



Supporting Families of Autistic Adults.

Parents of Autism Spectrum Adults

Financial Statements

for the year ended

31 March 2026

Charity Number: SC 042678

Pasda

Report and Accounts For the year ended 31 March 2026

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Pasda

Reference & Administrative Information

Principal Address:

Unit 26
Norton Park
57 Albion Road
Edinburgh
EH7 5QY

Scottish Charity reference:

SC 042678

Website:

www.pasda.org.uk

Members of Committee

Susan Chambers
Lesley Slessor
Dr Jane Neil-McLauchlan
Tom Wightman
Lesley Taylor
John Gannon
Kirsten Mutch

Convenor
Treasurer

Elected 14 June 2025
Resigned 15 February 2026
Resigned 14 June 2025

Independent Examiner:

Judith M Pritchard
Chartered Accountant
JP Accountancy & Taxation Services
9 McLauchlan Rise
Aberdour
Fife
KY3 0SS

Pasda

Report of the Trustees For the Year Ended 31 March 2026

The Trustees are pleased to present their report and the accounts for the year ended 31 March 2026.

Structure, Governance and Management

Pasda is a Scottish Charitable Incorporated Organisation (SCIO) governed by a constitution. It became a SCIO on 8 December 2016, having previously been established as an unincorporated organisation, governed by a constitution dated 20 October 2011. The affairs of Pasda are conducted by the members of the Management Committee, who are the trustees of the charity, and who are elected at the Annual General Meeting of members.

Appointment of New Trustees (Members of the Management Committee)

The Board of Trustees consists of up to 10 elected members and up to three co-opted members. It must have a minimum of 5 but no more than 12 members. An elected Trustee shall generally serve a term of 4 years (maximum 5 years) and can be re-elected up to 4 times but cannot serve more than 20 years. A co-opted Trustee shall serve a term of one year but can be co-opted again subject to a maximum of 3 terms.

Recruitment of New Trustees

A vacancy notice is included in the Newsletter and anyone interested is asked to contact the office. Prior to election as a trustee, prospective trustees will meet with existing trustees in order to explain the role they feel they can fulfil in Pasda. If both sides are agreed an appointment is made according to the constitution.

Structure

The Management Committee meets monthly to continue to guide the future direction of Pasda, set policy, consider risk and oversee delivery of the organisation's objectives. Staff are tasked with implementing the Management Committee's policy and operating the organisation on a day-to-day basis under the supervision of trustees. There were two salaried posts during the year.

Key Management Personnel Remuneration

The trustees consider the Board of Trustees comprise the key management personnel of the charity in charge of directing and controlling the charity and running and operating the charity on a day to day basis. All trustees give of their time freely and no trustee remuneration was paid in the year. Details of trustee expenses and related party transactions are disclosed in note 9 to the accounts.

Trustees are required to disclose all relevant interests and register them with the Convenor and in accordance with the charity's policy withdraw from decisions where a conflict of interest arises.

Other reference and administrative information, including the names of the trustees, is shown on page 2.

Aims and Objectives

Pasda is a health and educational charity with voluntary members whose prime objectives are:

- the advancement of health by promoting the wellbeing of young people over the age of 16 and adults with Autistic Spectrum Disorder (ASD) including Asperger's Syndrome, their families and carers.
- the advancement of education about and with respect to ASD, targeted towards their families, carers and other members of the public who would benefit and be able to use the knowledge to enhance their own lives and/or the lives of people who have ASD and their families and carers.

Pasda

Report of the Trustees For the Year Ended 31 March 2026

We achieve these charitable objects through:

- Organised meetings for carers e.g. Edinburgh, East and West Lothian groups, walking group and social events such as the storytelling sessions in person and online
- Attend relevant meetings e.g. Autism, Carers, Disability and Health Inequalities Cross Party Groups, Edinburgh Carers Council, Carers Council, Coalition of Carers, Carers Scotland, contribute to consultations e.g. Mental Welfare Commission
- Organise Scotland wide zoom meetings to discuss topical issues e.g. Where is the qualified support? What post diagnostic support is available in your local area?
- Organised zoom meetings to maintain contact with carers who are still reluctant to leave home e.g. storytelling
- Respond to carer enquiries, 4 - 5 a week and meet individuals as required
- Prepare and send electronic monthly e-Newsletter, social media posts and update website
- Explore potential new funding opportunities and attend consultations on funding; and
- Develop website and maintain calendar of events

Achievements and performance

- 1) City of Edinburgh Council Mental Health and Well Being (Jan 2025 to 31 March 2026)
- 2) West Lothian Mental Health and Well Being (Feb -July 2025)
- 3) Donation from Johnston Smillie
- 4) Midlothian Carers Fund (from March to 21st October 2026)
- 5) Private donation to purchase IT equipment
- 6) Edinburgh Mental Health and Well Being (April 2026 to March 2027)

The main events of the year were:

The funds allowed us to continue to offer carers social groups, locality groups and information sessions such as workshops. We continued with all 6 groups, some with invited speakers such as Merrick Pope on self-harm, in East Lothian, a speaker about Pathological Demand and in West Lothian NHS occupational therapists spoke about the documents required for adults without capacity. There were 3 workshops sessions, 2 in West Lothian and 1 in Edinburgh. These were all well received and we would like to run them again if funding is available. There was also a zoom presentation on Pathological Demand Avoidance which was very successful and we would like to organise another session in 2026.

Carers' week in June was a good opportunity for parent carers to meet and have a break and come together for a walk with Llama's or a guided tour of New Hailes house. It provided a great time for carers to catch up with old friends, provide reassurance and exchange kind thoughts.

A new Men's Group was initiated with funding from Johnston Smillie. The reason a separate group for men was set up is because men are in the minority, less than 10% of carers. In 2019 the men's group met as part of a photography project and it was felt it would be a good idea to resurrect the group in 2026. It gives the male perspective of caring, which is often hidden.

The Midlothian Carers fund awarded money for a Pasda Midlothian group to start in April 2026.

All the groups, workshops and campaigning requires organisation and so in March we were able to recruit John Gannon, previously a trustee and walking group leader.

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Report of the Trustees For the Year Ended 31 March 2026

Achievements and performance *(continued)*

Staff and Trustees attended various groups to hear from others and represent our carers, at the Carers Trust, Carers Parliament, Cross Party groups and parliamentary hustings for May 2026. All trustees are actively involved and one trustee sits on the Advisory Panel of Experts by Experience (APEX) for Edinburgh University's clinical psychology trainees.

Sarah Cornelious's one year contract ended in April 2025 and we wished her well for the future. The other major change was the resignation of trustee Kirsten Mutch after 16 years of active contribution. There could never be an exact replacement but there was recruitment of a new trustee, Lesley Taylor, also with an interest in publishing. P Hannigan was co-opted onto the board the previous year but did not seek re-election.

Financial Review

Income and expenditure for the year is set out in the statement of financial activities on page 7 and the accompanying notes on pages 11 & 12. Grants of £12,380, including advanced income released from the previous year) were received as detailed in note 2 to the accounts. A further grant of £9,555 was received: however, as this is for expenditure during the year ended 31 March 2027, it has been classified as Advanced Income, as detailed in note 12 of the accounts. Together with membership, donations and gift aid reclaimed from HMRC, net total income for the year amounted to £4,266. Expenditure totalled £18,777, as detailed in notes 4 to 8, resulting in a decrease in funds of £2,131 for the year (2025: decrease of £2,650). Funds carried forward amount to £33,778 comprising £21,417 in restricted funds and £12,361 in the general fund (note 13). The Fixed Assets fund is currently £nil (2025: balance £nil).

Reserves

The free reserves of the charity are represented by the balance of £12,361 on the general fund. This equates to 8 months' expenditure (based on current annual expenditure) and meets the trustees' policy of maintaining 3 months expenditure as a contingency against any shortfall in future income.

Signed on behalf of the Trustees



Susan Chambers BEM

Pasda Convenor

Trustee

Date: 20th June 2026

Report of the Independent Examiner To the Trustees of Pasda

I report on the accounts for the period ended 31 March 2026 set out on pages 7 to 18.

Respective responsibilities of the trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (a) to (c) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

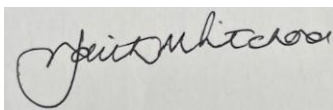
In the course of my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with Section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
- to prepare accounts which accord with the accounting records and comply with Regulation 8 of the 2006 Accounts Regulations

have not been met, or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Judith M Pritchard BA CA
Chartered Accountant
9 McLauchlan Rise
Aberdour
Fife
KY3 0SS

Date: 20th June 2026

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**Statement of Financial Activities (Including Income & Expenditure Account)
For the Year Ended 31 March 2026**

	Note	Unrestricted Funds £	Restricted Funds £	Total 2026 £	Total 2025 £
Income :					
Grants receivable	2	-	12,380	12,380	18,450
Donations & memberships	3	1,350	2,000	3,350	3,933
Gift Aid		916	-	916	-
Total income		<u>2,266</u>	<u>14,380</u>	<u>16,646</u>	<u>22,383</u>
Expenditure					
Staff costs	4	(24)	7,487	7,463	14,764
Other direct costs	5	53	4,550	4,603	4,088
Property costs	6	(46)	2,753	2,707	3,060
Office running costs	7	1,196	795	1,991	909
Other administrative expenditure	8	1,179	834	2,013	2,212
Total expenditure		<u>2,358</u>	<u>16,419</u>	<u>18,777</u>	<u>25,033</u>
Net Income/(Expenditure) for year		(92)	(2,039)	(2,131)	(2,650)
Net transfers		<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
Net movement in funds		(92)	(2,039)	(2,131)	(2,650)
Funds brought forward		<u>12,453</u>	<u>23,456</u>	<u>35,909</u>	<u>38,559</u>
Funds carried forward		<u>12,361</u>	<u>21,417</u>	<u>33,778</u>	<u>35,909</u>

All incoming resources and resources expended are derived from continuing activities. The Charity has no recognised gains or losses other than those included in the Statement of Financial Activities above.

The comparative figures are analysed by category in note 15 to the financial statements.

The notes on pages 9 to 18 form part of these financial statements.

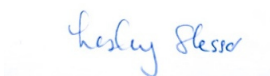
Pasda

Statement of Financial Position (including Balance Sheet) at 31 March 2026

	Note	2026 £	2025 £
Fixed Assets			
Tangible assets	10	<u>-</u>	<u>-</u>
Current Assets			
Debtors	11	1,582	1,652
Cash at bank and in hand		<u>43,016</u>	<u>44,261</u>
		44,598	45,913
Current Liabilities			
Creditors	12	1,265	904
Advanced income	12	<u>9,555</u>	<u>9,100</u>
		10,820	10,004
Net Current Assets		<u>33,778</u>	<u>35,909</u>
Net Assets		<u><u>33,778</u></u>	<u><u>35,909</u></u>
Funds:			
Restricted funds	13	21,417	23,456
Unrestricted general fund	13	<u>12,361</u>	<u>12,453</u>
Total Funds		<u><u>33,778</u></u>	<u><u>35,909</u></u>

The accounts have been prepared in accordance with the Charities SORP (FRS 102).

Approved by the trustees on 20th June 2026 and signed on their behalf by:



Lesley Slessor
Pasda Treasurer
Trustee

Date: 20th June 2026

The notes on pages 9 to 18 form part of these financial statements

Pasda

Notes to the Accounts

For the Year Ended 31 March 2026

1 Accounting Policies

Basis of Accounting

The financial statements of the charity, which constitutes a public benefit entity as defined by FRS102, have been prepared on the historical cost basis and in accordance with the requirements of the Charities Accounts (Scotland) Regulations 2006 (as amended).

The charity has applied the alternative structure allowed by paragraph 4.22 of the Charities SORP and has not reported on an activity basis. It has also taken advantage of the exemption permitted for smaller charities not to prepare a Statement of Cash Flows.

Going Concern Basis

The financial statements have been prepared on a going concern basis. The Trustees have assessed the charity's ability to continue as a going concern and have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus they continue to adopt the going concern basis of accounting in preparing these financial statements.

Income

Generally income is recognised and included in the accounts when the charity has entitlement to the funds, any performance or other conditions attaching to the income have been met, the income has been received or receipt is considered probable and the amount can be measured reliably.

Income from annual grants is recognised in the period to which the grant relates. Any grants received in advance or arrears are included as deferred or accrued income as relevant. Any grants or donations received for performance in a future financial period are also included in deferred income.

Income from other grants and donations is recognised on receipt. Where a grant or donation is received for a specific purpose, it is included in restricted income and any unexpended portion carried forward as a restricted fund.

Expenditure

All expenditure is accounted for on an accruals basis and when there is a legal or constructive obligation to make a payment to a third party.

Tangible Fixed assets & Depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation on office equipment is calculated by the straight line method at the undernoted rates to write off the cost of the assets over their estimated useful lives. Generally assets costing less than £250 are not capitalised.

- Computer equipment 20%

Debtors

Trade and other debtors are recognised at the settlement amount due. Prepayments relate to amounts paid in advance for expenditure attributable to future financial periods. Accrued income relates to income due for the current year, which had not been billed or received at the year-end.

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Notes to the Accounts

For the Year Ended 31 March 2026

1 Accounting Policies (continued)

Creditors

Creditors are recognised at settlement amount, where the charity has a present obligation resulting from a past event, which is likely to result in the transfer of funds to a third party, and the amount due can be measured or estimated reliably.

Advanced Income

Income received in advance of a future period is treated as Advanced Income.

Operating Leases

Rentals under operating leases are charged on a straight-line basis over the lease term.

Taxation

Pasda is exempt from corporation tax on its charitable activities. The charity is not registered for VAT and expenditure includes VAT where appropriate.

Other basic financial instruments

The company only has financial assets and liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently at their settlement

Funds

Unrestricted funds can be used in accordance with any of the charitable objects at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Accounting estimates

The trustees do not consider that there are any areas of the financial statements where significant judgements are being carried out.

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Notes to the Accounts

For the Year Ended 31 March 2026

2 Grants receivable	2026	2025
	£	£
Barchester <i>to provide Afternoon teas for members</i>	-	600
Edinburgh Mental Health & Well Being <i>to further mental health and well being within Edinburgh offering support and workshops for members</i>	9,555	9,100
Less advanced income for 2026/27	(9,555)	(9,100)
Add advanced income from 2024/25 for 2025/26	9,100	-
West Lothian Mental Health and Well Being <i>to further mental health and well being within West Lothian offering support and workshops for members</i>	-	7,850
VOCAL Midlothian <i>to build capacity and deliver community supports for unpaid carers.</i>	3,280	-
National Lotteries Awards For All <i>to cover general running costs</i>	-	10,000
Total grants	<u>12,380</u>	<u>18,450</u>
3 Donations & memberships	£	£
Memberships	530	679
Gift Aid claimed	916	-
Donations	2,820	3,254
	<u>4,266</u>	<u>3,933</u>
4 Staff costs:	£	£
Gross salaries	7,178	14,049
Employer's NIC	-	376
Employer's allowance	0	(376)
Employer's pension	215	421
Staff training	70	151
Staff benefits in lieu of pay	-	143
Total staff costs	<u>7,463</u>	<u>14,764</u>
The average number of employees on a head count basis	<u>1</u>	<u>2</u>

There were no higher paid employees earning over £60,000 per annum.

Pension contributions

The charity makes contributions to a defined contribution scheme on behalf of its employees. Contributions to the scheme are charged to the Statement of Financial Activities in the period to which they relate. Contributions payable during the year were £215 (2025: £421).

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Notes to the Accounts (continued)

	2026	2025
	£	£
5 Other direct costs		
Service delivery	4,092	3,157
Travel & subsistence	511	911
Subscription	-	20
	<u>4,603</u>	<u>4,088</u>
6 Property costs	£	£
Office rental	1,826	1,724
Room hire	891	1,176
Rates	- 10	160
	<u>2,707</u>	<u>3,060</u>
7 Office running costs	£	£
Telephone	130	21
IT costs (including IT support)	1,835	888
Printing	25	-
Stationery & postage	-	-
	<u>1,990</u>	<u>909</u>
8 Other administrative expenditure	£	£
Independent examination/accountancy	628	500
Payroll	758	657
Insurance	415	284
Other expenditure	212	426
Depreciation	-	345
	<u>2,013</u>	<u>2,212</u>

9. Trustees remuneration & related party transactions

Remuneration of £70 was paid to 1 trustee for massage therapy (2025 - £280).

No expenses were paid to trustees in either year.

The Charity's insurance policy includes Trustee Indemnity Insurance for all its trustees

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Notes to the Accounts (continued)

10 Tangible Fixed Assets

	Computer equipment	Total
Cost	£	£
At 1 April 2025	1,725	1,725
Additions	-	-
Disposals	-	-
	<u>1,725</u>	<u>1,725</u>
At 31 March 2026	1,725	1,725
Depreciation		
At 1 April 2025	1,725	1,725
Charge for period	-	-
On disposals	-	-
	<u>1,725</u>	<u>1,725</u>
At 31 March 2026	1,725	1,725
Net Book Value		
At 31 March 2026	<u>-</u>	<u>-</u>
At 31 March 2025	<u>-</u>	<u>-</u>

	2026	2025
11. Debtors	£	£
HMRC (PAYE refund due)	737	736
Prepayments	485	570
Other debtors	361	346
	<u>1,582</u>	<u>1,652</u>

	£	£
12. Creditors		
Accruals & other creditors	1,265	904
Advanced income (Grants - refer note 2)	9,555	9,100
	<u>10,820</u>	<u>10,004</u>

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Notes to the Accounts (continued)

13 Movement on Funds: Current year

	Note	At 1/4/25 £	Incoming Resources £	Outgoing Resources £	Transfers £	At 31/3/26 £
Restricted funds:						
Anxiety Management	(a)	2,757	-	(1,909)	-	848
VOCAL Midlothian	(b)	-	3,280	-	-	3,280
Complimentary Therapies	(c)	7,492	-	(95)	-	7,397
Oldhurst Trust Award	(d)	156	-	(133)	-	23
Computer fund	(e)	-	1,000	(640)	-	360
Charities Scotland	(f)	639	-	(221)	-	418
Johnston Smillie Men's Group	(g)	-	1,000	(200)	-	800
National Lottery Awards For All	(h)	4,817	-	(4,753)	-	64
West Lothian Mental Health & Well Being	(i)	7,595	-	(3,688)	-	3,907
Edinburgh Mental Health & Well Being	(j)	-	9,100	(4,780)	-	4,320
Total restricted		<u>23,456</u>	<u>14,380</u>	<u>(16,419)</u>	<u>-</u>	<u>21,417</u>
Unrestricted funds:						
General fund		12,453	2,266	(2,358)	-	12,361
Fixed asset fund		-	-	-	-	-
Total unrestricted		<u>12,453</u>	<u>2,266</u>	<u>(2,358)</u>	<u>-</u>	<u>12,361</u>
Total funds		<u><u>35,909</u></u>	<u><u>16,646</u></u>	<u><u>(18,777)</u></u>	<u><u>-</u></u>	<u><u>33,778</u></u>

- (a) Funding was received in a previous year to help carers develop effective coping strategies in order to reduce anxiety.
- (b) Funding was provided to support communities in the Midlothians to build capacity within Pasda to deliver community supports for unpaid carers.
- (c) Pasda's Complementary Therapies Service started in February 2016. Funding was received in previous years to provide carers with individual and group complementary therapy sessions.
- (d) The Oldhurst Trust provide funding to support Pasda's East Lothian Support Group which meets monthly at the Carers of East Lothian premises in Musselburgh.
- (e) Funding was received towards purchase of new computer equipment.
- (f) A grant was received in previous years from Charities Scotland for workshops and group activities.
- (g) Funding was provided to help set up the Men's Group.

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Notes to the Accounts (continued)

13 Movement on Funds: Current year (continued)

- (h) Funding was provided to cover general running costs of Pasda, including payroll and office running costs and any other expenditure deemed to be for the furtherance of the aims and objectives of the organisation.
- (i) Funding was received to improve the health and well being of carers in the West Lothian area, offering support and workshops for members.
- (j) Funding of £9,555 was received to improve the health and well being of carers in the Edinburgh area, offering support and workshops for members. Funding granted is for the year 1 April 2026 to 31 March 2027 and has therefore been included as Advanced income (note 12). Advanced income of £9,100 received in the previous year's accounts has been released into this year's figures.

14 Analysis of Net Assets Between Funds - current year

	Restricted Funds	Unrestricted Funds Fixed Assets	General	Total Funds
	£	£	£	£
Tangible Fixed Assets	-	-	-	-
Debtors	-	-	1,582	1,582
Cash at bank & in hand	31,594	-	11,422	43,016
Less: Creditors	(622)	-	(643)	(1,265)
Less: Advanced income (note 13(j))	<u>(9,555)</u>	<u>-</u>	<u>-</u>	<u>(9,555)</u>
Net Assets at 31 March 2026	<u>21,417</u>	<u>-</u>	<u>12,361</u>	<u>33,778</u>

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Notes to the Accounts (continued)

15. Prior Year Statement of Financial Activities

	Unrestricted Funds £	Restricted Funds £	Total 2025 £
<i>Income :</i>			
Grants receivable	-	18,450	18,450
Donations & memberships	<u>3,933</u>	<u>-</u>	<u>3,933</u>
Total income	<u>3,933</u>	<u>18,450</u>	<u>22,383</u>
 Expenditure			
Staff costs	3,296	11,468	14,764
Other direct costs	163	3,925	4,088
Property costs	2,592	468	3,060
Office running costs	909	-	909
Other administrative expenditure	<u>1,714</u>	<u>498</u>	<u>2,212</u>
Total expenditure	<u>8,674</u>	<u>16,359</u>	<u>25,033</u>
 Net Income / (Expenditure) for year	(4,741)	2,091	(2,650)
 Transfer between funds	<u>(60)</u>	<u>60</u>	<u>-</u>
 Net movement in funds	(4,801)	2,151	(2,650)
 Funds brought forward	<u>17,254</u>	<u>21,305</u>	<u>38,559</u>
 Funds carried forward	<u><u>12,453</u></u>	<u><u>23,456</u></u>	<u><u>35,909</u></u>

Pasda

Notes to the Accounts (continued)

16 Movement on Funds: prior year

	Note	At 1/4/24 £	Incoming Resources £	Outgoing Resources £	Transfers £	At 31/3/25 £
Restricted funds:						
Anxiety Management	(a)	4,546	-	(1,789)	-	2,757
Carer Communication Fund	(b)	3,327	-	(3,327)	-	-
Complimentary Therapies	(c)	8,192	-	(700)	-	7,492
Oldhurst Trust Award	(d)	463	-	(307)	-	156
CEC Unpaid Carers Fund	(e)	4,138	-	(4,138)	-	-
Charities Scotland	(f)	639	-	-	-	639
Barchester	(g)	-	600	(660)	60	-
National Lottery Awards for All	(h)	-	10,000	(5,183)	-	4,817
West Lothian Mental Health & Well Being	(i)	-	7,850	(255)	-	7,595
Edinburgh Mental Health & Well Being	(j)	-	-	-	-	-
Total restricted		<u>21,305</u>	<u>18,450</u>	<u>(16,359)</u>	<u>60</u>	<u>23,456</u>
Unrestricted funds:						
General fund		16,909	3,933	(8,329)	(60)	12,453
Fixed asset fund	(i)	<u>345</u>	<u>-</u>	<u>(345)</u>	<u>-</u>	<u>-</u>
Total unrestricted		<u>17,254</u>	<u>3,933</u>	<u>(8,674)</u>	<u>(60)</u>	<u>12,453</u>
Total funds		<u><u>38,559</u></u>	<u><u>22,383</u></u>	<u><u>(25,033)</u></u>	<u><u>-</u></u>	<u><u>35,909</u></u>

- (a) Funding was received in a previous year to help carers develop effective coping strategies in order to reduce anxiety.
- (b) Funding was received from Edinburgh City Council. The purpose of the grant is two-fold and is to provide the carers of adults with autism spectrum disorder, living in Edinburgh and the Lothians, with such support and development that they will:
- a) experience an improvement in their own health and well-being, be better informed about issues relating to their caring role and be more confident in managing their caring role.
 - b) be more effectively connected to other carers of adults with autism, as well as local services and resources through greater levels of contact, being more supported as a consequence and be able to participate actively in Pasda's peer support network.
- (c) Pasda's Complementary Therapies Service started in February 2016. Funding was received in previous years to provide carers with individual and group complementary therapy sessions.
- (d) The Oldhurst Trust provide funding to support Pasda's East Lothian Support Group which meets monthly at the Carers of East Lothian premises in Musselburgh.

Pasda

Notes to the Accounts (continued)

16 Movement on Funds: Prior year (continued)

- (e) Funding was received to facilitate groups and interviews in Edinburgh.
- (f) A grant was received from Charities Scotland for workshops and group activities.
- (g) Funding was provided to provide afternoon tea for carers. The overspend has been met from the General Fund.
- (h) Funding was provided to cover general running costs of Pasda, including payroll and office running costs and any other expenditure deemed to be for the furtherance of the aims and objectives of the organisation.
- (i) Funding was received to improve the health and well bring of carers in Weest Lothian area, offering support and workshops for members.
- (j) Funding of £9,100 was received to improve the health and well being of carers in the Edinburgh area, offering support and workshops for members. Funding granted was for the year 1 April 2025 to 31 March 2026 and was therefore included as Advanced income (note 17).

17 Analysis of Net Assets Between Funds - prior year

	Restricted Funds	Unrestricted Funds Fixed Assets	General	Total Funds
	£	£	£	£
Tangible Fixed Assets	-	-	-	-
Debtors	100	-	1,552	1,652
Cash at bank & in hand	41,675	-	2,586	44,261
Less: Creditors	(119)	-	(785)	(904)
Less: Advanced income (Note 13(j))	<u>(9,100)</u>	<u>-</u>	<u>-</u>	<u>(9,100)</u>
Net Assets at 31 March 2025	<u>32,556</u>	<u>-</u>	<u>3,353</u>	<u>35,909</u>