



Annual Report and Financial Statements

1 September 2020 to 31 August 2021

**Scottish Charitable Incorporated Organisation
Charity Number: SC044175**

The Physiotherapy Trust

Annual Report and Financial Statements

1 September 2020 to 31 August 2021

Reference and Administrative Details:

Patron:

[REDACTED]

Charity Trustees as at the date of approval of the Annual Report:

[REDACTED]

CP (Clinical Director and Secretary)

Charity Trustees who resigned during the period

None

Scottish Charitable Incorporated Organisation

Scottish Charity Number: SC044175

Origins and Objects of the Trust:

The Physiotherapy Trust (TPT) was registered with the Office of the Scottish Charity Regulator on 31 July 2013.

The Trust's charitable purposes are:

- The advancement of health and
- The relief of those in need by reason of age, ill-health, disability, financial hardship or other disadvantage

The Trust's charitable objects are:

- To advance health through the provision of a physiotherapy service to relieve the symptoms of physically disabling conditions and thus promote mental wellbeing
- The relief of those in need by reason of age, ill health, disability and financial hardship through specialist advice, treatment, equipment and pop-up clinics provided by chartered physiotherapists.

Public Benefit Statement:

In the light of the above purposes and objects and the activities described later in this report, the Trustees believe that The Physiotherapy Trust (TPT) meets the criteria for public benefit.

Appointment of Charity Trustees

Charity trustees will be elected annually at the AGM from the membership.

Reserves Policy

The charity aims to have a reserve of 6 months' expenditure.

Chairperson's Report

The Trustees of The Physiotherapy Trust continue to present the charity in accordance with its constitution; the aims of The Physiotherapy Trust (TPT) remain as initially set out.

Covid Pandemic: All documentation regarding recent changes to TPT's Constitution for the allowance for 'Virtual' Meetings was submitted to OSCR. During the continuation of the C-19 pandemic, TPT's Domiciliary Physiotherapy service operated in line with UK Government restrictions; our 'State Registered' (Health and Care Professions Council), Chartered Physiotherapists practiced within Professional guidelines and maintained contact with NHS colleagues (Consultants, CNS, Physios). On the direction of related governing bodies, TPT formulated various patient-related documents: Risk Assessment, Remote Triage, Signed Consent and On-going Triage and Consent; an auditable system of C-19 documentation was established and utilised.

Multiple Sclerosis Society Borders Branch (MSSBB): Virtual and Face to Face patient treatment continued, coupled with valuable patient-related discussions between our two charities. At a TPT-MSSBB September 2020 meeting; the shared cost of PPE, reduced but continued financial outlay and lack of fundraising opportunities were central topics and concerns.

My Name's Doddie Foundation (MNDF): Since our inaugural meeting on 19th February 2020 and despite TPT's regular courteous communications, no contact has been received from MNDF or its nominated NHS colleagues. It must be surmised that the demands of C-19, have rendered this new project paused. In May 2021, TPT returned the full grant to MNDF.

Fund Raising: Via Funding Scotland, some 'C-19 time sensitive' funds were open to applications but as TPT was minimally active, application was invalid. Third Sector articles reported the challenges of established small charities, suggesting that donators favoured charities responding to the immediate impact of C-19.

Going Forward

Despite there being no local Public Sector on-going domiciliary physiotherapy for patients with life limiting conditions, TPT has had no contact from organisations with whom we have previously offered collaborations including fellow Third Sector organisations and the local public sector. Unsurprisingly, there is now a resultant increased demand for Private Physiotherapy. Concurrently, TPT was unable to predict if and when, it would recover its pre-pandemic treatment hours level; subsequently, TPT's inability to offer surety of earning, resulted in unpredictable staffing commitment.

Reflecting the lack of uptake for TPT's domiciliary Physiotherapy service, our diminished fund raising opportunities, continued running expenses, unpredictable future demand and subsequent staff commitment challenges, unfortunately this charity has become unviable and unsustainable. Our Trustees agree that The Physiotherapy Trust should cease its activities and its closure procedure will commence in line with OSCR regulations.

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- [REDACTED]
 - 10th October 2021
 - End of Fourth Year as Chair

Trustee Remuneration: Related Party Transactions:

[REDACTED] who is a Trustee, has, with the unanimous approval of the other Trustees, fulfilled the role of Clinical Director of the Trust for which she receives modest remuneration at a rate agreed in advance by the Trust. As a Chartered Physiotherapist, she also has been involved in clinical service delivery on behalf of the Trust, for which she is also remunerated at the agreed rate. All claims for remuneration and reimbursement of expenses in relation to both of these roles are supported by timesheets and receipts and are scrutinised by a Trustee prior to authorisation for payment. To comply with Charity Law, in June 2015 the following was agreed: her post as Clinical Director for up to a maximum of 12 hours per month at £25 per hour; and b) her post as a Physiotherapist delivering clinical treatments for up to a maximum of 20 hours per week at £30 per hour. It was further agreed that both these agreements should apply retrospectively.

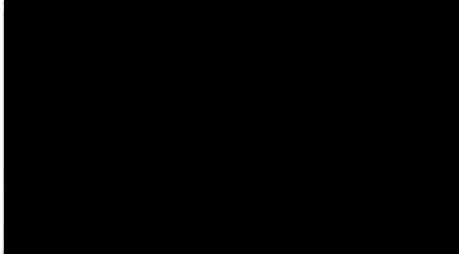
Acknowledgements:

The Trustees wish to record their sincere thanks for the continued invaluable guidance and support that they have received from the local third sector interface organisation, The Bridge, via their manager [REDACTED]

Declaration

The charity trustees declare they have approved the above trustees' report.

Signed on behalf of the Trustees:



Clinical Director

Date: 21/10/2021.

THE PHYSIOTHERAPY TRUST
Scottish Charitable Incorporated Organisation No. SC044175

ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE PERIOD 1st SEPTEMBER 2020 to 31st AUGUST 2021

STATEMENT OF RECEIPTS & PAYMENTS FOR PERIOD ENDED 31ST AUGUST 2021.

RECEIPTS		Unrestricted Funds	Restricted Funds	TOTAL 2021	TOTAL 2020
My Name'5 Doddie Foundation		0.00	£20,000.00	£20,000.00	£20,000.00
Donations		£0.00	£0.00	£0.00	£5,000.00
MS Patient Donations		£1,177.00		£1,177.00	£2,690.00
MS SOCIETY		£2,352.85		£2,352.85	£4,303.85
SCVO AWARD		£ 0.00		£ 0.00	£ 500.00
TOTAL RECEIPTS		£ 3,529.85	£20,000.00	£23,529.85	£32,493.85
<u>PAYMENTS</u>					
<u>Cost of Charitable Activities:</u>					
Clinician Services	4,599.00			4,599.00	9,782.00
Clinical Director Admin	1,381.25		0	1,381.25	1,256.25
Admin Services	422.50			422.50	0.00
Travel Expenses	648.20			648.20	2,925.90
Insurance	274.14			274.14	489.30
Website	198.00			198.00	198.00
Telephones	327.63			327.63	467.47
Postage, Telephone & Stationery	71.99			71.99	84.00
Bank Charges	72.00	7,994.71		72.00	72.00
My Name 5 Doddie		600.00	39,400.00	40,000.00	285.92
		£ 8,594.71	39,400.00	£47,994.71	£15,560.84
Purchase of Equipment		£ 0.00		£ 0.00	£ 0.00
TOTAL PAYMENTS		£8,594.71	39,400.00	£ 47,994.71	£ 15,560.84
INCOME FOR THE YEAR		-£5,064.86	-£19,400.00	-£24,464.86	£16,933.01

THE PHYSIOTHERAPY TRUST
Scottish Charitable Incorporated Organisation SC044175

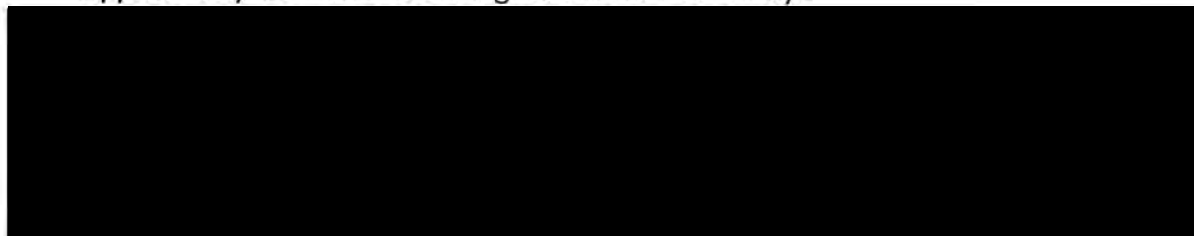
ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE PERIOD 1st SEPTEMBER 2020 to 31st AUGUST 2021

STATEMENT OF BALANCES AS AT 31 AUGUST 2021

	<u>Unrestricted Funds</u>	<u>Restricted Funds</u>	<u>TOTAL 2021</u>	<u>TOTAL 2020</u>
Balance at 31.08.20	14,070.27	19,400.00	33,470.27	16,537.26
Income for Year	-5,064.86	-19400.00	-24464.86	16,933.01
Balance at 31.08.21	<u>9,005.41</u>	<u>0.00</u>	<u>9,005.41</u>	<u>33,470.27</u>
Bank Balance at 31.08.21	<u>9,005.41</u>	<u>00.00</u>	<u>9,005.41</u>	<u>33,470.27</u>
<u>Other Assets (Unrestricted Fund)</u>			<u>0.00</u>	
<u>Liabilities (Unrestricted Fund)</u>			<u>0.00</u>	

The Notes on page 8 form an integral part of these accounts.

Approved by the trustees and signed on their behalf by:



Clinical Director

Treasurer

Date: 21 October 2021

Date: 21 October 2021

THE PHYSIOTHERAPY TRUST

Scottish Charitable Incorporated Organisation No. SC044175

ANNUAL REPORT AND FINANCIAL STATEMENTS

FOR THE PERIOD 1st SEPTEMBER 2020 to 31st AUGUST 2021

Notes to the Accounts for the period 1 September 2020 to 31 August 2021.

Basis of Accounting

These accounts have been prepared on the Receipts and Payments Basis in accordance with the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 .

Nature and purpose of Funds

Funds received from My Name's Doddie Foundation (£20,000 in year) are restricted to covering costs associated with the care of Motor Neurone Disease sufferers as per terms of award. These funds were subsequently returned to the foundation along with £20,000 received in prior year. All other funds held by the Charity are unrestricted and may be used at the discretion of the trustees in furtherance of the objectives of the charity.

Grants

No grants were received by the charity in this accounting period.

Trustee Remuneration & Expenses

A total of £2,041 was paid to trustee [REDACTED] in her capacity as Clinical Director and Physiotherapist. No travel expenses was also paid to her in this accounting period. Remuneration and mileage rates were agreed by all other trustees and submitted claims were approved by the Treasurer and Chairman.

No payments were made to any other trustees.

INDEPENDENT EXAMINER'S REPORT

To The Trustees of The Physiotherapy Trust

Scottish Charitable Incorporated Organisation No. SC0414175

On the Accounts of the Charity for the Period 1 September 2020 to 31 August 2021

Set out on pages 1-8.

Respective responsibilities of Trustees and Examiner

The charity's trustees are responsible for the preparation of accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of Independent Examiner's Statement

My examination is carried out in accordance with regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the accounts.

Independent Examiner's Statement

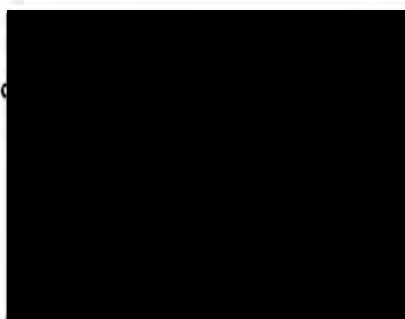
In the course of my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations and,
 - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 accounts Regulations

have not been met, or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed



Date: 19/10/21