

Newfield Community Group

SCIO 52862

Charitable Purposes

"The advancement of health, the relief of those in need by reason of age, ill-health, disability, financial hardship or other disadvantage"

Background.

Originally set up in September 2023. The Charity is based in 'The Crescent' which is a community hub in Dundee and the base for a busy inner-city GP practice . The Practice runs as a Co-op and underpinning that is the desire to improve the lives of those in the community. The Charity was set up by a group of 3 GP trustees to create a 'hub' where people in the community of all ages and backgrounds can be supported by other 3rd sector organisations. The hub is in a small community cafe area within 'The crescent'.

Achievements so far

This is the first Trustee Report.

By early 2024 it became quite apparent that the community hub would be a busy and active place and require a significant amount of coordination. At the time of inception the GP practice had donated some money to the charity to get things started, however, it became clear that it would need a full time person to help coordinate the hub and support the local volunteers and organisations. As the charity did not have funds at that time to support a full time worker the GP practice agreed to fully employ a 'Community coordinator' and their role would be to coordinate and grow the charity and community hub. The contract is for 2 years (April 2024-2026). The Community Coordinator role has been a success and the charity is growing in activity and support for the community and providing a base for local volunteers to support others in their community.

Financial Achievements

The community hub runs a basic kitchen providing soup and hot drinks and light sweet bites. Only donations are accepted for this and daily donations range between £30-£50 a day.

The community coordinator has successfully applied for funding and payments have been received from

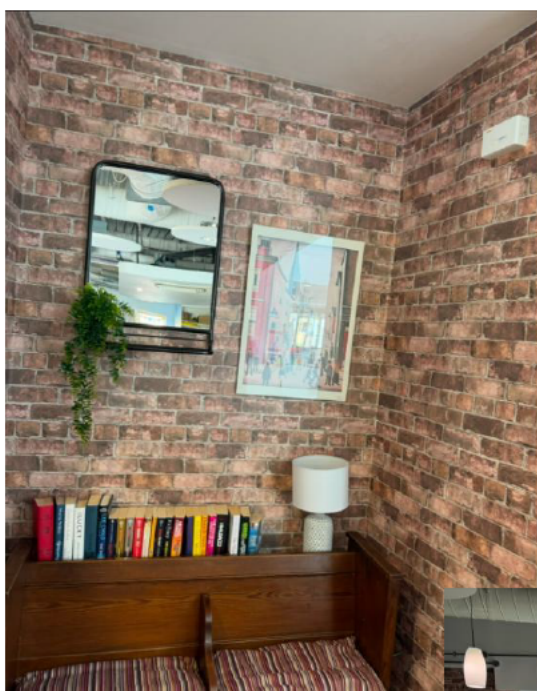
- National Lottery
- NHS Tayside
- Dundee Bairns
- Scot gov
- 'go fund me'
- GP Practice
- Dundee City Council Common Good Fund and Regeneration Fund

We recognise the support from Dundee City Council in allowing the use of the space to develop and grow the charity.

Activities on offer

To date we have developed a number of activities, developed several partnerships and established a very good relationship with the local community. This has been the foundation on determining what activities are on offer so far.

Firstly, we have our community kitchen cafe running Monday to Friday 9-5 pm. This allows the local community to have access to free food. We have no set prices and suggest that individuals donate what they can. This money goes back into buying ingredients and other supplies for the cafe. Thus far, approximately 1786 individuals have accessed our cafe at the time of producing the report.



“First place I have been since I started my recovery journey that I have been spoken to like a human. I love coming here” – quote from a local person who uses the cafe regularly.



We have a **walking group**. This group is for anyone looking to get active in their local area to enhance health, fitness and social isolation. To ensure this group is inclusive as possible we have split the walk into a longer walk and a shorter walk. This group also participates in a litter pick once a month to ensure their community remains clean and benefits the environment. This is facilitated by two volunteers who are walk leader trained. Medical students participate in the walk once a month when they can learn about the local community. This has proved a huge success.

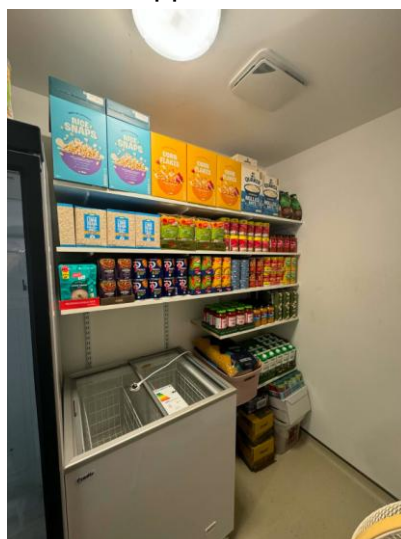
Women's Group was originally set up by a volunteer to provide a safe, welcoming and inclusive space for women. This was identified by the volunteer as a need due to their being limited options for groups for women in the area. The original volunteer has moved on and we are beginning to look for partners to work with on continuing to support this group .

Feeling Strong, a local youth mental health charity, offer a youth drop in on a Wednesday to provide a safe, welcoming and listening ear to young people to benefit mental health of young people in the North East of Dundee. They offer a listening service and have video games and arts and crafts on offer weekly.

Dundee City Councils (DCC) **literacy's team** have become present in our community space. They have run a number of activities including, literacy board games and basic IT skills groups. This has allowed local people have access to groups that can empower them to learn new skills and/or build upon these skills. Local author Wendy H. Jones has worked in partnership with us and Leisure and Culture Dundee to provide events for families and children to promote literacy and cognitive skills.

DCC's Connect Team has allowed us to offer benefit support. This team's purpose is to help individuals maximize their income, answer any benefit queries, budgeting and assist with form filling.

Newfield Community Group (NCG) offers a **Food larder** for our local community. We run this on a Thursday but not limited to this day. We offer ten ambient items, 1 from the fridge and 1 from the freezer. We **work in partnership with DCC, Faith in Communities**



and Alexander's development. This is currently free of charge, but we are in the process of trying to register with Fareshare and this will force us to introduce a small charge.

Barnardo's are beginning to have a presence at our food larder. They offer **employability support** to anyone that is looking for work. They understand that it is not as easy as filling in an application and accepting a job and support individuals to navigate returning or getting into employment.

The GP's identified a number of local people that have a stoma bag and how little support there is when someone has this life changing surgery. This empowered a local individual to make a change and started a **Stoma support group** to ensure there was a source of support. This takes place on the last Thursday of the month in the evening 5-7 pm to ensure that it is accessible to everyone.

Our **Veterans group** offers peer to peer support for anyone who was in any of the armed forces. This is run by one of our volunteers. We have worked with a number of different organisations including **SAFA** and **Alzheimer's Scotland** to ensure this group is as supportive and informative for anyone accessing this group.

DCC's community health team have allowed us to offer **healthy cooking classes**. This is to allow anyone accessing our food larder to be able to cook nutritious healthy meals from the foods they receive. This was a 'closed' group as the kitchen we have access to has limited cooking space.

One Parent Families Scotland are looking to start a parent support group for parents in the area. Due to funding the focus will be on one parent families but they are happy for any parents to attend.

Heart Space Dundee is a **yoga** teaching company that do outreach to local communities. We were lucky enough to host them to teach Yoga for a limited period of time. This was well received by the community. To ensure this was inclusive for all, chair yoga was introduced. We are working with Heart Space to allow this activity to be offered again.

We are also proud to be able to offer **Naloxone training** and **basic life support training**. We have trained, so far, 32 individuals on naloxone and 2 people on basic life support. These numbers will continue to grow.

Due to the cost of living, Dundee City Council established a **Cost of Living Network** and from this we were able to host a cost of living event. This was a number of organisations that came to the cafe to advise local people. We also hosted the **DVVA Mental Health Forum** where many organisations come together to share ideas, news, projects and support.

Volunteers

Taking advantage of Volunteer Week we began our volunteer recruitment. Since we have close links with the GP practice that has a large number of patients, we have been able to send a text messages to advertise our volunteering opportunity. We also took advantage of our Third Sector to advertise our volunteer opportunity. We have provided a number of volunteering opportunities for the local area to empower the community to learn new skills, meet new people, have a sense of purpose and help reduce social isolation.

As a result of this we have supported up to thirteen volunteers so far. They have been an asset to the charity and they have been instrumental in allowing the charity to grow and deliver on the purposes that it set out to achieve.

Fund raising activities

We have raised money for two other charities. We organised a **Macmillan** coffee morning and a number of volunteers coloured their hair pink for a **Breast cancer** awareness charity. This allowed us to raise money for these charities but also empowered our community to make a difference to people.

We have been successful in obtaining funds from other organisations such as Dundee City Council, Big Lottery Fund, Dundee Bairns and NHS Tayside Charitable foundation. Without the support of these organisations, we would not be able to achieve what we have, to which we are grateful.

Interface with other organisations

NCG has worked in partnership with a number of organisations to ensure we can benefit our community as much as possible. These include, Dundee City Council Community Health Team, Literacy's Team, Connect Team and Empowerment Team, Roundhouse, Alexander Development, One Parent Family Scotland, Veterans First Point, Dementia Scotland, Autism Scotland, Whitfield Community Garden, We Are With You, The Corner, Feeling Strong, Faith in the Community, NHS Health inclusion nurses, Lesure and Culture Dundee, Heart Space, Dundee Bairns, Local Management Group, Fairshare, National Lottery, NHS Charitable Foundation, Barnardo's, Mental Health Forum, Green Health Partnership, The Crescent and DVVA.

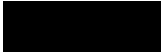
We have also had a good presence in a number of partnership meetings and network meetings. We have contributed to the Mental Health Forum, Green Health Partnership, Alcohol and Drug Partnership and Local Community Partnership Plan meetings.


Information on Trustees

The Charity currently has 3 trustees and we hope to expand on these over the next 12 months



Employed staff/Management

 Community Coordinator employed by GP practice to run the charity)

 (Project Admin lead employed by GP practice to assist the charity)

Governance

Regular informal meetings where held with the community Coordinator and the chair during the initial setting up of the hub. This helped to create a job plan for the coordinator and ensure consistent direction of travel of the charity and support the enrolment of volunteers.

2 formal Trustee meetings have been held to discuss progress and ensure that the charity's purposes are being followed.

The Co-ordinator has clear line management set up within the practice to support their role and employment needs.

Training has been provided for the Coordinator and the Administrator through SCVO and DVVA this has been supported by the GP practice.

Annual General Meeting March 13th March 2025

Review of the year. Discussion regarding accounts. Funding applications

Conclusion

It has been a fabulous start to the Newfield Community Group SCIO and we are delighted to see how the group has facilitated organisations and supported members of the community. It continues to grow, and we are excited about the coming year ahead as we develop new links with organisations and establish more support groups in the local community. Due to the growth of the organisation we are hoping to secure funding for a project/link worker to support the Community Coordinator and the volunteers.

APPENDIX 3



Independent examiner's report on the accounts v2							
Report to the trustees/members of	Charity name NEWFIELD COMMUNITY GROUP						
	Registered charity number SC 052862						
On the accounts of the charity for the period	Period start date				Period end date		
	Day	Month	Year		Day	Month	Year
	28	09	2023	to	28	09	2024
Set out on pages							(remember to include the page numbers of additional sheets)
Respective responsibilities of trustees and examiner	The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.						
Basis of independent examiner's statement	My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.						
Independent examiner's statement	In the course of my examination, no matter has come to my attention [other than that disclosed on the attached page*]						
	<ol style="list-style-type: none"> which gives me reasonable cause to believe that in any material respect the requirements: <ul style="list-style-type: none"> to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations <p>have not been met, or</p> <ol style="list-style-type: none"> to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached. 						
Signed**:					Date:	09/06/2025	
Name:							
Relevant professional qualification(s) or body (if any):							
Address:							

*Please delete the words in the brackets if they do not apply. If the words do apply, set out those matters which have come to your attention on the following page.

**OSCR will accept digital or typed signatures.

APPENDIX 3

Disclosure section

Only complete if the examiner needs to highlight material problems.

Give here brief details of any items that the examiner wishes to disclose

There is an approximate mismatch of £25.00 between the charity's bank statements and the ledger used to detail all income and expenditure.

This would appear to be an understandable and reasonable error in the upkeep of the ledger,

No concerns noted when externally reviewing the accounts.

Newfield Community Group

SC 052862



Receipts and payments accounts							
For the period from	Period start date			to	Period end date		
	Day	Month	Year		Day	Month	Year
	28	September	2023		28	September	2024

Section A Statement of receipts and payments

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total funds current period to nearest £	Total funds last period to nearest £
A1 Receipts						
Donations	6,806					
Legacies						
Grants		14,314				
Receipts from fundraising activities						
Gross trading receipts						
Income from investments other than land and buildings						
Rents from land & buildings						
Gross receipts from other charitable activities						
A1 Sub total	6,806	14,314			21,120	
A2 Receipts from asset & investment sales						
Proceeds from sale of fixed assets						
Proceeds from sale of investments						
A2 Sub total						
Total receipts	6,806	14,314			21,120	
A3 Payments						
Expenses for fundraising activities						
Gross trading payments						
Investment management costs						
Payments relating directly to charitable activities	5,486	3,603			9,089	
Grants and donations						
Governance costs:						
Audit / independent examination						
Preparation of annual accounts						
Legal costs						
Other						
A3 Sub total	5,486	3,603			9,089	
A4 Payments relating to asset and investment movements						
Purchases of fixed assets						
Purchase of investments						
A4 Sub total						
Total payments	5,486	3,603			9,089	
Net receipts / (payments)	1,320	10,711			12,031	
A5 Transfers to / (from) funds						
Surplus / (deficit) for year	1,320	10,711			12,031	

Newfield Community Group

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Section B Statement of balances

Categories	Details	Unrestricted funds	Restricted funds	Expendable endowment funds	Permanent endowment funds	Total current period	Total last period
		to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
B1 Cash funds	Cash and bank balances at start of year	-	-			-	-
	Surplus / (deficit) shown on receipts and payments account						
	Cash and bank balances at end of year (Agree balances with receipts and payments account(s))	1,320	10,711			12,031	-

B2 Investments	Details						

B3 Other assets	Details						

B4 Liabilities	Details						

B5 Contingent liabilities	Details						

Signed by one or two trustees
on behalf of all the trustees

Signature*	Print Name	Date of approval
		10 March 2025

Analysis of receipts and payments

	Unrestricted funds	Restricted funds	Expendable endowment funds	Permanent endowment funds	Total current period	Total last period
	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
Cafe	1,965				1,965	
Newfield Medical Group	4,500				4,500	
Just Giving	341				341	
Total	6,806				6,806	

	Unrestricted funds	Restricted funds	Total current period	Total last period
	to nearest £	to nearest £	to nearest £	to nearest £
Common Good		2,159	2,159	
Regeneration Fund		1,655	1,655	
Big Lottery		10,000	10,000	
Dundee Bairns		500	500	
Total	-	14,314	14,314	-

3 Gross receipts from other charitable activities

[illegible]

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Newfield Medical Group / Community Café / Just Giving	5,486				5,486	
Common Good		1,802			1,802	
Regeneration Fund		1,801			1,801	
Big Lottery						
Dundee Balms						
Total	5,486	3,603			9,089	

December 2007

Additional analysis (2)

5 Breakdown of unrestricted funds

	Unrestricted fund 1 - enter name of fund below community café	Unrestricted fund 2 - enter name of fund below Newfield Medical Group	Unrestricted fund 3 - enter name of fund below Just Giving	Unrestricted fund 4 - enter name of fund below	Total unrestricted funds	Total unrestricted funds last period
Receipts						
Donations	1,965	4,600	341		6,806	
Legacies						
Grants						
Receipts from fundraising activities						
Gross trading receipts						
buildings						
Rents from land & buildings						
Gross receipts from other charitable activities						
Sub total	1,965	4,600	341		6,806	
Receipts from asset & investment sales						
Proceeds from sale of fixed assets						
Proceeds from sale of investments						
Sub total						
Total receipts	1,965	4,600	341		6,806	
Payments						
Expenses for fundraising activities						
Gross trading payments						
Investment management costs						
Payments relating directly to charitable activities	1,965	3,180	341			
Grants and donations						
Governance costs:						
Audit / independent examination						
Preparation of annual accounts						
Legal costs						
Sub total	1,965	3,180	341		5,486	
Payments relating to asset and investment movements						
Purchases of fixed assets						
Purchase of investments						
Sub total						
Total payments	1,965	3,180	341		5,486	
Net receipts / (payments)		1,320			1,320	
Transfers to / (from) funds						
Surplus / (deficit) for year		1,320			1,320	

Nature and purpose of funds

The unrestricted funds, which are raised through the donations from our community café, our Just giving page and donated by the Newfield Medical group are used to purchase ingredients, hot drinks and other supplies for the café. This helps us to provide low cost food and drink for an area of high deprivation. This unrestricted funding is also used to provide groups for the community to enhance individual's and families lives, promote healthy living and help tackle socio-economic factors that effect people in this community.

Newfield Community Group

SC 052862

Additional analysis (3)

6 Breakdown of restricted funds

	Restricted fund 1 - enter name of fund below	Restricted fund 2 - enter name of fund below	Restricted fund 3 - enter name of fund below	Restricted fund 4 - enter name of fund below	Total restricted funds	Total restricted funds last period
	Community Regeneration	Common Good Fund	Big Lottery	Dundee Balmn		
Receipts						
Donations						
Legacies						
Grants	1,655	2,159	10,000	500		
Receipts from fundraising activities						
Gross trading receipts						
Income from investments other than land and buildings						
Rents from land & buildings						
Gross receipts from other charitable activities						
Sub total	1,655	2,159	10,000	500	14,314	
Receipts from asset & investment sales						
Proceeds from sale of fixed assets						
Proceeds from sale of investments						
Sub total						
Total receipts	1,655	2,159	10,000	500	14,314	
Payments						
Expenses for fundraising activities						
Gross trading payments						
Investment management costs						
Payments relating directly to charitable activities	1,670	1,933				
Grants and donations						
Governance costs:						
Audit / independent examination						
Preparation of annual accounts						
Legal costs						
Sub total	1,670	1,933			3,603	
Payments relating to asset and investment movements						
Purchases of fixed assets						
Purchase of investments						
Sub total						
Total payments	1,655	2,159	10,000	500		
Net receipts / (payments)	- 1,670	- 1,933	-	-		
Transfers to / (from) funds	15					
Surplus / (deficit) for year	-	228	10,000	500	10,726	

Nature and purpose of funds.

Of the restricted funding; The Community Regeneration Fund was used to purchase manakins to allow us to train individuals in the community on basic life support. The Common Good Fund was used to purchase equipment for the cafe. The Big Lottery Fund is being used to provide a budget for groups. The money received by Dundee Balmn was to allow us to establish a Food Larder to provide the community to access to take home food.