

RELEASE AYRSHIRE
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 1ST JANUARY 2026
CHARITY NUMBER SC051648

DAINS
ACCOUNTANTS
ELLERSLEY HOUSE
30 MILLER ROAD
AYR KA7 2AY

RELEASE AYRSHIRE

CHARITY INFORMATION

TRUSTEES	Robbie Muir (Chair) Morgan Johnstone (Treasurer) Amanda Steele (Secretary) Lauren Holden Clare Slater
----------	---

PRINCIPAL ADDRESS	54 Mauchline Road Auchinleck South Ayrshire KA18 2BN
-------------------	---

Independent Examiner	Neil P Reid FCCA Dains Accountants 30 Miller Road Ayr South Ayrshire KA7 2AY
----------------------	---

RELEASE AYRSHIRE
TRUSTEES REPORT
FOR THE YEAR ENDED 1ST JANUARY 2026

Charitable purposes

The organisation's purposes are, the advancement of citizenship or community development, the advancement of health through positive promotion of mental wellbeing and awareness raising, the advancement of education by provision of tailor made training to volunteers and members of the public and to promote lifelong learning and foster good relations within communities.

Activities and achievements

This has been a remarkable year of growth, development and impact for our charity. Throughout the past twelve months, Release Ayrshire has continued to strengthen its position as a trusted source of support, connection and hope across Ayrshire. Through new services, innovative community initiatives and the dedication of our volunteers and supporters, we have reached more people than ever before and taken significant steps forward in our mission to ensure that nobody has to face their struggles alone.

One of our most significant achievements was the launch of **SHOUT**, Release Ayrshire's free, confidential, 24/7 text support service. Since its introduction in July 2025, SHOUT has provided support through **201 conversations** up to March 2026, offering immediate assistance to individuals when they needed it most. The launch was supported by an extensive awareness campaign involving local media, community partners and high-profile supporters, helping to ensure that vital support is accessible across Ayrshire.

We also introduced a number of new projects aimed at reducing isolation, promoting wellbeing and strengthening community connections. The launch of the **Release Ayrshire Gentleman's Club** created a welcoming weekly space where men can come together, build friendships and support one another. In its first year alone, the club welcomed more than **50 attendees**, demonstrating the clear need for safe and supportive spaces within our communities.

Alongside this, we launched our **Lads n' Dads** initiative, encouraging positive engagement between fathers, male role models and young people, while our **Grief Packs** were developed and distributed across local communities and support settings to provide practical comfort and guidance to those experiencing bereavement.

Our commitment to community engagement remained at the heart of everything we do. Throughout the year, Release Ayrshire attended and delivered **more than 20 community events, wellbeing fairs and information stalls**, ensuring that mental health support and suicide prevention messages reached thousands of people across Ayrshire. From local festivals and school events to recovery walks and wellbeing marketplaces, these opportunities allowed us to connect directly with individuals, families and partner organisations.

We were also proud to launch several community-led campaigns, including the **Summer Stone Challenge** and **Kindness Card Initiative**, both designed to encourage positive acts of kindness, connection and conversation. These projects highlighted the power of communities coming together to support one another and promote wellbeing in simple but meaningful ways.

The growth of our organisation has also been reflected in our increasing digital presence. During the year we reached an important milestone of **1,000 TikTok followers**, enabling us to share messages of hope, support and awareness with an even wider audience.

Our achievements this year were only possible because of the generosity and commitment of our supporters, funders and local communities. Throughout the year, Release Ayrshire secured significant income through grants, donations, fundraising events and community initiatives, providing the resources needed to expand services and develop new projects.

RELEASE AYRSHIRE
TRUSTEES REPORT
FOR THE YEAR ENDED 1ST JANUARY 2026

We are particularly grateful to a number of organisations and individuals whose contributions made a substantial impact on our work. This included **£5,000 from the Kiltwalk Happiest Minute initiative**, **£4,000 raised through the Rumble at the Racecourse Boxing Event**, **£3,720 from the NCAF Lochpark Rumble**, and **£3,020 raised through the Stevie G 10K Event**. We also received a remarkable **£2,649 donation from Callum Laird following his successful completion of the Skye Ultra 2025**, alongside generous support from **Cumnock Rotary Club**, which donated a combined **£2,615** across the year.

Further support was received through **Co-op Membership Funding (£1,622.28)**, **The Late Douglas Schendel Memorial Donation (£1,000)**, **Jack Grozier Memorial Day (£1,100)** and **GE Caledonian (£900)**. These contributions, together with many other grants, donations and fundraising efforts, have enabled Release Ayrshire to continue delivering vital support services across Ayrshire.

We would also like to acknowledge the support of the **National Lottery Community Fund**, whose funding enabled the appointment of Kirsty as Charity Coordinator during the year. The role has been instrumental in supporting the growth, development and day-to-day delivery of the charity's work.

Every fundraising event organised, challenge completed, raffle ticket purchased, grant awarded and donation received has contributed directly to supporting individuals and families across Ayrshire. We remain deeply thankful to every organisation, business, community group, fundraiser and individual supporter who has invested in our mission and helped us continue making a difference.

We were particularly grateful for the support received from local businesses, community groups, charitable organisations, fundraisers and individual donors who collectively contributed many thousands of pounds to help sustain and develop our work. Every donation, no matter its size, has made a meaningful difference.

The year also brought important recognition for Release Ayrshire. We were honoured to be nominated for the **Making a Difference Digitally Award** at the Ayrshire Suicide Prevention Community Champion Awards, while the charity received the **FADS Outstanding Recognition Award 2025**. In addition, I was recognised with the **Positive Impact in the Community Award 2025**, reflecting the dedication, passion and commitment shown across the organisation.

Behind every achievement stands an incredible team of volunteers, staff, trustees and supporters whose dedication continues to inspire. The trustees would like to extend our sincere thanks to our Charity Coordinator, volunteers, fundraisers, partner organisations and everyone who has given their time, skills and resources to support Release Ayrshire throughout the year.

Most importantly, the trustees want to thank the communities of Ayrshire for continuing to place their trust in us. Your support enables us to continue growing, innovating and responding to the needs of those facing mental health challenges, loneliness, grief and emotional distress.

As we look ahead, we do so with confidence, ambition and determination. The foundations built during this year provide an exciting platform for future growth, allowing us to reach even more people, strengthen our services and continue making a positive difference throughout Ayrshire.

On behalf of the Board of Trustees, thank you to everyone who has supported Release Ayrshire over the past year. Together, we have achieved a great deal, and together, we will continue to ensure that nobody has to face their struggles alone.

Reserves

The trustees' policy is to retain £2,000 in unrestricted funds order to meet commitments and to cover any unexpected expenditure. The trustees believe that this is an acceptable range but will continue to monitor the position.

RELEASE AYRSHIRE
TRUSTEES REPORT
FOR THE YEAR ENDED 1ST JANUARY 2026

Trustees

The Trustees who served during the year are as follows:

Robbie Muir (Chair)
Morgan Johnstone (Treasurer)
Amanda Steele (Secretary)
Lauren Holden
Clare Slater

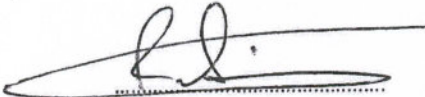
Recruitment and appointment of Trustees

The management committee, which normally meets on the last Wednesday of each month, are the charity's trustees. Membership of the charity is open to members of the general public, helping to ensure continuity within the organisation. Trustees are elected at the annual general meeting which is held in March. There must be a minimum of eight members in attendance.

Governing document

The Charity is a Scottish Charitable Incorporated Organisation (a SCIO). It was registered in its current legal form on 18th March 2022. The charity was previously an unincorporated association but changed its legal form to a SCIO.

Approved by the Trustees on 23/06/2026 and signed on behalf of the trustees as a body.

A handwritten signature in black ink, appearing to be 'Robbie Muir', written over a horizontal dotted line.

Robbie Muir
Trustee

RELEASE AYRSHIRE
REPORT BY THE INDEPENDENT EXAMINER TO THE TRUSTEES
FOR THE YEAR ENDED 1ST JANUARY 2026

I report on the accounts of the charity for the year ended 1st January 2026.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In the course of my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with Section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
- to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations

have not been met, or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Neil P Reid FCCA
Dains
Accountants
Ellersley House
30 Miller Road
AYR KA7 2AY

29/6/26.



Dains is a trading name of William Duncan + Co Ltd

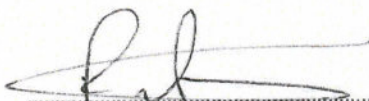
RELEASE AYRSHIRE
RECEIPTS AND PAYMENTS ACCOUNT
FOR THE YEAR ENDED 1ST JANUARY 2026

	<i>Note</i>	<u>Unrestricted</u>	<u>Restricted</u>	<u>2025</u> £	<u>2024</u> £
<u>Receipts</u>					
Fundraising Income					
Donation	1	37,136	-	37,136	28,145
Fundraising		2,845	-	2,845	5,472
Grant	3	-	23,258	23,258	3,816
Other income		-	-	-	-
		39,981	23,258	63,239	37,433
Total Receipts		39,981	23,258	63,239	37,433
<u>Payments</u>					
Fundraising expenses					
Fundraising Expenses		2,175	-	2,175	388
		2,175	-	2,175	388
Payments for charitable activities					
Insurance		836	-	836	810
Advertising		12,358	-	12,358	6,036
Promotional Items		14,860	-	14,860	17,131
Independent examination		780	-	780	720
Motor Expenses		1,516	-	1,516	1,939
Van Purchases		-	-	-	5,900
Self Employed Charity Coordinator		-	12,319	12,319	9,881
Telephone		96	-	96	52
Training Costs		-	-	-	922
Office, Printing and Stationery		2,582	-	2,582	1,129
General Expenses		442	-	442	1,394
Subscriptions		169	-	169	-
Shout Service		920	4,600	5,520	-
App development		-	1,575	1,575	-
Rent		2,340	-	2,340	-
Bank fees		33	-	33	-
		39,107	18,494	57,601	46,303
<u>Net income / (expense)</u>		874	4,764	5,638	(8,869)
Cash balance brought forward		5,124	3,816	8,940	17,809
Cash balance carried forward		5,998	8,580	14,578	8,940

RELEASE AYRSHIRE
STATEMENT OF BALANCES
FOR THE YEAR ENDED 1ST JANUARY 2026

	<u>2026</u> <u>£</u>	<u>2025</u> <u>£</u>
Bank and cash in hand		
Bank balance	14,578	8,940
	<u>14,578</u>	<u>8,940</u>
Reserves		
Unrestricted Funds	5,998	5,124
Restricted Funds	8,580	3,816
	<u>14,578</u>	<u>8,940</u>
Fixed Assets		
Motor Vehicles	4,425	5,900
	<u>4,425</u>	<u>5,900</u>
Assets		
Cash Funds	14,578	8,940
Fixed Assets	4,425	5,900
	<u>19,003</u>	<u>14,840</u>

Approved by the trustees on 23/06/2026 and signed on their behalf by:



Robbie Muir
Trustee

RELEASE AYRSHIRE
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 1ST JANUARY 2026

NOTE 1 - Donations Received

	<u>2026</u>	<u>2025</u>
	<u>£</u>	<u>£</u>
The charity received donations from the following:-		
Alexander Muir Funeral Directors	1,500	-
Atrium Homes	300	-
Boxing Match - Ceri McCheesney	-	6,000
Boxing Match - Kenzie MacKay	-	10,512
Boxing Match - Cash Donations	3,000	
Collection Cans	2,435	-
Cumnock Rotary Club	2,000	-
Egger UK	300	300
GE Aviation	5,930	-
GSK Irvine	-	250
Hillhouse Quarry	-	200
JustGiving	5,541	48
North Ayrshire Boxing	3,750	6,605
Parrucche	306	-
Revitalize Gym	550	-
The Kiltwalk	5,000	-
Stevie G Memorial Run	3,020	
Wallace McDowall	-	700
Donations from Individuals	2,580	3,300
Other donations under £300	924	230
	<u>37,136</u>	<u>28,145</u>

NOTE 2 - Transactions with Trustees

No trustee remuneration or expenses were paid during the year (2025: travel expenses of £193.50 paid to one trustee).

NOTE 3 - Related Party Transactions

£2,100 (2025 - £nil) was paid to Alexander Muir Funeral Directors for rental of office space. Robbie Muir, trustee is a director of Alexander Muir Funeral Directors. This was a full board decision, which secures an office for the charity coordinator which has plenty of storage for all our merchandise and materials at a greatly reduced market value rate.

NOTE 4 - Restricted Funds

	<u>C/F</u>	<u>Received</u>	<u>Paid Out</u>	<u>C/F</u>
National Lottery	1	-	16,536	(8,503) 8,033
New Cumnock DT	2	3,816	-	(3,816) -
New Cumnock DT - Shout	3	-	4,600	(4,600) -
Co-Op Mobile App	4	-	2,122	(1,575) 547
		<u>3,816</u>	<u>23,258</u>	<u>(18,494)</u> 8,580

- 1 The restricted fund has to be used to help fund the salary of a charity coordinator.
- 2 The restricted fund has to be used for salary costs of the charity coordinator to spend an extra 4 hours to be used within New Cumnock.
- 3 The restricted fund has to be used to help fund the Shout Service.
- 4 The restricted fund has to be used to help fund development of a mobile app.