



Gairloch Aid & Mobility Support

Trustees' Annual Report, Financial Statements and

Independent Examiner's Report

Gairloch Aid & Mobility Support SCIO

SC047047

Year to 31st January 2026

Gairloch Aid & Mobility Support SCIO (GAMS)

Trustees' Annual Report for the period to 31st January 2026

The Trustees present their report together with financial statements for the period from 1st February 2025 until 31st January 2026.

Reference and Administrative Information

Charity Name

Gairloch Aid & Mobility Support SCIO

Charity Number

SC047047

Address

7 Glebe Park, Gairloch, IV21 2DE

Trustees

William Scambler	Chair
John Beck	Treasurer
Birgit Joost	Secretary
Mark Feeny	
Sue Fidler Moore	
Robert Meikle	
John Port	co-opted

Structure, Governance and Management

Constitution

GAMS is a Scottish Charitable Incorporated Organisation (SCIO). It was originally a project of Gairloch & Loch Ewe Action Forum (GALE) and was formally incorporated as a SCIO on 15th December 2016. It has a two-tier structure with 70 members as at 31st January 2026.

Appointment of Trustees

The Trustees act as the Board of the charity and carry out the day-to-day management, meeting whenever necessary and generally at least bi-monthly.

Trustees will be elected or re-elected by the members at the forthcoming Annual General Meeting.

There must be a minimum of four and a maximum of eight Trustees.

Objectives and Activities

Charitable purposes

GAMS' purposes are:

1. The advancement of health of those residents in the area of Wester Ross served by Gairloch and Aultbea Medical Practice extending from Mungasdale in the north to Letterewe and Grudie Bridge in the south comprising the villages of Gairloch, Poolewe, Aultbea and Laide and taking in all peninsular roads with the settlements along such roads (the Operating Area) through the implementation of the following purposes:
2. The organisation of recreational facilities and leisure time activity for persons resident in the Operating Area who have need of such facilities and activity by reason of their age, ill health, disability or other disadvantage with the object of improving the conditions of life of such persons.
3. The relief of those resident in the Operating Area in need by reason of age, ill health, disability or disadvantage through the provision by way of loan of wheelchairs (powered and manual) and other mobility aids in order to assist those in need to keep their independence and to allow them to remain connected

to the community in which they live together with provision of advice and training in the use of such items.

Activity report for year ending 31st January 2026

Outing 2025

Thanks to our volunteers, GAMS was able continue with a wide range of outings throughout the year. 52 people have shown interest in participating in this programme. Some outings were local to enable people with more severe health problems to participate as well. At most outings we provided either lunch or afternoon tea.

The 14 outings in 2025 were:

A visit to Beaulieu

A visit to Applecross

A visit to Inverewe Gardens

A cruise on the Waverley to Ullapool

A visit to the battle field in Culloden Moor

A visit to the Botanic Gardens in Inverness

A visit to Ullapool

A visit to the Ardesier Cheese Factory

A visit to Attadale Gardens

A visit to the Strathpeffer Highland Games

Train trip to Plockton

Pre-Christmas outing to Inverness 1

Pre-Christmas outing to Inverness 2

A visit to the Screen Machine Gairloch: The Choral

Making all this possible were

our drivers: John Platt, John Port, and Soren Fidler Moore

our organisers: Elna, & Hamish Lawrie, Sue F Moore, Rhona Mackenzie and Birgit Joost.

The services of John Platt who makes sure the bus is fit for purpose, clean and filled with fuel for every trip is invaluable and greatly appreciated.

Fall Prevention Class 2025/26

Our weekly fall prevention class takes place each Friday from 2:30 pm until 3:30 pm in the main hall of the Gairloch Community Hall and is open to anyone who is interested in improving or maintaining their balance. We have 23 names on our register, both male and female, and have a regular turn out of between 15 and 20 participants each week.

Our aim in these classes is to improve people's strength, flexibility, balance and reaction time so reducing their risk of falling. Through exercise people improve their bone density, which means they are less likely to have fractures if they ever do fall.

No one is too old for exercise. Mobility which is already lost can even be restored.

The programme includes functional exercises like getting up from a chair, turning round, reaching overhead etc. and is accompanied by some popular music which scans the decades.

Those who attend, much appreciate the sessions, not only for the physical benefits they are experiencing but also for the social aspect. There is always time for a chat before we start and also at the end of the programme.

Cross Generation Events

2025 saw the reintroduction of Cross Generation Events where seniors and children are doing crafts together.

The events were:

Easter decoration

Ginger bread houses

Risk assessment

The risk management policies are under review.

Fund Raising Activities

Great Wilderness Challenge 2025

Sponsorship raised through the GWC is greatly appreciated. This year our team was made up of:

Limited mobility section: Anna Johnstone (1.4 m), Annie Warren (1.4 m), Mary Ann Cross (1.4 m), Shirley Powley (2.8 m),

7 milers: Elna Lawrie, Rhona Mackenzie, Keilan Mackenzie, Bob Meikle, Viveca Port, Bob Widdows, Heather Widdows

Longer distances: Geoff Bardsley, Maryanne Kenley

Our thanks to them and also our thanks go to everyone who has supported this year's GAMS team by sponsoring them the money raised by our team is returned to GAMS with enhancement and gift aid. It is one of our main sources of income. We are grateful to be recognised by The GWC as one of their charities.

Donations

Donations made in the Fall Prevention Class, at outings and Cross Generation Events as well as a thank you for the loan of aids and other reasons are the second important source of income.

Future plans

We intend to increase the number of outings and cross generation events over the coming year and support allied charities and organisations that help improve the lives of the elderly and people with restricted mobility, in this remote community.

Signed: 

William Scambler, Chairman

GAIRLOCH AID & MOBILITY SUPPORT SCIO

**RECEIPTS AND PAYMENTS ACCOUNT
FOR THE YEAR ENDED 31 JANUARY 2026**

Receipts	Notes	£	2026 £	£	2025 £
		Unrestricted	Restricted	Total	Total
Donations	3	7,651	-	7,651	9,667
FPC		2,370	-	2,370	2,945
Membership subscription		700	-	700	110
Outings		2,455	-	2,455	1,873
Gift aid		1,263	-	1,263	1,490
Interest		1,898	-	1,898	1,742
Total Receipts		16,337	-	16,337	17,827
Payments					
Outings		4,047	-	4,047	2,936
Operational costs		228	-	228	370
Rent		668	-	668	386
Minibus expenses		4,432	-	4,432	4,911
Mobility aids		111	-	111	279
Insurance		214	-	214	200
Training		373	-	373	-
Bookkeeping		1,188	-	1,188	1,188
Accountancy		420	-	420	360
Donations	4	-	2,000	2,000	18,326
Total Payments		11,681	2,000	13,681	28,956
Surplus/(Deficit) for the year		4,656	(2,000)	2,656	(11,129)

GAIRLOCH AID & MOBILITY SUPPORT SCIO

**STATEMENT OF BALANCES
AS AT 31 JANUARY 2026**

	2026 £	2025 £
Bank and Cash in Hand		
Opening balances	109,351	120,480
Surplus/(Deficit) for the year	<u>2,656</u>	<u>(11,129)</u>
Closing Balances	<u><u>112,007</u></u>	<u><u>109,351</u></u>
 Reserves		
Unrestricted	102,241	97,585
Restricted	<u>9,766</u>	<u>11,766</u>
	<u><u>112,007</u></u>	<u><u>109,351</u></u>
 Other Assets & Liabilities		
 Vehicles at Cost		
Minibus	37,574	37,574
 Creditors		
Accountancy accrual	360	360

GAIRLOCH AID & MOBILITY SUPPORT SCIO

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 JANUARY 2026

1. Basis of accounting

These accounts have been prepared on the Receipts and Payments basis in accordance with the Charities & Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended).

2. Nature and purpose of funds

Unrestricted funds are those that may be used at the discretion of the trustees in furtherance of the objectives of the charity. The trustees maintain a single unrestricted fund for the day-to-day running of the charity.

3. Donations

	Unrestricted Funds	Restricted Funds	Total 2026	Total 2025
	£	£	£	£
General donations	201	-	201	4,467
Great Wilderness Challenge	7,450	-	7,450	5,200
	7,651	-	7,651	9,667

4. Donations paid out

Community Hampers	1,000
Wester Ross JFC	1,000
	2,000

Independent Examiner's Report to the Trustees

Year to 31st January 2026

Independent Examiner's Report to the Trustees of Gairloch Aid & Mobility Support SCIO (GAMS)

I report on the accounts of GAMS for the period ended 31st January 2026 which are set out on the preceding three pages.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1)(d) of the 2006 Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1)(c) of the Act and to state whether particular matters have come to my attention.

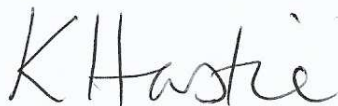
Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In the course of my examination, no matter has come to my attention.

1. which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with Section 44(1)(a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations
 - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulationshave not been met, or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Kevin Hastie FCCA.

Leggatts Accountants Ltd, Kempfield Court, Dingwall, IV15 9RT