

The Period Place

SC052806



Receipts and Payments Accounts							
For the period from	Period start date			to	Period end date		
	Day	Mo	Year		Day	Month	Year
	01	Oct	2024		30	Sep	2025

Section A Statement of receipts and payments

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total funds current period to nearest £	Total funds last period to nearest £
A1 Receipts						
Donations					-	2,975
Legacies					-	-
Grants	28,790	31,208			59,998	31,770
Receipts from fundraising activities					-	-
Gross trading receipts					-	-
Income from investments other than land and buildings					-	-
Rents from land & buildings					-	-
Gross receipts from other charitable activities	8,398				8,398	795
A1 Sub total	37,188	31,208	-	-	68,396	35,540
A2 Receipts from asset & investment sales						
Proceeds from sale of fixed assets	-				-	-
Proceeds from sale of investments	-				-	-
A2 Sub total	-	-	-	-	-	-
Total receipts	37,188	31,208	-	-	68,396	35,540
A3 Payments						
Expenses for fundraising activities	-				-	-
Gross trading payments	-				-	-
Investment management costs	-				-	-
Payments relating directly to charitable activities	37,277	36,236			73,513	24,034
Grants and donations	-				-	-
Governance costs:					-	-
Audit / independent examination	-				-	-
Preparation of annual accounts	-				-	-
Legal costs	-				-	-
Other	-				-	-
A3 Sub total	37,277	36,236	-	-	73,513	24,034
A4 Payments relating to asset and investment movements						
Purchases of fixed assets	-				-	-
Purchase of investments	-				-	-
A4 Sub total	-	-	-	-	-	-
Total payments	37,277	36,236	-	-	73,513	24,034
Net receipts / (payments)	(89)	(5,028)	-	-	(5,117)	11,506
A5 Transfers to / (from) funds						
	-				-	-
Surplus / (deficit) for year	(89)	(5,028)	-	-	(5,117)	11,506

Section B Statement of balances

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
B1 Cash funds	Cash and bank balances at start of year	(4,414)	15,920			11,506	-
	Surplus / (deficit) shown on receipts and payments account	(89)	(5,028)			(5,117)	11,506
	Cash and bank balances at end of year	(4,503)	10,892	-	-	6,389	11,506
	(Agree balances with receipts and payments account(s))	-	-	-	-	-	-


B2 Investments	Details	Fund to which asset belongs	Market valuation	Last year
			to nearest £	to nearest £
Total			-	-

B3 Other assets	Details	Fund to which asset belongs	Cost (if available)	Current value (if available)	Last year
			to nearest £	to nearest £	to nearest £
Total			-	-	-

B4 Liabilities	Details	Fund to which liability relates	Amount due	Last year
			to nearest £	to nearest £
	Creditors/Payables			
Total			-	-

B5 Contingent liabilities	Details	Fund to which liability relates	Amount due (estimate)	Last year
			to nearest £	to nearest £
Total			-	-

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	CHINENYE FLORENCE IGBOAYAKA	30/03/2025

Independent Examiner: ABIDEMI ADEOTI 

Section C Notes to the Accounts

C1 Nature and purpose of funds (may be stated on analysis of funds worksheets)

88% of Charity's total funds are grants received from third party organisations and charities. 52% of these grants are restricted and are being used for the specific charitable purposes for which the grants were received while the remaining 48% are unrestricted and are available for use at the discretion of the Trustees in furtherance of their charitable objectives.

The balance of 12% of the Charity's total funds are also unrestricted and available for the intended charitable use.

	Type of activity or project supported	Individual / Institution	Number of grants made	£
C2 Grants	Monthly talk which provides trusted spaces for women to discuss menopause, fibroids, PCOS, mental health and overall wellbeing.	VOLANT Fund for pillow talk	1	15,000
	Supported the launching of fibroid care app which is designed to support women experiencing fibroids by providing accessible information and self management care.	Self Management Fund for Fibroid Care	1	13,455
	Supported the continued growth of Walk to give Her a Voice, raising awareness of menstrual and homonal health and building a strong community solidarity.	ROSA Fund for Walk	1	10,000
	Restricted fund to support and recruit interns	University of Aberdeen	1	4,347
	Unrestricted funds used to carry out various charitable activities in line with set objectives.	Corra-Boost Funding	1	3,000
	Supported the continued growth of Walk to give Her a Voice, raising awareness of menstrual and homonal health and building a strong community solidarity.	ACVO Funding for Walk	1	3,000
	Unrestricted funds used to carry out various charitable activities in line with set charitable objectives.	Sylvia Aitken Trust Grant	1	2,000
	Supported the continued growth of Walk to give Her a Voice, raising awareness of menstrual and homonal health and building a strong community solidarity.	Spoted Foundation funding for Walk	1	2,000
	Other unrestricted funds used to carry out various charitable activities in line with set charitable	Other Funding	1	7,196
		Total		59,998

C3a Trustee remuneration

If no remuneration was paid during the period to any charity trustee or person connected to a trustee cross this box (otherwise complete section 3b)

	Authority under which paid	£
C3b Trustee remuneration - details		

C4a Trustee expenses

If no expenses were paid to any charity trustee during the period then cross this box (otherwise complete section 3b)

		Number of trustees	£
C4b Trustee expenses - details			

	Nature of relationship	Nature of transaction	Transaction amount (£)	Balance outstanding at period end (£)
C5 Transactions with trustees and connected persons				

C6 Other information

The Period Place

SC052806

Additional analysis (1)

Analysis of receipts and payments

1 Donations

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Donations Received					-	2,975
					-	
					-	
Total	-	-	-	-	-	2,975

2 Grants

	Unrestricted funds to nearest £	Restricted funds to nearest £	Total current period to nearest £	Total last period to nearest £
Grant Received	28,790	31,208	59,998	31,770
			-	
			-	
Total	28,790	31,208	59,998	31,770

3 Gross receipts from other charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Gross receipts from other charitable activities	8,398				8,398	795
					-	
					-	
					-	
					-	
Total	8,398	-	-	-	8,398	795

4 Payments relating directly to charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Personnel costs	15,063	17,195			32,258	8,296
Transportation costs	5,513	1,471			6,984	519
IT/Other Equipment costs	2,821	4,685			7,506	1,394
Project costs	2,189	3,474			5,663	-
Administrative costs	2,456	597			3,053	1,461
Hospitality costs	1,675	401			2,076	5,740
Professional costs	380	1,193			1,573	3,069
Printing/Advertising costs	580	1,844			2,424	2,265
Souvenir costs	-	-			-	1,290
Other costs	6,600	5,376			11,976	-
Total	37,277	36,236	-	-	73,513	24,034

reference error

Additional analysis (2)

5 Breakdown of unrestricted funds

	Unrestricted fund	Unrestricted fund 2 - enter name of fund below	Unrestricted fund 3 - enter name of fund below	Unrestricted fund 4 - enter name of fund below	Total unrestricted funds	Total unrestricted funds last period
Receipts						
Donations	-				-	2,975
Legacies	-				-	-
Grants	28,790				28,790	2,500
Receipts from fundraising activities	-				-	-
Gross trading receipts	-				-	-
Income from investments other than land and buildings	-				-	-
Rents from land & buildings	-				-	-
Gross receipts from other charitable activities	8,398				8,398	795
Sub total	37,188	-	-	-	37,188	6,270
Receipts from asset & investment sales						
Proceeds from sale of fixed assets	-				-	-
Proceeds from sale of investments	-				-	-
Sub total	-	-	-	-	-	-
Total receipts	37,188	-	-	-	37,188	6,270
Payments						
Expenses for fundraising activities	-				-	-
Gross trading payments	-				-	-
Investment management costs	-				-	-
Payments relating directly to charitable activities	37,277				37,277	10,684
Grants and donations	-				-	-
Governance costs:	-				-	-
Audit / independent examination	-				-	-
Preparation of annual accounts	-				-	-
Legal costs	-				-	-
Sub total	37,277	-	-	-	37,277	10,684
Payments relating to asset and investment movements						
Purchases of fixed assets	-				-	-
Purchase of investments	-				-	-
Sub total	-	-	-	-	-	-
Total payments	37,277	-	-	-	37,277	10,684
Net receipts / (payments)	(89)	-	-	-	(89)	(4,414)
Transfers to / (from) funds	-	-	-	-	-	-
Surplus / (deficit) for year	(89)	-	-	-	(89)	(4,414)

Nature and purpose of funds

All funds are unrestricted and are available for use at the discretion of the Trustees in furtherance of their charitable objectives, unless stated that funds have been designated for specific purposes

The Period Place

SC052806

Additional analysis (3)

6 Breakdown of restricted funds

	Restricted fund 1 - enter name of fund below	Restricted fund 2 - enter name of fund below	Restricted fund 3 - enter name of fund below	Restricted fund 4 - enter name of fund below	Total restricted funds	Total restricted funds last period
Receipts						
Donations					-	
Legacies					-	
Grants	31,208				31,208	29,270
Receipts from fundraising activities					-	
Gross trading receipts					-	
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
Sub total	31,208	-	-	-	31,208	29,270
Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
Sub total	-	-	-	-	-	-
Total receipts	31,208	-	-	-	31,208	29,270
Payments						
Expenses for fundraising activities					-	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities	36,236				36,236	13,350
Grants and donations					-	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
Sub total	36,236	-	-	-	36,236	13,350
Payments relating to asset and investment movements						
Purchases of fixed assets					-	
Purchase of investments					-	
Sub total	-	-	-	-	-	-
Total payments	36,236	-	-	-	36,236	13,350
Net receipts / (payments)	(5,028)	-	-	-	(5,028)	15,920
Transfers to / (from) funds					-	
Surplus / (deficit) for year	(5,028)	-	-	-	(5,028)	15,920

Nature and purpose of funds

All funds are restricted and are being used for the specific charitable purposes for which the grants were received.