

APPENDIX 1

Office of the Scottish Charity Regulator

OSCR

Trustees' Annual Report for the period

|                   |     |       |      |                 |       |               |
|-------------------|-----|-------|------|-----------------|-------|---------------|
| Period start date |     |       |      | Period end date |       |               |
| From              | Day | Month | Year | Day             | Month | Year          |
|                   | 1   | March | 2025 | To              | 28    | February 2026 |

Reference and administration details

|                                 |                                          |                     |
|---------------------------------|------------------------------------------|---------------------|
| Charity name                    | The Recovery Life Cafe                   |                     |
| Other names charity is known by |                                          |                     |
| Registered charity number       | SC048136                                 |                     |
| Charity's principal address     | c/o East Dunbartonshire Voluntary Action |                     |
|                                 | Units 4 & 5, 18-20 Townhead              |                     |
|                                 | Kirkintilloch                            |                     |
|                                 | Glasgow                                  | Postcode: - G66 1NL |

Names of the charity trustees on date of approval of Trustees' Annual Report

|    | Trustee name         | Office (if any) | Dates acted if not for whole year | Name of person (or body) entitled to appoint trustee (if any) |
|----|----------------------|-----------------|-----------------------------------|---------------------------------------------------------------|
| 1  | James Duncan Borland | Chairperson     |                                   |                                                               |
| 2  | Kenny French         | Treasurer       |                                   |                                                               |
| 3  | Christine MacCauley  | Secretary       |                                   |                                                               |
| 4  | William Robert Nixon | Trustee         |                                   |                                                               |
| 5  | Jayne Davies         | Trustee         |                                   |                                                               |
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Reference and administration details

Names of all other charity trustees during the period, if any, (for example, those who resigned part way through the financial period)

| Name | Dates acted if not for whole year |
|------|-----------------------------------|
|      |                                   |
|      |                                   |
|      |                                   |

Structure, governance and management

|                                     |                                                                       |
|-------------------------------------|-----------------------------------------------------------------------|
| Type of governing document          | The Charity is a Scottish Charitable Incorporated Organisation (SCIO) |
| Trustee recruitment and appointment | Trustees are proposed and elected at the annual general meeting       |

Objectives and activities

|                                                             |                                                                                                                                                                                                                                                                                                                                                   |
|-------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Charitable purposes                                         | 4.1 The provision of recreational facilities, or the organisation of recreational activities with the object of improving the conditions of life for the persons for whom the facilities or activities are primarily intended. 4.2 The relief of those in need by reason of age, ill-health, disability, financial hardship or other disadvantage |
| Summary of the main activities in relation to these objects | The main activity of the charity is to organize a monthly recovery café in Kirkintilloch for all residents of East Dunbartonshire, their families and carers, providing a safe environment for all of those undergoing a recovery process, from a myriad of causes.                                                                               |

## APPENDIX 1

### Achievements and performance

#### Summary of the main achievements of the charity during the financial period

The Recovery Life Café has been going well since our return in September 2023 after 3 years off due to the Worldwide Covid pandemic.

Over the past year we have engaged with new organisations and charities in our community and asked them along to meet with the people who attend.

This has included Creative Sparks a local drama charity which supports a large group of children in our area.

We have also invited CAP (Christians Against Poverty) which supports people through debt management issues.

This year we have partnered with a new charity Beauty Bank which offers health and beauty products free to people throughout the UK that might be struggling to look after their health and hygiene due to financial pressures.

One of our new ventures this year was to deliver training in the community. To achieve this I have completed a Mental Health First Aid course and attended and updated my Suicide Prevention training, which will allow me to deliver SuicideTALK training in the community this September.

### Financial review

#### Brief statement of the charity's policy on reserves

We have no policy on reserves. All income is used to further our charitable purposes.

#### Details of any deficit

None

#### Donated facilities and services (if any)

Other optional information

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

|                       |                                                                                      |                                                                                     |
|-----------------------|--------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
| Signature(s)          |  |  |
| Full name(s)          | James D Borland                                                                      | Kenny French                                                                        |
| Position (e.g. Chair) | Chair                                                                                | Treasurer                                                                           |
| Date                  | 14/07/2026                                                                           | 14/07/2026                                                                          |

The Recovery Life Cafe

SC048136



Receipts and payments accounts

|                     |                   |       |      |    |                 |       |      |  |
|---------------------|-------------------|-------|------|----|-----------------|-------|------|--|
| For the period from | Period start date |       |      |    | Period end date |       |      |  |
|                     | Day               | Month | Year | to | Day             | Month | Year |  |
|                     | 01                | 03    | 2025 |    | 28              | 02    | 2026 |  |

Section A Statement of receipts and payments

|                                                               | Unrestricted funds | Restricted funds | Expendable endowment funds | Permanent endowment funds | Total funds current period | Total funds last period |
|---------------------------------------------------------------|--------------------|------------------|----------------------------|---------------------------|----------------------------|-------------------------|
|                                                               | to nearest £       | to nearest £     | to nearest £               | to nearest £              | to nearest £               | to nearest £            |
| <b>A1 Receipts</b>                                            |                    |                  |                            |                           |                            |                         |
| Donations                                                     | 1,008              |                  |                            |                           | 1,008                      | 1,509                   |
| Legacies                                                      |                    |                  |                            |                           | -                          | -                       |
| Grants                                                        | 10,000             | 6,000            |                            |                           | 16,000                     | 6,800                   |
| Receipts from fundraising activities                          |                    |                  |                            |                           | -                          | -                       |
| Gross trading receipts                                        |                    |                  |                            |                           | -                          | -                       |
| Income from investments other than land and buildings         |                    |                  |                            |                           | -                          | -                       |
| Rents from land & buildings                                   |                    |                  |                            |                           | -                          | -                       |
| Gross receipts from other charitable activities               |                    |                  |                            |                           | -                          | -                       |
| <b>A1 Sub total</b>                                           | <b>11,008</b>      | <b>6,000</b>     | <b>-</b>                   | <b>-</b>                  | <b>17,008</b>              | <b>8,309</b>            |
| <b>A2 Receipts from asset &amp; investment sales</b>          |                    |                  |                            |                           |                            |                         |
| Proceeds from sale of fixed assets                            |                    |                  |                            |                           | -                          | -                       |
| Proceeds from sale of investments                             |                    |                  |                            |                           | -                          | -                       |
| <b>A2 Sub total</b>                                           | <b>-</b>           | <b>-</b>         | <b>-</b>                   | <b>-</b>                  | <b>-</b>                   | <b>-</b>                |
| <b>Total receipts</b>                                         | <b>11,008</b>      | <b>6,000</b>     | <b>-</b>                   | <b>-</b>                  | <b>17,008</b>              | <b>8,309</b>            |
| <b>A3 Payments</b>                                            |                    |                  |                            |                           |                            |                         |
| Expenses for fundraising activities                           |                    |                  |                            |                           | -                          | -                       |
| Gross trading payments                                        |                    |                  |                            |                           | -                          | -                       |
| Investment management costs                                   |                    |                  |                            |                           | -                          | -                       |
| Payments relating directly to charitable activities           | 7,355              | -                |                            |                           | 7,355                      | 7,627                   |
| Grants and donations                                          |                    |                  |                            |                           | -                          | -                       |
| Governance costs:                                             |                    |                  |                            |                           | -                          | -                       |
| Audit / independent examination                               | 228                |                  |                            |                           | 228                        | 150                     |
| Preparation of annual accounts                                |                    |                  |                            |                           | -                          | -                       |
| Legal costs                                                   |                    |                  |                            |                           | -                          | -                       |
| Other                                                         |                    |                  |                            |                           | -                          | -                       |
| <b>A3 Sub total</b>                                           | <b>7,583</b>       | <b>-</b>         | <b>-</b>                   | <b>-</b>                  | <b>7,583</b>               | <b>7,777</b>            |
| <b>A4 Payments relating to asset and investment movements</b> |                    |                  |                            |                           |                            |                         |
| Purchases of fixed assets                                     |                    |                  |                            |                           | -                          | -                       |
| Purchase of investments                                       |                    |                  |                            |                           | -                          | -                       |
| <b>A4 Sub total</b>                                           | <b>-</b>           | <b>-</b>         | <b>-</b>                   | <b>-</b>                  | <b>-</b>                   | <b>-</b>                |
| <b>Total payments</b>                                         | <b>7,583</b>       | <b>-</b>         | <b>-</b>                   | <b>-</b>                  | <b>7,583</b>               | <b>7,777</b>            |
| <b>Net receipts / (payments)</b>                              | <b>3,425</b>       | <b>6,000</b>     | <b>-</b>                   | <b>-</b>                  | <b>9,425</b>               | <b>532</b>              |
| <b>A5 Transfers to / (from) funds</b>                         |                    |                  |                            |                           |                            |                         |
| <b>Surplus / (deficit) for year</b>                           | <b>3,425</b>       | <b>6,000</b>     | <b>-</b>                   | <b>-</b>                  | <b>9,425</b>               | <b>532</b>              |

Section C Notes to the Accounts

C1 Nature and purpose of funds *(may be stated on analysis of funds worksheets)*

C2 Grants

| Type of activity or project supported | Individual / institution | Number of grants made | £      |
|---------------------------------------|--------------------------|-----------------------|--------|
| East Dunbartonshire Council           | Institution              | 2                     | 16,000 |
|                                       |                          |                       |        |
|                                       |                          |                       |        |
|                                       |                          |                       |        |
|                                       |                          | Total                 | 16,000 |

C3a Trustee remuneration

|                                                                                                                                                      |   |
|------------------------------------------------------------------------------------------------------------------------------------------------------|---|
| If no remuneration was paid during the period to any charity trustee or person connected to a trustee cross this box (otherwise complete section 3b) | X |
|------------------------------------------------------------------------------------------------------------------------------------------------------|---|

C3b Trustee remuneration - details

| Authority under which paid | £ |
|----------------------------|---|
|                            |   |
|                            |   |
|                            |   |
|                            |   |
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C4a Trustee expenses

|                                                                                                                       |   |
|-----------------------------------------------------------------------------------------------------------------------|---|
| If no expenses were paid to any charity trustee during the period then cross this box (otherwise complete section 4b) | X |
|-----------------------------------------------------------------------------------------------------------------------|---|

C4b Trustee expenses - details

|  | Number of trustees | £ |
|--|--------------------|---|
|  |                    |   |
|  |                    |   |
|  |                    |   |
|  |                    |   |
|  |                    |   |

C5 Transactions with trustees and connected persons

| Nature of relationship | Nature of transaction | Transaction amount (£) | Balance outstanding at period end (£) |
|------------------------|-----------------------|------------------------|---------------------------------------|
|                        |                       |                        |                                       |
|                        |                       |                        |                                       |
|                        |                       |                        |                                       |
|                        |                       |                        |                                       |
|                        |                       |                        |                                       |

C6 Other information

The Recovery Life Cafe

SC048136

Additional analysis (1)

Analysis of receipts and payments

1 Donations

|                    | Unrestricted funds<br>to nearest £ | Restricted funds<br>to nearest £ | Expendable<br>endowment<br>funds<br>to nearest £ | Permanent<br>endowment<br>funds<br>to nearest £ | Total current<br>period<br>to nearest £ | Total last period<br>to nearest £ |
|--------------------|------------------------------------|----------------------------------|--------------------------------------------------|-------------------------------------------------|-----------------------------------------|-----------------------------------|
| Donations received | 1,008                              |                                  |                                                  |                                                 | 1,008                                   | 1,509                             |
|                    |                                    |                                  |                                                  |                                                 | -                                       | -                                 |
|                    |                                    |                                  |                                                  |                                                 | -                                       | -                                 |
| <b>Total</b>       | <b>1,008</b>                       | <b>-</b>                         | <b>-</b>                                         | <b>-</b>                                        | <b>1,008</b>                            | <b>1,509</b>                      |

2 Grants

|              | Unrestricted funds<br>to nearest £ | Restricted funds<br>to nearest £ | Total current<br>period<br>to nearest £ | Total last period<br>to nearest £ |
|--------------|------------------------------------|----------------------------------|-----------------------------------------|-----------------------------------|
| EDC          | 10,000                             | 6,000                            | 16,000                                  | 6,800                             |
|              |                                    |                                  | -                                       | -                                 |
|              |                                    |                                  | -                                       | -                                 |
| <b>Total</b> | <b>10,000</b>                      | <b>6,000</b>                     | <b>16,000</b>                           | <b>6,800</b>                      |

3 Gross receipts from other charitable activities

|              | Unrestricted funds<br>to nearest £ | Restricted funds<br>to nearest £ | Expendable<br>endowment<br>funds<br>to nearest £ | Permanent<br>endowment<br>funds<br>to nearest £ | Total current<br>period<br>to nearest £ | Total last period<br>to nearest £ |
|--------------|------------------------------------|----------------------------------|--------------------------------------------------|-------------------------------------------------|-----------------------------------------|-----------------------------------|
|              |                                    |                                  |                                                  |                                                 | -                                       |                                   |
|              |                                    |                                  |                                                  |                                                 | -                                       |                                   |
|              |                                    |                                  |                                                  |                                                 | -                                       |                                   |
|              |                                    |                                  |                                                  |                                                 | -                                       |                                   |
|              |                                    |                                  |                                                  |                                                 | -                                       |                                   |
| <b>Total</b> | <b>-</b>                           | <b>-</b>                         | <b>-</b>                                         | <b>-</b>                                        | <b>-</b>                                | <b>-</b>                          |

4 Payments relating directly to charitable activities

|                     | Unrestricted funds<br>to nearest £ | Restricted funds<br>to nearest £ | Expendable<br>endowment<br>funds<br>to nearest £ | Permanent<br>endowment<br>funds<br>to nearest £ | Total current<br>period<br>to nearest £ | Total last period<br>to nearest £ |
|---------------------|------------------------------------|----------------------------------|--------------------------------------------------|-------------------------------------------------|-----------------------------------------|-----------------------------------|
| Advertising         | 709                                |                                  |                                                  |                                                 | 709                                     | 601                               |
| Consumables         | 3,768                              |                                  |                                                  |                                                 | 3,768                                   | 5,266                             |
| IT & computer       | 611                                |                                  |                                                  |                                                 | 611                                     | -                                 |
| Rent                | 1,080                              |                                  |                                                  |                                                 | 1,080                                   | 1,135                             |
| Insurance           | -                                  |                                  |                                                  |                                                 | -                                       | 32                                |
| Training and events | 738                                |                                  |                                                  |                                                 | 738                                     | 416                               |
| Other               | 449                                |                                  |                                                  |                                                 | 449                                     | 177                               |
|                     |                                    |                                  |                                                  |                                                 | -                                       | -                                 |
|                     |                                    |                                  |                                                  |                                                 | -                                       | -                                 |
| <b>Total</b>        | <b>7,355</b>                       | <b>-</b>                         | <b>-</b>                                         | <b>-</b>                                        | <b>7,355</b>                            | <b>7,627</b>                      |

The Recovery Life Cafe  
Section B Statement of balances

SC048136

| Categories                                             | Details                                                    | Unrestricted funds |  |  |  | Restricted funds |  | Expendable endowment funds |  | Permanent endowment funds |  | Total current period |  | Total last period |  |
|--------------------------------------------------------|------------------------------------------------------------|--------------------|--|--|--|------------------|--|----------------------------|--|---------------------------|--|----------------------|--|-------------------|--|
|                                                        |                                                            | to nearest £       |  |  |  | to nearest £     |  | to nearest £               |  | to nearest £              |  | to nearest £         |  | to nearest £      |  |
| B1 Cash funds                                          | Cash and bank balances at start of year                    | 4,068              |  |  |  | (485)            |  |                            |  |                           |  | 3,583                |  | 3,051             |  |
|                                                        | Surplus / (deficit) shown on receipts and payments account | 3,425              |  |  |  | 6,000            |  |                            |  |                           |  | 9,425                |  | 532               |  |
|                                                        |                                                            |                    |  |  |  |                  |  |                            |  |                           |  | -                    |  | -                 |  |
|                                                        | Cash and bank balances at end of year                      | 7,493              |  |  |  | 5,515            |  | -                          |  | -                         |  | 13,008               |  | 3,583             |  |
| (Agree balances with receipts and payments account(s)) |                                                            |                    |  |  |  |                  |  |                            |  |                           |  |                      |  |                   |  |

| B2 investments | Details | Fund to which asset belongs | Market valuation |              | Last year    |              |
|----------------|---------|-----------------------------|------------------|--------------|--------------|--------------|
|                |         |                             | to nearest £     | to nearest £ | to nearest £ | to nearest £ |
|                |         |                             |                  |              |              |              |
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|                |         |                             |                  |              |              |              |
|                |         |                             |                  |              |              |              |

Additional analysis (2)

5 Breakdown of unrestricted funds

|                                                            | Unrestricted fund 1 - enter name of fund below | Unrestricted fund 2 - enter name of fund below | Unrestricted fund 3 - enter name of fund below | Unrestricted fund 4 - enter name of fund below | Total unrestricted funds | Total unrestricted funds last period |
|------------------------------------------------------------|------------------------------------------------|------------------------------------------------|------------------------------------------------|------------------------------------------------|--------------------------|--------------------------------------|
| <b>Receipts</b>                                            |                                                |                                                |                                                |                                                |                          |                                      |
| Donations                                                  | 1,008                                          |                                                |                                                |                                                | 1,008                    | 1,509                                |
| Legacies                                                   |                                                |                                                |                                                |                                                | -                        | -                                    |
| Grants                                                     | 10,000                                         |                                                |                                                |                                                | 10,000                   | 1,800                                |
| Receipts from fundraising activities                       |                                                |                                                |                                                |                                                | -                        | -                                    |
| Gross trading receipts                                     |                                                |                                                |                                                |                                                | -                        | -                                    |
| buildings                                                  |                                                |                                                |                                                |                                                | -                        | -                                    |
| Rents from land & buildings                                |                                                |                                                |                                                |                                                | -                        | -                                    |
| Gross receipts from other charitable activities            |                                                |                                                |                                                |                                                | -                        | -                                    |
| <b>Sub total</b>                                           | <b>11,008</b>                                  | <b>-</b>                                       | <b>-</b>                                       | <b>-</b>                                       | <b>11,008</b>            | <b>3,309</b>                         |
| <b>Receipts from asset &amp; investment sales</b>          |                                                |                                                |                                                |                                                |                          |                                      |
| Proceeds from sale of fixed assets                         |                                                |                                                |                                                |                                                | -                        |                                      |
| Proceeds from sale of investments                          | -                                              | -                                              | -                                              | -                                              | -                        | -                                    |
| <b>Sub total</b>                                           | <b>-</b>                                       | <b>-</b>                                       | <b>-</b>                                       | <b>-</b>                                       | <b>-</b>                 | <b>-</b>                             |
| <b>Total receipts</b>                                      | <b>11,008</b>                                  | <b>-</b>                                       | <b>-</b>                                       | <b>-</b>                                       | <b>11,008</b>            | <b>3,309</b>                         |
| <b>Payments</b>                                            |                                                |                                                |                                                |                                                |                          |                                      |
| Expenses for fundraising activities                        |                                                |                                                |                                                |                                                | -                        | -                                    |
| Gross trading payments                                     |                                                |                                                |                                                |                                                | -                        | -                                    |
| Investment management costs                                |                                                |                                                |                                                |                                                | -                        | -                                    |
| Payments relating directly to charitable activities        | 7,355                                          |                                                |                                                |                                                | 7,355                    | 809                                  |
| Grants and donations                                       |                                                |                                                |                                                |                                                | -                        | -                                    |
| Governance costs:                                          |                                                |                                                |                                                |                                                | -                        | -                                    |
| Audit / independent examination                            | 228                                            |                                                |                                                |                                                | 228                      | 150                                  |
| Preparation of annual accounts                             |                                                |                                                |                                                |                                                | -                        | -                                    |
| Legal costs                                                |                                                |                                                |                                                |                                                | -                        | -                                    |
|                                                            |                                                |                                                |                                                |                                                | -                        | -                                    |
| <b>Sub total</b>                                           | <b>7,583</b>                                   | <b>-</b>                                       | <b>-</b>                                       | <b>-</b>                                       | <b>7,583</b>             | <b>959</b>                           |
| <b>Payments relating to asset and investment movements</b> |                                                |                                                |                                                |                                                |                          |                                      |
| Purchases of fixed assets                                  |                                                |                                                |                                                |                                                | -                        |                                      |
| Purchase of investments                                    |                                                |                                                |                                                |                                                | -                        |                                      |
| <b>Sub total</b>                                           | <b>-</b>                                       | <b>-</b>                                       | <b>-</b>                                       | <b>-</b>                                       | <b>-</b>                 | <b>-</b>                             |
| <b>Total payments</b>                                      | <b>7,583</b>                                   | <b>-</b>                                       | <b>-</b>                                       | <b>-</b>                                       | <b>7,583</b>             | <b>959</b>                           |
| <b>Net receipts / (payments)</b>                           | <b>3,425</b>                                   | <b>-</b>                                       | <b>-</b>                                       | <b>-</b>                                       | <b>3,425</b>             | <b>2,350</b>                         |
| <b>Transfers to / (from) funds</b>                         |                                                |                                                |                                                |                                                | -                        |                                      |
| <b>Surplus / (deficit) for year</b>                        | <b>3,425</b>                                   | <b>-</b>                                       | <b>-</b>                                       | <b>-</b>                                       | <b>3,425</b>             | <b>2,350</b>                         |
| <b>Nature and purpose of funds</b>                         |                                                |                                                |                                                |                                                |                          |                                      |

The Recovery Life Cafe

SC048136

Additional analysis (3)

6 Breakdown of restricted funds

|                                                       | Restricted fund 1 -<br>enter name of<br>fund below | Restricted fund<br>2 - enter name of<br>fund below | Restricted fund<br>3 - enter name of<br>fund below | Restricted fund<br>4 - enter name of<br>fund below | Total restricted<br>funds | Total restricted<br>funds last<br>period |
|-------------------------------------------------------|----------------------------------------------------|----------------------------------------------------|----------------------------------------------------|----------------------------------------------------|---------------------------|------------------------------------------|
| East<br>Dunbartonshire<br>Council                     |                                                    |                                                    |                                                    |                                                    |                           |                                          |
| Receipts                                              |                                                    |                                                    |                                                    |                                                    |                           |                                          |
| Donations                                             |                                                    |                                                    |                                                    |                                                    | -                         | -                                        |
| Legacies                                              |                                                    |                                                    |                                                    |                                                    | -                         | -                                        |
| Grants                                                | 6,000                                              |                                                    |                                                    |                                                    | 6,000                     | 5,000                                    |
| Receipts from fundraising activities                  |                                                    |                                                    |                                                    |                                                    | -                         | -                                        |
| Gross trading receipts                                |                                                    |                                                    |                                                    |                                                    | -                         | -                                        |
| Income from investments other than land and buildings |                                                    |                                                    |                                                    |                                                    | -                         | -                                        |
| Rents from land & buildings                           |                                                    |                                                    |                                                    |                                                    | -                         | -                                        |
| Gross receipts from other charitable activities       |                                                    |                                                    |                                                    |                                                    | -                         | -                                        |
| Sub total                                             | 6,000                                              | -                                                  | -                                                  | -                                                  | 6,000                     | 5,000                                    |
| Receipts from asset & investment sales                |                                                    |                                                    |                                                    |                                                    |                           |                                          |
| Proceeds from sale of fixed assets                    |                                                    |                                                    |                                                    |                                                    | -                         | -                                        |
| Proceeds from sale of investments                     |                                                    |                                                    |                                                    |                                                    | -                         | -                                        |
| Sub total                                             | -                                                  | -                                                  | -                                                  | -                                                  | -                         | -                                        |
| Total receipts                                        | 6,000                                              | -                                                  | -                                                  | -                                                  | 6,000                     | 5,000                                    |
| Payments                                              |                                                    |                                                    |                                                    |                                                    |                           |                                          |
| Expenses for fundraising activities                   |                                                    |                                                    |                                                    |                                                    | -                         | -                                        |
| Gross trading payments                                |                                                    |                                                    |                                                    |                                                    | -                         | -                                        |
| Investment management costs                           |                                                    |                                                    |                                                    |                                                    | -                         | -                                        |
| Payments relating directly to charitable activities   | -                                                  |                                                    |                                                    |                                                    | -                         | 6,818                                    |
| Grants and donations                                  |                                                    |                                                    |                                                    |                                                    | -                         | -                                        |
| Governance costs:                                     |                                                    |                                                    |                                                    |                                                    | -                         | -                                        |
| Audit / independent examination                       |                                                    |                                                    |                                                    |                                                    | -                         | -                                        |
| Preparation of annual accounts                        |                                                    |                                                    |                                                    |                                                    | -                         | -                                        |
| Legal costs                                           |                                                    |                                                    |                                                    |                                                    | -                         | -                                        |
| Sub total                                             | -                                                  | -                                                  | -                                                  | -                                                  | -                         | 6,818                                    |
| Payments relating to asset and investment movements   |                                                    |                                                    |                                                    |                                                    |                           |                                          |
| Purchases of fixed assets                             |                                                    |                                                    |                                                    |                                                    | -                         | -                                        |
| Purchase of investments                               |                                                    |                                                    |                                                    |                                                    | -                         | -                                        |
| Sub total                                             | -                                                  | -                                                  | -                                                  | -                                                  | -                         | 6,818                                    |
| Total payments                                        | -                                                  | -                                                  | -                                                  | -                                                  | -                         | 6,818                                    |
| Net receipts / (payments)                             | 6,000                                              | -                                                  | -                                                  | -                                                  | 6,000                     | (1,818)                                  |
| Transfers to / (from) funds                           |                                                    |                                                    |                                                    |                                                    | -                         | -                                        |
| Surplus / (deficit) for year                          | 6,000                                              | -                                                  | -                                                  | -                                                  | 6,000                     | (1,818)                                  |
| Nature and purpose of funds                           |                                                    |                                                    |                                                    |                                                    |                           |                                          |
| Suicide Prevention Training                           |                                                    |                                                    |                                                    |                                                    |                           |                                          |
| Transport to Recovery Cafe Life Events                |                                                    |                                                    |                                                    |                                                    |                           |                                          |
| Summer Cruises                                        |                                                    |                                                    |                                                    |                                                    |                           |                                          |

APPENDIX 3



|                                                                               |       |      |           |                 |          |      |
|-------------------------------------------------------------------------------|-------|------|-----------|-----------------|----------|------|
| <b>Independent examiner's report on the accounts</b> v2                       |       |      |           |                 |          |      |
| Charity name<br><b>The Recovery Life Cafe</b>                                 |       |      |           |                 |          |      |
| <b>SC048136</b>                                                               |       |      |           |                 |          |      |
| Period start date                                                             |       |      |           | Period end date |          |      |
| Day                                                                           | Month | Year | Day       | Month           | Year     |      |
| 01                                                                            | March | 2025 | <b>to</b> | 29              | February | 2026 |
| Appendix 2<br><br>(remember to include the page numbers of additional sheets) |       |      |           |                 |          |      |

**Report to the trustees/members of**

**Registered charity number**

**On the accounts of the charity for the period**

**Set out on pages**

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

**Basis of independent examiner's statement**

My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.

**Independent examiner's statement**

In the course of my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
- to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations

have not been met, or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

**Signed:**

*Jamie Fitzpatrick*

**Name:**

JAMIE FITZPATRICK

**Relevant professional qualification(s) or body (if any):**

MEMBER OF THE INSTITUTE OF CHARTERED ACCOUNTANTS OF SCOTLAND

**Address:**

60 FALKIRK ROAD, LARBERT, FK5 3AH