

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024
FOR
CHRIS'S HOUSE**

William Duncan (UK) Limited
Chartered Accountants
4d Auchingramont Road
Hamilton
ML3 6JT

**CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024**

	Page
Report of the Trustees	1 to 3
Independent Examiner's Report	4
Statement of Financial Activities	5
Statement of Financial Position	6
Notes to the Financial Statements	7 to 11
Detailed Statement of Financial Activities	12

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024**

The trustees present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

Chris's House stands for 'Centre of Help, Response and Intervention Surrounding Suicide'. The primary objective of Chris's House is to provide support and assistance to individuals who experience suicidal thoughts and feelings. We provide crisis interventions immediately by operating 24 hours a day for those in need. Thereafter, a tailored programme is offered to promote good health, both mental and physical. We achieve this by utilising psychological and mindfulness interventions by trained staff and volunteers in a safe place.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

The year ended 31st March 2024 was a positive one for Chris's House. We saw Chris's House return to its full service of face-to-face appointments and referrals with all employees and volunteers working from our main premises in Wishaw. We have continued to provide a high level of support with our teams fully engaged and committed to ensuring the safety and welfare of our guests.

Our main annual fundraiser events were again a huge success. We welcomed over 1500 people to our annual Walk of Hope and sold out our annual Chris's House Darkness into Light Charity Ball with over 450 people in attendance. We welcomed many new supporters and sponsors for both events.

Introduction to CH: 24

SafeTALK: 31, 5 External agencies

ASIST: 29

SMHFA: 14, 9 External agencies

Peer to Peer: 3

Naloxone: 16

Quotes from Thank You cards

"I want to thank you all so so so much for all the time, efforts, support, understanding and most importantly **hope!** You guys have it all in abundance and together, you have all saved my life.

I hope now that I leave/check-out as a guest, and going forward, that I have enough strength to succeed and push through those difficult times.

You have given me the tools.

Thank you all so much"

"I want to thank you for being there for me, helping me learn to love myself again and become the person that takes pride in himself once more.

Thank you for taking me away from the dark and bitterness of the past.

I am a long way from where I want to be, but with your guidance and support it has helped me understand it's ok to reach out for help and that I am not on this journey alone.

Thank you to everyone from the bottom of my heart".

Guest Feedback

"Helped me a lot with anxiety and panic. You gave me a chance to talk things through".

"Helped me become better at dealing with my emotions and feelings and how to cope".

"Learned my true value, that I matter, and I don't have to try to please the world".

CHRIS'S HOUSE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

FINANCIAL REVIEW

Financial position

The attached Statement of Financial Position shows the income and expenditure for the year generated by the group's activities. Income of £290,295 was made up of donations from members of the public and local businesses and fundraising events.

Expenditure from the restricted fund amounted to £9,540.

Unrestricted expenditure for the year totalled £269,271 which was primarily used for running costs and the refurbishment of premises, publicity and promotion sundries (this included provisions for the office which includes food, toiletries and other items which we have on hand for any guest who arrives and is in crisis). This resulted in net income of £11,484 for the year.

Reserves policy

Any funds we have will be used for ongoing running costs.

FUTURE PLANS

Over the next 12 months we will continue to grow Chris's House our main focus in the following year will be to secure premise in the Glasgow area.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Chris's House is a Scottish Charitable Incorporated Organisation, governed by its constitution.

Organisational structure

The business of the charity is directed by a board of trustees comprising between no less than 4, or more than 12 members, appointed by the members at the annual general meeting to serve for one year, all being eligible for re-election.

A chairperson, secretary and treasurer are appointed by the board of trustees; office bearers can serve for a year and are eligible to be re-elected.

REFERENCE AND ADMINISTRATIVE DETAILS

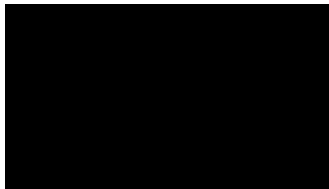
Registered Charity number

SC045583

Principal address



Trustees



Independent Examiner

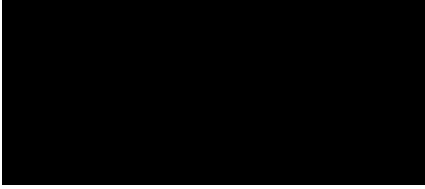


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CHRIS'S HOUSE

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024**

Approved by order of the board of trustees on 23 December 2024 and signed on its behalf by:



INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF CHRIS'S HOUSE

I report on the accounts for the year ended 31 March 2024 set out on pages five to eleven.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity's trustees consider that the audit requirement of Regulation 10(1)(a) to (c) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under Section 44(1)(c) of the Act and to state whether particular matters have come to my attention.

Basis of the independent examiner's report

My examination was carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

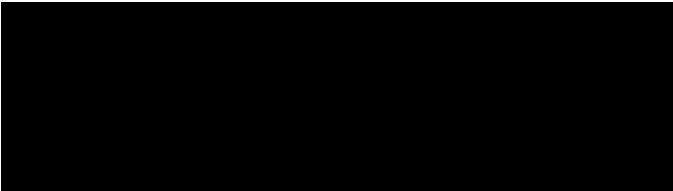
Independent examiner's statement

In connection with my examination, no matter has come to my attention :

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements
 - to keep accounting records in accordance with Section 44(1)(a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations; and
 - to prepare accounts which accord with the accounting records and to comply with Regulation 8 of the 2006 Accounts Regulations

have not been met; or

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



William Duncan (UK) Limited
Chartered Accountants
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ML3 6JT

23 December 2024

CHRIS'S HOUSE

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2024**

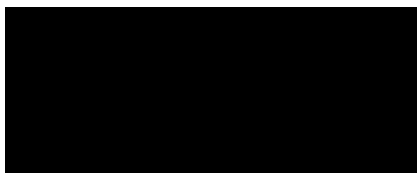
		Unrestricted fund £	Restricted fund £	31.3.24 Total funds £	31.3.23 Total funds £
INCOME AND ENDOWMENTS FROM	Notes				
Donations and legacies		65,450	-	65,450	57,931
Other trading activities	3	<u>224,845</u>	<u>-</u>	<u>224,845</u>	<u>239,648</u>
Total		<u>290,295</u>	<u>-</u>	<u>290,295</u>	<u>297,579</u>
EXPENDITURE ON					
Charitable activities					
Charitable		<u>269,271</u>	<u>9,540</u>	<u>278,811</u>	<u>271,067</u>
NET INCOME/(EXPENDITURE)		21,024	(9,540)	11,484	26,512
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>1,043,813</u>	<u>88,661</u>	<u>1,132,474</u>	<u>1,105,962</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>1,064,837</u></u>	<u><u>79,121</u></u>	<u><u>1,143,958</u></u>	<u><u>1,132,474</u></u>

The notes form part of these financial statements

CHRIS'S HOUSE**STATEMENT OF FINANCIAL POSITION
31 MARCH 2024**

		Unrestricted fund £	Restricted fund £	31.3.24 Total funds £	31.3.23 Total funds £
	Notes				
FIXED ASSETS					
Tangible assets	6	470,986	-	470,986	489,212
CURRENT ASSETS					
Cash at bank and in hand		611,827	79,121	690,948	653,933
CREDITORS					
Amounts falling due within one year	7	(17,976)	-	(17,976)	(10,671)
NET CURRENT ASSETS		<u>593,851</u>	<u>79,121</u>	<u>672,972</u>	<u>643,262</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>1,064,837</u>	<u>79,121</u>	<u>1,143,958</u>	<u>1,132,474</u>
NET ASSETS		<u><u>1,064,837</u></u>	<u><u>79,121</u></u>	<u><u>1,143,958</u></u>	<u><u>1,132,474</u></u>
FUNDS	8				
Unrestricted funds				1,064,837	1,043,813
Restricted funds				<u>79,121</u>	<u>88,661</u>
TOTAL FUNDS				<u><u>1,143,958</u></u>	<u><u>1,132,474</u></u>

The financial statements were approved by the Board of Trustees and authorised for issue on 23 December 2024 and were signed on its behalf by:



**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024**

1. STATUTORY INFORMATION

Chris's House is a Scottish Charitable Incorporated Organisation (SCIO), registered charity number SC045583.

The charity's registered number and registered office address can be found in the report of the trustees.

The presentation currency of the financial statements is the Pound Sterling (£).

2. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities and Trustee Investment (Scotland) Act 2005. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- 2% on cost
Motor vehicles	- 25% on cost

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Financial instruments

Basic financial instruments are recognised as follows:

(i) Debtors

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

2. ACCOUNTING POLICIES - continued

Financial instruments

Short term debtors are measured at transaction price, less any impairment. Loans receivable are measured initially at fair value, net of transaction costs, and are measured subsequently at amortised cost using the effective interest method less any impairment.

(ii) Cash and cash equivalents

Cash and cash equivalents include cash at bank and in hand.

Cash and cash equivalents are shown net of bank overdrafts, which are included as current borrowings in liabilities on the statement of financial position.

(iii) Creditors

Short term trade creditors are measured at the transaction price. Other financial liabilities, including bank loans, are measured initially at fair value, net of transaction costs, and are measured subsequently at amortised cost using the effective interest method.

Provisions for liabilities

The company recognises a provision for annual leave accrued by employees as a result of services rendered in the current period, and which employees are entitled to carry forward and use within the next 12 months. The provision is measured at the salary cost payable for the period of absence.

3. OTHER TRADING ACTIVITIES

	31.3.24	31.3.23
	£	£
Fundraising income	<u>224,845</u>	<u>239,648</u>

4. TRUSTEES' REMUNERATION AND BENEFITS

	31.3.24	31.3.23
	£	£
Trustees' salaries	<u>49,172</u>	<u>49,172</u>

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2024 nor for the year ended 31 March 2023.

5. AVERAGE NUMBER OF EMPLOYEES

The average number of employees was 5.

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

6. TANGIBLE FIXED ASSETS

	Freehold property £	Motor vehicles £	Totals £
COST			
At 1 April 2023 and 31 March 2024	<u>500,899</u>	<u>27,090</u>	<u>527,989</u>
DEPRECIATION			
At 1 April 2023	25,231	13,546	38,777
Charge for year	<u>11,453</u>	<u>6,773</u>	<u>18,226</u>
At 31 March 2024	<u>36,684</u>	<u>20,319</u>	<u>57,003</u>
NET BOOK VALUE			
At 31 March 2024	<u>464,215</u>	<u>6,771</u>	<u>470,986</u>
At 31 March 2023	<u>475,668</u>	<u>13,544</u>	<u>489,212</u>

7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.24 £	31.3.23 £
Trade creditors	150	80
Taxation and social security	16,386	9,151
Other creditors	<u>1,440</u>	<u>1,440</u>
	<u>17,976</u>	<u>10,671</u>

8. MOVEMENT IN FUNDS

	At 1.4.23 £	Net movement in funds £	At 31.3.24 £
Unrestricted funds			
General fund	1,043,813	21,024	1,064,837
Restricted funds			
Restricted	88,661	(9,540)	79,121
TOTAL FUNDS	<u>1,132,474</u>	<u>11,484</u>	<u>1,143,958</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

8. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	290,295	(269,271)	21,024
Restricted funds			
Restricted	-	(9,540)	(9,540)
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>290,295</u>	<u>(278,811)</u>	<u>11,484</u>

Comparatives for movement in funds

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
Unrestricted funds			
General fund	999,992	43,821	1,043,813
Restricted funds			
Restricted	105,970	(17,309)	88,661
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>1,105,962</u>	<u>26,512</u>	<u>1,132,474</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	297,579	(253,758)	43,821
Restricted funds			
Restricted	-	(17,309)	(17,309)
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>297,579</u>	<u>(271,067)</u>	<u>26,512</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

8. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.22 £	Net movement in funds £	At 31.3.24 £
Unrestricted funds			
General fund	999,992	64,845	1,064,837
Restricted funds			
Restricted	105,970	(26,849)	79,121
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>1,105,962</u>	<u>37,996</u>	<u>1,143,958</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	587,874	(523,029)	64,845
Restricted funds			
Restricted	-	(26,849)	(26,849)
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>587,874</u>	<u>(549,878)</u>	<u>37,996</u>

9. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2024.

CHRIS'S HOUSE**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2024**

	31.3.24 £	31.3.23 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	65,450	57,931
Other trading activities		
Fundraising income	<u>224,845</u>	<u>239,648</u>
Total incoming resources	290,295	297,579
EXPENDITURE		
Charitable activities		
Trustees' salaries	49,172	49,172
Wages and national insurance	51,398	75,230
Pensions	2,551	2,577
Rent and Insurance	10,674	9,290
Heat and light	10,352	10,159
Telephone	4,068	4,813
Postage and stationery	5,652	5,834
Caravan and mini bus expenses	5,904	5,843
Sundry expenses	8,900	13,197
Event expenses	45,494	30,052
Training expenses	850	1,499
Repairs and renewals	34,915	6,673
Volunteer expenses	15,477	9,619
Sessional costs	9,540	17,309
Cleaning expenses	4,609	3,605
Freehold property	11,453	11,453
Motor vehicles	<u>6,773</u>	<u>6,773</u>
	277,782	263,098
Support costs		
Governance costs		
Accountancy and legal fees	<u>1,029</u>	<u>7,969</u>
Total resources expended	<u>278,811</u>	<u>271,067</u>
Net income	<u>11,484</u>	<u>26,512</u>

This page does not form part of the statutory financial statements

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF CHRIS'S HOUSE

I report on the accounts for the year ended 31 March 2024 set out on pages five to eleven.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity's trustees consider that the audit requirement of Regulation 10(1)(a) to (c) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under Section 44(1)(c) of the Act and to state whether particular matters have come to my attention.

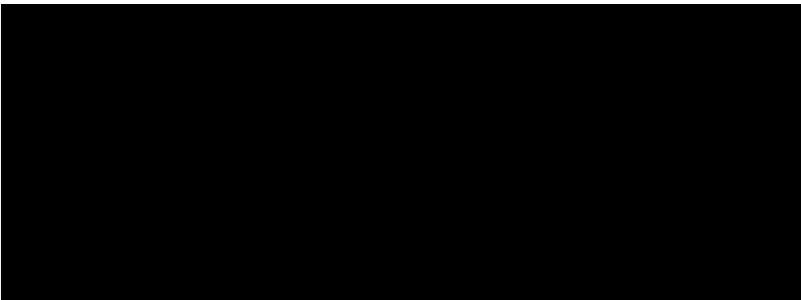
Basis of the independent examiner's report

My examination was carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In connection with my examination, no matter has come to my attention :

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements
- to keep accounting records in accordance with Section 44(1)(a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations; and
 - to prepare accounts which accord with the accounting records and to comply with Regulation 8 of the 2006 Accounts Regulations
- have not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



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23 December 2024