

Mairsinn

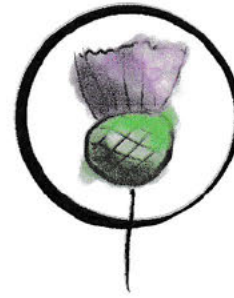
**(Formerly called Ritual Abuse Network
Scotland)**

Trustees' Annual Report

1st April 2024 – 31st March 2025

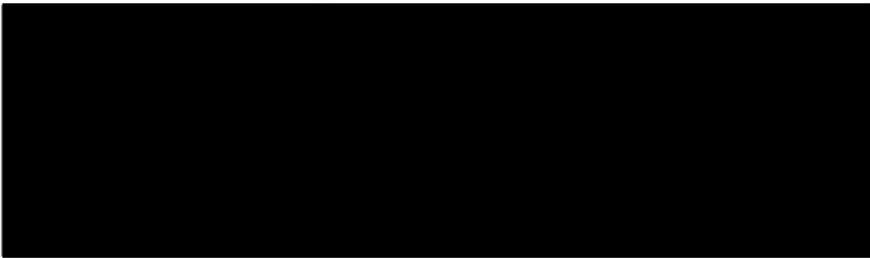
Charity number SC033706

Contact information



Mairsinn

Scottish Charity Number: SC033706



Email: hello@rans.org.uk

www.mairsinn.org.uk

Charity Trustees

- 1.
 - 2.
 - 3.
 - 4.
 - 5.
-
- A large black rectangular box used to redact the names and details of the charity trustees.

Bankers Royal Bank of Scotland plc
3 High Street
Dundee
DD1 9LY

Objectives and activities

The charity was set up in 2002 by survivors of ritual and organised abuse who had been unable to find a suitable support service. Our main aim is to provide vital support and information services to survivors as well as raise awareness of the abuse that people suffer and the impact of same. In addition to providing services to survivors, we provide training for other agencies so that they can best provide for survivors and have better awareness and sensitivity.

Mairsinn is based in Angus, although our work reaches across Scotland and the wider UK. Over the years we have built up an excellent reputation with agencies nationally and globally, and with our local community.

Purposes

The aims/objectives of Mairsinn are to relieve the mental and physical distress of people who have suffered from extreme forms of abuse such as ritual or organised abuse, or sexual exploitation and in furtherance there of:-

Provide emotional and practical support to people who have experienced ritual, organised abuse or sexual exploitation and to provide them with information and support.

Provide support and information to people suffering long-term effects of extreme abuse including Post Traumatic Stress Disorder (PTSD) and dissociative conditions such as Dissociative Identity Disorder (DID).

Encourage research into the causes and prevention of ritual or organised abuse or sexual exploitation and into ways of preventing or relieving suffering caused by extreme abuse, providing such research is compatible with the other aims of Mairsinn.

Ensure that information which could identify individuals is accessible only to charity trustees.

Raise awareness of the public and professionals about the nature and extent of extreme abuses such as ritual, organised abuse or sexual exploitation and its long-term effects and to encourage support and understanding of the people affected and how to help them.

We offer a package of support to survivors including:

- Individual support provided by volunteers and staff. This varies depending on the individual needs of survivors.
- Emotional support via Online Forums
- Information sessions for survivors and supporters of survivors.
- Training and awareness sessions for staff and volunteers.
- International online conferences in partnership with Survivorship and SMART in the USA

Structure, governance and management

On 18th June 2013, Izzy's Promise changed its legal form from an unincorporated association of members to a Charitable Incorporated Organisation (SCIO). Approval for this change was granted by the Office of the Scottish Charity Regulator (OSCR) on the same date.

On 31st August 2020 Izzy's Promise changed its legal name to Ritual Abuse Network Scotland (R.A.N.S.) to make it easier for survivors and agencies to find and recognise the service it provides. This was approved by the Office of the Scottish Charity Regulator (OSCR).

In 2023 Ritual Abuse Network Scotland changed its legal status to a single tier SCIO and altered its constitution to closer reflect its client group. The Management Board are trustees for the purpose of charity law and can appoint other Board members. The Board is appointed at the Annual General Meeting and meets bimonthly. At each AGM, one third of the charity trustees retires but are eligible for re-election. New members of the Board are introduced to the aims and objectives of the charity by the chairperson.

On 3rd September 2024, Ritual Abuse Network Scotland changed its legal name to Mairsinn.

Day-to-day operations are delegated to the Manager.

Achievements and performance

In September 2024, after a consultation with all stakeholders Ritual Abuse Network Scotland changed its name to Mairsinn. Mairsinn is the Scottish Gaelic word for surviving and we are hopeful that the new name will feel more inclusive to service users.

Over the financial year we presented at 2 International Conferences. This provided an opportunity to raise awareness about the change of name and share the results of our research and consultations. We also provided workshops for several agencies to raise awareness of our services and the needs of survivors.

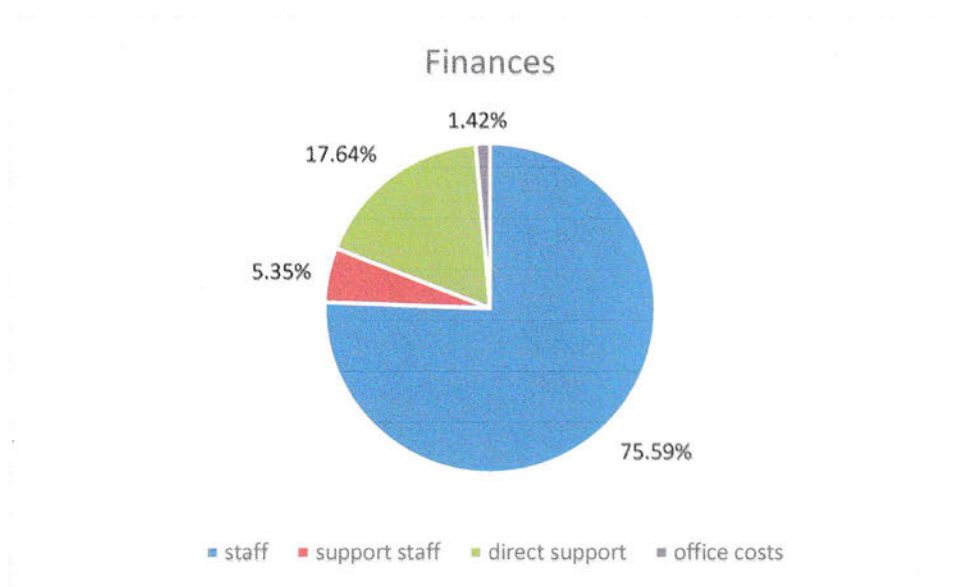
Mairsinn took over admin of the old FPP (First Person Plural) Forum when First Person Plural closed. We had the intention of keeping it open with just a very light admin touch when asked for and required. It was hoped that this would help provide support for people with dissociating conditions who do not wish to be on a forum where abuse issues are discussed. The Forum was closed to new members for over a year, but we decided to open it up again to new members and posted new rules. Since re-opening, 29 new members have joined and there have been 72 new posts. We hope to grow and develop this forum over time.

The peer-led RANS forum for survivors of ritual abuse was re designed and developed further in consultation with survivors. There have been 54 new members joining over the year and 1213 new posts. Survivors have also used the private message function with 3020 private messaged sent. The one-to-one chat has 193 messages and the open chat room 38 messages.

We have also engaged with 110 survivors via email and have had 36 enquiries from agencies including the police, survivors' agencies and social services.

The Advisory Board consisting of people with lived experience of RA and DID and people with expertise has continued to meet regularly and advise us. With input for them we redeveloped the website, and they were involved with a workshop hosted by The Survivors Trust.

Financial review



Statement of the charity's policy on reserves

The charity aims to maintain unrestricted funding at a level to cover expenditure for a 6-month period in the event of an end of funding. Since the organisation relies on trusts and grant funding, which is uncertain and often time limited, it is prudent for the organisation to maintain some sort of reserve fund to cover for such costs for a period of 6 months.

At present the charity meets this objective. Mairsinn anticipates that it will need £80,000 in the next financial year for running costs, service delivery and project development therefore 6-months running costs is £40,000. This is set aside as a designated fund.

R.A.N.S. Management has also designated £5,000 for staff training and development; £5,000 for repairs, fixtures, purchase of office equipment and security costs and £5,000 for rebranding of the charity since the charity name change.

Details of any deficit/surplus

There was a deficit this year of £3,934.

Future plans

We have plans to move our offices to Angus over the coming months. This is to reduce costs and make better use of our resources. Once again, we will strive to share office costs with a like-minded agency for mutual advantage.

We have plans to set up a year-long pilot online peer led support groups for survivors. To carry out this work we intend to recruit a part time worker. We also intend to consult with service users with the view to providing face to face support groups should this be something that survivors want.

Declaration

Signed on behalf of the charity trustees:

[Redacted signature]

Print name

[Redacted print name]

Designation

TRUSTEE

Date

20/10/2025

MAIRSINN SC033706 (SCIO)
STATEMENT OF FINANCIAL ACTIVITIES
INCLUDING INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31 MARCH 2025

Current financial year.	Unrestricted Funds general 2025 £	Unrestricted funds designated 2025 £	Restricted funds 2025 £	Total 2025 £	Total 2024 £
Income and endowments from:					
Donations and legacies	28,387	-	36,250	-	89,346
Charitable activities	30	-	-	-	
Investments	3,627	-	-	-	
Other incoming resources	17,650	-	-	-	
Total income	49,694	-	36,250	85,944	89,346
Expenditure on:					
Charitable activities (Note 1)	50,249	-	39,629	89,878	67,358
Total charitable expenditure	50,249	-	39,629	89,878	67,358
Net income/(expenditure) for the year/ Net movement in funds	(555)	-	(3,379)	(3,934)	21,988
Fund balances at 1 April 2024	24,123	55,000	70,877	-	150,000
Fund balances at 31 March 2025	23,568	55,000	67,498	146,066	-

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

BALANCE SHEET

AS AT 31 MARCH 2025

	2025		2024	
	£	£	£	£
Cash at bank and in hand at start of year	150,000		128,012	
	-----		-----	
Surplus/(deficit) shown on receipts and payments account	(3,934)		21,988	
Cash at bank and in hand at end of year	146,066		150,000	

See (Note 2)

Notes

1 Charitable activities

	2025	2024
	£	£
Staff costs	67,941	59,488
Activities undertaken directly	21,937	7,870
	89,878	67,358
Activities Undertaken Directly	2025	2024
Hospitality	-	589
Insurance	-	157
Office Costs	1,282	1,148
Office Equipment	-	-
Provisions	104	155
Recruitment	-	310
Repairs	-	236
Professional Fees	-	386
Rent	14,000	-
Support Costs	654	385
Training Costs	-	318
Utilities	-	-
Volunteer Costs	4,810	3,729
Website/Publicity	1,087	457
Totals	21,937	7,870

2 Creditors: amounts falling due within one year

	2025	2024
	£	£
Rent	-	7000
Utilities	-	3000

3 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Balance at 31 March 2023	Movement in funds		Balance at 31 March 2024	Movement in funds			Balance at 1 April 2025
	£	Incoming resources £	Resources expended £	£	Incoming resources £	Resources expended £	Transfers £	£
Robertson Trust	13,661	-	(13,697)	(36)	-	-	-	-
VSF	(3)	13,000	(13,003)	(6)	11,250	(11,235)	-	15
First Person Legacy	-	70,917	-	70,917	-	(23,429)	-	47,488
Groundwork	-	750	(751)	(1)	-	-	-	-
HFF Pledge	-	-	-	-	5,000	(4,965)	-	35
Awards for All	-	-	-	-	20,000	-	-	20,000
Totals	13,658	84,667	(27,451)	70,874	36,250	(39,629)	-	67,538

13 Restricted funds (Continued)

Brief details of the activities funded by the incoming resources listed above are given below:

Robertson Trust

Funds to support survivors. Staff costs, core costs.

Impact

Restricted funds for Staff costs only.

First Person Legacy

Legacy fund to continue the work of supporting survivors of DID. Designated funds to cover Staff costs, core costs.

Groundwork

Support of survivors. Staff costs.

4 Designated funds

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes:

Movement in funds Movement in funds

	Balance at 31 March 2023 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2024 £	Incoming resources £	Resources expended £	Transfers £	Balance at 1 April 2025 £
Charity Rebranding	-	-	-	5,000	5,000	-	-	-	5,000
Staff/Volunteer Training and Development	-	-	-	5,000	5,000	-	-	-	5,000
Repairs/Office Equipment/ Security	-	-	-	5,000	5,000	-	-	-	5,000
6 Months Running costs	-	-	-	40,000	40,000	-	-	-	40,000
Totals	-	-	-	55,000	55,000	-	-	-	55,000

The trustees consider the need to set aside funds for specific items each year, including ensuring sufficient funds are maintained for ongoing overhead costs.

Signed



Date

20/10/2025

Position

TRUSTEE

APPENDIX 3



Report to the trustees/members of

Registered charity number

On the accounts of the charity for the period

Set out on pages

Respective responsibilities of trustees and examiner

Basis of independent examiner's statement

Independent examiner's statement

Signed:

Name:

Relevant professional qualification(s) or body (if any):

Address:

Independent examiner's report on the accounts

v2

Charity name
Mairsinn

SC033706

Period start date

Day	Month	Year
1	April	2024

to

Period end date

Day	Month	Year
31	March	2025

(remember to include the page numbers of additional sheets)

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the accounts.

In the course of my examination, no matter has come to my attention [other than that disclosed on the attached page*]

- which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
 - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations

have not been met, or

- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Date:

20th Oct 2025

APPENDIX 3

Disclosure section

Only complete if the examiner needs to highlight material problems.

Give here brief details of
any items that the
examiner wishes to
disclose