

**Starfish Recovery SCIO**

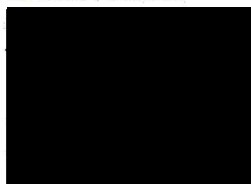
Scottish Charity number: SC045207

**Annual Report and Accounts**

**For the year ended 31 December 2023**

**Starfish Recovery SCIO**  
**Trustees' Annual Report**  
**for the year ended 31 December 2023**  
Scottish Charity Number: SC045207

**Contact details**



**Trustee**



**Recruitment and appointment of trustees**

Appointment of trustees is by approval of the remaining trustees.

**Governing document**

The Charity is a Scottish Charitable Incorporated Organisation for which the purposes and administration is set out in the Constitution of Starfish Recovery SCIO.

**Charitable purposes**

The purpose of the Charity is the provision of a safe drug and alcohol-free environment for those in recovery from drug and /or alcohol misuse, and for their families and friends to meet and socialise and support to each other through recovery networks and social activities.

**Activities and achievements**

Staffing



remain the 2 café employees.

Recovery Café

The café continues to run activities and events including breakfasts, air guitar sessions, and acupuncture, which are open to all service users and their families.

Review and Development

The volunteer policy and recruitment support pack for new and older volunteers continues to be under review.

Key policies are stored, and we will add to this as policies are devised and /or improved.

**Trustee remuneration and expenses**

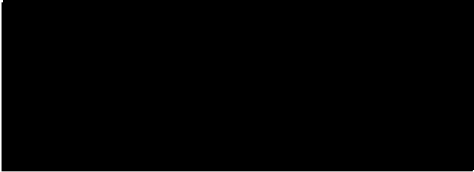
No trustee received any remuneration for acting as a trustee of the Charity (2022 - £0).

**Reserves**

As a result of the surplus of £9,154 (2022 - £6,689), the Charity held unrestricted (general) funds of £14,318 and restricted funds of £5,425 at the year-end (2022 - general £5,164; unrestricted £5,425).

Starfish Recovery SCIO  
Trustees' Annual Report  
for the year ended 31 December 2023 continued

Approved by the Trustees and signed on their behalf:



Date 16/05/2025

**Starfish Recovery SCIO**  
**Independent examiner's report on the accounts**  
**For the year ended 31 December 2023**

I report on the accounts of the charity for the year ended 31 December 2023 which are set out on pages 4 to 6.

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the accounts.

In the course of my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in any material respect the requirements:
  - to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
  - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations

have not been met, or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Date: 16/5/25

Stewart & Cumming Ltd  
31-33 Bridge Street  
Musselburgh  
EH21 6AA

Starfish Recovery SCIO  
Statement of receipts and payments  
Year ended 31 December 2023

	Unrestricted funds £	Restricted funds £	Total funds 2023 £	Total funds 2022 £
<b>Receipts</b>				
Grants - East Lothian Council	22,384	-	22,384	11,150
Starfish Café takings	2,787	-	2,787	1,900
Starfish Café tips	-	-	-	43
Donations	260	-	260	-
Bank interest	143	-	143	3
	<u>25,574</u>	<u>-</u>	<u>25,574</u>	<u>13,096</u>
<b>Payments</b>				
Rent	10,841	-	10,841	1,105
Food	3,863	-	3,863	3,367
Repairs	441	-	441	-
Outings	-	-	-	-
Insurance	426	-	426	376
Training courses	-	-	-	600
Sundry expenses	21	-	21	959
	<u>15,592</u>	<u>-</u>	<u>15,592</u>	<u>6,407</u>
<b>Governance costs</b>				
Independent examiner's fee	828	-	828	-
	<u>16,420</u>	<u>-</u>	<u>16,420</u>	<u>6,407</u>
 Surplus for the year	 <u>9,154</u>	 <u>-</u>	 <u>9,154</u>	 <u>6,689</u>

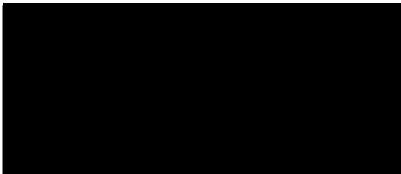
Starfish Recovery SCIO  
Statement of balances  
As at 31 December 2023

	Unrestricted funds £	Restricted funds £	Total funds 2023 £	Total funds 2022 £
Opening cash at bank and in hand	5,164	5,425	10,589	3,900
Surplus for the year	9,154	-	9,154	6,689
Closing cash at bank and in hand	14,318	5,425	19,743	10,589

Bank and cash balances

Current account	215	-	215	253
Savings account	14,073	5,425	19,498	10,336
Petty cash	30	-	30	-
	14,318	5,425	19,743	10,589

Approved by the trustees and signed on their behalf by:



14/05/2025  
Date

**Starfish Recovery SCIO**  
**Notes to the accounts**  
**For the year ended 31 December 2023**

**1 Basis of accounting**

The accounts were prepared on the receipts and payments basis in accordance with the Charities & Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended).

**2 General information**

The charity is a Scottish Charitable Incorporated Organisation which as a legal entity with limited liability. The address of the principal office is [REDACTED]

**3 Nature and purpose of funds**

Unrestricted funds are those that may be used at the discretion of the trustees in the furtherance of the objects of the charity. The trustees maintain a single unrestricted fund for the day-to-day running of the charity.

Restricted funds may only be used for specific purposes. Restrictions arise when specified by the donor, or when funds are raised for specific purposes.

## ***Trustees report to the annual general meeting***

***December 2023***

### **TRUSTEE AND VOLUNTEERS**

*As is often the case with any volunteer organisation, there has been a significant turn over in the terms of the members of the Board of trustees and the volunteers in the café.*

*We lost a few volunteers this year and gained a couple of replacements more due to the nature of volunteering this is never very stable and can be frustrating but never the less we continue to try and recruit more maintaining our consistent approach to running of STARFISH and we are always grateful for their input no matter how brief. We will continue to drive for Board members and Volunteers. We have a planned recruitment drive for new board members in the new year.*

### **Staffing**

*[REDACTED] were both changed Contract to a permanent contract.*

*[REDACTED] remain the 2 café employees.*

### **Recovery Café**

*The Café itself is remained steady we have a lot of regular and new people coming through the door a lot thankful that we were able to bring starfish back to a bit normality after the last 2-3yrs of COVID. Loretto Community hall has been a good choice of venue to accommodate all needs and the decision to move back to a Wednesday café seem to of definitely been the right choice.*

*Having multiple rooms for a safe confidential space has been welcomed.*

*We have seen a good number through the doors this year attending the café and groups*

*The smart meeting each week is very well attended bringing in people at 9am as soon as the café opens for our free Self-service Tea ,Coffee , Cereal and Toast.*

*We have a steady 4-5 attend our Air Guitar sessions and the same again for our relaxation course.*

*MELD Now offer a free weekly Acupuncture Session open to all service users and their families.*

### **Review and Development**

*A number of policies have been reviewed and improved over the last year,*

*The volunteer policy and recruitment support pack for new and older volunteers continues to be review.*



*key policies are stored and we will add to this as policies are devised and /or improved.*

### **Finances**

*The Annual financial summary of the year 31<sup>st</sup> December 2023 indicates a position of strength with an approximate £19,520.05 balance the accounts summary attached provides more specific information.*

### **FINALLY.....**

*The Past year has seen a good number of changes for STARFISH, however we now find ourselves in a strong position going forward in a very productive way. There is renewed and genuine commitment to develop the work of STARFISH for the good of the local community and a very positive and well connected team driving this on, we now Look forward to a period of continued stability to enable us to fulfill our aims.*

*Signed on behalf of the Board of trustees by Laura Grant*

*Signed...*

A black rectangular box redacting the signature of the person on behalf of the Board of trustees.

*Date 19/5/25*