Registered Charity: SC043315

RAINBOW VALLEY

REPORT AND FINANCIAL STATEMENTS

FOR THE PERIOD ENDED

31 JANUARY 2026

RAINBOW VALLEY

FINANCIAL STATEMENTS

FOR THE PERIOD ENDED 31 JANUARY 2026

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RAINBOW VALLEY

Legal and Administration Information

Charity Name:	Rainbow Valley
Registered Office:	Unit 3, Blair Court, Clydebank Business Park, Clydebank, Glasgow, G81 2LA
Charity Registration Number:	SC043315
Bankers:	Royal Bank of Scotland Glasgow Parkhead 1304 Duke Street Glasgow G31 5PZ
Independent Examiner	Steven Carr, AIA, AFA, ACPPA, BA (Hons) S & T Carr Ltd t/a Carr Accounting Westgate House Seedhill Paisley PA1 1JE

Rainbow Valley

Report of the Trustees for the period ended 31 January 2026.

The Trustees are pleased to present their report together with the financial statements of Rainbow Valley for the period ended 31 January 2026.

The legal and administration information on page one forms a part of this report.

Objectives and Activities.

Rainbow Valley was founded in July 2012 in memory of Johanna MacVicar, who was diagnosed with leukaemia at the age of 16 and sadly lost her battle in 2005. The charity was established by Johanna's mother, Angela MacVicar, alongside other family members, inspired by Johanna's vision of a holistic approach to living with and overcoming cancer.

The primary aim of Rainbow Valley is to empower individuals affected by cancer by providing them with practical tools and education to take control of their health and well-being. The charity offers a range of courses and support services that address the psychological, emotional, and physical needs of both individuals diagnosed with cancer and their support networks. The mission of Rainbow Valley is to nourish the mind, body, and soul of those affected by cancer, enabling them to take an active role in their journey towards recovery.

Mission for 2026

Purpose
Educating people to take control of their cancer diagnosis by accessing new ways to thrive and survive. Ensuring everyone affected by cancer can access information on how to nurture themselves by embracing a holistic approach to their health.

Mission
To empower people affected by cancer to nourish their mind body & soul and take responsibility for their health.

Vision
That every person affected by cancer is given the tools for integrated physical, emotional and spiritual wellbeing

ACHIEVEMENTS AND PERFORMANCE

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During this financial year, Rainbow Valley successfully organised and executed several key events that served as the major sources of income for the charity:

1. **Brave to Bare Event**: This empowering event encouraged women, including our ambassadors, previous course attendees, and others affected by cancer, to share their experiences and support each other. This event not only provided emotional support but also raised significant funds for the charity.
2. **Rainbow Valley Fashion Show**: A special event where fashion meets compassion. This event not only celebrates the latest trends on the runway, but the incredible strength and resilience of our models, each of whom has a personal connection to cancer.
3. **Rainbow Valley Annual Charity Ball**: Attended by over 400 supporters, ambassadors, course attendees, and suppliers, this event was a highlight of the year, fostering community spirit and raising awareness of the charity's achievements and future goals.
4. **Rainbow Valley Annual Christmas Concert**: This years' event brought together over 200 supporters and performers, contributing to fundraising efforts and promoting the charity's free courses for those affected by cancer.

In addition to these main events, Rainbow Valley supporters held several other fundraising activities, including Bingo Night, Thrift Event & we worked with Local Secondary School Douglas Academy with their YPS project. The funds raised through these efforts were instrumental in delivering the Rainbow Valley mindfulness and well-being 1-day courses, which supported over 30 individuals throughout the year.

The charity reintroduced it's 2-day residential courses as committed to in the last annual report and have successfully held 8 residential courses supporting 100 individuals, our courses consist of Mindfulness and Relaxation Techniques, Nutrition and Well-Being, Emotional Resilience and Support, Holistic Therapies and much more.

Financial Review

Rainbow Valley operates as a non-profit charity, with a focus on maximising the impact of every donation received. In this financial year, the charity saw a reduction in receipts and donations (£189,137 vs £244,353) compared to the previous financial year. This growth can be attributed to the resumption of events and increased community engagement post-pandemic.

The charity also experienced an increase in costs in this financial year when compared to the previous year, due to integrating a more cost-conscious culture and focussing on maximising the contributions from donations.

As the charity moves forward, there will be a continued emphasis on increasing donations while carefully managing costs.

Structure, Governance and Management

Rainbow Valley is registered as a Scottish Charitable Incorporated Organisation (SCIO) with the Office of the Scottish Charity Regulator (OSCR), under Charity Number SC043315. The charity operates from its Clydebank office, where two full-time permanent employees and one part time employee manage the day-to-day activities and events.

The governance of Rainbow Valley is overseen by a dedicated Board of Trustees, who are responsible for safeguarding the charity's assets and reputation. The Board regularly evaluates and appoints additional trustees to ensure that the charity's mission and objectives are upheld.

Provision of Pension Contributions:
In line with the mandatory employer pension contributions, Rainbow Valley makes contributions for all relevant employees with Aviva Workplace Pensions.

Board of Trustees

Rainbow Valley has a formal Board of Trustees which meets regularly and keeps signed minutes of every meeting.

Board of Trustees:

- **Louise Margaret Harkiss**
- **Yvonne Armstrong**
- **Kenneth Grieve**
- **Steven Donnachie**
- **Elaine Jean Boyd**

Future Plans

As Rainbow Valley moves forward, the charity is deeply committed to broadening its impact and reaching even more individuals and families affected by cancer. Central to our future strategy is the expansion of our 2-day residential courses, which have proven to be a vital resource for those seeking holistic support in their cancer journey. We plan to significantly increase the availability of these courses, ensuring

that more people can benefit from the comprehensive care and empowerment they offer.

- In addition to expanding our residential courses, we are excited to expand the number of nutritional courses which were first introduced in 2024. This program was carefully developed to provide participants with tailored nutritional guidance, helping them to strengthen their bodies and enhance their overall well-being during and after cancer treatment. Nutrition plays a critical role in healing, and we aim to continue to equip individuals with the knowledge and tools they need to make informed choices about their diet and health.

- Rainbow Valley is also dedicated to enhancing our outreach programs, ensuring that our services are accessible to a wider audience, including those in underserved communities. By increasing our presence and visibility, we aim to raise greater awareness of the resources we offer and connect with more individuals who could benefit from our support.

- Our fundraising events have been a cornerstone of our success, and we plan to build on this foundation by introducing new and innovative events, as well as expanding existing ones. These efforts will not only raise the necessary funds to sustain our programs but will also foster a sense of community and shared purpose among our supporters.

- The Board of Trustees will continue to work closely with our dedicated staff and volunteers, ensuring that Rainbow Valley remains responsive to the needs of those we serve. Together, we are committed to maintaining the highest standards of care and support, enabling Rainbow Valley to be a beacon of hope and strength for all who are touched by cancer.

- We developed a residential Sleep Aid course, this decision was taken as good sleep hygiene is scientifically proven and vital to aid healing both physically and mentally.

RAINBOW VALLEY

REPORT OF THE TRUSTEES

FOR THE PERIOD ENDED 31 JANUARY 2026

Trustees Declaration

Trustees are held responsible for the purposes of charity law and are required to prepare financial statements which give a true and fair view of the charity's activities to be lodged with the Office of The Scottish Charities Regulator. This ensures that all financial statements comply with charity law.

In accordance with company law, as the company's Trustees, we certify that:

- As far as we are aware, there are no relevant audit information of which the company's independent examiner is aware and
- As the Trustees of the company we have taken all steps that we ought to have taken in order to make ourselves aware of any relevant audit information and to ensure that the charity's independent examiner has been made aware of that information.

Approved by the Trustees and signed by:

Name in Capitals: Steven Donnachie

Signature: Steven Donnachie
Steven Donnachie (Oct 2, 2026 14:52:31 GMT+1)

Date:

INDEPENDENT EXAMINERS REPORT TO THE TRUSTEES OF:

RAINBOW VALLEY

FOR THE PERIOD ENDED 31 JANUARY 2026

I report on the accounts of the charity for the period ended 31 January 2026, which are set out on pages 10 - 15.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Act (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10 (1) (d) of the Accounts Regulation does not apply. It is my responsibility to examine the accounts as required under section 44 (1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In the course of my examination, no matter has come to my attention:

1. Which gives me reasonable cause to believe that in any material respect the requirements:

    - To keep accounting records in accordance with Section 44 (1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
    - To prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations

Have not been met, or

2. To which, in my opinion, attention should be drawn in order to enable a

proper understanding of the accounts to be reached.



Steven Carr
MAIA, AFA, AIPA, ACPAA
S & T Carr Ltd t/a Carr Accounting
Westgate House
Seedhill
Paisley
PA1 1JE

RAINBOW VALLEY

STATEMENT OF RECEIPTS AND PAYMENTS
For the Year Ended 31 January 2026

Receipts	**Note**	**Unrestricted**	**Restricted**	**2026**	**2025**
		£	£	£	£
Voluntary Receipts	3	4,000		4,000	
Donations	4	120,080		120,080	93,788
Fund Generation		64,473		64,473	50,139
Other Charitable Activities		584		584	
					100,426
Total Incoming Resources		**189,137**		**189,137**	**244,353**

Payments	**Note**	**Unrestricted**	**Restricted**	**2026**	**2025**
		£	£	£	£
Cost of Fundraising	6	55,869		55,869	71,663
Cost of Charitable Activities	7	58,742		58,742	16,603
Governance Costs	8	4,562		4,562	2,375
Support Costs	9	101,473		101,473	70,443
Management & Admin	9	9,943		9,943	24,597
Grants Payable					
Total Payments		230,589		230,587	183,306
Surplus/Deficit for the year		(41,452)		(41,452)	61,047
Transfers Between Funds				-	-
Surplus/Deficit for the year		(41,452)		(41,452)	61,047

Reconciliation of Funds		Unrestricted	Restricted	Total
Total Funds Brought Forward		121,308		121,308
Transfer between Funds				
Surplus /Deficit for the year		(41,452)		(41,452)
	12	79,856		79,856

The statement of receipts and payments includes all gains and losses recognised in the year. All incoming resources and resources expended derive from continuing activities.

RAINBOW VALLEY

BALANCE SHEET

AS AT 31 JANUARY 2026

	NOTE	2026 £	2025 £
FIXED ASSETS			
Tangible Assets			
CURRENT ASSETS			
Debtors		4,000	
Deposits & Cash		70,584	(69)
Cash in Bank and in Hand		8,340	124,421
Current Liabilities		3,068	3,043
Net Assets		79,856	121,308
Unrestricted Funds			
General Reserves		79,856	121,308
Restricted Funds			
General reserves – Opening Balance		121,308	
Deduct Deficit		(41,452)	
TOTAL FUNDS	12	79,856	121,308

Approved by the Trustees and signed on their behalf.

NAME IN CAPITALS Steven Donnachie

SIGNATURE **Signature:** Steven Donnachie
Steven Donnachie (Oct 2, 2026 14:52:31 GMT+1)
Email: treasurer@rainbowvalley.org.uk

DATE 02/10/2026

RAINBOW VALLEY

NOTES TO THE ACCOUNTS

FOR THE PERIOD ENDED 31 JANUARY 2026

1. Accounting policies

a) Basis of Preparation

These accounts have been prepared on the receipts and payments basis in accordance with the Charities & Trustee Investment (Scotland) Act 2005 (as amended)

b) Nature and Purpose of Funds

Unrestricted funds are those that may be used at the discretion of the Trustees in furtherance of the objects of the charity. The trustees maintain a single unrestricted fund for the day to day running of the charity.

Restricted funds may only be used for specific purposes. Restrictions arise when specified by the donor or when funds are raised for specific purposes

c) Receipts

All receipts are included in the Statement of Financial Activities on a cash basis

d) Payments

Payments are recognised on a cash basis. Payments include any Value Added Tax which cannot be fully recovered and is reported as part of the payment to which it relates:

e) Costs of generating funds comprise the costs associated with attracting voluntary income

f) Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

g) Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the independent examination fees and costs linked to the strategic management of the charity

h) All costs are allocated between the expenditure categories of the Statement of Financial Activities on a basis designed to reflect the use of the resource.

i) Tangible Fixed Assets and depreciation

Tangible fixed assets are capitalised, including any incidental expenses of acquisition

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Office equipment – 25% straight line

2. Legal Status

The charity is a Scottish Charitable Incorporated Organisation (SCIO) registered with the Office of the Scottish Charity Register

3. Voluntary Income

	Unrestricted £	Restricted £	2026 £	2025 £
Gift Aid	4,000		4,000	
Total	4,000		4,000	

4. Activities for generating funds

	Unrestricted £	Restricted £	2026 £	2025 £
Donations	120,080		120,080	244,353

5. Other incoming resources

	Unrestricted £	Restricted £	2026 £	2025 £
Fund Generation	64,473		64,473	44,986
Grants				
Charitable Activities	64,473		64,473	44,986

6. Payments Expended – fundraising activities

	Direct Costs	Support Costs	2026	2025
	£	£	£	£
Marketing & Publications	7,299		7,299	
Fund Raising Expenses	48,570		48,570	49,306

7. Payments Expended – charitable activities

	Direct Costs	Support Costs	2026	2025
	£	£	£	£
Courses	58,742		58,742	47,533

8. Payments Expended – governance costs

	Direct Costs	Support Costs	2026	2025
	£	£	£	£
Governance costs	4,562		4,562	2,376

9. Support Costs – breakdown by activity

	Direct Costs	Support Costs	2026	2025
	£	£	£	£
Administrative overheads	101,465		101,465	71,043
Management & Admin	8		8	25,641

Allocated on the basis of time spent on each activity

10. Trustees' Remuneration and related party transactions

No Trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity during the year.

11. Restricted Funds

Movement in Funds

	Balance at 1/2/25	Incoming Resources	Resources Expended	Transfers	Balance at 31/1/26
	£	£	£	£	£
Donation	0			0	0

12. Analysis of Net Assets between Funds

	Fixed Assets	Net Current Assets	Total
	£	£	£
Restricted Funds	0	0	0
Unrestricted Funds	0	79,856	79,856
	0	79,856	79,856