

## Visiting Friends, Trustees Report June 2023 – May 2024

2023 – 2024 has been another busy year for Visiting Friends providing one to one volunteer befriending for adults in Helensburgh and Lomond. Our numbers of matches have remained steady at approximately 37 – 40 each month despite limited numbers of volunteers coming forward, therefore volunteer retention has been increasingly important.

Because of the need to reduce barriers to volunteering we continued to provide travel expenses to those volunteers who were prepared to travel a considerable distance from their home to visit their friends. The approximate cost per year of doing this has been £2000. The costs of this have been partially offset by funds gratefully received from the CO-OP Community Fund.

family also recognises the importance and dedication of our volunteers and in March invited all our volunteers to join them at a special dinner in Fruin Farm – it was a very memorable evening!

The charity has also concentrated on volunteer engagement and partnerships with local businesses, holding another Walk in the Park event in July in Hermitage Park. Support and refreshments were provided by the Hermitage Park Pavilion. Local partnerships are paramount and these were particularly nurtured in November for National Befriending Week where we partnered with Ardarden Tea Room, Humbles Café and the Perch Café to host our befriending post boxes and marketing coasters.

In order to save time and reduce the amount of paperwork involved in our service, 2024 has also seen us investing in a new database system called Lamplight. This will also allow us to monitor our referrals more easily as staff have noticed an increase in the complexity of referrals that we receive.

In addition to our regular coffee mornings throughout the year (which are very busy affairs!) and another fantastic Christmas party, attended by our benefactor wife and VF Trustee and other family members, we held a memorable joint trip to The Kelvingrove Art gallery with Jean's Bothy, our local Mental Health Wellbeing Hub—it was an interesting and fun day in the company of friends and another trip is planned for all the Friends this year to The Glasgow Museum of transport.

2024

Chair of Visiting Friends SC048362

	Visiting Frie	nds				48362
OCCD		40302				
()\(R		Receipts at	id payment	s accounts		
Contribution Character Paraceleter	For the period from	Month	Year	o Day Mont	h Year	
Scottish Charity Regulator		1 6	2023	31 5	2024	
Section A Statement of rece	eipts and pay	ments				
	Unrestricted		Expendable	Permanent	Total Control	
	funds	Restricted funds	endowment funds	endowment funds	Total funds current period	Total funds last period
	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
A1 Receipts						
Donations	69,220				69,220	
Legacies					-0	
Grants					-0	
Receipts from fundralsing activities					-0	
Gross trading receipts					- 0	
Income from investments other than land and buildings					-0	
Rents from land & buildings Gross receipts from other charitable	5,850				5,850	
activities					- 0	
A1 Sub total	75,070	-0	-0		- 0	
, Sub total	10,010	-0	-0	- 0	75,070	40,332
A2 Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-0	
Proceeds from sale of investments					-0	
A2 Sub total	- 0	- 0	-0	-0	-0	-0
Total receipts	75,070	- 0	-0	-0	75,070	40.000
				-0	75,070	40,332
A3 Payments						
xpenses for fundraising activities					-0	
Bross trading payments					-0	
nvestment management costs					-0	
ayments relating directly to charitable ctivities	80,619					
Grants and donations	80,019				80,619	
Sovernance costs:					-0	
Audit / independent examination	353				-0	
Preparation of annual accounts	303				353	
Legal costs					-0	
Other					- 0	
					- 0	
A3 Sub total	80,972	-0	- 0	-0	- 0 80,972	35,857
4 Payments relating to asset and						
nvestment movements						
urchases of fixed assets urchase of investments					-0	
					-0	
A4 Sub total	-0	-0	- 0	-0	-0	2,789
Total payments	80,972	-0	- 0	-0	80,972	38,646
Net receipts / (payments)	5,902)		-	- (	5,902)	1,686
5 Transfers to / (from) funds						
Surplus / (deficit) for year	5,902)					
N. Contraction of the Contractio	3,302)			- (	5,902)	1,686

## APPENDIX 2

	Visiting Friends						48,362
Section B Statement	of balances						
Categories	Details	Unrestricted funds	Restricted funds	Expendable endowment funds	Permanent endowment funds	Total current period	Total last perior
31 Cash funds	Cash and bank balances at start of year	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
31 Cash funds		12,721				12,721	
	Surplus / (deficit) shown on receipts and payments account	( 5,902)				( 5,902)	
	Cash and bank balances at end of year	6,819				6,819	5,64
	(Agree balances with receipts and payments account(s))						1.06
	Details			Fund to which	asset belongs	Market valuation	Last year
32 Investments						to nearest £	to nearest £
JE III VESTITEITES		1		-			
							-
					Total	-	
					Total		
	Details		Fund to which	asset belongs	Cost (if available)	Current value (if available)	Last year
33 Other assets					to nearest £	to nearest £	to nearest £
B3 Other assets							
				Total			
	Details			Fund to which	liability relates	Amount due	Last year
B4 Liabilities						to nearest £	to nearest £
54 Liabilities							
					Total	-0	
					Iotal		
	Details			Fund to which	liability relates	Amount due (estimate)	Last year
B5 Contingent liabilities				-		to nearest £	to nearest £
January							
					Total		
Signed by one or two trustees on behalf of all the trustees	Signature		Print Name				Date of approval
	1 11/						2-1.1
							18/8 2

## **APPENDIX 3**



	In	depende	nt exam	iner's re	eport on th	e accour	its v2	
Report to the trustees/members of	Charity nam Visiting	ne						
Registered charity number	SCSC048	3362						
On the accounts of the	Period start date					Period end date		
charity for the period	Day	Month	Year		Day	Month	Year	
	01	June	2023	to	31	May	2024	
Set out on pages	(remember to include the page numbers of additional sheets)							

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the accounts.

Independent examiner's statement

In the course of my examination, no matter has come to my attention [other than that disclosed on the attached page\*]

- which gives me reasonable cause to believe that in any material respect the requirements;
- to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
- to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations

have not been met, or

to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

	inderstanding of the acc	counts to be rea	ched.	
Signed:			Date:	20/06/2024
Name:				
Relevant professional qualification(s) or body (if any):				
Address:				

<sup>\*</sup>Please delete the words in the brackets if they do not apply. If the words do apply, set out those matters which have come to your attention on the following page.