REACH CHARITY LIMITED

(A COMPANY LIMITED BY GUARANTEE)



ANNUAL REPORT AND ACCOUNTS 2025 – 2026

Covering the period 1 March 2025 to 28 February 2026

ANNUAL REPORT 2025-2026

The Trustees of Reach Charity Ltd are pleased to present their annual report, together with the financial statements for the charity for the year ending 28 February 2026.

The Trustees are also Directors of the Company for the purposes of the Companies Act 2006.

Purpose and impact

Reach was established to provide **support for children, and their families, with upper limb differences**, to help them feel comfortable in their own skin and to live their lives beyond limits.

The main activities carried out in support of these charitable purposes are:

- Organising **events** that bring children with upper limb differences together with others, both at a local branch level and at our annual Reach Activity Week for secondary-school aged children, and Family Weekend.
- Providing **support** to parents of children with upper limb differences, through networks of others who have had similar experiences and can share their learning and understanding.
- Providing **public information** to health professionals on how best to support children with upper limb differences and their parents.
- Provide Bursary **grants** to help children with upper limb differences and young adults with adaptations that enable them to participate in their chosen occupations.

In shaping our objectives and activities, the Trustees have considered the Charity Commission's guidance on public benefit, including the guidance 'Public Benefit: running a charity'.

The Board of Trustees are extremely grateful of the hard work and creativity of our volunteers and staff for everything they have done to ensure Reach continues to provide a positive difference to many families this year. We currently have more than 660 children and young people with upper limb differences age 0-17 within our community and support 1030 members.

Our Vision and Values

Reach is a friendly, caring place for incredible children and their incredible families.
We give support and information to inspire and build their future.

We offer fun activities to encourage Reach children to aim higher, whatever their age or ability.

Reach is… positive

Even in the darkest moments, we want Reach to be a ray of hope in our members' lives. We see the potential in all Reach children and celebrate their ability, never focusing on disability.

Reach is… supportive

We recognise that different families want different levels of support, and we tailor our approach to suit them.

We're there to provide resources, support and practical advice; whatever our families tell us they need.

Reach is… inspiring

Our members are amazing, and we shout about their achievements whenever we can. We share success stories and hero those 'wow' moments, big and small, to show families just what our incredible children are capable of doing.

Reach is… community

Connecting families is a vital part of Reach's work and this creates priceless bonds. Whether it's at our family weekend, branch meetings or on our Facebook forum, we help members to build relationships that last a lifetime.

Ethical principles

- **Beneficiaries come first** - we carry out our work for the public benefit.
- **Integrity** - everyone who works or volunteers for Reach should uphold the highest level of integrity and personal conduct at all times.
- **Conflict of interests** Trustees, staff and volunteers are required to declare any matter where there may be, or seen to be, any conflict of interest with the purposes of the Charity, or where they may have a personal interest or benefit. Trustees are not permitted to vote on any matter where such a conflict does or may arise.

More detail on the way we apply our ethical principles is published on the charity's website: https://www.reach.org.uk/our-policies-procedures

Governance and Decision-making

Reach is a Company limited by guarantee and is registered as a charity with both the Charity Commission for England and Wales and the Office of the Scottish Charities Regulator. We are governed by our Memorandum and Articles of Association, which are available on our website: https://www.reach.org.uk/our-policies-procedures.

Responsibility for the overall administration of the charity lies with the Trustees. Together they make up the Trustee Board. Trustees are elected by members of the charity at the annual general meeting but may additionally be co-opted in-year to fill particular skills gaps on the board. Any co-opted trustee is subject to election by the members at the next annual general meeting. A third of all other serving Trustees retire at each annual general meeting but can stand for re-election if the rest of the Trustee Board supports their nomination.

The Trustee Board elects, from its members, three officers: a chair, a vice-chair and a treasurer. The Board meet on a quarterly basis, with sub committees meeting as required to look at specific priority areas (Fundraising, Governance, Management, Finance, Ireland and Health professionals) and discuss issues in more detail in order to advise the Board.

The Board aims to make decisions by consensus but, in the rare event that this is not possible, decides matters on a majority vote. All Trustees are bound by the principle of collective responsibility – that is to say that they have agreed to accept a decision of the board, even if this was not their personal view.

The Board delegates the majority of the day-to-day operational management of the charity to the Operations Lead. The Board delegates decisions on the award of bursaries to the independent Bursary

Panel.

The Board has a risk register for overseeing and managing risks to the charity's operation. This is reviewed by the Board at least quarterly, and more frequently as events require.

We are registered with and regulated by the Charities Commission and Companies House. Over the years there have been several changes to both charities and company laws and regulations, and this year recognised the need to update our purposes and Articles of Association to reflect these. After a year-long consultation involving a working group made up of Trustees & Volunteer Branch Coordinators, industry legal professionals and meetings with Reach members online and in person to ensure these documents are in line with the rules and our members wishes, our members voted unanimously at our AGM 26 October 2024 to adopt a new set of Articles of Association.

In January 2022 the Board updated its strategic priorities for the period 2022-27, to bring greater clarity and focus to how Reach furthers its charitable purposes:

- **Raise the profile of limb difference**, to help improve confidence of those living with an upper limb difference to be able to live their lives beyond limits.
- Run a series of **high-quality activities and programmes**, to bring together and/or support children, young people and young adults with upper limb differences to help improve their confidence in being able to live their lives.
- **Improve communication with, and support for, our stakeholders**, so that every new parent and child with an upper limb difference has access to support when they need it.
- **Develop our fundraising strategy** and **increase the stability of income** for Reach, so that we are resourced to carry out a range of positive support for our beneficiaries.
- **Strengthen our corporate governance**, so that we protect the charity by complying with the law and furthering our charitable purposes.

Trustees' Responsibilities

The Trustees (who are also the directors of Reach Charity Limited for the purpose of company law) are responsible for preparing the Trustees' report and financial statements in accordance with applicable law and regulations.

Company and charity law requires the Trustees to prepare financial statements each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period.

In preparing financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and

- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue to operate.

The Trustees are responsible for keeping proper accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Act 2011. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

We hold ongoing reviews of the Trustee Board to ensure we have the correct balance of skills and life experience to move forward, and to increase the support we can give to our members. We have succeeded in recruiting new and younger professionals as Trustees with skills in areas seen as important to the Charity, including finance, legal, fundraising, PR, & Governance.

The Board has a balance of experienced Trustees, several with experience of being a volunteer branch coordinator, and members new to trusteeship. This balance of new and old ensures we have a Board that can fully reflect the views of our membership, provide a wide range of skills and professionalism in key areas, and guarantee the future of the Charity.

40% of the Board have upper limb difference; 40% are parents of people with ULD; and 20% with expertise in the medical profession and finance. This spread is seen as vital in ensuring we remain close to, and delivering, what our members need.

During the year our staff increased by 0.8% to 2.8 full time equivalent. There to support new project work coming online, the expansion of support provided to a growing membership, and most importantly to sustain support for our volunteer branch coordinators supporting our community at a local level.

We have remained in contact with external professionals such as our legal advisors, accountants, and more recently training consultants as we strive to learn as a small but growing community organisation. We are proud to report the increased involvement of people with lived experience in contracted roles with Reach during the year; as editor of our much-loved member magazine, Within Reach, to help us widen our reach and become relevant to adults with upper limb difference with expert social media management, to produce our wonderful Annual Family Weekend and to coordinate two newly funded projects; the Liaison Nurse Project, working to improve support for families at the beginning of their journey and our 18-25 Retreat & Mentorship programme enabling young adults with upper limb difference to thrive at what can be a difficult time of transition.

We continuously seek input from our Branch Coordinators and members to ensure we deliver to our members' needs. More on this below but we are delighted to report ongoing growth in our membership and a record number of young people / families attending events held both locally and nationally.

Branch Network

The backbone of Reach is our UK wide network of volunteer run branches; this year this increased to 18 branches with a new branch in North Wales. We also support a sister organisation doing similar work in Ireland. All are led by dedicated volunteer Branch Coordinators, all with lived experience, who organise regional events for our members and provide support to new and existing Reach families via the telephone, on closed group social media forums (Facebook & WhatsApp) & face-to-face meetings.

These are often the only experience some of our Reach children have of meeting with other children with upper limb difference. The opportunity to connect with others with similar differences, and to realise that they are not alone is very powerful. For their parents, the opportunity to learn from the experience of other parents is invaluable in supporting their children grow up confident in their ability to live their lives without limits.

To remain in line with the Republic of Ireland's charity and company rules a new Company - Reach Upper Limb Difference (Ireland) Company Limited by Guarantee Registration Number 738942 has been registered, and registered with the Irish Charities Regulator.

Historically all Branch finances have been accounted for before within the Reach Charity Ltd annual accounts. A separate bank account was maintained in Ireland, denominated in Euros. On completion of the registration requirements the funds held in the Irish accounts were transferred to Reach Ireland Ltd.

Notwithstanding this regulatory change the Irish branch remains very much part of our Reach family.

This year the number of people from within the Reach community giving their time as volunteers grew by 20%. This was very welcome because at the same time our membership grew by 18.6%. This year Reach volunteers led 48 local, regional and national events, provided 1821 opportunities for Reach members age 0-25 and enabled 486 individual Reach families.

Using local knowledge, our volunteer branch coordinators and mentors partnered with other local charities and cultural venues and inspired the support of local foundations and businesses to expand opportunities for our Reach children and families. During 2025-26 4 regional family weekends were held, lovingly organised by volunteer branch coordinators in Scotland, Cumbria, East Anglia and South Wales.

Highlights of 2025-26

Annual Family Weekend (AFW) – October 2025

A space to meet old friends, and make new, for Reach families to connect, learn, and laugh together, for Reach children to experience being in the majority! As always, we are extremely grateful to Alastair Greener who gives his time free of cost to present and lead the weekend on stage, and the producer of AFW, James Jones, who combines his professional expertise with lived experience to produce a memorable experience for all. This year the Reach Trustees would also like to formally thank Reach Team volunteer Sian Brooks, Branch Coordinator, Melissa Beesley and a multitude of volunteers in the South Wales branch who helped Sian bring the Annual Family Weekend to her hometown, Swansea, South Wales for the first time.

The arrival of a new child with an upper limb difference can be a shock to any parent, and we seek to reinforce the message that they are valued, capable of amazing things, and happy lives lived on their terms, and to take this message to where people live. The ability to meet with other Reach families and hear the inspired stories of our many speakers with lived experience of ULD is of tremendous value to everyone who attends.

We are pleased that AFW has been delivered in difference spaces each year since 2023 and will continue to go a new location each year until 2028 – our 50-year Anniversary.

This year 308 AFW participants including 91 families, 103 children and 16 young adults were serenaded by

two Welsh choirs, led in an early morning run along the promenade by a very pregnant Reach Ambassador Claire Cashmore, and grounded in where they were from the get-go with Welsh flags flying, local gardening expert and TV presenter, Sue Kent coming along to speak of possibility, Branch Coordinator, Sarah Chaplin leading a Welsh sing-along and a Welsh cake for everyone to nibble on.

Reach Activity Week (RAW) August 2025

The Reach Activity Week (RAW) is one of our key events, bringing together secondary school-age children with upper limb differences and led by a group of our adult mentors - all with upper limb differences themselves.

This year we celebrated 25 years of RAW and in the same year said goodbye to Reach Ambassador, Frank Letch (1944-2025). Frank steered the development of RAW and led the first ever event in the year 2000. Before Frank died, he met and chatted with friends who were part of the volunteer team on RAW and some, now grown up, who attended RAW back in the early days – they all wanted to share memories and say thank you and that is what RAW does it creates connection, and bonds that sometimes last for life. We will miss you Frank and won't forget you.

This year RAW went to a new venue in the Lake District for the first time. Once more young people came together from across the UK to enjoy outdoor and adventurous activities in and on the water, walking, climbing and foraging in the hills and valleys. Some come back every year and every year they are joined by young people wanting to share experience and learn with them.

It is highly valued by all of them, and a rare opportunity to take part with others with limb differences, and build on practical experiences, build new skills and appreciate that life is about ability, not disability. All attending adult members volunteer their time to deliver RAW, all have an upper limb difference, and the value of the children seeing them acting as leaders and mentors is immeasurable. Several of the mentors came to RAW themselves as children and are keen to pay forward the lessons and skills they learnt- this is the great and unique strength of RAW.

We are conscious of the financial pressures many families are under. We believe that money should not be a reason for young people to miss out and bursaries are offered to those in need to allow them to take part.

The Regional Family Weekend Programme

In 2025 Branch Coordinators in South Wales, East Anglia, Cumbria and Scotland gave their time to organise and host 36 Reach families who together surfed, kayaked, climbed, balanced, yomped, navigated, bounced, played and had the best of times together 'without being judged' in wonderful community, cultural and outdoor education spaces across the UK. This project was funded with local fundraising, voluntary contributions and grant funding; Branch Coordinators have worked hard to ensure that cost is not a barrier for attending families.

The 18 – 25 Retreat & Mentorship Programme

Received funding from the VTCT Foundation at the beginning of our financial year – March 2025. With their support we successfully recruited a member of the Reach community as coordinator, to provide sustained support for the project leads and a growing pool of mentors, all adults with ULD volunteering their time to enable project delivery, supported by a clinically trained supervisor, also from the Reach community. Together they enabled delivery of a Retreat and a new mentorship programme building and sustaining

support for young adults aged 18-25 with ULD. We are proud to have negotiated a partnership with Durham University to run a 3.5-year independent research project alongside the 18-25 programme to gain understanding of the issues experienced by young adults with ULD and the benefit of peer support at this stage in their life. Their research will be published in full in 2028.

The Reaching Out Project

In 2024 with the unanimous support of our membership, we widened our object to enable support of children born with, or who acquire ULD in childhood for life. Adults with ULD in the Reach community began to see the potential in working together to raise awareness, build on the work of the 18-25 programme to give young adults a voice in the Reach community, to collaborate and work in partnership to raise societal awareness, and to enable Reach as a community to learn with adults with ULD to better represent and serve them. The National Lottery saw potential in this and at the beginning of our financial year awarded 3 years' funding to help Reach realise this ambition.

Year 1 Headlines:

- 26 young adults with ULD age 18-25 engage in person
- 17 adults with ULD age 26+ engage in person
- The Limb Loss & Limb Difference Alliance unite to deliver their first shared campaign
- The Offhand Podcast goes live!
- Reach publishes a new Language Guide.

Bursaries

People with upper limb differences face issues not encountered by the wider population. These often require the need for person-specific adaptations or purchase of specialized equipment. All of these have a cost, which can be a barrier to some families. The Reach Bursary Scheme was set up to help remove or reduce barriers associated with upper limb differences.

Members are welcome to make application for assistance for specific needs. The most common of these is for adaptions for driving but have also included: bike adaptions, adapted musical instruments, para-athlete equipment and event costs, modified laptops, and attendance at RAW.

Award decisions are taken by an independent panel with professional knowledge and lived experience of limb difference.

In 2022 a review of the Bursary Scheme was undertaken with representatives of the Bursary Scheme as part of a wider ongoing programme to review all Reach charitable activities to ensure they continue to align fully with the charity's Objects and the Charity Commission's guidance on Public Benefits.

The review confirmed the value of the Bursary Scheme as a vital part of how we support children and young people with upper limb differences and refocused the application form to enable applicants to provide clearer information to demonstrate how the thing they were seeking support for would remove or reduce a barrier associated with their upper limb difference.

Further review in the previous financial year resulted in the introduction of activity and membership bursaries to increase access, inclusion and participation.

Providing support to parents of children with upper limb differences

Our Reach Team volunteers, parents and adults with upper limb difference and staff continued to offer telephone, email and online support via our closed groups to existing members and prospective new members as well as dealing with queries from the public and from health professionals. Being able to connect new parents with access to experience and support from other members of the limb difference community is a very important part of our work.

In 2023, Reach Trustee, Ruth Lester OBE, FRCS, listening to anecdotal feedback from Reach parents regarding their early experience, enabled research that demonstrated significant health inequalities, 73% of parents feel unsupported when they receive a prenatal or birth diagnosis of their baby's ULD (Clelland et al., 2024). As a result, the Reach Liaison Nurse Pilot took shape, its purpose to understand the confidence levels, training, and awareness of healthcare early responders, sonographers, midwives, health visitors, and to develop a model that can be taken to scale to improve the early parental experience and connect families with support networks as quickly as possible. Funded by the Mather Foundation, the Milles Charitable Foundation and with Reach Reserves, the Reach Liaison Nurse Project went live in November 2025 with Reach mum, and paediatric nurse, Emma Gilpin at the helm, enabled by a steering group made up of NHS professionals, trainers and parents giving their time to lay the groundwork for a nationwide survey of healthcare professionals.

Financial position

Our annual financial accounts for the year to February 2026 are attached to this report.

For many charities, including Reach, the last few years have been a challenging period. The Covid pandemic and following financial downturn have led to a reduction in donation income.

The legacy of £540,000 we received in late 2023 has proved a lifeline in carrying us through the past two years as we look to develop and expand our activities. The Trustee Board agreed that whilst having funds in our bank account was good it was the intention to invest the funds in delivering support and activities that our members really need and appreciate.

This policy was reported in our Accounts to February 2025 and continued in the year now being reported on. These funds will, however, not last forever and we have been taking steps to broaden our income streams.

The year as last has continued a transition as we deliver on our promises to our members whilst offering expanded activities. We have been successful in being awarded a number of grants and funding from several funding bodies that will support us going ahead.

Reserves policy

As a charity, Reach's first duty is to its beneficiaries - current and future. All the charity's money must be spent to support the charitable purposes set out in our Articles of Association.

The Board of Trustees have a duty to act in the interests of the Charity's current and future beneficiaries, including ensuring that the Charity is capable of meeting all its contractual obligations and liabilities. This means, at the most extreme, ensuring there are sufficient funds held in order to cover the cost of winding

up the Charity, should this prove necessary at some future date.

It also means taking steps to protect the Charity against future reductions in income – the equivalent of a 'rainy day' fund, that would enable the Charity to continue to operate in support of its beneficiaries in the event of its income ceasing or being significantly reduced. A small charity like Reach is very vulnerable to changes in the fundraising environment, as the Covid-19 restrictions have demonstrated. It is important to protect the charity's services to its beneficiaries to enable them to continue, as far as possible, despite reductions in income.

This includes ongoing review of all of our planned activities, and contingent planning if our income falls below expectations.

The Board considers the particular circumstances of Reach in assessing the level of funds required to meet this aim which we consider should meet, as a minimum, the cost of three months operating costs, plus the anticipated cost of winding up the Charity in the - hopefully very unlikely - event that this should prove necessary.

This reserve is to be reviewed annually by the Trustees, and for this financial year is retained at £90,000. The authorisation of the full Board of Trustees is required to approve any expenditure that would erode reserves below that target level. We are pleased to confirm that our funds remain comfortably in excess of this figure.

Restricted Funds

The charity holds restricted funds. These funds were donated to Reach to fund specific research. The funder expressed the wish that this fund be maintained for research into the causes of congenital limb differences. The fund is insufficient to commission a research project and despite efforts over a long period, we have been unable to identify any ongoing research project that meets the fund's aims. We continue to look for a suitable project that meets the requirements of the funder. We intend to renew our efforts to find a suitable research project that we can donate the funds to via specialised internet sites dedicated to sourcing funds for research.

Designated Funds

As we plan for the future, we face financial costs for upcoming activities which we are committed to. The anticipated cost of these are marked as designated funds, and not available for the general spending of the Charity.

Going concern assessment

Each year the Trustees are required to review the financial position of the Charity and that it remains financially viable.

On review of the Accounts the Trustees remain satisfied that all reasonable steps have been taken to protect the Charity's assets and that it remains a viable Company. Reserves remain in excess of our minimum reserve and no commitment has been entered into which would change this position.

Administrative details

Company name: Reach Charity Ltd
Charity registration numbers: 1134544 (England & Wales), SC049805
(Scotland)

Company registration number: 07054164

Registered office and principal office: Office No 5, The Library Rooms, 1st Floor,
59 High Street, Totnes, TQ9 5PB

Trustees and Directors: The directors of the charitable company are its trustees for the Purposes of charity law. The trustees and officers in post at the point at which this report was drawn were:

Christopher Creamer (chair)
Gary Phillips (vice chair)
Phillip Robertson (treasurer)
Julie Detheridge
Ruth Lester
Esther Pounder
Steve Haynes
Rebecca Nind
Ella Dickenson
Colm Creamer
Daniel Baylie

Other Trustees who served during the reporting period were:

Emily Tisshaw (resigned 06-09-25)
Lee Harvey (resigned 23-11-25)

Key Management Personnel: Sarah Jane Lowson Charity Operations Lead & Company Secretary

Independent Examiner: Andrew Wing,

Accountants: Wings, Chartered Accountants, Unit 1, Pearl, Assurance House, Elbow Lane, Tavistock, Devon, PL19 0BG

Bankers: CAF Bank, 25 Kings Hill Avenue, Kings Hill, West Malling, Kent, ME19 4JQ

In preparing this report, the Trustees have taken advantage of the small companies' exemption provided by section 415A of the Companies Act 2006.

This report was approved by the Trustees on Saturday 26 September and signed on their behalf by:



CHRISTOPHER CREAMER – Chair

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ACCOUNTS 2025-2026

Independent Examiner's Report on the Accounts for the year ended 28 February 2026

I report to the charity trustees on my examination of the accounts of the company for the year ended 28 February 2026, which are set out on pages 14 to 25.

This report is made solely to the Trustees, as a body, in accordance with section 145 of the Charities Act 2011 and regulations made under section 154 of that Act and Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. My work has been undertaken so that I might state to the Trustees those matters I am required to state to them in an Independent Examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the company and the company's Trustees as a body, for my work or for this report.

Responsibilities and basis of report

The charity's trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the accounts in accordance with the requirements of the Charities and Trustee Investment (Scotland) Act 2005 ('the 2005 Act'), The Charities Accounts (Scotland) Regulations 2006 (as amended) ('the 2006 Accounts Regulations') and the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity is required by company law to prepare its accounts on an accruals basis and is registered as a charity in Scotland your examiner must be a member of a body listed in Regulations 11(2) of the 2006 accounts regulations. I can confirm that I am qualified to undertake the examination because I am a registered member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act and Regulation 4 of the 2006 Accounts Regulations; or
- the accounts do not accord with those records and with the accounting requirements of Regulation 8 of the 2006 Accounting Regulations; or
- the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Wings Chartered Accountants
Unit 1 Pearl Assurance House
Elbow Lane
Tavistock
PL19 0BG

STATEMENT OF FINANCIAL ACTIVITES
(INCORPORATING THE INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 28 FEBRUARY 2026

	Note	Unrestricted Funds £	Restricted Funds £	Designated Funds £	Total 2026 £	Total 2025 £
Income:						
Donations and legacies	2	85,391	23,220	8,400	117,011	83,541
Grants		-	122,429	-	122,429	-
Income from charitable activities	3	78,355	3,915	1,765	84,035	47,222
Income from other trading activities	4	24,550	-	6,733	31,283	62,967
Investment Income	5	12,393	-	-	12,393	14,028
Total Income		200,689	149,564	16,898	367,151	207,758
Expenditure:						
Raising funds	6	33,794	2,219	-	36,013	29,390
Charitable activities	7	224,520	89,767	-	314,288	242,267
Support activities	8	79,864	6,610	-	86,474	77,061
Total Expenditure		338,178	98,596	-	436,774	348,718
Net income/(expenditure) and net movement in funds for the year		(137,489)	50,968	16,898	(69,623)	(140,960)
Transfer between funds		2,590	-	(2,590)	-	-
Reconciliation of funds						
Total funds brought forward		457,539	16,337	3,806	477,682	618,642
Total funds carried forward		322,640	67,305	18,114	408,059	477,682

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derives from continuing activities.

The notes on pages 13 to 22 form part of these financial statements

BALANCE SHEET
AS AT 28 FEBRUARY 2026

	Note	£	2026 £	£	2025 £
Fixed Assets					
Intangible assets	11		-		-
Tangible assets	12		12,823		14,517
			12,823		14,517
Current Assets					
Stock		11,112		3,748	
Debtors	13	17,513		27,092	
Cash at bank and in hand		385,853		450,009	
		414,478		480,849	
Creditors: amounts falling due within one year	14	(19,242)		(17,684)	
Net current assets			395,236		463,165
					477,682
Net Assets	17		408,059		
The funds of the charity					
Unrestricted income funds	16		322,640		457,539
Designated funds			18,114		3,806
Restricted income funds	16		67,305		16,337
			408,059		477,682

The Trustees consider that the company is entitled to exemption from the requirements to have an audit under the provisions of section 477 of the Companies Act 2006 ("the Act") and members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Act.

The Trustees acknowledge their responsibility for complying with the requirements of the Companies Act 2006 with respect to accounting records and for preparing financial statements which give a true and fair view of the state of affairs of the company as at 28 February 2026 and of its net resources expended for the year in accordance with the requirements of sections 394 and 395 of the Act and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the provisions applicable to small companies within Part 15 of the Companies Act 2006.

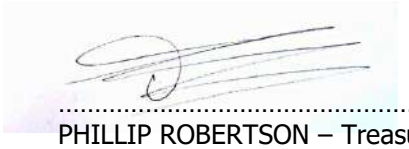
The financial statements were approved by the Trustees and signed on their behalf, by:



26 of September 2026

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CHRISTOPHER CREAMER – Chair



26 of September 2026

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PHILLIP ROBERTSON – Treasurer

The notes on pages 16 to 25 form part of these financial statements

NOTES OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 28 FEBRUARY 2026

1. Accounting policies

1.1 Basis of preparation of Financial Statements

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019) – (Charities SORP (FRS102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) and the Companies Act 2006.

Advantage has been taken of disclosure exemptions as set out in FRS102.1.12 from the requirement to produce a cashflow statement.

Reach Charity Limited meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

1.2 Company Status

The company, which was incorporated in the United Kingdom, is a company limited by guarantee and has no share capital. The directors of the company are the Trustees named on page 14. In the event of the company being wound up, the liability in respect of the guarantee is limited to £10 per member of the company.

1.3 Fund Accounting

General funds are unrestricted which are available for use at the discretion of the Trustees in furtherance of the general objectives of the company and which have not been designated for other purposes.

Designated funds comprise of unrestricted funds that have been set aside by the Trustees for particular purposes.

Restricted funds are to be used in accordance with specific restrictions imposed by donors. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Investment income, gains and losses are allocated to the appropriate fund.

1.4 Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met or when it is probable that the income will be received and the amount can be measured reliably.

For legacies, entitlement is taken as the earlier of the date on which either: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the charity that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is treated as a contingent asset and disclosed if material.

For pledges, entitlement is the earlier of the pledge being probable and measurable or the pledge being received.

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Income from trading activities is the amount derived from ordinary activities and is stated after trade discounts.

1.5 Irrecoverable VAT

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

1.6 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Cost of raising funds comprise of costs associated with fundraising events which the charity organises in order to raise funds for furtherance of its objects.

- Expenditure on charitable activities comprise of costs associated with educational activities undertaken to further the purpose of the charity.

- Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include head office costs, finance, personnel, payroll and governance costs which supports the charity's activities. These costs have been disclosed in note 8 to the financial statements.

1.7 Apportionment of costs

The apportionment of costs between "Raising funds", "Charitable activities" and "Support activities" has been done on the basis of the specific activities within each cost heading.

The following cost headings include activities covering more than one type of cost and have therefore been apportioned as follows:

- All employment related costs have been apportioned on the basis of the proportion of time spent by staff on those activities. For 2026, the following proportions have been used: 60% charitable activities and 40% support activities (2025 40% charitable activities, 45% support activities and 15% raising funds)

- Website/IT costs and insurance costs have been apportioned 60% charitable activities and 40% support, as an approximation of the value of these costs relating to the different headings.

- Advertising has been apportioned 50:50 between charitable activities and fundraising to recognise the split nature of advertising in delivering the charity's purposes of support and education and raising the profile of the charity for fund raising.

1.8 Intangible Fixed Assets and Amortisation

All assets costing more than £500 are capitalised. Intangible fixed assets are stated at cost less amortisation. Amortisation is provided at a rate calculated to write off the cost of the assets, over the expected useful life on the following basis:

Database - 5 years straight line

1.9 Tangible Fixed Assets and Depreciation

All assets more than £500 are capitalised.

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over the expected useful lives on the following basis:

Recorders	-	5% reducing balance
Equipment	-	10% reducing balance

1.10 Operating Leases

Rentals under operating leases are charged to the statement of financial activities on a straight-line basis over the lease term.

1.11 Stocks

Stocks are valued at the lower of cost and net realisable value after making due allowance for obsolete and slow-moving items.

1.12 Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any discounts due.

1.13 Cash at Bank and in Hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less than the date of acquisition or opening of the deposit or similar account.

1.14 Creditors and Provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

1.15 Foreign Currency

Profit and loss transactions in foreign currencies are translated into sterling at the exchange rate ruling at the date of the transaction. Monetary assets and liabilities denominated in foreign currencies are translated into sterling at the closing rates at the balance sheet date and the exchange differences are included in the profit and loss account.

1.16 Financial Instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans, which are subsequently measured at amortised cost using the effective interest method.

2. Income from Donations and Legacies

	Unrestricted 2026	Unrestricted 2025
	£	£
Gifts and Donations (includes Grants and legacies)	42,195	32,538
The Big Give	327	-
Corporate sponsorship	5,220	
Gift aid tax claimed/claimable	7,961	8,118
Membership Subs	29,688	37,542
	85,391	78,198

3. Income from Charitable Activities

	Unrestricted 2026	Unrestricted 2025
	£	£
Recorder sales	82	30
Family Weekends	61,871	33,368
RAW Income	16,402	13,824
	78,355	47,222

4. Income earned from other trading activities

	Unrestricted 2026	Unrestricted 2025
	£	£
Fundraising events	3,620	14,654
Marathon/Running events	14,602	23,772
Challenge events	5,574	4,662
Deposits absorbed	-	-
Branches Income	740	7,120
Christmas cards	-	-
Advertising income	-	1,211
Miscellaneous income	14	335
	24,550	51,754

5. Investment income

	Unrestricted 2026	Unrestricted 2025
	£	£
Bank interest	12,393	14,028

6. Analysis of expenditure on raising funds

	Unrestricted 2026	Unrestricted 2025
	£	£
		£
Promotional Item costs	(276)	1,549
Fundraising costs	7,706	1,339
Income stream fees	1,451	-
Challenges & events	-	460
Marathon/Running costs	3,445	2,897
Salaries & Wages	20,676	17,868
PAYE/NI	172	597
Employer pension contributions	620	536
Within Reach	-	2,144
	33,794	27,390

7. Analysis of expenditure on direct charitable activities

	Unrestricted 2026	Unrestricted 2025
	£	
Family weekends	118,228	98,725
RAW expenditure	25,942	28,352
Promotional item costs	(415)	2,324
Bursary grants paid	2,015	4,100
Salaries & Wages	26,059	28,589
PAYE/NI	275	956
Employers pension contributions	992	858
Branch meetings	14,731	11,400
Volunteer expenses & training	-	115
Insurance costs	2,041	2,246
Within Reach	-	19,295
Professional & consultancy fees	8,789	-
Research costs	14,178	
Reaching Out	4,650	
Equipment hire – repairs	584	42
Social media manager	1,824	21,990
Advertising & marketing	676	4,402
IT software & consumables	3,951	2,264
	224,520	225,658

8. Analysis of expenditure on support activities

	Unrestricted 2026	Unrestricted 2025
	£	£
Salaries & Wages	28,947	25,016
PAYE/NI	241	836
Employers pension contributions	868	750
Other employee benefits	372	372
Agency staff costs	-	-
Recruitment costs	229	-
Trustees' travel expenses	1,488	1,455
Staff expenses & training	5,288	4,338
Trustee expenses other	2,542	1,558
Rent	2,744	3,533
Insurance costs	805	1,180
Telephone/fax/email	1,562	2,305
Postage	2,814	3,547
Stationery	53	327
Website & Computing	5,926	3,396
Subscriptions	598	155
Sundry office expenses	1,991	760
Depreciation & profit on disposal of assets	2,883	922
Volunteer training & expenses	2,047	1,283
Accountancy & independent examination	3,054	4,462
Bank charges	1,355	1,539
Professional & consultancy fees	7,546	3,150
Governance costs	600	7,440
Trustees meeting costs	5,812	7,038
Trustees training	99	1,699
	79,864	77,061

9. Net Expenditure

This is stated after charging:

	2026 £	2025 £
Depreciation of tangible fixed assets – owned by the charity	795	922
Disposal of assets	2,088	-
Independent examiners remuneration – current examiner	300	250
Independent examiners fees for non-compliance services – current advisor	3,629	4,212
Independent examiners fees for non-compliance services – previous advisor	-	-

No payments were made to directors or any persons connected with them during the year (2025: £Nil). No material transaction took place between the organisation and a trustee or any person connected with them.

During the year trustees were reimbursed for travelling and other expenses totaling £4,030 (2025 £3,013) and £2,300 was spent on trustee training, £2,201 of which from restricted funds.

10. Staff Costs

Staff costs were as follows:

	2026 £	2025 £
Wages and salaries	82,705	71,473
National Insurance costs	688	2,389
Professional consultancy	12,555	-
DBS Check Fee	-	-
Employee benefits	372	372
Pension contributions	2,481	2,144
	98,801	76,378

No employees received annualised emoluments in excess of £60,000.

The average monthly number of employees during the year was as follows:

	2026 No.	2025 No.
Operations	2	2
	2	2

11. Intangible fixed assets

	Database £	Total £
Cost		
As at 1 March 2025 and 28 February 2026	13,740	13,740
Amortisation		
As at 1 March 2025	13,740	13,740
Charge for the year	-	-
As at 28 February 2026	13,740	13,740
Net Book Value		
At 28 February 2026	-	-
At 28 February 2025	-	-

12. Fixed Assets

	Recorders £	Equipment £	Total £
Cost			
As at 1 March 2025	23,137	5,877	29,014
Additions	-	1,189	1,189
Disposals	-	(4,506)	(4,506)
As at 28 February 2026	23,137	2,560	25,697
Depreciation			
At 1 March 2025	11,316	3,181	14,497
Charge for the year	591	204	795
Eliminated on disposals	-	(2,418)	(2,418)
As at 28 February 2026	11,907	967	12,874
Net Book Value			
At 28 February 2026	11,230	1,593	12,823
At 28 February 2025	11,821	2,696	14,517

13. Debtors

	2026 £	2025 £
Trade debtors	-	-
Prepayments and accrued income	1,954	885
Other debtors	15,559	26,207
	17,513	27,092

14. Creditors amounts falling due within one year

	2026 £	2025 £
Trade creditors	-	-
Accruals	3,058	1,434
Deferred income (note 15)	8,451	7,278
Other creditors	7,733	8,972
	19,242	17,684

15. Deferred Income

Deferred income comprises amounts received for fundraising events that had not taken place at the year end.

	2026 £	2025 £
Balance as at 1 March 2025 (1 March 2024)	7,278	4,058
Amount released to income earned from charitable activities	(7,278)	(4,058)
Amount deferred in the year	8,451	7,278
Balance as at 28 February 2026 (28 February 2025)	8,451	7,278

16. Analysis of charitable funds

	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Fund balances carried forward £
Unrestricted Funds					
General funds	457,539	200,689	(338,178)	2,590	322,640
Total unrestricted funds	457,539	200,689	(338,178)	2,590	322,640
Designated Funds					
East Anglia	963	-	-	(121)	842
Reach on the Beach	2,305	1,015	-	(1,931)	1,389
Patterdale	538	250	-	(538)	250
Liaison Nurse Project	-	7,400	-	-	7,400
South London	-	1,000	-	-	1,000
NI RFW	-	500	-	-	500
Scotland	-	6,733	-	-	6,733
Total designated funds	3,806	16,898	-	(2,590)	18,114
Restricted Funds					
Research fund	13,200	-	-	-	13,200
NW Patterdale RFW	250	2,620	(250)	-	2,620
Scotland	2,887	-	(2,887)	-	-
Liaison Nurse Project	-	18,970	(6,997)	-	11,973
LGBTQ	-	1,250	-	-	1,250
Annual Family weekend	-	3,675	(3,675)	-	-
18-25 Project	-	26,280	(17,086)	-	9,194
Reaching out	-	84,149	(67,701)	-	16,448
NI RFW	-	1,700	-	-	1,700
RAW	-	4,800	-	-	4,800
South-west	-	2,040	-	-	2,040
East Anglia	-	2,040	-	-	2,040
Reach On The Beach	-	2,040	-	-	2,040
Total restricted funds	16,337	149,564	(98,596)	-	67,305
Total funds	477,682	367,151	(436,774)	-	408,059

Designated Fund

The designated funds are listed by the activity for which they are designated.

Restricted Funds

The research fund represents funds donated by a member for use at the discretion of the trustees in furtherance of research aspect of upper limb deficiency understanding.

17. Analysis of net assets between funds

	Restricted Funds 2026 £	Unrestricted Funds 2026 £	Total Funds 2026 £	Total Funds 2025 £
Intangible fixed assets	-	-	-	-
Tangible fixed assets	-	12,824	12,824	14,517
Current assets	67,305	347,172	414,477	480,849
Creditors due within one year	-	(19,242)	(19,242)	(17,684)
	67,305	340,754	408,059	477,682

18. Operating Lease Commitments

At 28 February 2026 the charity had total commitments under non-cancellable operating leases as follows:

	2026 £	2025 £
Expiry Date:		
Within 1 year	277	1,106
Between 2 and 5 years	-	277
After more than 5 years	-	-

19. Related Parties

There were no related party transactions in the year (2025: £Nil).

20. Controlling Party: The charitable company is controlled by the board of Trustees.

Reach

life beyond limits

2025-26

(March 25 – Feb 26)

Annual Report



REACH CHARITY | 2025–26

Our Year. Our Impact.

Supporting people with upper limb differences to live life beyond limits.

This year Reach grew its community, strengthened lifelong connections and launched new programmes to support children, young people and adults with upper limb differences (ULD). Together, our members, volunteers, supporters and partners made more possible.

18.6%
growth in membership

1,821
opportunities to connect in person

39
local branch events

35
volunteer Branch Coordinators

Bringing our community together

91
families at the Annual Family Weekend

36
families at four Regional Family Weekends

35
young people at Reach Activity Week

The RAW Effect | Celebrating 25 years

Feedback from 16 families attending Reach Activity Week:

86%
reported increased confidence

81%
tried something new

75%
reported increased independence skills

100%
wanted to return

Supporting people throughout life

Young adults 14 young adults joined the 18–25 Retreat & Mentorship Programme, supported by a growing team of mentors.

Adult community 42 adults with ULD joined Reach, with new opportunities to contribute, connect and lead.

Earlier support The Liaison Nurse Project began work to improve families' experience when a baby is born with a limb difference.

Reaching Out New podcasts, communications and partnerships are amplifying the voices of people with lived experience.

Made possible by our supporters

£108,611 raised by our community, representing 30% of Reach's income in 2025–26.

From the earliest days to adulthood, Reach is building a community for life.

Contents

Section #		Page #
1	Introduction & Highlights	1
2	Chairpersons Report	2 & 3
3	Local Branches	4 & 5
4	The Regional Family Weekend Programme	6-7
5	AFW (Annual Family Weekend)	7-10
6	RAW (Reach Activity Week)	11 & 12
7	The 18-25 Retreat & Mentorship Programme & Reaching Out	13-16
8	The Liaison Nurse Project	17
9	Fundraising March 2025 – February 2026	17-18
10	Reach Finances	19
11	How are we doing & Next Steps	19-20



1. Welcome to our 2025-26 Annual Report

This year was about growth – achieving funding for and bringing on new projects to **improve the experience of children born with upper limb differences from the earliest opportunity, for life**.

Concurrently our Branch Coordinators, Mentors, Reach Team & Event Volunteers and our Partners, continued to go above and beyond to create a total of **1821 opportunities for Reach families, children, young people, and** for the first time formally, **Reach adults to connect in person.**



2025-26 saw, for us, **a big leap in membership – 18.6%** - with new families and adults born with ULD reconnecting or **connecting** anew with Reach. We saw an **increase in activity** and an **increase in opportunities created** as the Reaching Out Programme went live. This year has seen us **widen our reach** and with the Liaison Nurse Project begin to **make the case for improved early support**.

Once more we are very proud to say, thanks to our volunteer branch coordinators, mentors and Annual Family Weekend volunteers **a Reach event was happening somewhere in the UK and Ireland nearly every other weekend!**

2025-26 Highlights

- We celebrate 25 years of the "absolutely unforgettable!" RAW (Reach Activity Week)
- The 18-25 Retreat & Mentorship Programme Goes Live!
- The Reach Annual Family Weekend is hosted in Swansea for the first time ever!
- Volunteers in East Anglia, South Wales, Scotland, and Cumbria deliver 4 Regional Family Weekends enabling 36 families.
- The Reach Liaison Nurse Project Goes Live!
- Reaching Out Goes Live! Helping young adults with ULD to 'find their community'
- The Limb Loss & Limb Difference Alliance unite.
- Reach publishes a new Language Guide.
- The Offhand Podcast goes live!

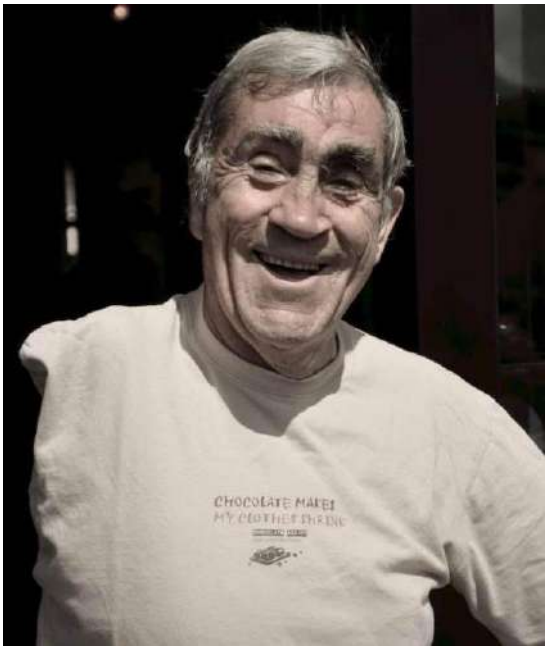




2. Chairpersons Report 2025-26

This year's Annual Report gives us the opportunity to take stock and to recognise the progress we have made towards our goals. Having secured a unanimous vote from our members at AFW 2024 to adopt new Articles of Association embracing adults with ULD (upper limb differences) as members, we are proud of the amazing young adults joining and re-joining Reach. Some are simply delighted to "find their tribe" - a community where they feel comfortable in their own skin; others want to make their own contribution to the charity for the benefit of children and young people with ULD. We are seeing their influence and actions at many levels, from participating in local branches, mentoring at RAW (Reach Activity Week) and at the 18-25's Retreat, voluntarily working to improve and grow our communications via the website, social media and podcasts, as well as taking leadership responsibilities on the Trustee Board.

The 2025 Annual Family Weekend was held in Swansea, organised and hosted by the South Wales Branch for the first time. With the leadership of Melissa Beesley and Sian Brooks, the SW Team did a fantastic job making this AFW a distinct Welsh affair. Well done to you all. We also paid our respects to our friend of many years, Mr. Frank Letch and celebrated his significant legacy, principally his Millenium year 2000 project – our Reach Activity Week, which has given so many Reach teenagers some life- enhancing challenges and consequent development over the last 25 years. We miss you, Frank.



We also succeeded in gaining funding for a further three years to continue our 18 – 25 Retreat, bringing lived experience and sustained peer support to our young adults as they progress through the foundational years of their lives.

Our nationwide Branches rose to the challenge of growing the Reach Regional Family Weekend (RFW) programme, bringing Reach families together for longer. Four events thus far were hosted in South Wales, East Anglia, Cumbria and Scotland and reported great benefits for all attending. We hope that, not alone will these Branches repeat their success hosting another RFW, but that other Branches will follow their lead. It is undoubtedly a more affordable way to bring Reach families together more often, at a venue nearer to them, than having to travel to another area of the country to attend our Annual Family Weekend.

Not alone are young adults rejoining Reach, but they are championing and driving new projects under the Reaching Out banner. Whether creating or enhancing new communications including podcasts and social media, drafting and providing a Language Guide to help everybody use the appropriate words when speaking about limb difference (not limb deficiency), to working as a group to create bonds with other limb different organisations, these young adults' mean business.

Dr Ruth Lester's Paediatric Liaison Nurse Project went live, with the assistance of partial funding by Mather Foundation and Milles Charitable Trust, and the recruitment of a suitably qualified Nurse Emma Gilpin, also a Reach parent. Emma will be active bringing Reach to the attention of Midwives, Neonatal Paediatricians and Obstetric units, throughout the UK.



May I take this opportunity to say a sincere "Thank You" to every Branch Coordinator, Mentor, Reach Team Volunteer, Fund-raiser and Funder, Trustee, Employee and Contractor who make Reach Charity the tiny group that "boxes way above our weight". We couldn't do it without you.

The Reach Team 2025-2026

Trustees
Chair - Chris Creamer
Vice Chair - Gary Phillips
Treasurer - Phil Robertson
Safeguarding Lead – Julie Detheridge
Ruth Lester OBE
Lee Harvey
Esther Pounder
Emily Tisshaw
Steve Haynes
Rebecca Nind
Colm Creamer
Ella Dickinson
Daniel Baylie

Ambassadors:
Alex Brooker
Claire Cashmore MBE
Melissa Johns
Frank Letch MBE
Briony May Williams
Jay Howard

The Reach Team (behind the scenes)
Business Support – Ashley Blackburn
Branch Coordinator Support – Sabrina Farnan
Within Reach Editors: Max & Tom Swinhoe
Social Media Manager: Megan Bacon-Evans
AFW Producer: James Jones
Events Development Volunteer: Sian Brooks
Reach Team Volunteer: Lesley Goodfellow
Charity Ops Lead – Sarah-Jane Lowson
Branch Coordinators 2024-25: Please see P4
The RAW Team 2025:
RAW Lead: Claire Hermon
RAW Mentors: Esther Lees, Tony Addison, Tom Crow, Fran Molyan, Liam Murphy, Isabelle Chappell, Lily Brown, William Bean
18-25 Team 2025:
Lead Mentors: Tony Addison & Emily Tisshaw
Mentors: Tom Crow, Chris Penny, Louise Devlin, Nikki Spalding, Rebecca Nind and Becky Hirons
Clinical Supervisor: Chantell Smith-Minns
18-25 Project Coordinator: Jenna Roper
Liaison Nurse Project Coordinator: Emma Gilpin

3. Local Branches 2025-26

Our volunteer branch coordinators all have lived experience of upper limb differences (ULD) either as a person with ULD, or as a parent, carer and in one branch, as an aunt and uncle. That closeness and comprehension makes all the difference for Reach families.

With Emyr and Manuela joining us in North Wales, Richard and Charlotte in Kent, and Hodo partnering with Shaheen in North London there were **35 volunteer Branch Coordinators organising events across the UK & Ireland 2025-26**. Thank you Hannah and Lesley for filling the gap in Kent so wonderfully and a warm welcome to our new Branch Coordinators.

This year our Branch Coordinators got inventive with the introduction of mini meetups in the NW - connecting families nearer to where they live in community spaces and cafes. Town and country farm visits were popular, treetop adventures, spaces good at inclusion and fun for all ages, e.g. Flamingo Land near Middlesborough and the Eden Project in Cornwall. Reach children got to meet science buffs, firemen, Santa Claus and each other and our volunteers were out there in all weathers **keeping our community connected with 39 branch events running across the year**.

THANK YOU Reach Branch Coordinators
This is the difference you make:



Reach Branch Coordinators 2025-26

Scotland: Mags, Iain & Liz
Northern: Suzanne
Northern Ireland: Ruth & Siobhan
Yorkshire: Alexis & Rich
Northwest: Chris & Lindsay
East Midlands: Andrew & Rebecca
Ireland: Marianne, Hilary & James
West Midlands: Tracey & Jason
East Anglia: Jay & Navdeep
Three Counties: Jen
South Wales: Melissa
North Wales: Emyr & Manuela
Gloucestershire: Sophie
Berks & Wilts: Joanne
North London: Shaheen & Hodo
South London: Hannah
Kent: Richard & Charlotte
Wessex: Mei, Rachel, Grace & Lee
Southwest: Jenna and Sarah

"Friendly and inclusive environment. Suzanne is brilliant."
Reach Mum, Flamingo Land, Northern Branch

"My Favourite thing was playing together"
Reach Child, Curve Motion, East Anglia, 2025

This was our first experience attending a Reach event. Both I and his sister had a whale of a time. Watching them both be welcomed was a feeling I can't describe. My husband and I had the opportunity to speak with many different families, and we had some great conversations, and we all left the event extremely happy and looking forward to attending the next reach event."
New Reach Parent, Belmont Farm, North London, 2025

"Getting to chat with a smaller group of people, and it was the first time L spoke to another child with upper limb difference."
Reach Parent at Mini Meetup, Chester, 2025

"I got to meet someone who looks exactly like me!' – O has an extra spring in her step ever since and told her whole class about it yesterday. Looking forward to the next event!"
New family, Crazy Golf, West Midlands, 2025




HOW MUCH IS YOUR PUMPKIN?
THE STEM FACING YOU























4. The Regional Family Weekend (RFW) Programme

Giving Reach families and members the opportunity to come together for a whole weekend nearer to where the live, enabling a 'sense of community', and the building of friendships.

"It was confidence building to be able to help the younger ones with my experiences"
Young person, Reach on the Beach, South Wales

In 2025 Branch Coordinators and Volunteers in South Wales, Melissa and Sian, the Northwest, Lindsay and Chris, and Scotland, Mags, Liz and Iain were joined by Navdeep and Jay in East Anglia, organising their first family weekend in East Anglia.

Together they enabled 36 families, 140 children, mums, dads, grandparents and carers to surf, paddle, play, quiz, climb, cook, walk and talk together.

For the families involved it meant so much:

"Families had a proper unrushed chance to connect. Great that the group was small enough to stay together..."
Parent, Hilltop Adventures, East Anglia

She gets a lot from the other children without being judged."
Parent, Reach on the Beach, South Wales

This year the branch coordinators and local Reach members made a huge effort to fundraise for the regional family weekend programme, running, climbing, dog & fell walking, sewing bees, Hot Wheel counts, and applying to local Trusts and Foundations for support. The Reach community would like to say thank you to the National Lottery Scotland, Kessick Lodge, Lloyds Bank, the Alpkit Foundation and the Wakeham Trust.

In 2025 four regional family weekends were delivered, a 33% increase on 2024. Generously our Branch Coordinators shared their learning with the Reach community and people in other parts of the UK got the bug and wanted similar to happen in their communities. Fundraising began in earnest for the first ever family weekend in Northern Ireland and Sarah and Jenna in the Southwest began talking with their community about a small weekend gathering in 2026.

Antrim Coast Half Marathon
"I cried as I walked over to the lovely Ruth waving the beautiful Reach frame."
In 2025 Reach mum, Tracey Atkinson, ran 12 races in 12 months for RFW NI 2026



Thanks to the commitment of our community and with support from the Big Give five regional family weekends went into development for 2026 making more of this possible:

'It was a good experience because I made lots of friends and we did fun activities'
Reach Child, Abernethy, Scotland



5. AFW 2025

The inspiration for the RFW programme is our Annual Family Weekend (AFW) which started way smaller as our AGM many years ago and with the help of wonderful volunteers has grown into a 3-day event which now tours the country and this year for the first time ever was hosted in Swansea, South Wales.



A smaller hotel, all ours for the weekend, 91 families were emersed in a wholly Welsh experience, with flags, banners and balloons, not one but two Welsh voice choirs, a Welsh welcome to the conference, a rugby session with Disability Sport Wales for attending young people, and of course – Welsh cakes for everyone!

At conference this year, inspired by our Social Media Manager, Megan and her partner Whitney who had their baby in Spring 25 and Reach Ambassadors, Melissa Johns and Claire Cashmore MBE, both very pregnant this year at AFW,

Reach Ambassador, TV Presenter, and mum, Briony Williams chaired **Mums the Word,** a panel exploring the early parental experience of mums with limb differences.



They and Cerrie Burnell also a guest speaker at AFW 25 are now helping to raise awareness on a national platform in collaboration with MP Marie Tidball – watch this space….

Model Glen Evans, at the time, a very new Reach member with upper and lower limb differences came and talked about growing up with a disability, losing her dad at 11, being bullied at school and how she found confidence and self-esteem.



AFW was a first for Glen, she had never had a collective limb difference experience before and that moved her as much as she moved us. Familiar with leading campaigns as poster girl for 'This Girl Can', we are delighted to say that soon after AFW 25 we began talking with Glen about becoming a Reach Ambassador.

Gardeners World Sue Kent who lives locally and is a constant support to our South Wales branch captured hearts talking potential and possibility.

Young speaker and 'Into the Jungle' competitor Immie, speaking for the first time on stage, chatted with ease with Alastair, gently teased her dad and told us about how an article in Within Reach led her to the GB Taekwondo Para Pathway.

A very important part of the conference for us was celebrating 25 years of RAW (Reach Activity Week) and the people that make it happen every year, but before we did that we celebrated the man who launched RAW in the year 2000 - Reach Ambassador Frank Letch:



Franks wife came and celebrated with us and a video clip of Frank reminiscing about RAW with friends who mentored and participated with him recorded at his home earlier this year was played.

We plan to launch the full video - **Speaking Frankly** - as part of our archive in 2028 – Reach Charity's 50-year anniversary.

At the end of the conference Ambassador Melissa Johns who helped the creators of Toxic Town (released 2025) find and support young actors, Toby and Kobi in role, and to get the narrative arc right across the time period of the series chatted with Toby and Kobi about their experience in the production and their plans for the future.

Melissa closed with an important message that we wish to highlight. People doing extraordinary things, as actors, Paralympians and campaigners is great but being ordinary, living your best life and being able to do that on your terms, is great too and worthy of celebration.

Each year the conference is produced by RAW veteran, James Jones, and presenter Alastair Greener lending his expertise to enable the sharing of stories, ideas and learning - thank you both so very much.

People went the extra mile to create special experiences for AFW 25 participants, local Reach Auntie, Francesca Jandrell, of FJ Dance Company led a dance workshop for Reach children, who with pride and joy became our Reach for the Stars Dance Troupe, hair styled by Model Gemma Adby:



A very pregnant Claire Cashmore led an early morning run along the promenade:



Sponsored by Irwin Mitchell, The Welsh gala dinner committee transformed the conference space and made sure everyone felt special:



And on the Sunday authors Cerrie Burnell, Amy Green, Claire Cashmore, Lee Dilley, Nikki Spalding, Sandie Reyhani, all representing as people with, or whose central characters have, lived experience of ULD + the Fastest Shed in the World all joined for a Family Book Workshop.

Behind the scenes, people helped to run the shop, a spectacular raffle and auction, and the event as a whole. Wonderful photos were taken and wonderful auction prizes gifted. The hotel staff were amazing, and we even had a visit from the local fire brigade to rescue two Reach families stuck in the lift!

Finally to the local volunteers bringing AFW 25 home in style – we thank you:







AFW 2025

Feedback/Food for Thought

Everyone has different perspectives on things and all are valuable and important…there is such a wealth of knowledge and experience in the room/on the stage and everyone is happy to share and talk to make something easier for someone else.

It was great to hear from people with ULD's who are older than my child. They made me more hopeful for the future

Good mixture, pleased to see reach adults taking the lead. Next year reach Dads and offspring?

loved the Gala Dinner, it was great to dress up and be comfortable in my own skin around people like me

Community, shared experiences, safe place to share successes and worries. You guys give me strength when I need it xxx

Exceeded expectations and the conference/talks was a real highlight made us feel a part of a real community

My children enjoyed being with the other children and the activities were a good vehicle to enable this. They like the Reach mentors too. (Big thank you to those who volunteer)

Best bits- rugby, circus tricks, book workshops. Worst bits- none! Activity ideas for future weekends- football. Board game time.

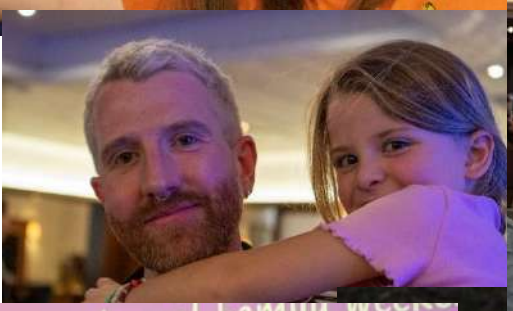
Not enough time spent with our children

I liked the conference and gala dinner but wish you had more 'normal' non-celebrity/sports people etc on the stage to chat about their life story / going to uni / starting a job etc. things that most people in the room will do and not necessarily become Paralympians.

I wish children could be more involved in the Gala Dinner or an option for a family dinner

a truly memorable night for everyone who attended

I came away encouraged

























6. RAW 2025

Celebrating 25 years, 2000-2025 (one year's pause for Covid), this year's RAW (Reach Activity Week) went to Kepplewray Outdoor Activity Centre, in the Lake District for the first time. Together 35 young people with ULD, age 10-17, supported by 10 Mentors donned hiking boots, wetsuits, and old trainers to explore, roam, climb, stumble across, jump into and over, and run free in the beautiful Cumbrian landscape.



Thank you to:
The Finn Valley Valiants who fundraised for RAW for a whole year inspired by their President 2024-25, Grandad to a RAW participant.
The Mentors of RAW, all adults with ULD, some who went to RAW themselves as young people, some new to Reach, all with different life experiences enabled a rich body of support for all the young people attending.
To Chris Knox who despite absent and broken-down buses managed to get young people coming all the way from Scotland to and from Kepplewray.
Together this is the difference you made:

The RAW Effect 2025

Feedback from 16 families collated
86% increase in confidence
81% young people tried something new
75% increase in independence skills
100% want to come back next year!

RAW 25 in your words

Attending young people:

"It was great to make new friends."

"RAW means to me connecting with others to do fun activities. The thing I like best is making new relationships and connecting with others that are similar to me and what I remember best is the friends I made and the difference they have made to me."

"Absolutely unforgettable."

"I loved the activities, especially gorge walking and paddleboarding, and I loved the girls I shared a room with."

Parents/carers:

"Really sad that this is Sa's last RAW - he has had such a great time there over the years."

"We love how St. feels so comfortable with the other RAW attendees, he comes back having had the best time!"

"Best bit - Picking her up and hearing the stories. Proving us wrong and not getting as homesick as we thought she would. Finding her 'gang'"

"Amazed at daughters' confidence at trying activities and spending a week away"

"It's very important providing an opportunity for C to be together with other kids with similar experiences and who understand what it's like for her living with a limb difference. She said it was great going somewhere she knew she didn't need to worry about her limb difference because everyone would be used to it and there would be no staring or comments. It feels particularly helpful at this age when kids become increasingly aware of fitting in and their physical appearance. Although we can try to empathise and help her through struggles with her arm RAW provides something extra in this sense which we aren't able to as a family."















RAW 2025

7. The 18-25 Retreat & Mentorship Programme

We are delighted to report that in March 2025 The VTCT Foundation and the National Lottery confirmed 3 years funding for the 18-25 Retreat & Mentorship programme, inspired by RAW, the programme seeks to provide sustained peer support at what can be a vulnerable time, and Reaching Out, helping us learn how best to enable young adults as part of the Reach community, give them voice in our space and a platform to speak to a wider audience.

In April 2025 Jenna Roper, Reach mum, volunteer Branch Coordinator and professional counsellor became the 18-25 Project Coordinator, with her support Project Leads, Emily Tisshaw and Tony Addison and Mentor Supervisor, Reach adult and Counsellor Chantell Smith Mimms recruited, trained and enabled a pool of 8 volunteer mentors by year end, 60% more than target. Why? To strengthen the quality, sustainability, and reach of the programme and to build the capacity to support more young adults while also enabling more personalised and consistent mentor–mentee matching.

In 2025, 14 young adults joined the programme, a 16% increase on the 2024 Pilot and Durham University recruited a researcher from the Reach community, to lead an independent evaluation of the 3-year programme. Reach Gran Maxine Houston began work with a summary report of the 2025 Retreat and participating young adults began to unpick what it means to them:

Year 1 Mentee Feedback

"I became way more conscious of it [ULD] at 18, even though I'd had it my whole life, it was a real big shock to me. It's the first time in life that you're kind of seen with it on your own and the questions come to you [rather than parents] and you're expected to go into new rooms and be able to do everything or to explain it."

"In September I went on the Reach Retreat in Devon, and it was such an amazing experience. I'm a bit of a late joiner to Reach at the age of 24 and was actually quite hesitant to go since I'd never met anyone from the charity before. But I'm so glad I went. I went with an open mind, hoping to meet others like me and was so surprised to find people my age with similar experiences. It felt like I'd instantly found a community that really gets me. The retreat was brilliant; we did things like coasteering (even though I'm scared of heights!) and had loads of lovely, genuine conversations with everyone and the mentors. Even though I've not been part of Reach for long, it already feels like such a supportive and inspirational group to be part of."

"I felt such a sense of peace and calm being around a group with shared experiences, discussing growing up with a limb difference and how it affects us now.

"It was probably the best thing I did last year, to meet everyone. It really opened my eyes just to sort of like, how many of us are out there, I'm not the only one and things like that."

"The mentoring programme has been really wonderful to reconnect with a community that was such a major part of my childhood. Reach was a regular part of my childhood and being able to feel that same sense of community and belonging in my adulthood has been refreshing. I have such happy memories of Reach as a child and being able to foster new connections with other Reach adults has been massively important to me and made me realise the sense of community I had missed in my teens without Reach. So all in all, the programme and mentoring has brought back a sense of community which has been a wonderful addition to my life. It has also helped me come to terms with adult life transitions that may involve my hand and getting myself out there."

Inspired by the evolution of the 18-25 programme and a growing adult membership Reach members with skills and expertise in social media, marketing, magazine curation, podcast creation, production, governance, and equality rights, all with lived experience of upper limb difference want to support young adults to have their voices heard in our community and on a wider platform.

Our Social Media Manager Megan who has already done so much for us to raise awareness with campaigns like How Do You Do it has taken on the role of programme manager and in collaboration with amazing people in our community and working in partnership with other charities supporting people with limb loss and limb difference over the next 3 years (2025-28), Reaching Out will develop:

- A podcast in partnership with young adults
- A Young Peoples Advisory Group to help the Reach Trustees represent young people on their terms
- The Limb Loss & Limb Difference Alliance – raising awareness on a national platform
- A training programme for young people with ULD wanting to increase representation as presenters of AFW, as writers with Within Reach, website designers, and content creators
- A Language Guide to help people move away from the medical model and see the person first
- The development of a Within Reach blog to help people find Reach, to speak to young adults within our community and with the potential to reduce our costs and impact on the environment.
- A community that supports Reach adults as well as we have supported Reach families for nearly 50 years.

How are we doing?

We welcomed 42 adults with ULD to Reach in 2025, many of those returning after the widening our object in 2024, and some with no previous connection with Reach, people like Tanya, an artist and illustrator drawn to our Annual Family Weekend Presenter Workshops with Megan plus Reach Ambassador Briony Williams, Influencers Alex Hayden, Gemma Adby and Mollie Pearce.



Being there, Tanya realised being in front of the camera was not for her right now but inspired by the people in the room, she began to draw…..



Tanya has been helping us ever since, to tell our story and communicate ideas in a more, for some, digestible format.



With Megan, an Influencer in her on right, Reach Dad and Podcast Producer, Nick Wilmhurst, and Reach adult and Producer, James Jones at their side, two young adults, Lottie and Leah were recruited to the Offhand Podcast which went live in earnest February 2026 and has since attracted brilliant feedback and is growing a healthy audience.

Written by a working group made up of adults with ULD chaired by Trustee Steve Haynes our Language Guide was published just after year end. The guide doesn't dictate how individuals with ULD should describe themselves, instead it is designed to support professionals, educators and the wider public in using language that conveys dignity, accuracy, and respect.

The Within Reach Blog had a soft launch in 2025 but its impact was far from soft…

REACHING OUT YEAR 1 FEEDBACK

"It is so lovely to hear conversations about having a limb difference where both people can contribute their own perspective! I hadn't realised how much that was missing in my life - I have had similar conversations with my five fingered friends, about dating, driving, doctor's appointments, clothes not fitting, but I'm often met with sympathetic nods, like Leah was saying. I am so happy to hear the questions, trading of stories, advice, laughter and jokes! Thank you so much!!"
A podcast listener, March 2026

"I never used to speak to people when things were difficult. I found most in my support network couldn't understand/accept what I was telling them. When I joined the program I was incredibly apprehensive about how it was going to work and how it might help/benefit me. My experience now has been good. I still struggle with joining in with discussions most of the time, especially in the larger group discussions. I think it's helping me as I feel like I can talk about things that are relevant to the discussion. Also being able to discuss topics with other people my age has really helped me."
18 - 25 Programme Mentee, Autumn, 2025

"I find myself very lucky to find a community where we are all united by having a limb difference. For the majority of my life I've struggled with the difficulties of navigating NHS pathways and finding support to feel I belong. However, I can say I have found my people through Reach and can finally start to be proud of my difference rather than feeling insecure"
Reaching Out Podcast Trainee, Spring, 2026

"I've just read your article "yesterday I felt strong" and was moved to write to you. Thank you very much for writing such an honest and empathetic article. It really struck a chord as parent to a very "can do" child and stopped and made me think. Your following words will stay with me for a long time "I hope that you can stop and take a moment to acknowledge the 'extra' you put in. That you feel proud of yourself for tackling the two-handed world as well as you possibly can, I hope you know that it's okay not to feel ok all of the time" I will read these to my little boy with a great squeeze of a hug to show him in some small way how very much I appreciate him and am proud of him. Thank you!"
WR Blog Reader



The Within Reach blog is providing an alternative route in for people new to Reach and a potentially more accessible format for younger readers.

Its impact is demonstrated in part by an increase in the number of visitors to our website year on year:

Jan – June 2025	
Views	35162
Active Users	10526
Jan – June 2026	
Views	45977 (31% increase)
Active users	19762 (88% increase)

Reaching Out as a project is helping the Reach community to learn, share and appreciate each other, it's also giving us the opportunity to collaborate with other charities in the limb loss and limb difference community who, like us, want to raise awareness, provide support earlier and potentially work in partnership to improve the lifetime experience of people with people with limb loss and limb difference.

With the support of the National Lottery and with Megans expert guidance we began work to prepare our first shared Limb Loss & Limb Difference Awareness Month campaign, as we worked, other members of the alliance put forward ideas on how they could help, Megan was joined by Finding Your Feet's Marketing Officer, we began to share costs, and with the incredible expertise and shared experience in the room a Terms of Reference for the new Limb Loss Limb Difference Alliance (LLLDA) evolved. Over the course of the year we began to see and realise the potential in collaboration as we all became beneficiaries of the Benefact Groups wonderful 'Pay It Forward' campaign – a rare experience which started in February with a phone call gifting Reach £2000 in recognition of the work we do and inviting us to pay it forward – the money we all benefited from helped the LLLDA to move forward with opportunities created in 2025 – thank you to the National Lottery for believing in our potential and thank you to the Benefact Group for enabling a tentative next step.



Next steps 2026-27

Build and populate our training pathways thereby increasing representation in what we do.

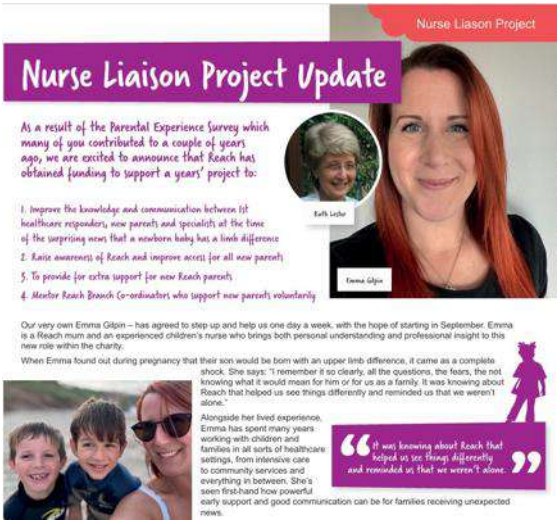
Focus support and nurture our Young Peoples Advisory Group.

Continue to share learning and create the space for Reach adults to take an active role in our community.

Build on the momentum offered to the LLLDA 2025/26 and together work to improve the life experience of our communities.

COMMUNITY FUND

8. The Liaison Nurse Project



In November 2025, Reach mum and Paediatric Nurse, Emma Gilpin, joined us to lead a project inspired by the early parental experience of some Reach families as explored in Clelland et al research published in 2024.

The primary aim of the Liaison Nurse Project:

To improve the knowledge and communication between 1st healthcare responders, new parents and specialists at the time of the surprising news that a newborn baby has a limb difference.

As a first step we needed to understand the confidence levels and awareness of upper limb difference in the midwifery, neonatal and obstetric workforce.

In the first 4 months of the project (November 25 – February 2026) a Steering Group was brought together, led by Reach Trustee, Ruth Lester, made up of professionals working in the NHS, and Midwifery training pathways to develop a survey to be shared UK-wide by Emma over the course of one year. The purpose, to learn where the gaps are and work in partnership with the NHS and the LLLDA to fill them.

Our hope is the learning from the survey launched at the London Midwifery Festival in February 2026 will inform the creation of a Limb Difference Liaison Nurse role in every region in the UK.

By February 2026 we were already attracting the interest of MP Marie Tidball, who wants to see similar for disabled mothers.

9. Fundraising March 2025- Feb 26

Reach is supported by its community; what you do makes the biggest difference – from **a Hot Wheels Mega Count Up** to **a cake stall at school.**

Here are a few of the things you have been up to 2025-26:

Ella, **making and selling bracelets with her friend**, Alex taking on **a 24-hour Walking Challenge** for Reach, and his wife Shannon staying up all night to share his journey on social media, Bobby for **nominating Reach for a gift in lieu of services as a buddy for the Suicide Prevention Service,** Cameron and his friends doing a **pub crawl in Christmas jumpers,** Chris challenging himself to visit **70 Lake District lakes tarns or meres** during the year.

The way you help, is **personal, caring, fun, exhausting, inspiring & incredible!**

You've **donated in lieu** of Christmas cards, and birthday presents

You've sung Christmas carols in shopping centres

You've celebrated your Golden & Ruby Wedding Anniversaries with us

You've organised fundraising events in your area like the Amputee Golfer, George Blackshaw, who went and did again at his **3rd Charity Golf Day** in Cheshire raising funds for Reach and Alderhay!



You've run **3 half marathons in 3 months,** taken on **3 peaks in one weekend, 12 races in 12 months….**

Rave Runs and **Fantasy Football…**

1000's of miles between you, moments of disbelief, determination, joy, pride, and yes quite a few blisters. **Thank you!**
Time for a sit down and a cup of tea!

Once you've got your breath back and/or you fancy a challenge 2025-26 click here: https://www.reach.org.uk/run-for-reach

You and yours have baked, crafted, knitted, raffled, run tuck shops, spoken at events, **Thank you for organising local community fundraisers** in schools, social clubs, community centres, villages halls and at offices across the UK - these events help raise awareness at the same time as raising funds for Reach - so **you are helping in two ways** – Thank you! .

Some of you are **regular givers** - your donations **underpin everything we do** – **Thank you!**

This year we came together as a community to take on **the Big Give Christmas Challenge**. In just one week you raised over £10,000, inspired 189 donations, £5K in pledges and £5K match from The Hospital Saturday Fund to help **Reach Further** with RAW, our RFW programme, and the Liaison Nurse Project. **Thank you!**

Other types of donors, businesses, community orgs and partners (**brought to us by you**):
Robertson Construction Ltd
The National Grid
Moose International (friends and associates of Frank Letch)
DDC Fire Sprinklers Design Ltd
The Foursails Partnership
Broken Bones Productions
Dysnet
Appleton Ladies

You have donated in loving memory of family members who have passed away this year. **Thank you for remembering Reach at this time**.

This year with the help of Reach Volunteer, Lesley Goodfellow, we partnered with Farewill to support 33 people write their will for free 2025-26.
To write your will for free - click here (ends December 2026)

Finally thank you to everyone who ticked the Gift Aid box! it's easy to do and for every pound you donated the government gave us 25p!

Together you raised £108,611 that represents 25% of our expenditure and 30% of our income 2025-26 - a huge contribution - Thank you!

Reach AFW Sponsor 2025
Irwin Mitchell Solicitors sponsors of a very special Gala Dinner **Thank you!**

Trusts & Foundations awards (2025-26):
The Frazer Trust
The Wakeham Trust
The Alpkit Foundation
The Dean Close Foundation
The Mather Foundation
The Milles Charitable Trust
The Hospital Saturday Fund
The VTCT Foundation
The National Lottery
The Benefact Group

Thank you for supporting the Reach community.

10. Reach Finances 25-26

Total Income

2025-2026 £367,151
2024-2025 £207,758
77% increase from 2024-25

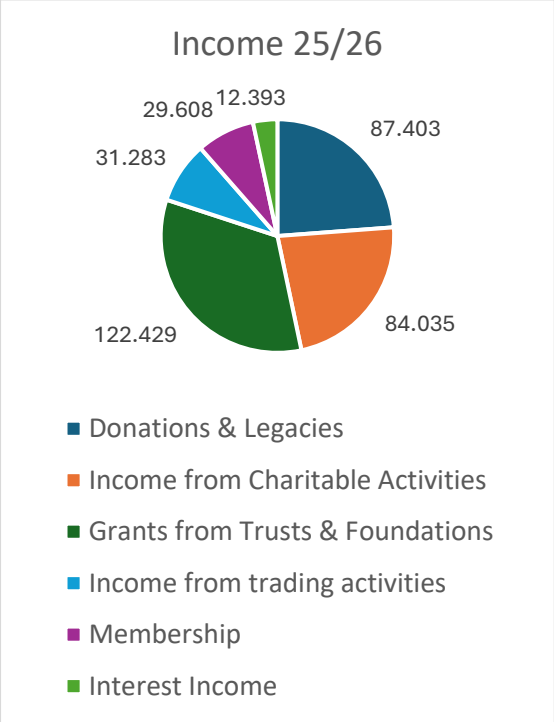
Total Expenditure

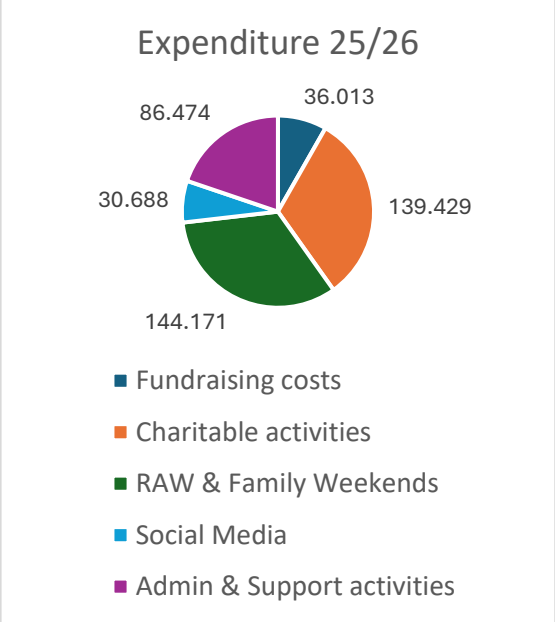
2025-2026 £436,774
2024-2025 £348,718
25% increase from 2024-25

Net Funds Movement

2025-2026 - £69, 623
2024-2025 - £ 140,960
50% reduction from 2024-25

The results for 2025-26 show a substantial decrease in deficit for the year. These results are flattered by the receipt during the year of funds for committed expenditure on the Family Weekends etc during the following year. If this income was excluded, the underlying outcome for 2025-26 would have been in the order of -£95k = 32% reduction from 2024-2025.





11. How are we doing & next steps

We have this year, with considerable support from our community and volunteers, worked hard to increase funding in line with our ambitions to support a growing membership on their terms; our branch coordinators to create local opportunities, and to improve the experience of a Reach child and their family from pre-birth for the whole of their lives. With additional support from Trusts and Foundations 3 new projects went live, our regional family weekend programme grew by 33%, and our charitable activities costs rose by nearly 50%.

This is the first time we have achieved significant support from a funding body and are proud and honoured to be delivering as part of the National Lottery's Reaching Communities Programme and to have achieved commission from the VTCT Foundation who are dedicated to commissioning research and development for people with visible differences – the 18-25 Retreat & Mentorship programme will be one of the last projects funded by the Foundation

but their legacy with the Appearance Collective of which we are members will live on. Please may we say thank you to both organisations for their guidance and the learning afforded us in project development.

The cost of delivery for our two oldest events; the much-loved Annual Family Weekend and Reach Activity Week grew in 2025 by 13.5%, but the contribution from attendees grew too, by 66%. However, the significant deficit of £65,897 is not sustainable. To counter this we are working to bring in additional funds from new funding sources to subside both and have negotiated a two-year lower-cost contract with a new hotel brand for Reach (2027 & 2028).

In 2025 Irwin Mitchell Solicitors kindly sponsored our Gala Dinner, they like us, have branches all over the UK, and we began to talk about how we might collaborate. We are delighted to be partnering with Irwin Mitchell as headline sponsors of the Annual Family Weekend Conference and Gala Dinner 2026-2028 and in a more organic way as local branches of Irwin Mitchell get behind local branches of Reach.

The legacy received in 2023 continues to provide ballast and we need now to build on the good work started in 2024-25 to diversify income streams and focus efforts on consolidation, systems improvement and the reduction of costs.

Our Branch Coordinators did an amazing job fundraising for the Regional Family Weekend programme 2025 raising ALL the costs needed to deliver the programme and even generating seed funding for 2026 – incredible!

Within Reach Editor Max, surveyed readers to understand if the Within Reach blog might be preferable to the printed version but the idea has met with some resistance as families report having the hard copy magazine around the house as a visual reminder for their children that they are not alone and are part of a community is useful.

We have however started sharing programmes, reports and schedules with our membership using QR codes thereby reducing print costs.

An increase in adult mentors and young adults coming forward to volunteer on events is helping us reduce costs and build more sustainable models.

We are working collaboratively with partners in the Limb Loss and Limb Difference Alliance to understand how and where we can potentially reduce charity costs by sharing some functions and increase charity income by delivering projects in partnership – we are at early stages in these conversations – watch this space!

With the kind support of the Reach Team, Reach Ambassadors, Reach members and partners volunteering their time the Reach Triathlon has had its first outing. Thanks to ATW events, Claire Cashmore and all of those wonderful volunteers, the event is low cost (nearly no cost), fun for all ages and accessible, leaving everyone with a feel-good feeling inside and money raised for Reach - we might do it again…watch this space!

Reach is a growing community; the Trustees are very much part of that community, working in partnership with our members to sustain and grow Reach in a way that works for them.





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