

**Parent & Infant  
Mental Health  
Scotland**

**Parent and Infant Mental Health  
Scotland**

**Annual Report**

**Year Ending 31 March 2025**

## ***Trustees' Annual Report for the financial year ended 31 March 2025***

The trustees have the pleasure in presenting their annual report for the year ended 31 March 2025.

### ***Reference and Administrative Information***

***Registered name of charity:*** Parent and Infant Mental Health Scotland

***Charity Number:*** SC044891

***Registered address***



### ***Background***

Scottish Perinatal Mental Health Forum was established in 2009 by a group of health and social care professionals who at the time either worked directly with pregnant women or up to 12 months after the birth of their baby or had a particular interest in perinatal mental health. This like-minded group of individuals have over the years championed their local NHS Boards throughout Scotland over the provision of services for women and their families. At the AGM held in August 2015 it was agreed to change the organisations name to Maternal Mental Health Scotland. In June 2022, the organisation changed its name to Parent and Infant Mental Health Scotland. The organisation was registered as a Charitable Incorporated Organisation (SCIO) on 29 May 2014, with the Office of the Scottish Charity Regulator.

### ***Objectives of the charity:***

- i) The advancement of education, by the promotion of research and public and professional awareness in perinatal mental health.
- ii) The advancement of good perinatal mental health for women and families, by promoting service innovation and quality perinatal mental health care across the health and social care spectrum.
- iii) The saving of lives promoting best evidence for prevention, detection and timely treatment for women, who may experience serious mental illness during pregnancy and following childbirth.

**Trustees for year ending 31 March 2025:**



Chair  
Clinical Lead

Treasurer (Non Trustee)  
Acting Secretary (Non Trustee)

**Chair's Report:**

The past year has been a case of working towards winding up the work of Perinatal and Infant Mental Health Scotland. We would like to thank all the organisations involved within the perinatal mental health field in Scotland for their support.

We are particularly proud of the role that Parent and Infant Mental Health Scotland played in influencing the Scottish Government Programme Board's final report to the Minister, which included the foundations for legacy planning. We also played a role in forming the purpose and scope of the Scottish Government's Joint Strategic Board.

We also need to note the impact of user involvement and this was initially driven by the Change Agents, with funding from the SeeMe (anti stigma) initiative.

A decision has also been made by the Trustees, to distribute any leftover funds to the following organisations, who PIMHS have had close links with:

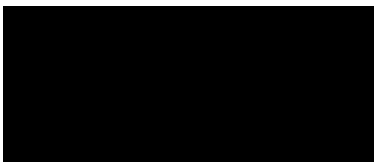
CrossReach (perinatal counselling service)

Lets All Talk North East Mums (LATNEM)

HomeStart (Glasgow North & North Lanarkshire Project)

Juno Perinatal Mental Health Support

Lastly, I would like to thank everyone who has acted as a Trustee over the past 11 years, for their tireless efforts in campaigning to improve services to women who have experienced perinatal mental health issues, their partners and families.



**Chair & Trustee**

**10 December 2025**

**Parent and Infant Mental Health Scotland**

**Statement of Receipts and Payments for Year Ended 31 March 2025**

Year ended 31 March 2025		Year Ended 31 March 2024	
Unrestricted Funds	Restricted Funds		
<b>Receipts</b>			
MMHA	Nil		£13,884
Scottish Government	Nil		£19,936.02
Robertson Trust	Nil		£1,500
University of Dundee	Nil		£2,441
Fundraising & Donations	£1,528.25		Nil
Sub Totals	£1,528.25	Nil	
<b>Total Receipts £1,528.25</b>			<b>£37,761.02</b>
<hr/>			
<b>Payments</b>			
Salaries & Wages	i	£6,750.12	£55,937.52
Pension, NI & PAYE	ii	£2,461.30	£13,681.63
SCVO Payroll		£254.18	£779.36
Cattanach	iii	£12,096.21	Nil
Conference/Meetings	Nil		£656.20
Employer Liability Insurance	Nil		£758.52
Website costs	iv	£6,484.77	£95.99
Office equipment/ Stationary/mobile phone expenses		£2,245.88	£3,671.23
IT Support		£185.38	£1,119.96
Expenses	Nil		£1,424.71
Sub Totals		£8,916.03	£21,561.81
<b>Total Payments £30,477.84</b>			<b>£78,125.12</b>
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**Cont...**

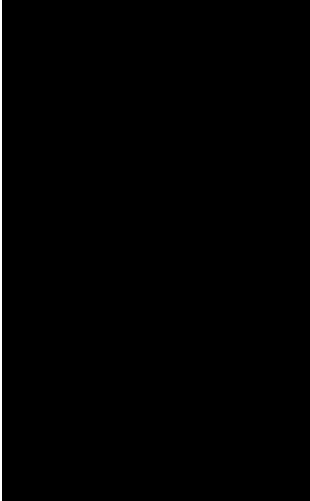
**Payments exceeded Receipts for year ended 31 March 2025 by £28,949.59**

**Money brought forward at 1 April 2024, £53,461.25 in bank**

**Money at year end, 31 March 2025, £24,511.66 in bank**

**Notes:**

- i) Communication Officer whose contract expired on 31 March 2024, was pregnant when she left our employment. We made a statutory payment to her for maternity pay.**
- ii) HMRC payments that we pay in arrears for employees who were employed by PIMHS in the last quarter of 2023/24.**
- iii) Repayment of unused funding that has been returned to Cattanach (Charitable funder).**
- iv) Payments that covered web design, maintenance and hosting fees.**



APPENDIX 3



Independent examiner's report on the accounts							v2
Report to the trustees/members of	Charity name						
	Parent & Infant Mental Health Scotland						
Registered charity number	SC044891						
On the accounts of the charity for the period	Period start date				Period end date		
	Day	Month	Year		Day	Month	Year
	1	April	2024	To	31	March	2025
Set out on pages							(remember to include the page numbers of additional sheets)

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In the course of my examination, no matter has come to my attention [~~other than that disclosed on the attached page\*~~]

1. which gives me reasonable cause to believe that in any material respect the requirements:
  - to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
  - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations

have not been met, or

2. to which, in my ~~opinion~~, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed\*\*:

Name:

Relevant professional qualification(s) or body (if any):

Address:



12.2025

\*Please delete the words in the brackets if they do not apply. If the words do apply, set out those matters which have come to your attention on the following page.

\*\* OSCR will accept digital or typed signatures