

Anam Cara Fasgadh  
SCIO  
SC049149

Annual Report and Accounts  
For the year ended 31 March 2023



**Anam Cara Fasgadh  
Annual Report and Accounts for the year ended 31 March 2023**

**Trustees' Report**

The trustees have pleasure in presenting their report together with the financial statements for the year ended 31 March 2023.

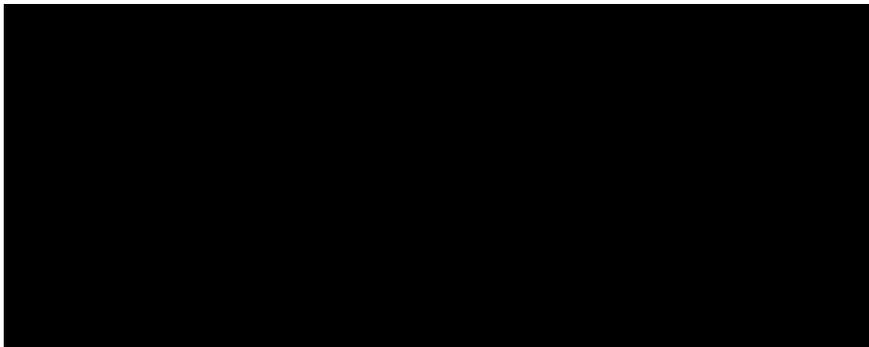
**Board of Trustees and Administration Details**

Charity no: SC049149

Address:



Current Trustees:



Except for movements noted, all other Trustees served throughout the period.

**The Purpose of the Charity**

The charity's purpose is the relief of those in need by reason of bereavement through the death of a child by providing respite accommodation and support with the objective of improving the conditions of life for bereaved families.

**Achievements and Performance**

The Trustees are delighted to be able to report that following the extensive refurbishment of the caravan, named Poppy's Place, and with the continued support of fundraisers, supporters, and donors, they were able to welcome their first bereaved family in the last week of May 2022. To the end of March 2023, the Trustees welcomed 26 bereaved families, from across the UK, who were able to enjoy the peace and tranquillity of the area in comfort. Families were welcomed to Poppy's Place with basic groceries and bespoke welcome packs with gifts for each member of the family, thus creating an atmosphere of love and care, and had a member of the Trustee team available at the end of the phone for any queries or enquiries.

In April 2022 the charity had a small group of 6 female challengers take on the Great Glen by canoe, battling tough conditions and raising over £3,902 between them.

Also in April 2022 the Trustees supported a team of Senior Pupils from Oban High School who put together a travel fund project as part of the YPI Scotland youth philanthropy competition. The team got through to the final and though they did not win the £3,000 prize, they were commended on their presentation, and it was used in 2023 to launch the competition.

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**Trustees' Report (continued)**

In July 2022 Anam Cara Fasgadh were delighted to host Big Steps for Small Feet for a second year, a challenge which was the vision of one of the Trustees to bring charities and child-loss families together in a unique challenge. This year saw the charity joined by another 8 charities to scale the highest peak in Wales, Snowdon. The 3 challengers representing Anam Cara Fasgadh raised over £1,100 between them.

In October 2022 the Trustees were delighted to see their first challenger take on the Great Scottish Run for Anam Cara Fasgadh, successfully completing her very first half marathon and raising over £500.

In November 2022 a lovely couple celebrating their 20th Wedding Anniversary raised over £1,000 for Anam Cara Fasgadh in memory of their grandson [REDACTED]

In December 2022 the Trustees hosted a fundraising event at Inveraray Jail, with the support of Highland Paranormal, raising £450 for the charity.

Also in December 2022, on what would have been their daughter's 15th birthday, [REDACTED] family, who had previously stayed at Poppy's Place, walked in memory of her and raised £825 which was gifted by the family towards the Welcome Packs.

In March 2023 a Body Shop hostess raised £250 for the charity.

Funds received during the year have been mostly donations with a small amount of grant and fundraising activity income. The Trustees would like to acknowledge thanks to their CAF donors who raised £26,200 for the charity and continue to faithfully support the work. It is hoped that further fundraising and events can be completed in the coming year.

**Financial Review**

Income for the year was in excess of £34,000 and has come largely from donations.

Costs in the year have largely been attributable to charitable activities, which is the provision of breaks to bereaved families and includes running and maintenance costs of the caravan. Other costs incurred have been mainly related to administrative items such as web services, and fundraising costs which include amounts paid to providers who are hosting a fundraising event for the upcoming year.

The trustees are satisfied that the surplus held by the charity is at a sufficient level to maintain the ongoing costs and needs for the forthcoming year.

**Future Plans**

The plans for the upcoming year are to continue gifting tranquil breaks at Poppy's Place to bereaved families. The charity will also continue to seek ways to raise funds and awareness as the Trustees continue to support and reach out to bereaved families. The charity is actively seeking a second site for a caravan with a view to opening a second caravan in Spring / Summer 2024.

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**Trustees' Report (continued)**

**Future Plans (continued)**

Planned activities for the next year include:

- Youth and Philanthropy Initiative ("YPI"): Trustees will continue to work with Oban High School to deliver Anam Cara Fasgadh to the students and will aim to raise awareness of the charity in schools throughout the UK.
- Everest Base Camp in Memory of [REDACTED]: One of our Trustees will climb to Everest Base Camp, over 17,598 ft high in the Himalayas to raise funds and awareness in memory of his son who would be 14 years old.
- Big Steps for Small Feet 2023: Following the success of Big Steps for Small Feet in 2021 and 2022, Anam Cara Fasgadh is delighted to again host this collaborative event which will bring nine charities supporting bereaved families together to complete a climb of Scafell Pike in July 2023.
- Remembrance Butterfly Release 2023: In the summer of 2023 Trustees will host a butterfly release, bringing bereaved families together in a poignant act of remembrance.
- Baby Loss Awareness Week ("BLAW") 2023: Anam Cara Fasgadh is a member of the BLAW Alliance and will take part in the week online in addition to hosting a Wave of Light event in Argyll in October.
- The SCVO Gathering 2023: Trustees will be sending representatives to this annual conference in an effort to gain experience from the workshops and seminars and to make full use of networking opportunities.

The Trustees declare that they have approved the Trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	[REDACTED]	
Full name(s)	[REDACTED]	
Position (e.g. Chair)	Trustee	Secretary
Date	27 December 2023	27 December 2023

**Anam Cara Fasgadh  
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**Independent Examiner's Report to the Trustees**

Report to the trustees/members of Anam Cara Fasgadh SCIO, registered charity number SC049149, on the accounts for the year to 31 March 2023.

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

**Basis of independent examiner's statement**

My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.

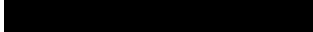
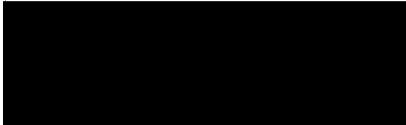
**Independent examiner's statement**

In the course of my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect the requirements:
  - to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
  - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations

have not been met, or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

<b>Signed:</b>		<b>Date:</b>	30/12/2023
<b>Name:</b>			
<b>Relevant professional qualification(s) or body (if any):</b>	Member of Institute of Chartered Accountants of Scotland (ICAS) and Chartered Institute of Taxation (CIOT)		
<b>Address:</b>			

**Anam Cara Fasgadh**  
**Receipts and Payments Account**  
**For the year ended 31 March 2023**

	Year ending 31/03/2023			Year ending
	Unrestricted funds (£)	Restricted funds (£)	Total (£)	31/03/2022 Total (£)
<b>Receipts</b>				
Donations	27,510	1,688	29,198	23,367
Fundraising Activities	5,698	-	5,698	185
Grants	-	-	-	4,000
<b>Total Receipts</b>	<u>33,208</u>	<u>1,688</u>	<u>34,896</u>	<u>27,552</u>
<b>Payments</b>				
Fundraising costs	1,866	-	1,866	1,053
Governance/administration costs	1,358	-	1,358	1,079
Cost of charitable activities	8,207	570	8,777	6,434
Improvements to fixed assets	478	-	478	10,096
Purchase of fixed assets	677	-	677	5,407
<b>Total Payments</b>	<u>12,586</u>	<u>570</u>	<u>13,156</u>	<u>24,069</u>
<b>Surplus/(deficit) for the period</b>	<u>20,622</u>	<u>1,118</u>	<u>21,740</u>	<u>3,483</u>

**Anam Cara Fasgadh**  
**Statement of Balances**  
**For the year ended 31 March 2023**

	Year ending 31/03/2023			Year ending 31/03/2022
	Unrestricted funds (£)	Restricted funds (£)	Total (£)	Total (£)
Opening cash at bank and in hand	11,057	-	11,057	7,574
Surplus/(deficit) for the period	20,622	1,118	21,740	3,483
Closing cash at bank and in hand	<u>31,679</u>	<u>1,118</u>	<u>32,798</u>	<u>11,057</u>
Bank and cash balances	<u>31,679</u>	<u>1,118</u>	<u>32,798</u>	<u>11,057</u>
Bank account	<u>31,679</u>	<u>1,118</u>	<u>32,798</u>	<u>11,057</u>

		Caravan	Caravan improvements	Caravan fixtures & fittings
Year ending 31/03/2022	Opening balance b/f	20,000	-	-
	additions	-	10,096	5,407
	disposals	-	-	-
	Closing balance c/f	<u>20,000</u>	<u>10,096</u>	<u>5,407</u>
Year ending 31/03/2023	Opening balance b/f	20,000	10,096	5,407
	additions	-	478	677
	disposals	-	-	-
	Closing balance c/f	<u>20,000</u>	<u>10,574</u>	<u>6,084</u>

**Anam Cara Fasgadh**  
**Notes to the accounts**  
**For the year ended 31 March 2023**

**1 Basis of accounting**

These accounts have been prepared on the Receipts and Payments basis in accordance with the Charities & Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended).

**2 Nature and purpose of funds**

Unrestricted funds are those that may be used at the discretion of the trustees in furtherance of the objects of the charity. The trustees maintain a single unrestricted fund for the day-to-day running of the charity.

Restricted funds may only be used for specific purposes. Restrictions arise when specified by the donor or when funds are raised for specific purposes. The charity does not currently have any restricted funds.

**3 Related party transactions**

No remuneration was paid to the trustees or any connected persons during the year. Nominal expenses were reimbursed to connected parties for incidental expenditure totalling less than £250. No amounts were outstanding at the year end.

**4 Donations**

Income in the year has arisen largely through donations made to the Charity.

**5 Fixed Assets**

The charity purchased a caravan to enable breaks to be provided to bereaved families and fulfil the charity's purposes. This has been extensively renovated and brought up to a high standard to ensure families are comfortable and have everything they need.

Due to the conditions set out in the pitch rental of the caravan park the remaining expected useful life of this asset is two years. At that time a new model will require to be purchased to retain the pitch. Depending on the condition of the asset at this time it is expected that the current caravan could be sold and the funds used towards the purchase of a newer model however as the potential value is unknown this will not be factored into any future costings.