

CLUTTER CHAT

connecting over clutter

SCIO SC 050222

Trustees Annual Report and Financial Statement

For the year ending 30 June 2024

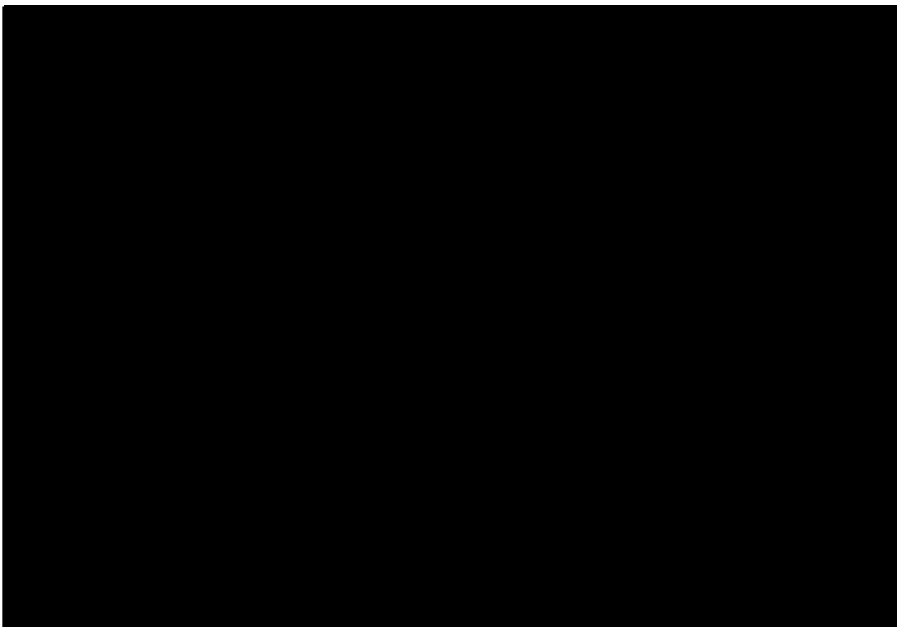
Trustees Annual Report

For the year ended 30 June 2024

Reference and Administrative information

Charity name
Clutter Chat SCIO

Charity number
SC 050222



Structure Governance and Management

Constitution

The charity is a Scottish Charitable Incorporated Organisation (SCIO). It was registered in its current legal form on 18 June 2020. The organisation was previously operated within Insightful Moves, a decluttering business. The assets attached to Clutter Chat were transferred from Insightful Moves in 2020. It has a single tier structure and as such the trustees are the members of the charity.

Appointment of Trustees

The Board may appoint Trustees at any of their regular meetings. We invite potential new Board members to attend at least one Board meeting before they become a Trustee. We recruit Board members from within our groups and from the wider community.

Minimum Trustees 3
Maximum Trustees 8

Objectives and Activities

Charitable Purpose

To seek the relief of people in need or who are disadvantaged due to chronic clutter and problematic hoarding habits by offering support, advice and assistance; such as peer support groups, advocacy, research, awareness raising, and related activities.

Activities

The charity provides online and in person peer support meetings, aiming to have two peer supporters present at each meeting. As a new organisation working in an area that has recently been recognised as a separate mental health issue we have made efforts to raise awareness of our organisation, offering to meet with groups and deliver talks.

Clutter Chat meetings for the period July 1st 2023 – June 30th 2024

22 in-person meetings on Monday afternoons at QCHA

19 zoom meetings on Friday mornings

41 meetings in total

To help our peer supporters we have regular online meetings, and we encourage them to engage with training that they feel is relevant to their needs. This year we also ran a session on Peer Support and Recovery from material that had been gathered from the Scottish Recovery Network.

We are fortunate to have a Board member, Rowan, who manages our website and Social Media; during the year we have made some further steps to engage with these channels.

The bookgroup was not able to meet over the summer of 2024. However, we have a selection of helpful topical books for browsing and borrowing by the participants, at each fortnightly in-person meeting. This library proves to be popular, and has also provided helpful prompts for group discussions.

Following the departure of our Development Worker, [REDACTED] in May 2023 who had helped set up a trial in person group in partnership with Queens Cross Housing Association, our primary focus has been on maintaining our Clutter Chat groups. At the review meeting with QCHA we concluded that the trial group had been a success, but that it would benefit from a different venue, more open to a wider client group than the retirement housing where it had been trialled. The group re-started on 7 Aug 2023 fortnightly on Monday afternoons in The Hub at [REDACTED]. We made efforts to promote it within QCHA and in the locality, as well as inviting members of the trial group. The group has had a regular attendance of 5 to 7 people, including one or two men. The 6/7 newcomers to the group have found us from the leaflets that we had circulated to local businesses, finding us on the internet and by referrals from community workers and GP practices.

The group that meets on Zoom has kept going, the numbers here are smaller, with regular attenders being 2-3. One of the Zoom group tried coming to the in person meetings, but has decided that their energy levels cannot maintain this in person attendance. Those who come to the Zoom meeting tend to live around Glasgow rather than in the city.

Topics that have arisen this year are similar to previous years, but with a greater attendance of HA tenants there have been more issues around access for essential works like gas safety checks. We have been aware that some of our new group members may have ADHD, and have researched resources that might be helpful and bought some books for the library.

Flourish House invited us back to give a talk on Clutter again, this time looking at it particularly in relation to neurodiversity. Two Board members were able to make the presentation. Flourish House expressed interest in hosting a Clutter Chat group in their premises; we have not felt able to follow this up yet as we have so few peer supporters.

We have continued to have a number of contacts from organisations via our email address, as we are the only Peer Support group for those with Clutter and Hoarding issues in Scotland. Some would like us to set up a group in their locality, others have included us on their mailing lists.

Researching the grant application process we realised that we didn't have the experience on the Board to develop the plans and to apply for grant money which might cover up to 2 years. With the money we had accumulated in our account we decided to take on a new Development Worker 7 hours a week for 6 months to help us develop plans and write the grant applications to help us grow the charity. We went through the recruitment process and appointed [REDACTED]. She started work with us at the end of July 2024.

When [REDACTED] joined the Board he brought a business-focussed background, which gave a fresh perspective to our organisation. [REDACTED] has a background of working with extreme hoarders from his work with Life-pod. He attended the in person group to offer advice and to experience our service for several sessions. Board members have been active in outreach for Clutter Chat, letting other groups they are members of know about us, and networking on our behalf.

Clutter Chat holds a database of approximately 35 people from across the two support groups, WhatsApp group, and continued supporters, who stay in touch after leaving the groups and who donate regular or occasional monies.

Additionally, the charity is increasing its reach across a range of approximately 30 organisations, exploring partnerships, referral processes, and sharing learning.

Clutter Chat is a member organisation of SCVO, GCVS, and The Health & Social Care Alliance Scotland.

There are currently 4 member/trustees, and 4 trained Peer Supporters who facilitate the group meetings.

Outcomes that participants regularly report include:

- Expanded social networks and reduced social isolation
- Increased positive sense of identity and sense of belonging
- Improved self esteem and confidence
- Strengthened sense of motivation and self efficacy

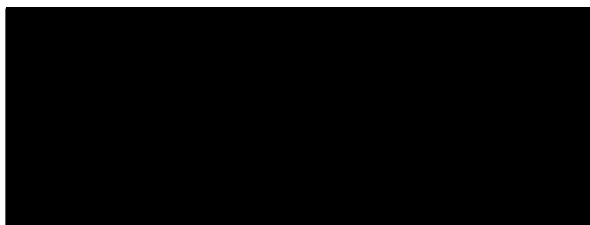
October 2024 sees the 10th anniversary of the first group meeting. We are celebrating this significant milestone with a showcase attended by some of our earliest members, current participants, and guests from our networks.

Statement of Receipts and Payments for the year ended 30 June 2024

	Unrestricted funds	Restricted funds	Year ended 30-6-24	Year ended 30-6-23
Receipts				
Donations	2032	0	2032	1592
Fundraising	0	0	0	0
Grants	0	0	0	0
Total	2032	0	2032	1592
Payments				
Worker			0	7215
Admin support			410	813
Group support				1032
Training				330
Unspent Grant return			1464	
Total			1874	9390

End of year 30 6 2024

Opening balance:	6,943
23-24 income	
total	2,032
expenditure	1,874
closing balance	7,101



Independent Examiner's Report to the Trustees of Clutter Chat SCIO 2024

I report on the accounts of the charity for the year ended 30th June 2024, which are set out on pages 2 to 3.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1)(d) of the 2006 Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1)(c) of the Act and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In the course of my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with Section 44(1)(a) of the 2005 Act and Regulation 4 of the 2006 Account Regulations
- to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations

have not been met, or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Name [REDACTED]

Relevant Professional qualification/professional body: none.

[REDACTED]

Date: 8th August 2024

[REDACTED]