

# APPENDIX 1

# OSCr

Office of the Scottish Charity Regulator

| Trustees' Annual Report for the period |     |       |      |                 |     |       |      |
|----------------------------------------|-----|-------|------|-----------------|-----|-------|------|
| Period start date                      |     |       |      | Period end date |     |       |      |
| From                                   | Day | Month | Year | To              | Day | Month | Year |
|                                        | 01  | 12    | 23   |                 | 30  | 11    | 24   |

## Reference and administration details

Charity name  
Other names charity is known by  
Registered charity number  
Charity's principal address

|            |
|------------|
| LightAware |
|            |
| SC046160   |
|            |
|            |
|            |
|            |

Names of the charity trustees on date of approval of Trustees' Annual Report

|   | Trustee name | Office (if any) | Dates acted if not for whole year | Name of person (or body) entitled to vote (if any) |
|---|--------------|-----------------|-----------------------------------|----------------------------------------------------|
| 1 |              |                 |                                   |                                                    |
| 2 |              |                 |                                   |                                                    |
| 3 |              |                 |                                   |                                                    |
| 4 |              |                 |                                   |                                                    |
| 5 |              |                 |                                   |                                                    |
| 6 |              |                 |                                   |                                                    |
| 7 |              |                 |                                   |                                                    |
| 8 |              |                 |                                   |                                                    |

## Reference and administration details

Names of all other charity trustees during the period, if any, (for example, those who resigned part way through the financial period)

| Name | Dates acted if not for whole year |
|------|-----------------------------------|
|      |                                   |

## Structure, governance and management

### Type of governing document

Lightaware is a Scottish Charitable Incorporated Organisation (SCIO) and is governed by a constitution. The charity is a membership organisation and adopted a new constitution, based on the SCVO model at our AGM in 2023.

### Trustee recruitment and appointment

- 18 The board may at any time appoint any person to be a charity trustee - by way of a resolution passed by majority vote at a board meeting.
- 19 At the conclusion of the first AGM, one third (to the nearest round number) of the charity trustees shall retire from office; the question of which of them is to retire shall be determined by some random method.
- 20 At the conclusion of each AGM (other than the first)
- 20.1 any charity trustees appointed during the period since the preceding AGM (but excluding those re-appointed under clause 22 during that period) shall retire from office;
- 20.2 out of the remaining charity trustees, one third (to the nearest round number) shall retire from office.
- 21 The charity trustees to retire under paragraph 20.2 shall be those who have been longest in office since they were last appointed or re-appointed; as between persons who were last appointed/re-appointed on the same date, the question of which of them is to retire shall be determined by some random method.
- 22 A charity trustee who retires from office under clause 19 or 20 at the conclusion of an AGM shall be eligible for re-appointment under clause 18 at the next board meeting.
- 23 A charity trustee vacating office at the conclusion of an AGM will be deemed to have been re-elected at the board meeting which next follows unless:
- 23.1 he/she advises the board that he/she does not wish to be re-appointed; or
- 23.2 a resolution for the re-appointment of that charity trustee was put to the board meeting and was not carried.

## Objectives and activities

### Charitable purposes

LightAware's purposes are:

- To raise awareness about the effects of artificial lighting on human health and wellbeing.
- To stimulate discussion and investigation into the effects of artificial lighting on human health and wellbeing.
- The promotion of equality and diversity through encouraging provision of access to civic life for those excluded by sensitivity to artificial lighting.

### Summary of the main activities in relation to these objects

1. The provision of an up-to-date website to provide information and assistance to people suffering from health problems associated with lighting.
2. Attending conferences and meetings to promote knowledge and awareness of about the effects of artificial lighting on human health and wellbeing.
3. Responding to consultations and lobbying the EU, UK and Scottish Governments on behalf of people excluded from civic life by sensitivity to artificial lighting.
4. We distribute wallet-sized plastic LightAware cards for light-sensitive people to carry to help enable access. Our supporters have found carrying these cards invaluable for easier communication when requesting lighting to be switched off or altered.
5. LightAware facilitates a telephone mutual support group. People with light sensitivity can often feel isolated and the LightAware Telephone mutual support group aims to provide an opportunity to have informal discussions and friendly chat in a safe environment.

## APPENDIX 1

### Achievements and performance

#### Summary of the main achievements of the charity during the financial period

In May, members of the LightAware team met in the Lake District for a team get together. We try to meet at this time of year to maximise daylight and so to make travelling easier for those who struggle with artificial lighting. In the evening, the night sky filled with light from the Aurora Borealis. The northern lights were visible from our base near Keswick – as they were from much of the UK that night. It was the first time many of us had seen it and we were treated to an amazing display. It was appropriate to be celebrating the beauty of natural light while planning our campaigns against too-much and too-bright artificial light. We developed a plan for continuing our vital work in liaising with the UK governments about legislation affecting light sensitive individuals., developing resources to help light-disabled people, political engagement, campaigning and advocacy.

In July, LightAware attended a meeting with CPRE, the Countryside Charity and others to discuss how we can work together to protect the night sky from light pollution. Meanwhile, we continue our work to protect people from artificial light that is not fit for purpose and campaigning for safe

#### The lightbulb exemption

We campaigned hard for an exemption at EU level for those who need incandescent or halogen lighting to be able to continue to use them. This exemption has been carried into UK law, and the government department BEIS (Department for Business, Energy and Industrial Strategy) has stated that:

“ There is an exemption built into the legislation to allow people who are photo-sensitive to purchase alternative light sources via medical prescriptions. Non-LED light sources such as incandescent bulbs will continue to be provided specifically for use by photo-sensitive consumers. These can be obtained from pharmacies and other authorised selling points such as suppliers of disability products.”

However, LightAware supporters have told us that their GPs and pharmacists are unaware of these provisions. We have written to representatives of BEIS calling for clarity on this process and have received the response that the issue is being given ‘due consideration’ but without any details yet. The current focus is on planning to raise energy performance standards from 120 lumens/watt from 2023 and 140 lumens/watt from 2025.

LightAware has responded again asking for clarification, including whether there will be prescription charges or whether the NHS will cover this. Also, whether the exemption will be available to employers to provide access to workplaces. In November, LightAware will be attended a general stakeholder meeting with BEIS on the Energy-related Products Framework, to draw attention to these issues. We have continued to lobby and meet with representatives of BEIS and their successor department the Department of Energy Security and Net Zero (DENZ) to make the exemption workable.

#### LightAware card

We have continued and expanded our distribution of wallet-sized plastic cards for light-sensitive people to carry to help enable access. Our supporters have found carrying these cards invaluable for easier communication when requesting lighting to be switched off or altered. The charity receives regular requests for these cards from members of the UK public who suffer adverse reactions to new forms of lighting, including fluorescent and LED lighting. Now working with our German Ambassador we have launched a German Language version of the LightAware Card. We hope that this card will be equally helpful to light sensitive people in Germany.

#### Telephone mutual support group

People with light sensitivity can often feel isolated and LightAware aims to provide those with an opportunity to have informal discussions and friendly chat in a safe environment. LightAware facilitates a telephone mutual support group on the first Tuesday mornings of the month from 10am to 11am. The aim of the support group is to provide a place to discuss light sensitivity and to provide sufferers with a safe place to talk to others in similar situations.

#### Improved access to eye tests

LightAware has negotiated improved access to eye tests for light-sensitive people. Members have told us that they have been unable to get their eyes tested because some of the eye health checks required them to have lights shone into their eyes. This would have risked causing severe and long-lasting reactions. Declining part of the test led to some

optometrists refusing to undertake any testing at all.

Optometrists believed they were following guidance that a minimum level of eye health check had to be undertaken. Some LightAware members have also been unable to access opticians' premises because they would not turn off problematic lighting or provide a suitable unlit area.

To pursue this, members of the LightAware team have had constructive discussions with representatives of the General Optical Council (GOC), who regulate around half of optical businesses in the UK. As a result, the regulator's Chief Executive's report (Page 249, paragraphs 60 to 63), sent to all regulated businesses, now sets out clear expectations for optometrists to make reasonable adjustments for light-sensitive people, in line with equalities legislation and the GOC's standards of practice.

We are grateful to the General Optical Council for constructive discussions and taking action so promptly. Their advice to opticians should improve responsiveness to light-sensitive people within the optical businesses they regulate. We would be grateful if you could let us know of your experiences, both good and bad, about access to eye tests.

### **Vehicle Headlights Campaign**

On 16 January 2024, a group led by [REDACTED] met with the Department for Transport at their offices in Whitehall to discuss their concerns about vehicle headlights with the UK Government. As well as LightAware, the group included representatives from the House of Lords, the RAC, the College of Optometrists and IAM RoadSmart. The meeting was with the Parliamentary Under-Secretary of State [REDACTED], Department for Transport officials, and engineers from the International Vehicle Standards Team.

[REDACTED] from LightAware's representative on the team explained the development of LED technology in recent years and how LEDs differ greatly from halogen lighting, and that manufacturers are making lights smaller and bluer compared to previous headlights. The representative from the College of Optometrists explained that an increasing number of patients across all age groups are reporting being dazzled, including younger patients who have recently started driving. LightAware has been attending meetings with [REDACTED], the RAC, and the College of Optometrists and other groups to confront the issue of blinding vehicle headlights. LightAware has been an important part of this group, drafting the report 'Modern Vehicle Headlights Dazzle Drivers and may compromise Road Safety', and drafting a submission to the Department of Transport suggesting what should be covered in their review of vehicle lighting.

LightAware's work on dazzling car headlights was also discussed in the UK parliament in May during a Westminster Hall debate on glaring headlights. Several MPs expressed the concerns of themselves and their constituents, describing 'discomforting glare'. The debate was led by Cleethorpes MP [REDACTED] who quoted LightAware's contribution to the vehicle headlights report agreeing that legal limits should be set for blue light in headlights and that a national body should fund research on the discomfort caused.

The new UK Labour Government commissioned research, promised by the previous government, into problems of headlight glare. This is being undertaken by TRL Limited. A LightAware representative attended a stakeholder workshop with TRL in early October. The meeting was very positive and a number of points were made by attendees, which supported the arguments LightAware have been making for the past few years - that modern vehicle headlights are too bright, and there is a particular problem with SUVs. As well as doing fieldwork research, TRL are undertaking a review of scientific evidence to make sure that the project builds a comprehensive understanding of the topic.

### **Our first members meeting**

Our first LightAware members meeting was held on 25 September 2024 via Zoom. At the meeting around 20 members from all the nations of the UK, the US, Denmark and Australia shared their experiences of LED street lighting, and of contacting local authorities about lighting problems. Despite the worldwide geographical spread of attendees there were several common themes, including:

- Ignorance of issues of light sensitivity by street lighting departments.
- Poor attitudes and an unwillingness to act to resolve complaints
- Not believing that complainants' problems were real
- Buck passing between local authorities and contractors.

LightAware is planning to draft a guidance on this, including advice on how to challenge councils. The meeting was extremely helpful in gathering people's experiences. We're hoping to include these in the document together with advice on how to tackle councils on this important issue.

## Fundraising

Fundraising this year included a matched funding initiative where, thanks to a generous donor, every donation made to LightAware was matched, pound for pound, up to a total of £3,000. This raised £6,000 in total.

On Saturday 1st June 2024 a group of LightAware supporters crossed Morecambe Bay together to raise money for LightAware. The Cross Bay Walk was led by [REDACTED] King's Guide to the Sands and entailed walking about 7 miles across the mud flats of Morecambe Bay and fording the river Kent to make the journey between Arnside and Grange over Sands in Cumbria. £500 was raised for LightAware and a wonderful time was had by all.

One of our supporter [REDACTED] set herself a challenge to run 1000km to raise funds for LightAware. It took a great deal of mental and physical strength and determination but she did it, raising hundreds of pounds for LightAware in the process.

## Financial review

**Brief statement of the charity's policy on reserves**

The charity does not have reserves.

**Details of any deficit**

There is no deficit

**Donated facilities and services (if any)**

None

## APPENDIX 1

### Other optional information

N/A

## Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signed on behalf of the charity's trustees

Signature(s)

Full name(s)

Position (e.g. Chair)

Date

|  |              |              |
|--|--------------|--------------|
|  | [REDACTED]   |              |
|  |              |              |
|  | Chair        | Treasurer    |
|  | 12 June 2025 | 12 June 2025 |

## APPENDIX 3

Scottish Charity Regulator

**Independent examiner's report on the accounts**

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| <b>Report to the trustees/members of</b>                    | Charity name<br>LightAware                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |      |                   |     |          |                 |  |  |     |       |      |    |     |       |      |   |          |      |  |    |          |      |
|-------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------|-------------------|-----|----------|-----------------|--|--|-----|-------|------|----|-----|-------|------|---|----------|------|--|----|----------|------|
| <b>Registered charity number</b>                            | SC046160                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |      |                   |     |          |                 |  |  |     |       |      |    |     |       |      |   |          |      |  |    |          |      |
| <b>On the accounts of the charity for the period</b>        | <table border="0"> <tr> <th colspan="3">Period start date</th> <th colspan="3">Period end date</th> </tr> <tr> <th>Day</th> <th>Month</th> <th>Year</th> <th>to</th> <th>Day</th> <th>Month</th> <th>Year</th> </tr> <tr> <td>1</td> <td>DECEMBER</td> <td>2023</td> <td></td> <td>30</td> <td>NOVEMBER</td> <td>2024</td> </tr> </table>                                                                                                                                                                                                                                                                                                                                                                                                                                           |      | Period start date |     |          | Period end date |  |  | Day | Month | Year | to | Day | Month | Year | 1 | DECEMBER | 2023 |  | 30 | NOVEMBER | 2024 |
| Period start date                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |      | Period end date   |     |          |                 |  |  |     |       |      |    |     |       |      |   |          |      |  |    |          |      |
| Day                                                         | Month                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | Year | to                | Day | Month    | Year            |  |  |     |       |      |    |     |       |      |   |          |      |  |    |          |      |
| 1                                                           | DECEMBER                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | 2023 |                   | 30  | NOVEMBER | 2024            |  |  |     |       |      |    |     |       |      |   |          |      |  |    |          |      |
| <b>Set out on pages</b>                                     | 1 to 11<br><small>(remember to include the page numbers of additional sheets)</small>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |      |                   |     |          |                 |  |  |     |       |      |    |     |       |      |   |          |      |  |    |          |      |
| <b>Respective responsibilities of trustees and examiner</b> | <p>The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.</p>                                                                                                                                                                                                                                      |      |                   |     |          |                 |  |  |     |       |      |    |     |       |      |   |          |      |  |    |          |      |
| <b>Basis of independent examiner's statement</b>            | <p>My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.</p>                                                                                                                                                                                 |      |                   |     |          |                 |  |  |     |       |      |    |     |       |      |   |          |      |  |    |          |      |
| <b>Independent examiner's statement</b>                     | <p>In the course of my examination, no matter has come to my attention</p> <ol style="list-style-type: none"> <li>1. which gives me reasonable cause to believe that in any material respect the requirements:           <ul style="list-style-type: none"> <li>• to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and</li> <li>• to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations</li> </ul> </li> </ol> <p>have not been met, or</p> <ol style="list-style-type: none"> <li>2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.</li> </ol> |      |                   |     |          |                 |  |  |     |       |      |    |     |       |      |   |          |      |  |    |          |      |

Signed\*\*:

Date: 14/08/2025

Name:

 Relevant professional  
 qualification(s) or body  
 (if any):

Address:

\*Please delete the words in the brackets if they do not apply. If the words do apply, set out those matters which have come to your attention on the following page.

\*\* OSCR will accept digital or typed signatures

LightAware

SC046160



| Receipts and payments accounts |                   |          |      |    |                 |          |      |
|--------------------------------|-------------------|----------|------|----|-----------------|----------|------|
| For the period<br>from         | Period start date |          |      | to | Period end date |          |      |
|                                | Day               | Month    | Year |    | Day             | Month    | Year |
|                                | 1                 | December | 2023 |    | 30              | November | 2024 |

## Section A Statement of receipts and payments

|                                                               | Unrestricted funds<br>to nearest £ | Restricted funds<br>to nearest £ | Expendable endowment funds<br>to nearest £ | Permanent endowment funds<br>to nearest £ | Total funds current period<br>to nearest £ | Total funds last period<br>to nearest £ |
|---------------------------------------------------------------|------------------------------------|----------------------------------|--------------------------------------------|-------------------------------------------|--------------------------------------------|-----------------------------------------|
| <b>A1 Receipts</b>                                            |                                    |                                  |                                            |                                           |                                            |                                         |
| Donations                                                     | 11,882                             |                                  |                                            |                                           | 11,882                                     | 10,637                                  |
| Legacies                                                      |                                    |                                  |                                            |                                           | -                                          | -                                       |
| Grants                                                        |                                    |                                  |                                            |                                           | -                                          | -                                       |
| Receipts from fundraising activities                          |                                    |                                  |                                            |                                           | -                                          |                                         |
| Gross trading receipts                                        |                                    |                                  |                                            |                                           | -                                          |                                         |
| Income from investments other than land and buildings         |                                    |                                  |                                            |                                           | -                                          |                                         |
| Rents from land & buildings                                   |                                    |                                  |                                            |                                           | -                                          |                                         |
| Gross receipts from other charitable activities               |                                    |                                  |                                            |                                           | -                                          |                                         |
|                                                               |                                    |                                  |                                            |                                           | -                                          |                                         |
| <b>A1 Sub total</b>                                           | <b>11,882</b>                      | <b>-</b>                         | <b>-</b>                                   | <b>-</b>                                  | <b>11,882</b>                              | <b>10,637</b>                           |
| <b>A2 Receipts from asset &amp; investment sales</b>          |                                    |                                  |                                            |                                           |                                            |                                         |
| Proceeds from sale of fixed assets                            |                                    |                                  |                                            |                                           | -                                          |                                         |
| Proceeds from sale of investments                             |                                    |                                  |                                            |                                           | -                                          |                                         |
| <b>A2 Sub total</b>                                           | <b>-</b>                           | <b>-</b>                         | <b>-</b>                                   | <b>-</b>                                  | <b>-</b>                                   | <b>-</b>                                |
| <b>Total receipts</b>                                         | <b>11,882</b>                      | <b>-</b>                         | <b>-</b>                                   | <b>-</b>                                  | <b>11,882</b>                              | <b>10,637</b>                           |
| <b>A3 Payments</b>                                            |                                    |                                  |                                            |                                           |                                            |                                         |
| Expenses for fundraising activities                           |                                    |                                  |                                            |                                           | -                                          |                                         |
| Gross trading payments                                        |                                    |                                  |                                            |                                           | -                                          |                                         |
| Investment management costs                                   |                                    |                                  |                                            |                                           | -                                          |                                         |
| Payments relating directly to charitable activities           | 12,399                             |                                  |                                            |                                           | 12,399                                     | 19,618                                  |
| Grants and donations                                          |                                    |                                  |                                            |                                           | -                                          |                                         |
| Governance costs:                                             |                                    |                                  |                                            |                                           | -                                          |                                         |
| Audit / independent examination                               |                                    |                                  |                                            |                                           | -                                          |                                         |
| Preparation of annual accounts                                |                                    |                                  |                                            |                                           | -                                          |                                         |
| Legal costs                                                   |                                    |                                  |                                            |                                           | -                                          |                                         |
| Other                                                         |                                    |                                  |                                            |                                           | -                                          |                                         |
|                                                               |                                    |                                  |                                            |                                           | -                                          |                                         |
| <b>A3 Sub total</b>                                           | <b>12,399</b>                      | <b>-</b>                         | <b>-</b>                                   | <b>-</b>                                  | <b>12,399</b>                              | <b>19,618</b>                           |
| <b>A4 Payments relating to asset and investment movements</b> |                                    |                                  |                                            |                                           |                                            |                                         |
| Purchases of fixed assets                                     |                                    |                                  |                                            |                                           | -                                          |                                         |
| Purchase of investments                                       |                                    |                                  |                                            |                                           | -                                          |                                         |
| <b>A4 Sub total</b>                                           | <b>-</b>                           | <b>-</b>                         | <b>-</b>                                   | <b>-</b>                                  | <b>-</b>                                   | <b>-</b>                                |
| <b>Total payments</b>                                         | <b>12,399</b>                      | <b>-</b>                         | <b>-</b>                                   | <b>-</b>                                  | <b>12,399</b>                              | <b>19,618</b>                           |
| <b>Net receipts / (payments)</b>                              | <b>(517)</b>                       | <b>-</b>                         | <b>-</b>                                   | <b>-</b>                                  | <b>(517)</b>                               | <b>(8,981)</b>                          |
| <b>A5 Transfers to / (from) funds</b>                         |                                    |                                  |                                            |                                           |                                            |                                         |
|                                                               |                                    |                                  |                                            |                                           | -                                          |                                         |
| <b>Surplus / (deficit) for year</b>                           | <b>(517)</b>                       | <b>-</b>                         | <b>-</b>                                   | <b>-</b>                                  | <b>(517)</b>                               | <b>(8,981)</b>                          |

## Section B Statement LightAware

| Categories    | Details                                                    | Unrestricted funds<br>to nearest £ | Restricted funds<br>to nearest £ | Expendable endowment funds<br>to nearest £ | Permanent endowment funds<br>to nearest £ | Total current period<br>to nearest £ | Total last period<br>to nearest £ |
|---------------|------------------------------------------------------------|------------------------------------|----------------------------------|--------------------------------------------|-------------------------------------------|--------------------------------------|-----------------------------------|
| B1 Cash funds | Cash and bank balances at start of year                    | 1,760                              |                                  |                                            |                                           | 1,760                                | 10,742                            |
|               | Surplus / (deficit) shown on receipts and payments account | (517)                              |                                  |                                            |                                           | (517)                                | (8,981)                           |
|               |                                                            |                                    |                                  |                                            |                                           | -                                    |                                   |
|               |                                                            |                                    |                                  |                                            |                                           | -                                    |                                   |
|               | Cash and bank balances at end of year                      | 1,243                              | -                                | -                                          | -                                         | 1,243                                | 1,761                             |
|               | (Agree balances with receipts and payments account(s))     | - 0                                | -                                | -                                          | -                                         | - 0                                  | -                                 |

|                | Details | Fund to which asset belongs | Market valuation<br>to nearest £ | Last year<br>to nearest £ |
|----------------|---------|-----------------------------|----------------------------------|---------------------------|
| B2 Investments |         |                             |                                  |                           |
|                |         |                             |                                  |                           |
|                |         |                             |                                  |                           |
|                |         |                             |                                  |                           |
|                |         |                             |                                  |                           |
|                |         | Total                       | -                                | -                         |

|                 | Details | Fund to which asset belongs | Cost (if available)<br>to nearest £ | Current value (if available)<br>to nearest £ | Last year<br>to nearest £ |
|-----------------|---------|-----------------------------|-------------------------------------|----------------------------------------------|---------------------------|
| B3 Other assets |         |                             |                                     |                                              |                           |
|                 |         |                             |                                     |                                              |                           |
|                 |         |                             |                                     |                                              |                           |
|                 |         |                             |                                     |                                              |                           |
|                 |         |                             |                                     |                                              |                           |
|                 |         |                             |                                     |                                              |                           |
|                 |         |                             |                                     |                                              |                           |
|                 |         |                             |                                     |                                              |                           |
|                 |         |                             |                                     |                                              |                           |
|                 |         |                             |                                     |                                              |                           |
|                 |         | Total                       | -                                   | -                                            | -                         |

|                | Details | Fund to which liability relates | Amount due<br>to nearest £ | Last year<br>to nearest £ |
|----------------|---------|---------------------------------|----------------------------|---------------------------|
| B4 Liabilities |         |                                 |                            |                           |
|                |         |                                 |                            |                           |
|                |         |                                 |                            |                           |
|                |         |                                 |                            |                           |
|                |         |                                 |                            |                           |
|                |         | Total                           | -                          | -                         |

|                           | Details | Fund to which liability relates | Amount due (estimate)<br>to nearest £ | Last year<br>to nearest £ |
|---------------------------|---------|---------------------------------|---------------------------------------|---------------------------|
| B5 Contingent liabilities |         |                                 |                                       |                           |
|                           |         |                                 |                                       |                           |
|                           |         |                                 |                                       |                           |
|                           |         | Total                           | -                                     | -                         |

Signed by one or two trustees  
on behalf of all the trustees

Signature

Print Name

Date of  
approval

12 June 2025

13 June 2025

## Section C Notes to the Accounts

### C1 Nature and purpose of funds (may be stated on analysis of funds worksheets)

#### Charitable Objectives

To raise awareness about the effects of artificial lighting on human health and wellbeing.  
To stimulate discussion and investigation into the effects of artificial lighting on human health and wellbeing.  
The promotion of equality and diversity through encouraging provision of access to civic life for those excluded by sensitivity to artificial lighting.

### C2 Grants

| Type of activity or project supported | Individual / institution | Number of grants made | £ |
|---------------------------------------|--------------------------|-----------------------|---|
|                                       |                          |                       |   |
|                                       |                          |                       |   |
|                                       |                          |                       |   |
|                                       |                          |                       |   |
|                                       |                          |                       |   |
| Total                                 |                          |                       | - |

### C3a Trustee remuneration

|                                                                                                                                                      |   |
|------------------------------------------------------------------------------------------------------------------------------------------------------|---|
| If no remuneration was paid during the period to any charity trustee or person connected to a trustee cross this box (otherwise complete section 3b) | X |
|------------------------------------------------------------------------------------------------------------------------------------------------------|---|

### C3b Trustee remuneration - details

| Authority under which paid | £ |
|----------------------------|---|
|                            |   |
|                            |   |
|                            |   |
|                            |   |
|                            |   |

### C4a Trustee expenses

|                                                                                                                       |   |
|-----------------------------------------------------------------------------------------------------------------------|---|
| If no expenses were paid to any charity trustee during the period then cross this box (otherwise complete section 4b) | X |
|-----------------------------------------------------------------------------------------------------------------------|---|

### C4b Trustee expenses - details

|  | Number of trustees | £ |
|--|--------------------|---|
|  |                    |   |
|  |                    |   |
|  |                    |   |
|  |                    |   |
|  |                    |   |

### C5 Transactions with trustees and connected persons

| Nature of relationship | Nature of transaction | Transaction amount (£) | Balance outstanding at period end (£) |
|------------------------|-----------------------|------------------------|---------------------------------------|
|                        |                       |                        |                                       |
|                        |                       |                        |                                       |
|                        |                       |                        |                                       |
|                        |                       |                        |                                       |
|                        |                       |                        |                                       |

### C6 Other information

## Additional analysis (1)

### Analysis of receipts and payments

#### 1 Donations

|              | Unrestricted funds<br>to nearest £ | Restricted funds<br>to nearest £ | Expendable<br>endowment<br>funds<br>to nearest £ | Permanent<br>endowment<br>funds<br>to nearest £ | Total current<br>period<br>to nearest £ | Total last period<br>to nearest £ |
|--------------|------------------------------------|----------------------------------|--------------------------------------------------|-------------------------------------------------|-----------------------------------------|-----------------------------------|
|              | 11,882                             |                                  |                                                  |                                                 | 11,882                                  | 10,637                            |
|              |                                    |                                  |                                                  |                                                 | -                                       |                                   |
|              |                                    |                                  |                                                  |                                                 | -                                       |                                   |
|              |                                    |                                  |                                                  |                                                 | -                                       |                                   |
| <b>Total</b> | <b>11,882</b>                      | <b>-</b>                         | <b>-</b>                                         | <b>-</b>                                        | <b>11,882</b>                           | <b>10,637</b>                     |
|              | -                                  | -                                | -                                                | -                                               | -                                       | -                                 |

#### 2 Grants

|              | Unrestricted funds<br>to nearest £ | Restricted funds<br>to nearest £ |  |  | Total current<br>period<br>to nearest £ | Total last period<br>to nearest £ |
|--------------|------------------------------------|----------------------------------|--|--|-----------------------------------------|-----------------------------------|
|              |                                    |                                  |  |  | -                                       |                                   |
|              |                                    |                                  |  |  | -                                       |                                   |
|              |                                    |                                  |  |  | -                                       |                                   |
|              |                                    |                                  |  |  | -                                       |                                   |
| <b>Total</b> | <b>-</b>                           | <b>-</b>                         |  |  | <b>-</b>                                | <b>-</b>                          |
|              | -                                  | -                                |  |  | -                                       | -                                 |

#### 3 Gross receipts from other charitable activities

|                                      | Unrestricted funds<br>to nearest £ | Restricted funds<br>to nearest £ | Expendable<br>endowment<br>funds<br>to nearest £ | Permanent<br>endowment<br>funds<br>to nearest £ | Total current<br>period<br>to nearest £ | Total last period<br>to nearest £ |
|--------------------------------------|------------------------------------|----------------------------------|--------------------------------------------------|-------------------------------------------------|-----------------------------------------|-----------------------------------|
| Receipts from Fundraising Activities |                                    |                                  |                                                  |                                                 | -                                       |                                   |
|                                      |                                    |                                  |                                                  |                                                 | -                                       |                                   |
|                                      |                                    |                                  |                                                  |                                                 | -                                       |                                   |
|                                      |                                    |                                  |                                                  |                                                 | -                                       |                                   |
|                                      |                                    |                                  |                                                  |                                                 | -                                       |                                   |
|                                      |                                    |                                  |                                                  |                                                 | -                                       |                                   |
|                                      |                                    |                                  |                                                  |                                                 | -                                       |                                   |
| <b>Total</b>                         | <b>-</b>                           | <b>-</b>                         | <b>-</b>                                         | <b>-</b>                                        | <b>-</b>                                | <b>-</b>                          |
|                                      | -                                  | -                                | -                                                | -                                               | -                                       | -                                 |

#### 4 Payments relating directly to charitable activities

|                                            | Unrestricted funds<br>to nearest £ | Restricted funds<br>to nearest £ | Expendable<br>endowment<br>funds<br>to nearest £ | Permanent<br>endowment<br>funds<br>to nearest £ | Total current<br>period<br>to nearest £ | Total last period<br>to nearest £ |
|--------------------------------------------|------------------------------------|----------------------------------|--------------------------------------------------|-------------------------------------------------|-----------------------------------------|-----------------------------------|
| Bank Account fees                          | 60                                 |                                  |                                                  |                                                 | 60                                      | 60                                |
| Printing                                   | 356                                |                                  |                                                  |                                                 | 356                                     | -                                 |
| Specialist work excluding new website      | 9,941                              |                                  |                                                  |                                                 | 9,941                                   | 10,546                            |
| Old website and IT                         |                                    |                                  |                                                  |                                                 | -                                       | 1,405                             |
| Zoom Licence                               | 156                                |                                  |                                                  |                                                 | 156                                     | 144                               |
| Production of promotional materials        |                                    |                                  |                                                  |                                                 | -                                       | 553                               |
| SCVO (training 2023, advertising 2022)     |                                    |                                  |                                                  |                                                 | -                                       | 115                               |
| Photographic Library                       | 274                                |                                  |                                                  |                                                 | 274                                     | 274                               |
| New website design (50% of cost)           |                                    |                                  |                                                  |                                                 | -                                       | 2,385                             |
| Registration with information commissioner | 40                                 |                                  |                                                  |                                                 | 40                                      | 40                                |
| Website content                            | 1,572                              |                                  |                                                  |                                                 | 1,572                                   | 4,096                             |
| <b>Total</b>                               | <b>12,399</b>                      | <b>-</b>                         | <b>-</b>                                         | <b>-</b>                                        | <b>12,399</b>                           | <b>19,618</b>                     |
|                                            | -                                  | -                                | -                                                | -                                               | -                                       | -                                 |

## Additional analysis (2)

### 5 Breakdown of unrestricted funds

|                                                            | Unrestricted<br>fund 1 - enter<br>name of fund<br>below | Unrestricted<br>fund 2 - enter<br>name of fund<br>below | Unrestricted<br>fund 3 - enter<br>name of fund<br>below | Unrestricted<br>fund 4 - enter<br>name of fund<br>below | Total<br>unrestricted<br>funds | Total<br>unrestricted<br>funds last period |
|------------------------------------------------------------|---------------------------------------------------------|---------------------------------------------------------|---------------------------------------------------------|---------------------------------------------------------|--------------------------------|--------------------------------------------|
| <b>Receipts</b>                                            |                                                         |                                                         |                                                         |                                                         |                                |                                            |
| Donations                                                  | 11,882                                                  |                                                         |                                                         |                                                         | 11,882                         | 10,637                                     |
| Legacies                                                   |                                                         |                                                         |                                                         |                                                         | -                              |                                            |
| Grants                                                     |                                                         |                                                         |                                                         |                                                         | -                              |                                            |
| Receipts from fundraising activities                       |                                                         |                                                         |                                                         |                                                         | -                              |                                            |
| Gross trading receipts                                     |                                                         |                                                         |                                                         |                                                         | -                              |                                            |
| Income from investments other than land and buildings      |                                                         |                                                         |                                                         |                                                         | -                              |                                            |
| Rents from land & buildings                                |                                                         |                                                         |                                                         |                                                         | -                              |                                            |
| Gross receipts from other charitable activities            |                                                         |                                                         |                                                         |                                                         | -                              |                                            |
| <b>Sub total</b>                                           | <b>11,882</b>                                           | -                                                       | -                                                       | -                                                       | <b>11,882</b>                  | <b>10,637</b>                              |
| <b>Receipts from asset &amp; investment sales</b>          |                                                         |                                                         |                                                         |                                                         |                                |                                            |
| Proceeds from sale of fixed assets                         |                                                         |                                                         |                                                         |                                                         | -                              |                                            |
| Proceeds from sale of investments                          |                                                         |                                                         |                                                         |                                                         | -                              |                                            |
| <b>Sub total</b>                                           | -                                                       | -                                                       | -                                                       | -                                                       | -                              | -                                          |
| <b>Total receipts</b>                                      | <b>11,882</b>                                           | -                                                       | -                                                       | -                                                       | <b>11,882</b>                  | <b>10,637</b>                              |
| <b>Payments</b>                                            |                                                         |                                                         |                                                         |                                                         |                                |                                            |
| Expenses for fundraising activities                        |                                                         |                                                         |                                                         |                                                         | -                              |                                            |
| Gross trading payments                                     |                                                         |                                                         |                                                         |                                                         | -                              |                                            |
| Investment management costs                                |                                                         |                                                         |                                                         |                                                         | -                              |                                            |
| Payments relating directly to charitable activities        | 12,399                                                  |                                                         |                                                         |                                                         | 12,399                         | 19,618                                     |
| Grants and donations                                       |                                                         |                                                         |                                                         |                                                         | -                              |                                            |
| Governance costs:                                          |                                                         |                                                         |                                                         |                                                         | -                              |                                            |
| Audit / independent examination                            |                                                         |                                                         |                                                         |                                                         | -                              |                                            |
| Preparation of annual accounts                             |                                                         |                                                         |                                                         |                                                         | -                              |                                            |
| Legal costs                                                |                                                         |                                                         |                                                         |                                                         | -                              |                                            |
| <b>Sub total</b>                                           | <b>12,399</b>                                           | -                                                       | -                                                       | -                                                       | <b>12,399</b>                  | <b>19,618</b>                              |
| <b>Payments relating to asset and investment movements</b> |                                                         |                                                         |                                                         |                                                         |                                |                                            |
| Purchases of fixed assets                                  |                                                         |                                                         |                                                         |                                                         | -                              |                                            |
| Purchase of investments                                    |                                                         |                                                         |                                                         |                                                         | -                              |                                            |
| <b>Sub total</b>                                           | -                                                       | -                                                       | -                                                       | -                                                       | -                              | -                                          |
| <b>Total payments</b>                                      | <b>12,399</b>                                           | -                                                       | -                                                       | -                                                       | <b>12,399</b>                  | <b>19,618</b>                              |
| <b>Net receipts / (payments)</b>                           | <b>(517)</b>                                            | -                                                       | -                                                       | -                                                       | <b>(517)</b>                   | <b>(8,981)</b>                             |
| <b>Transfers to / (from) funds</b>                         |                                                         |                                                         |                                                         |                                                         | -                              |                                            |
| <b>Surplus / (deficit) for year</b>                        | <b>(517)</b>                                            | -                                                       | -                                                       | -                                                       | <b>(517)</b>                   | <b>(8,981)</b>                             |
| <b>Nature and purpose of funds</b>                         |                                                         |                                                         |                                                         |                                                         |                                |                                            |

### Additional analysis (3)

#### 6 Breakdown of restricted funds

|                                                            | Restricted fund<br>1 - enter name of<br>fund below | Restricted fund<br>2 - enter name of<br>fund below | Restricted fund<br>3 - enter name of<br>fund below | Restricted fund<br>4 - enter name of<br>fund below | Total restricted<br>funds | Total restricted<br>funds last<br>period |
|------------------------------------------------------------|----------------------------------------------------|----------------------------------------------------|----------------------------------------------------|----------------------------------------------------|---------------------------|------------------------------------------|
| <b>Receipts</b>                                            |                                                    |                                                    |                                                    |                                                    |                           |                                          |
| Donations                                                  |                                                    |                                                    |                                                    |                                                    | -                         |                                          |
| Legacies                                                   |                                                    |                                                    |                                                    |                                                    | -                         |                                          |
| Grants                                                     |                                                    |                                                    |                                                    |                                                    | -                         |                                          |
| Receipts from fundraising activities                       |                                                    |                                                    |                                                    |                                                    | -                         |                                          |
| Gross trading receipts                                     |                                                    |                                                    |                                                    |                                                    | -                         |                                          |
| Income from investments other than land and buildings      |                                                    |                                                    |                                                    |                                                    | -                         |                                          |
| Rents from land & buildings                                |                                                    |                                                    |                                                    |                                                    | -                         |                                          |
| Gross receipts from other charitable activities            |                                                    |                                                    |                                                    |                                                    | -                         |                                          |
| <b>Sub total</b>                                           | -                                                  | -                                                  | -                                                  | -                                                  | -                         | -                                        |
| <b>Receipts from asset &amp; investment sales</b>          |                                                    |                                                    |                                                    |                                                    |                           |                                          |
| Proceeds from sale of fixed assets                         |                                                    |                                                    |                                                    |                                                    | -                         |                                          |
| Proceeds from sale of investments                          |                                                    |                                                    |                                                    |                                                    | -                         |                                          |
| <b>Sub total</b>                                           | -                                                  | -                                                  | -                                                  | -                                                  | -                         | -                                        |
| <b>Total receipts</b>                                      | -                                                  | -                                                  | -                                                  | -                                                  | -                         | -                                        |
| <b>Payments</b>                                            |                                                    |                                                    |                                                    |                                                    |                           |                                          |
| Expenses for fundraising activities                        |                                                    |                                                    |                                                    |                                                    | -                         |                                          |
| Gross trading payments                                     |                                                    |                                                    |                                                    |                                                    | -                         |                                          |
| Investment management costs                                |                                                    |                                                    |                                                    |                                                    | -                         |                                          |
| Payments relating directly to charitable activities        |                                                    |                                                    |                                                    |                                                    | -                         |                                          |
| Grants and donations                                       |                                                    |                                                    |                                                    |                                                    | -                         |                                          |
| Governance costs:                                          |                                                    |                                                    |                                                    |                                                    | -                         |                                          |
| Audit / independent examination                            |                                                    |                                                    |                                                    |                                                    | -                         |                                          |
| Preparation of annual accounts                             |                                                    |                                                    |                                                    |                                                    | -                         |                                          |
| Legal costs                                                |                                                    |                                                    |                                                    |                                                    | -                         |                                          |
|                                                            |                                                    |                                                    |                                                    |                                                    | -                         |                                          |
| <b>Sub total</b>                                           | -                                                  | -                                                  | -                                                  | -                                                  | -                         | -                                        |
| <b>Payments relating to asset and investment movements</b> |                                                    |                                                    |                                                    |                                                    |                           |                                          |
| Purchases of fixed assets                                  |                                                    |                                                    |                                                    |                                                    | -                         |                                          |
| Purchase of investments                                    |                                                    |                                                    |                                                    |                                                    | -                         |                                          |
| <b>Sub total</b>                                           | -                                                  | -                                                  | -                                                  | -                                                  | -                         | -                                        |
| <b>Total payments</b>                                      | -                                                  | -                                                  | -                                                  | -                                                  | -                         | -                                        |
| <b>Net receipts / (payments)</b>                           | -                                                  | -                                                  | -                                                  | -                                                  | -                         | -                                        |
| <b>Transfers to / (from) funds</b>                         |                                                    |                                                    |                                                    |                                                    | -                         |                                          |
| <b>Surplus / (deficit) for year</b>                        | -                                                  | -                                                  | -                                                  | -                                                  | -                         | -                                        |
| <b>Nature and purpose of funds</b>                         |                                                    |                                                    |                                                    |                                                    |                           |                                          |
|                                                            |                                                    |                                                    |                                                    |                                                    |                           |                                          |