

SAMARITANS IN SCOTLAND

Annual Report & Financial Statements

For the year ended

31 March 2020



Samaritans' vision is that fewer people die by suicide



ANNUAL REPORT & FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2020

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TRUSTEES' ANNUAL REPORT

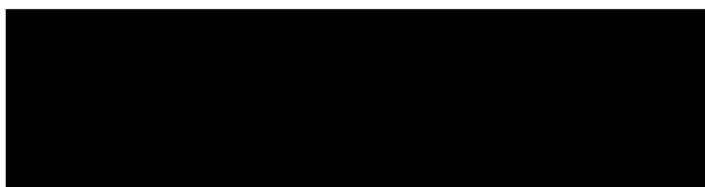
FOR THE YEAR ENDED 31 MARCH 2020

The trustees present their report and financial statements together with the independent examiner's report for the year ended 31 March 2020.

REFERENCE AND ADMINISTRATIVE DETAILS

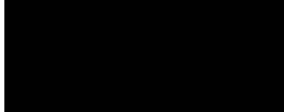
Charity Name Samaritans in Scotland

Charity Number SC009843



Current Trustees

(*ex Officio*)



Appointed 30/03/2019 Chair *

Appointed 17/10/2018 Regional Director for Scotland *

* Appointed by the Samaritans Central Charity

(*Elected*)



Member / Dunfermline Branch

Member / Kirkcaldy Branch

Member / Glasgow Branch

Appointed 14/02/2020

Member / Selkirk Branch

Appointed 01/06/2019

Treasurer

Other Trustees who served during the year



Retired 01/06/2019

Bankers

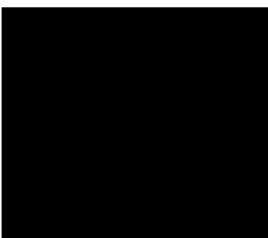
Unity Trust Bank plc

4 Brindley Place

Birmingham

B1 2JB

Independent Examiner



TRUSTEES' ANNUAL REPORT

FOR THE YEAR ENDED 31 MARCH 2020

STRUCTURE GOVERNANCE AND MANAGEMENT

Governing Document

The charity is a Scottish Charitable Incorporated Organisation (SCIO), incorporated on 11 March 2014, and governed by its constitution adopted on 19 May 2018.

Organisational Structure

The trustees are responsible for the management and control of the charity. The trustees are advised by the Scottish Regional Council, which is a consultative body comprising the Directors of the Scottish Branches and Regional Officers, set up to provide advice and guidance to the trustees.

Samaritans in Scotland is affiliated to Samaritans, a charity registered in England & Wales (No 219432) and in Scotland (SC040604). Samaritans is a company limited by guarantee (No 757372) with its registered office at The Upper Mill, Kingston Road, Epsom, KT17 2AF, and in this report is referred to as the "Central Charity".

Samaritans in Scotland is the co-ordinating charity for the 20 Scottish branches of Samaritans, each of which is either a separate Scottish Charitable Incorporated Organisation or part of the Central Charity.

Appointment of Trustees

Ex-Officio Trustees

- The Chair and the Regional Director for Scotland are *ex-officio* trustees, appointed by the Central Charity.
- The Chair is appointed for three years, but may serve for an additional three years, if selected to do so by the Central Charity.

Elected Trustees

- Up to five Branch Member trustees and the treasurer are elected at each annual general meeting.
- The Branch Member trustees may not serve for more than three consecutive years.
- The Treasurer may, but need not, be a Listening volunteer.
- Up to two additional trustees, who need not be Samaritans, but who have specialised skills or knowledge that the Board consider would be of benefit to Samaritans.

New trustees are inducted and trained in accordance with Samaritans' national policy.

Risk Management

The trustees regularly review the risks, including the Health & Safety of its volunteers, to which the charity is exposed. They do not believe there are any substantial risks beyond the liabilities disclosed in the accounts. The trustees accept that Samaritans' reputation could be at risk through misuse of confidential information but has policies and procedures in place, including Protection of Vulnerable Groups checks on all volunteers, to mitigate this risk.

OBJECTS & ACTIVITIES

The Charity's aims are to promote the Central Charity's vision that fewer people will die by suicide by being available 24 hours a day 7 days a week to provide confidential emotional support to people who are experiencing feelings of despair or distress, including those that may lead to suicide, and to:

- develop co-operation and joint working between branches;
- promote the principle of Samaritans being a single organisation to those it serves; and
- work co-operatively with those who may assist Samaritans to realise its vision.

Samaritans offers a range of methods of contact to the public that currently includes telephone, email and letters. Listeners, trained by Samaritans, operate in almost every prison in Scotland. A range of other reaching out work is also carried out in schools, at festivals, in accident & emergency units, and in areas of isolation and deprivation where it is felt people may be vulnerable.

TRUSTEES' ANNUAL REPORT

FOR THE YEAR ENDED 31 MARCH 2020

Samaritans in Scotland's task is to co-ordinate the activities of the Scottish branches in ways that will better serve the needs of the public; and to oversee the work of Samaritans in the Scottish Region. This work includes engagement with government and other public sector agencies, promoting wider awareness of the charity's services, especially in areas that are remote from our branches, and working in partnership with other organisations in furtherance of our aims.

ACHIEVEMENTS & PERFORMANCE

Samaritans has over 1000 volunteers in Scotland from across 19 brick branches from Shetland in the north to Dumfries in the south. Whilst around 20% of our volunteers in Scotland are based in branches in Edinburgh and Glasgow, we have a number of branches with fewer than 20 volunteers operating in remote areas. In Scotland, we also have a correspondence (letter writing) branch, which makes a total of 20 branches across the country. There are also some volunteers with regional positions who are dedicated to ensuring that our service is delivered to callers in the most effective and efficient way possible.

Regional Events

We run a number of regional events and regional training programmes that are well attended by volunteers from across Scotland. Two main events that were held over the reporting period included:

- Annual Regional Conference

Over 80 volunteers attended our Regional Conference. There were various speakers and workshops including presentations from Police Scotland on suicide prevention, active listening and negotiation, and on the importance of listening in health and social care – particularly when caring for a relative living with dementia. Both speakers captured the audience and the feedback was fantastic.

- Branch Directors Retreat

The branch directors came together for a retreat over two days in February. This was combined with an EGM for Samaritans in Scotland. The branch retreat enables branch directors to network with each other across the nation, encourages peer support and enables key pieces of work such as priority planning and operational changes to be discussed.

Partnership and reaching out

Samaritans has working partnerships with key individuals working in suicide prevention at local and national levels. We have been instrumental in working with the Scottish Government and other partners as part of the National Suicide Prevention Leadership Group.

We attended important events such as the locations of concern round table discussion as well as several parliamentary receptions. Attending these events helped ensure we are strategically positioned to take a lead role in coordinating suicide prevention and raised our profile with MSPs working within Scottish Government.

We provided localised suicide statistics for Local Authority and Health Board areas, and engaged regularly with the Scottish Press. During the year we also supported National campaigns such as our Christmas campaigns and Brew Monday in Scotland. We also attended the Festival of Politics 2019 – at this event one of our Trustees spoke as part of a discussion – this event was sold out.

We are members of the Health Inequalities Cross Party Group and the Mental Health Cross Party Group within Scottish Government.

The Trustees have acted as advocates for Samaritans and have been able to support the Central Charity staff team based in Scotland and the Scottish Branches to maintain the profile of Samaritans.

Samaritans has also increased presence in Scotland on social media and are preparing for new digital developments soon. Samaritans in Scotland has a reach of over 5800 people and the new Facebook page has nearly 500 followers in only a few months.

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Prisons

Samaritans' work with Scottish prisons is supported by an annual grant to Central Charity from the Scottish Prison Service (SPS). The grant is used to support branches' costs in delivering training to prison Listeners and supporting the work of Listeners through regular visits to each of the prisons supported by Samaritans. During 2019, Samaritans in Scotland have contributed to managing the relationship between Samaritans and the SPS and ensuring robust safeguarding is in place.

Implementing strategy

Part of the Samaritans' current strategy (2015-2021) involves the restructuring of the organisation, with all branches entering either into an affiliation agreement with the central charity and or choosing to become part of the central charity. All the branches in Scotland have completed this transition.

A new multimedia platform for our service is being rolled out across Scotland under the banner of the 'There for Everyone' programme. These changes will enable us to reach more callers sooner, support more volunteers, and are essential for us to meet the future demands of the organisation.

FINANCIAL REVIEW

Overview

Receipts and payments on unrestricted funds were £55,825 (2019: £38,063) and £41,077 (2019: £34,026) respectively, with the resultant surplus of £14,748 (2019: £4,037) being applied to reserves. The principal sources of income were a grant from the Central Charity and conference fees, whilst the main costs related to the annual conference, regional meetings, training and volunteer travel costs.

Reserves Policy

The trustees believe that around six to twelve months of expenditure is an appropriate level of reserves. Reserves at the year-end, excluding designated and restricted funds were £40,247 (2019: £24,535), which is within the target range.

FUTURE PLANS

Key Policy Areas

It has been a longstanding concern that Samaritans in Scotland does not have a physical presence (in terms of branches) in a large swathe of the north of Scotland. Committee members felt this needed to be addressed in some way, especially when the higher than average suicide rates in the Highlands was taken into account. We continue to have this as a priority area of work and as such it is highlighted in our nation plan.

Alongside the Central Charity we will be working on supporting callers who self harm, those who experience multiple areas of disadvantage, as well as continuing to engage with middle aged men across Scotland.

Increasing Volunteer Recruitment

In Scotland, as across all of Samaritans, there is a need to increase the number of volunteers. As a region we will share learning and best practice as new volunteer recruitment and training modules are introduced and rolled out. The new recruitment process has been piloted in Yorkshire & Humberside and been shown to create a good response. We will build on this as the new processes are introduced in Scotland.

Changing the Structure of Samaritans in Scotland

The Trustees and members felt that the time was right to consider the structure of Samaritans in Scotland. Throughout 2019/20 we undertook a review of the benefits and constraints of the organisations and where future opportunities lie. The trustees decided to recommend to the members that the organisation be dissolved and a vote was held on 15 February 2020. Following that vote the SCIO would have been wound up in the spring of 2020.

In place of this SCIO an advisory committee to the Central Charity Board will oversee the regional coordination of events and joint projects. The aims and objectives will remain the same with the involvement

TRUSTEES' ANNUAL REPORT
FOR THE YEAR ENDED 31 MARCH 2020

of the same people. The main changes are in the regulatory nature of Samaritans in Scotland rather than the work that it undertakes.

Following the meeting in February 2020 however, the organisation was advised that OSCR (the Scottish Charity Regulator) required a wording change on the formal resolution and so the winding up of the organisation will be postponed. In the spring 2020, Scotland began to respond to the COVID-19 crisis and as we approach year-end we are fully committed to supporting branches and callers through this difficult time. As a result, Samaritans in Scotland will continue with its current structure into 2020/2021.

Given the rapidly changing scenarios in which we now find ourselves, the importance of Samaritans as part of the emergency response to COVID-19 is clear. The trustees of Samaritans in Scotland will do everything possible to respond to this crisis and keep this essential service going in Scotland.

APPROVAL

This report was approved by the trustees on 30 April 2020 and signed on their behalf by:



Chair

INDEPENDENT EXAMINER'S REPORT

FOR THE YEAR ENDED 31 MARCH 2020

Independent Examiner's Report to the Trustees of Samaritans in Scotland

I report on the accounts of the charity for the year ended 31 March 2020, which are set out on pages 9 to 13.

Respective responsibilities of Trustees and Examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 ("the 2005 Act") and the Charities Accounts (Scotland) Regulations 2006 (as amended) ("the 2006 Regulations"). The trustees consider that the audit requirement of Regulation (10)(1)(d) of the 2006 Regulations does not apply.

It is my responsibility to examine the accounts under section (44)(1)(c) of the 2005 Act and to state whether particular matters have come to my attention.

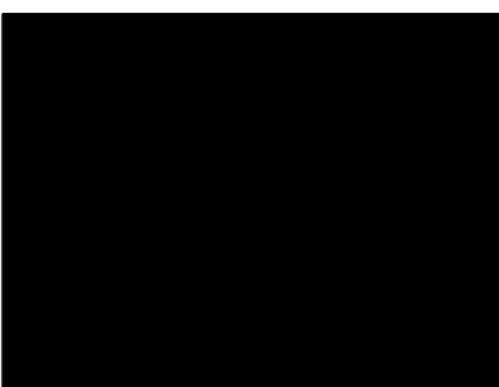
Basis of Independent Examiner's Statement

My examination is carried out in accordance with Regulation 11 of the 2006 Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent Examiner's Statement

In connection with my examination, no matter came to my attention:-

1. which gives me reasonable cause to believe that in any material respect, the requirements
 - to keep accounting records in accordance with section 44(1)(a) of the 2005 Act and Regulation 4 of the 2006 Regulations, and
 - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Regulationshave not been met, or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



30 April 2020

STATEMENT OF RECEIPTS & PAYMENTS

FOR THE YEAR ENDED 31 MARCH 2020

	Note	Unrestricted	Designated	Restricted	Total	Total
		Funds	Funds	Funds	2020	2019
Receipts		£		£	£	£
Donations		1,458	-	-	1,458	5,507
Grants	7	47,120	-	9,286	56,406	67,356
Investment income		197	-	-	197	186
Other charitable activities						
Conferences & training		7,050	-	-	7,050	5,370
		55,825	-	9,286	65,111	78,419
Payments						
Charitable activities	8	40,068	-	30,929	70,997	57,388
Governance costs						
Trustee travel		1,009	-	-	1,009	730
		41,077	-	30,929	72,006	58,118
Net movement in funds		14,748	-	(21,643)	(6,895)	20,301
Transfers between funds		(60)	-	60	-	-
Surplus/(Deficit) for year		14,688	-	(21,583)	(6,895)	20,301

The Notes on pages 11 to 13 form an integral part of these accounts.

STATEMENT OF BALANCES

AS AT 31 MARCH 2020

	Note	Unrestricted Funds	Designated Funds	Restricted Funds	Total 2020	Total 2019
Funds Reconciliation						
Balance as at 01 April 2019		25,425	12,276	21,583	59,284	38,983
Surplus/(Deficit) for year		14,688	-	(21,583)	(6,895)	20,301
Balance as at 31 March 2020		40,113	12,276	-	52,389	59,284
Bank & cash balances						
Cash at bank		40,113	12,276	-	52,389	59,284
Investments						
	9	1,907	-	-	1,907	3,027
Other Assets						
Debtors and prepayments		278	-	-	278	6,250
Liabilities						
		144	-	-	144	3,828

The Notes on pages 11 to 13 form an integral part of these accounts.

These accounts were approved by the trustees on 30 April 2020 and signed on their behalf by:



Chair



Treasurer

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2020

1. Basis of Preparation

These accounts have been prepared on the receipts & payments basis in accordance with:

- (a) the Charities and Trustee Investment (Scotland) Act 2005
- (b) the Charities Accounts (Scotland) Regulations 2006 (as amended)

There have been no changes to the basis of preparation or to the previous year's accounts.

2. Fund Accounting

- (a) Unrestricted funds are those that can be expended at the discretion of the trustees in the furtherance of the objects of the charity.
- (b) Designated funds are unrestricted funds that the trustees have set aside for particular purposes. The designation is administrative only and does not restrict the trustees' ability to apply the funds.
- (c) Restricted funds are those that may only be used for specific purposes. Restrictions arise when specified by the donor, or when funds are raised for specific purposes.
- (d) The purposes of the funds are shown in Note 12.

3. Taxation

- (a) The charity is not liable to corporation tax or capital gains tax on its charitable activities.
- (b) The charity is not registered for VAT, thus all costs are shown inclusive of VAT charged.

4. Trustee remuneration

- (a) No remuneration was paid to the trustees during the year or in the previous year.
- (b) The charity's insurance policy includes trustee indemnity insurance cover for all of its trustees.

5. Trustee expenses

Expenses were reimbursed to trustees as follows:

	2020		2019	
	No	£	No	£
Travelling expenses	5	1,009	6	730

6. Transactions with related parties

There were no related party transactions during the year or in the previous year.

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2020

7. Grants received

	Unrestricted	Restricted	Total	Total
	Funds	Funds	2020	2019
	£	£	£	£
Samaritans central charity	47,120	-	47,120	27,000
Scottish Prison Service	-	9,286	9,286	40,356
	47,120	9,286	56,406	67,356

8. Cost of Charitable Activities

	Unrestricted	Restricted	Total	Total
	Funds	Funds	2020	2019
	£	£	£	£
Caller support	1,601	-	1,601	1,046
Conferences	15,768	-	15,768	498
Insurance	-	-	-	214
Prison expenses	-	30,929	30,929	24,092
Regional meetings	12,925	-	12,925	23,952
Research	-	-	-	600
Schools project	803	-	803	680
Training	8,877	-	8,877	6,082
Sundries	94	-	94	224
	40,068	30,929	70,997	57,388

9. Investments at Market Value

	Holding	2020	2020	2019
		£	£	£
Centrica plc	Ordinary Shares	202	77	231
Lloyds Banking Group plc	Ordinary Shares	308	98	191
National Grid plc	Ordinary Shares	58	549	493
Royal Dutch Shell plc	B Ordinary Shares	87	1,183	2,112
			1,907	3,027

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2020

10. Movements in Funds

	As at			As at	
	31/03/2019	Receipts	Payments	Transfers	31/03/2020
	£	£	£	£	£
<u>Unrestricted Funds</u>					
General	25,425	55,825	(41,077)	(60)	40,113
<u>Designated Funds</u>					
Remote & Rural	12,276	-	-	-	12,276
<u>Restricted Funds</u>					
Prison	21,583	9,286	(30,929)	60	-
Total Funds	59,284	65,111	(72,006)	-	52,389

11. Transfers between funds

£60 was transferred from the General fund to the Prison fund to meet the balance of costs not covered by grant funding.

12. Purposes of funds

General Fund	An unrestricted fund for general use at the discretion of the trustees in furtherance of the objects of the charity.
Remote & Rural Fund	A designated fund set aside by the trustees towards service delivery in remote and rural communities.
Prison Fund	Grant funding received from the Scottish Prison Service towards the cost of providing services within Scottish Prisons.