the '***Arts Champion of the Year***' award for the amazing achievements of her therapeutic art classes.

In June 2026, **David Bell** and **Kimberley Marlin** were both presented with a **Gold Award** from The Ayrshire Community Trust's **Adult Volunteer Recognition Awards** after they each volunteered over 100hrs for us...amazingly, Kimberley achieved this in under a year.

And finally for this year, our charity was nominated for the '***Grassroots Community***' award category at The UK Parliament's **Prevention of Violence Against Women and Girls Awards 2026**. Unfortunately, we did not make it to the shortlist of finalists, however the judges commented; "*Our judges were impressed by the quality of your nomination and your achievements.*"

For more details on the vulnerable people we have helped during the last year and the impact we have had both locally and nationally, please see our Social Impact Report 2025-26 on our website (www.ScotCPS.org.uk).

Financial review

Brief statement of the charity's policy on reserves	Most of our funds are restricted with reserves being used for maintenance, repairs and consumables.
Details of any deficit	N/A
Donated facilities and services (if any)	We donate our Centre and its facilities for the provision of all of our Personal Safety courses for clients of Penumbra, Neighbourhood Networks, Empowered, NHS Alcohol & Addictions Services and for other groups including people who are sensory impaired and people with learning disabilities. We also let various local charities and groups use our Training Room free of charge. From a service viewpoint, most of our Personal Safety talks, training sessions and courses are also provided free of charge.

APPENDIX 1

Other optional information

This was our 14th year as a charity (our 29th as a not-for profit organisation) and our plan was to grow our new Barony Wellbeing Café as well as our various wellbeing activities which take place in our Barony St John Centre which we have achieved.

As well as this, we planned to increase the outreach of our empowering Personal Safety courses and workshops to vulnerable people throughout Scotland – and not only did we achieve this, but we also managed to train more people than ever before.

As we offer almost all of our services free-of-charge to vulnerable people who can't afford to pay for our training, our worry for the future will always be, who will fund our services for the next years?

Our planned objective for Year 15, and our 30th anniversary, is to continue to offer our empowering Personal Safety training to vulnerable people nationwide plus our life-changing wellbeing activities for our local community.

Watch this space!

The trustees declare that they have approved the trustees' report above.

Declaration

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Alan Bell	Ann Wilson
Position (e.g. Chair)	Executive Manager	Chairperson
Date	29/7/26	22/7/26

OSCR Office of the Scottish Charity Regulator

The Scottish Centre for Personal Safety SCIO

SC044042

Receipts and payments accounts

For the period from	1st	07	2025	to	30th	06	2026

Section A Statement of receipts and payments

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total funds current period to nearest £	Total funds last period to nearest £
A1 Receipts						
Donations	995				995	
Legacies					-	
Grants	12,447	26,893			39,340	110,375
Receipts from fundraising activities					-	3,500
Gross trading receipts	31,349				31,349	674
Income from investments other than land and buildings					-	
Rents from land & buildings	4,931				4,931	2,355
Gross receipts from other charitable activities	10,524				10,524	7,851
					-	
A1 Sub total	60,245	26,893	-	-	87,138	124,755
A2 Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
A2 Sub total	-	-	-	-	-	-
Total receipts	60,245	26,893	-	-	87,138	124,755
A3 Payments						
Expenses for fundraising activities					-	
Gross trading payments	38,133	448			38,581	169,457
Investment management costs					-	
Payments relating directly to charitable activities	36,691	24,343			61,034	8,800
Grants and donations					-	
Governance costs:					-	
Audit / independent examination	136				136	360
Preparation of annual accounts					-	
Legal costs					-	
Other					-	
					-	
A3 Sub total	74,961	24,791	-	-	99,751	178,616
A4 Payments relating to asset and investment movements						
Purchases of fixed assets					-	
Purchase of investments					-	
A4 Sub total	-	-	-	-	-	-
Total payments	74,961	24,791	-	-	99,751	178,616
Net receipts / (payments)	(14,715)	2,103	-	-	(12,613)	(53,861)
A5 Transfers to / (from) funds					-	
Surplus / (deficit) for year	(14,715)	2,103	-	-	(12,613)	(53,861)

APPENDIX 2

The Scottish Centre for Personal Safety SCIO SC044042

Section B Statement of balances

B1 Cash funds

Categories / Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Cash and bank balances at start of year	30,725	30,004			60,729	114,590
Surplus / (deficit) shown on receipts and payments account	(14,715)	2,103			(12,612)	(53,861)
adjustment uncashed cheque from previous accounts					-	
					-	
Cash and bank balances at end of year	16,010	32,107	-	-	48,117	60,729
(Agree balances with receipts and payments account(s))	0	0	-	-	1	0

B2 Investments

Details	Fund to which asset belongs	Market valuation to nearest £	Last year to nearest £
	Total	-	-

B3 Other assets

Details	Fund to which asset belongs	Cost (if available) to nearest £	Current value (if available) to nearest £	Last year to nearest £
	Total	-	-	-

B4 Liabilities

Details	Fund to which liability relates	Amount due to nearest £	Last year to nearest £
	Total	-	-

B5 Contingent liabilities

Details	Fund to which liability relates	Amount due (estimate) to nearest £	Last year to nearest £
	Total	-	-

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
ALAN GRAHAM	ALAN BELL	7/10/20

The Scottish Centre for Personal Safety SCIO SC044042

Section C Notes to the Accounts

C1 Nature and purpose of funds *(may be stated on analysis of funds worksheets)*

C2 Grants

Type of activity or project supported	Individual / institution	Number of grants made	£
		Total	-

C3a Trustee remuneration

If no remuneration was paid during the period to any charity trustee or person connected to a trustee cross this box (otherwise complete section 3b)	

C3b Trustee remuneration - details

Authority under which paid	£
Executive Director paid salary as allowed per constituiton (clause 44)	18,573
rent paid to Executive Director	1,800

C4a Trustee expenses

If no expenses were paid to any charity trustee during the period then cross this box (otherwise complete section 4b)	x

C4b Trustee expenses - details

	Number of trustees	£

C5 Transactions with trustees and connected persons

Nature of relationship	Nature of transaction	Transaction amount (£)	Balance outstanding at period end (£)

C6 Other information

APPENDIX 3

oscr

Office of the Scottish **Charity Regulator**

Independent examiner's report on the accounts V2

Report to the trustees/members of

Charity name
The Scottish Centre for Personal Safety SCIO

Registered charity number

SC044042

On the accounts of the charity for the period

Period start date				Period end date		
Day	Month	Year		Day	Month	Year
1	July	2025	**to**	30	June	2026

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 ("the 2005 Act") and the Charities Accounts (Scotland) Regulations 2006 (as amended) ("the 2006 Regulations"). The charity's trustees consider that the audit requirement of Regulation 10(1)(d) of the 2006 Regulations does not apply. It is my responsibility to examine the accounts as required under section (44) (1)(c) of the 2005 Act and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the 2006 Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1 which gives me reasonable cause to believe that, in any material respect, the requirements:

- to keep accounting records in accordance with section 44(1)(a) of the 2005 Act and Regulation 4 of the 2006 Regulations, and
- to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Regulations have not been met, or

2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed: Susan Manson **Date** 08/10/2026

Name: Susan Manson

Relevant professional qualification(s) or body (if any): A.C.I.E (Receipts & Payments)

Address: 27 Vernon Street
Saltcoats
KA21 5HE

APPENDIX 3

Disclosure section

Only complete if the examiner needs to highlight material problems.

Give here brief details of any items that the examiner wishes to disclose