

Choices Dunfermline

Annual Report & Financial Statements For the Year Ended

31st March 2025

Scottish Charity No. SC032645

Choices Dunfermline Liberty Centre, Pitreavie Way Pitreavie Business Park Dunfermline Fife KY11 8QS 01383738118 office@choicesdunfermline.org

www.choicesdunfermline.org

Trustees' Annual Report

For the Year Ended 31st March 2025

The Trustees have pleasure in presenting their report together with the financial statements and the independent examiner's report for the year ended 31st March 2025.

Administrative Information

Charity Name

Choices Dunfermline

Charity No.

SC032645

Address

Liberty Centre, Pitreavie Way, Pitreavie Business Park, Dunfermline, Fife KY11 8QS

Current Trustees

Chair

Structure, Governance & Management

Constitution

The charity's governing document is a Trust Deed.

Management

The Trustees are responsible for the governance of Choices, and the Centre Manager recruits trained volunteers as necessary to provide strategic direction.

The overall running of the Centre is delegated to the Centre Manager whilst trained volunteers assist in overseeing evening sessions.

Objectives & Activities

Charitable purposes

The Trust Deed states: - 'Advancement of education in the subject of pregnancy and the termination of pregnancy and into the effects thereof upon women whether physical, medical or psychological.

The preservation and protection of women's health.

The provision of advice, counselling and assistance to women and their partners and families who are suffering from any physical or mental illness, distress or poverty during or as a result of pregnancy or following an abortion, miscarriage, or baby bereavement.

The promotion of such other charitable purposes which may conveniently be carried on in connection with the above objects.'

Activities

Choices Dunfermline provides free, confidential support including

- Unplanned pregnancy support.
- Pregnancy loss support.
- Practical support and information.

Achievements & Performance

Choices continues to provide a valuable service to people in Fife, offering confidential support to people who experience unplanned pregnancy and pregnancy loss, including termination, miscarriage and stillbirth.

Support continues to be offered in person primarily or online via Zoom if required. We provided 267 support sessions this year. There is a steady demand for our service which leaves some clients still having to wait 3-6 months before receiving regular support. Clients who approach us for support with unplanned pregnancy are prioritised and are offered an appointment within a week.

Choices continues to receive referrals from health professionals and other organisations e.g. General Practitioners, Clinical Psychologists, Community Psychiatric Nurses, bereavement midwives and other agencies.

Choices employs a part-time manager working 10 hours per week and is supported by a team of five volunteers, one of whom is presently on a break for personal reasons.

Financial Review

Donations from individuals represented the main regular source of funding for the centre. Choices also gratefully received charitable grants.

At the end of the financial year, Choices was extremely grateful to receive a large Legacy from a couple who had been supporters of Choices since inception, one of whom had been a former Trustee (see accounts).

Plans for Future Periods

It is anticipated that continued employment of the Centre Manager will allow for ongoing promotion of the work of the centre to health professionals and other organisations, with a view to seeing a further increase in the number of client referrals.

Approved by the trustees on 10/12/25 and signed on their behalf by:

Chair

Enter charity name below Choices Dunfermline Pregnancy Crisis Centre

SC032645

	Rece	eipts an	d paymo	ents	s acc	ounts	
For the period	Day	Rariod start date Clay Month Mass			Flav	Pench end Month	data
from	01	04	2024	to	31	03	2025

District Control of the Control of t						
Section A Statement of re	ceipts and p	ayments				
	Unrestricted funds	Restricted funds	Expendable endowment funds	Permanent endowment funds	Total funds current period	Total funds las
	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
A1 Receipts						
Donations	4,308				4,308	5,671
Legacies	129,690				129,690	
Grants	1,000				1,000	3,250
Receipts from fundraising activities					Contest Time	
Gross trading receipts Income from investments other than land and buildings						
Rents from land & buildings						
Gross receipts from other charitable activities						
Bank interest						
A1 Sub total	134,998			Zielen er e	134,998	8,921
A2 Receipts from asset & investment sales						
Proceeds from sale of fixed assets						
Proceeds from sale of investments						
A2 Sub total				SECTION AND ADDRESS OF THE PARTY OF THE PART	AVIII SECT	
Total receipts	134,998				134,998	8,921
A3 Payments						
Expenses for fundraising activities						Γ
Gross trading payments						
Investment management costs		———	\vdash		-	
Payments relating directly to charitable activities	7,734	-			7,734	7,738
Grants and donations						
Governance costs:					GAMES AND	
Audit / independent examination						
Preparation of annual accounts						
Legal costs						
Other						
					-	
A3 Sub total	7,734		SMALE -		7,734	7,738
A4 Payments relating to asset and						
investment movements Purchases of fixed assets						
Purchase of investments				 	on this control is = -	
A4 Sub total					-	
A Sub total			•		va Yeldika -	
Total payments	7,734				7,734	7,738
Net receipts / (payments)	127,264	•	-		127,264	1,183
A5 Transfers to / (from) funds						
Surplus / (deficit) for year	127,264				127,264	1,183

APPENDIX 2

Choices Dunfermline Pregnancy Crisis Centre

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Cash and bank balances at start of year Surplus / (deficit) shown on receipts and payments account Cash and bank balances at start of year 3,778 127,264 1,18 127,264 1,18								
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Total Total Date of		Details			Fund to which	liability relates		Last year
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gned by one or two trustees behalf of all the trustees Signature Print Name Date of								
behalf of all the trustees Signature Print Name						Total		L
		Signature			Print Name			

Section C Notes to the	Accounts	
C1 Nature and purpose of funds (may be stated on analysis of funds worksheets)		
	Type of activity or project supported Individual / Institution Institution Individual / Institution Institution Individual / Individual / Institution Individual / Individ	£
C2 Grants		
C3a Trustee remuneration	If no remuneration was paid during the period to any charity trustee or person connected to a trustee cross this box (otherwise complete section 3b)	х
	Authority under which paid	£
C3b Trustee remuneration -		
details		
C4a Trustee expenses	If no expenses were paid to any charity trustee during the period then cross this box (otherwise complete section 4b)	х
	Number of trustees	£
C4b Trustee expenses - details		
	Nature of relationship Nature of transaction Nature of relationship Nature of transaction	Balance outstanding at
C5 Transactions with trustees		period end (£)
and connected persons		-
	<u> </u>	
C6 Other information		

1

Choices Dunfermline Pregnancy Crisis Centre

SC032645

Additional analysis (1)

Analysis of receipts and payments

1 Donations

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Monthly Donations	2,634				2,634	3,094
Donations through Liberty Church	1,042				1,042	862
Donations via Website	42				42	40
Other Donations	590				590	1,675
Total	4,308				4,308	5,671

2 Grants

	Unrestricted funds to nearest £	Restricted funds
Souter		
Scottish Midland		
Foundation Scotland - Baillie Gifford	1,000	
Total	1,000	-

Total last period
3,000
250
3,250

3 Gross receipts from other charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period
					-	
					-	
					-	
					-	
Total			reserve.		-	-

4 Payments relating directly to charitable activities

	Unrestricted funds	Restricted funds	endowment funds	endowment funds	Total current period	Total last period
	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
Salary & NI	6,000				6,000	6,500
Advertising					-	-
Liberty Church Reimbursment					-	-
Supervision	660				660	660
Training					-	50
Web Domain	485				485	440
Fundraising costs					-	
Insurances	480				480	
Postage, Stationery/Equipment Telephone	109				109	88
Total	7,734		Salitation in the salitation i		7,734	7,738

SC032645

Additional analysis (2) 5 Breakdown of unrestricted funds Grants Fundraising Legacy Total Total funds funds last period Receipts Donations 4,308 4,308 5,671 129,690 Legacies 129,690 Grants 1,000 1,000 3,250 Receipts from fundraising activities Gross trading receipts Income from investments other than land and buildings Rents from land & buildings Gross receipts from other charitable activities Sub total 1,000 129,690 134,998 8,921 Receipts from asset & investment sales Proceeds from sale of fixed assets Proceeds from sale of investments Sub total 4,308 Total receipts 1,000 129,690 134,998 8,921 Payments Expenses for fundraising activities Gross trading payments Investment management costs Payments relating directly to charitable activities 7,734 7,734 7,738 Grants and donations Governance costs: Audit / independent examination Preparation of annual accounts Legal costs Sub total 7,734 7.734 7.738 Payments relating to asset and investment movements Purchases of fixed assets Purchase of investments Total payments 7,734 7,734 7,738 Net receipts / (payments) (3,426) 1,000 129,690 127,264 1,183 Transfers to / (from) funds Surplus / (deficit) for year (3,426) 1,000 129,690 127,264 1,183 Nature and purpose of funds Grants were made towards the ongoing work of the centre and provision of a part time manager for the centre

Choices Dunfermline Pregnancy Crisis Centre

SC032645

Additional analysis (3)			Letter 102			
6 Breakdown of restricted funds						
		2 - enter perment				
	fund below		field balow			
						120-1
					Total restricted funds	Total restricted funds last
					141145	period
Receipts						
Donations	-				-	-
Legacies					-	
Grants					-	
Receipts from fundraising activities					-	
Gross trading receipts					-	
Income from investments other than land and buildings	1 1		1	1		
Rents from land & buildings					-	
Gross receipts from other charitable activities			\vdash		H	\vdash
Sub total					15 15 15 15 15 15 15 15 15 15 15 15 15 1	
Receipts from asset & investment sales					V-1-0	
Proceeds from sale of fixed assets						9
Proceeds from sale of investments					-	
Sub total		-	-	-	English English	
Total receipts		SECULO SECULO			Electrical Control	
Payments						
Expenses for fundraising activities Gross trading payments		\vdash	\vdash		-	
Investment management costs					-	
Payments relating directly to charitable activities		_			-	
Grants and donations					-	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs			\vdash		-	
Sub total					-	
Sub total		-		•	-	•
Payments relating to asset and investment					-	
movements						
Purchases of fixed assets						
Purchase of investments					-	
Sub total	selection -		-			
T-4-1						
Total payments		-	-	-	-	- 1979
Net receipts / (payments)						
The state of the s			-			
Transfers to / (from) funds					0.000	
Surplus / (deficit) for year	-	-	-	-		
					-	
Nature and purpose of funds						
						1
						1
						1
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						1
		11.00-10.00 mm - 000-10.00				

Independent Examiner's Report

For the Year Ended 31st March 2025

Independent Examiner's Report to the Trustees of Choices - Dunfermline Pregnancy Crisis Centre

I report on the financial statements of the charity for the year ended 31st March 2025, which are set out below.

Respective responsibilities of Trustees and Examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of Independent Examiner's Statement

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the accounts.

Independent Examiner's Statement

In the course of my examination, no matter has come to my attention:-

- 1. which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
 - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations have not been met, or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

