

Annual Report 2025/26

Period ending 31st March 2026



Introduction

I am pleased to present this Annual Report for the financial year 2025-26. I have been a Trustee since June 2024 and took on the role of Chair in June 2025, when Vicky Burford stepped into the Chief Executive role.

Therefore, this is my first Annual Report as Chair. I feel privileged to be taking on such an important role and hope that I can continue the amazing work that Vicky has done steering the charity over the last few years.

My overwhelming impression is that the charity continues to out-deliver given its relatively small size in terms of revenue and resources, which is wholly down to Vicky and a dedicated team of employees, volunteers and fundraisers.

When I took on the Chair role, I met with a number of key stakeholders involved with the charity who were incredibly complimentary about the charity's work but said that I should be cautious about the timelines for delivery of our goals, most notably the publication of the clinical guideline and guiding principles for local authorities.



I am therefore really proud that, after another year of incredibly hard work, we have made significant progress in our goal of seeing the clinical guideline published. This will be an important milestone for the charity and our communities, with all those impacted by PANS and PANDAS being able to reference this material in their interactions with health and education professionals.

This is the first step in achieving UK-wide recognition for PANS and PANDAS and ensuring that all those impacted are treated consistently and fairly, wherever they live. I look forward to working with Vicky, her team and everyone else involved with the charity to make sure this happens.

A stylized, handwritten signature in black ink, consisting of several loops and a long horizontal stroke at the end.

Andrew Koss, Chair of Trustees

CEO commentary

What an incredible and energising year it has been. Stepping into the role of CEO at PANS PANDAS UK has been a real privilege, and it has allowed me to give all of my focus and energy to a cause that means so much to me.

I feel very fortunate to see the charity moving forward with such pace and purpose, and to play a part in helping us work towards our objectives.

None of this would be possible without the wonderful people around me. The team works so hard, with real dedication and heart, to keep pushing our mission forward. The charity's volunteers are simply amazing, showing up day-in and day-out to support others, often while facing their own challenges; their kindness and resilience never fail to inspire me. And of course, the charity is so grateful for the continued support of some brilliant fundraisers, whose efforts make everything we do possible.



Looking ahead, the next financial year of 2026-27 will be an important one for our community. With many of our workstreams coming to fruition during this period, including key publications such as a clinical guideline and guiding principles for local authorities, I am hopeful and excited about the difference this work will make.

I want to thank everyone who has been involved in this work, from the foundations of the charity through to the wonderful team today!

A handwritten signature in black ink, which appears to read 'VahBfd', likely a stylized representation of Vicky Burford's name.

Vicky Burford, Chief Executive Officer.

This report is laid out in the following manner:

Section 1: What are PANS and PANDAS, and what is PANS PANDAS UK?

Section 2: This Annual Report - General

Section 3: Meeting Our Legal Requirements

Section 4: Reference and Administrative Details

Section 5: Structure, Governance and Management

Section 6: Objectives and Activities

Section 7: Our Impact

Section 8: Financial Review

Section 9: Funds Held as Custodian Trustee on Behalf of Others

Section 10: Public Benefit Statement

Section 11: Plans for Future Periods

Section 12: Signed Statement

Section 13: Appendices

Section 1: What are PANS and PANDAS, and what is PANS PANDAS UK?

PANS (Paediatric Acute-onset Neuropsychiatric Syndrome) and PANDAS (Paediatric Auto-immune, Neuropsychiatric Disorders Associated with Streptococcal Infections) are a set of immune-mediated conditions causing a variety of neuropsychiatric symptoms such as Obsessive-Compulsive behaviours, tics and eating restrictions in addition to other equally distressing symptoms. These are cruel and complex conditions which require a multi-disciplinary team of medical professionals and other health professionals alongside understanding and support from schools, and in some cases social care, to ensure the very best support is offered to affected families.

PANS PANDAS UK operates nationally across all four nations of the UK and the Channel Islands and was granted charity status in England and Wales on 22 May 2018 and later in Scotland on 20 March 2024.

Please visit our website for more information: www.panspandasuk.org



PANS PANDAS UK was a lifeline of hope for my family when our daughter suddenly fell unwell with this condition. This charity work tirelessly to raise awareness and support families and young people affected by the devastating condition.

Parent of a child with PANS

Section 2: This Annual Report - General

This Annual Report for the financial year 2025-26 explains our aims and how we have gone about achieving them.

It has been prepared in accordance with the applicable legal requirements.

It gives a balanced view of the charity's structure, aims, objectives, activities and performance. Importantly, it describes our primary sources of funding, describes how the money was spent, and highlights the main activities we have undertaken.

Section 3: Meeting Our Legal Requirements

SORP (FRS 102) is the Charity Commission's Statement of Recommended Practice - Accounting and Reporting by Charities. We have therefore prepared this report, and our accounts, in accordance with that guidance, as we were founded after 1 January 2016.

Because our income lies between £25,000 and £250,000, we have prepared our accounts on an accruals basis. This means that our accounts contain a statement summarising all money receivable and payable in the financial year, and a statement of our assets and liabilities at the end of the year. Our accounts have been subject to independent examination.

The detailed legal requirements for this report are set out in The Charities (Accounts and Reports) Regulations 2008 which provide a legal underpinning for many of the recommendations made in the applicable Charities SORP.

The headings used in our report follow this guidance, as follows:

- Reference and administrative details;
- Structure, governance and management;
- Objectives and activities;
- Achievements and performance;
- A financial review;
- Funds held as custodian trustee on behalf of others;
- Public benefit statement.

Section 4: Reference and Administrative Details

4.1 The Charity's Name

The Charity's name is PANS PANDAS UK.

4.2 The Charity's Registration Number

PANS PANDAS UK is registered with:

- The Charity Commission for England and Wales: Registration Number: 1178484
- The Office of the Scottish Charity Regulator: Registration Number: SC053206

4.3 The Address of the Principal Office

The Charity does not operate from premises, but by a network of people operating from their own homes.

The Charity's formal legal contact in the financial year 2025/26 was through the Chief Executive Officer, Mrs Vicky Burford, who can be contacted at vicky.burford@panspandasuk.org or via the Charity's registered office below:

The Charity's Registered Office is as follows:
Greville House, 10 Jury Street, Warwick, CV34 4EW

4.4 Names of Charity's Trustees Serving in 2025-26

- **Chair of Trustees:** Mrs Vicky Burford, stepped down 2 June 2025
- Trustee, Mr Andrew Koss, appointed **Chair of Trustees** 2 June 2025
- **Trustee:** Ms Rebecca Huitson stepped down 18 April 2025
- Trustee, **Treasurer:** Mr Philip Edwin Hall
- **Trustee:** Mr Chris Derrer
- **Trustee:** Dr Victoria Queralt

No other people served as a charity trustee or custodian trustee between 31 March 2025 and 11 September 2026.



My child's teacher attended the PANS PANDAS UK Teacher Training, and I just can't thank the charity enough. It has transformed the support provided by the teacher, and the impact on my daughter's ability to better engage with school is phenomenal.

Parent of a child with PANDAS

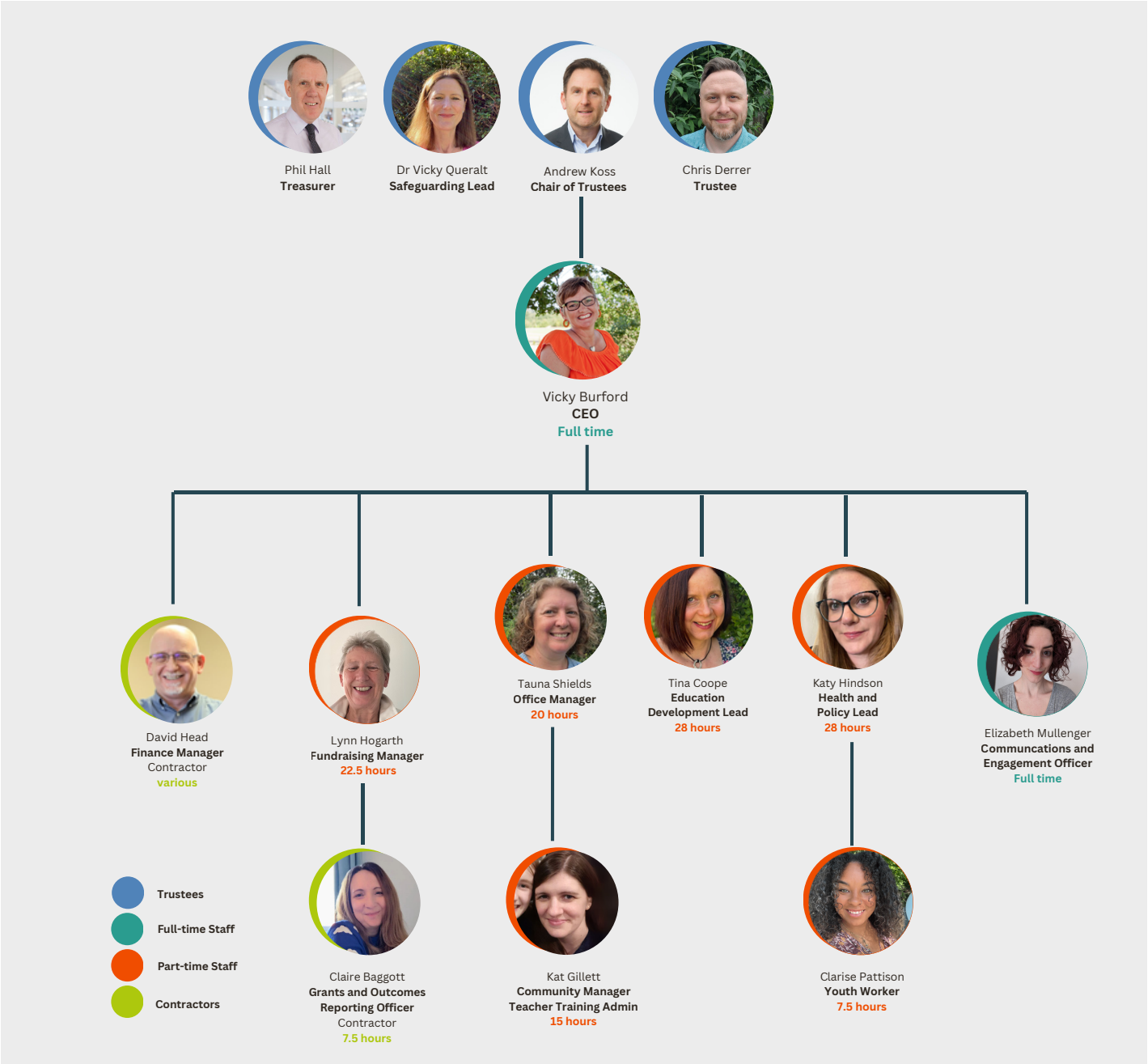
Section 5: Structure, Governance and Management

5.1 The Governing Document

The Charity has a formal Constitution; the founding one being approved by the Charity Commission on 22 May 2018. A review of the Constitution was made by the Trustees in early 2026, with a view to simplifying the document and clarifying our charitable objects.

5.2 Our Organisation Chart

The governance and operational structure of PANS PANDAS UK on 31st March 2026 is shown on the organisation chart below:



5.3 Board of Trustees

PANS PANDAS UK is led by the Board of Trustees. Trustees may be appointed at any time by the Board. The Board operates by means of trustee meetings, held on a video-conference basis, or physically meeting if necessary.

5.4 Our Operational Team

The work of the charity is carried out by an operational team. As at the end of the financial year, the charity had eight employed staff; two working full time and six working on a part-time basis.

Alongside the employed staff, the charity is supported by two contracted staff members, a Finance Manager and a Conference Manager, and two sessional teacher trainers.

The total hours worked are currently equivalent to 5.3 full-time employees.

The work of the team is also supported by 92 excellent and committed volunteers, including our Trustees.

5.5 Corporate Governance Standards

PANS PANDAS UK is committed to continuous improvement of its already strong risk management framework and is comfortable with its corporate governance standards.

5.6 Risk Management

The charity has a robust risk register, with each individual risk assigned to a specific member of staff. Risks are regularly reviewed, and the register is a standing item at the operational team's fortnightly meetings. In addition, the CEO provides trustees with a detailed quarterly update on any changes or emerging risks. The risk register is maintained as a live document and actively informs our day-to-day operations and decision-making.



I appreciate [the charity] going the extra mile, explaining how the system works. It is not easy to navigate, not knowing where and whom to contact for help.

Parent of a child with PANS

Section 6: Objectives and Activities

6.1 The Purposes of the Charity

The charity's purposes concern the medical conditions PANS (Paediatric Acute-Onset Neuropsychiatric Syndrome) and PANDAS (Paediatric Autoimmune Neuropsychiatric Disorder Associated with Streptococcal Infections).

In particular:

- To relieve the need of sufferers (and families) of the medical conditions PANS and PANDAS by the provision of support, education, and practical advice.
- To advance the education of the general public in all areas relating to the medical conditions PANS and PANDAS.

6.2 Our Vision, Mission and Values

Vision

A brighter future for everyone affected by PANS and PANDAS.

Mission

To ensure that everyone in the UK affected by PANS and PANDAS receives effective and equitable care. We will achieve this by supporting individuals and families, influencing policy, and improving understanding through our work in community, healthcare, and education.

Values

Integrity - Acting with honesty, trustworthiness and care

Compassion - Understanding and valuing lived experience

Community - Listening to and being guided by the community

Collaboration - Working together internally and externally

Empowerment - Providing robust information and raising awareness

Respect - Treating all people with dignity



If treatment could be available on the NHS, as it is with many other health conditions for children, this would help so many families like mine to navigate this devastating condition.

Emily, 16, living with PANS and a member of the PANS PANDAS UK Youth Advisory Board

6.3 The Main Activities Undertaken

Our strategic plan splits our work into three distinct areas; **community**, **healthcare** and **education**. We will report on some of the more notable achievements within these areas over the last year:



6.3.1 Community

We are very proud of the meaningful way in which we engage with our community. As a charity supporting families affected by PANS and PANDAS, we recognise that many members of our community face periods of significant uncertainty and anxiety, particularly when developments in policy, research and clinical guidance have the potential to impact access to recognition and care. During 2025-26, we saw how important it was to maintain strong, open channels of communication and ensure that community members felt heard, supported and connected.

In response, we strengthened our investment in community engagement through the appointment of a dedicated Volunteer Manager. This role was created to help us deepen our understanding of community needs, expand opportunities for peer support, and ensure that we remain responsive, accessible and genuinely community-led.

We have also established a strong and growing Community Reference Group, designed to provide an accessible forum for parents, carers and adult patients to share their feedback, experiences, opinions and suggestions. This has significantly strengthened our ability to seek guidance more frequently and ensures that the charity's work continues to be shaped by the voices and lived experiences of those we support.

6.3.1 Community (cont.)

The feedback we receive consistently highlights that many families continue to experience isolation, uncertainty and difficulties accessing appropriate healthcare, education and social support. While community connections cannot remove these challenges, they can play an important role in reducing isolation and helping families feel supported while wider system-level improvements are pursued.

Our recently appointed Volunteer Manager has worked closely with our dedicated volunteers to expand our volunteer-led, in-person community support groups across the UK. Feedback from attendees has been very positive, with participants sharing that these meetings are **"a lifeline.... I look forward to attending, as does my PANDAS sufferer, whereas in our day-to-day life we are fairly isolated and don't often go out."**

For those unable to attend in person, we continue to offer online support groups twice a month, ensuring inclusive access for all members of our community. **"Very helpful we can just drop in at any time during the 2 hours. Thank you."**

In 2025-26, we launched the PANS PANDAS UK Quiz, created to give community members an opportunity to connect in a relaxed and enjoyable way, with a focus beyond the illness. The first event was well attended, and we are currently seeking a volunteer host to make this a regular feature.

Our latest 'Speak Up' survey received a strong response, with 431 community members participating. The survey findings reinforced that many people affected by PANS and PANDAS continue to encounter barriers to recognition, diagnosis and support. These insights have helped us identify areas where further advocacy, awareness raising and resource development are needed.

The information gathered from the survey will inform several key publications in 2026-27. Work is already underway on a Lived Experience Report, to be published by the [PANS PANDAS All-Party Parliamentary Group](#), alongside a Disease Burden Analysis being conducted by the London School of Economics to assess the financial impact of non-treatment on the public purse.

Our [Youth Board](#) has been particularly active during this period. They launched an online platform via Discord, providing a moderated space for young people to connect informally. The Youth Board also created '[Glitch](#)', a panda character representing children and young people living with PANS or PANDAS. In collaboration with [Taming Olivia](#), they developed a comic book and an accessible educational resource for teachers, helping to explain these conditions in a clear and engaging way.



Community Awareness

While awareness of PANS and PANDAS continues to grow, many individuals and families report that the conditions remain poorly understood by the wider public and by some professionals. This remains a significant barrier to timely support and is why awareness raising continues to be a strategic priority for the charity.

International PANS Awareness Day on 9 October 2025 saw 18 landmarks across the UK, including the Royal Liver Building in Liverpool, Glasgow Science Centre and Millennium Point in Birmingham, illuminated in green as part of a co-ordinated global effort to raise awareness. This highly visible public engagement not only helped to bring national attention to PANS and PANDAS but also created a powerful sense of recognition and solidarity for individuals and families affected by these conditions, many of whom report feeling overlooked or misunderstood.

Alongside this, we delivered a programme of externally-facing podcasts, interviews, news features and contributions to specialist publications. These activities were designed to raise awareness and understanding of PANS and PANDAS across a wide range of audiences, including educational psychologists, teachers, special educational needs professionals, allied health professionals, clinicians, and the general public. By tailoring our messaging to these different groups, we are helping to improve early recognition, reduce misdiagnosis, and support more informed responses from the professionals who interact with our community on a daily basis.

We also launched our [guest blog series](#), creating a dedicated platform for members of the PANS PANDAS community to share their experiences, insights and practical advice. This initiative provides peer-led support and helps to build a library of lived experience that is both relatable and informative. By amplifying authentic community voices, the series strengthens connection, reduces isolation and ensures that knowledge is shared in a way that is accessible and meaningful to those navigating these conditions.

Our growing digital presence continues to play an important role in raising awareness and connecting with a wider audience. Following a communications survey conducted with our community in 2024-25, we developed and implemented a new communications strategy designed to better reflect how our supporters, families and professionals wished to engage with us. As a result, we have increased our focus on LinkedIn, Instagram and Facebook, expanding both our reach and levels of engagement across these platforms. Through a combination of informational and educational content, community stories, awareness campaigns and organisational updates, we are reaching larger and more diverse audiences than ever before. We have also continued to develop our YouTube channel as a valuable resource hub, providing accessible videos, webinars, interviews and educational content that can be accessed by families and professionals at a time and place that suits them. Together, these channels are helping us to increase understanding of PANS and PANDAS, amplify the voices of those affected, and ensure that reliable information is available to a growing audience both within and beyond our community.

Sharing Information with our Community

As part of our new communications strategy, we published a brief history of PANS PANDAS UK on our website, outlining our development as a charity and reflecting on both the progress made and the challenges encountered since our incorporation in 2018.

We also introduced regular live updates from the CEO within our Facebook support group and launched monthly 'welcome tours' of our website. These initiatives were developed in response to feedback indicating that many community members were unaware of the breadth of resources available. This highlighted an important learning point for the charity: creating resources alone is not sufficient if community members cannot easily find or access them. As a result, we have placed greater emphasis on how information is communicated, presented and shared across our channels.

Thanks to funds raised through our Christmas Challenge 2024, we delivered an online community conference over the course of a week. This included a series of expert-led webinars focused on providing practical, accessible information and tools that community members could utilise 'in the moment' while managing the challenges associated with these conditions.

In addition, we produced a range of accessible resources for our community, including a 'teen to teen' leaflet developed in collaboration with a Youth Board member. This resource is designed to support young people in explaining their condition to peers and facilitating open conversations.

Community Fundraising

During the same period, our community demonstrated their support for PANS PANDAS UK in many ways; from participating in the Summer Challenge, raising awareness and funds on World PANS and PANDAS Awareness Day, to joining our Big Give Christmas campaign, whatever we asked of our community, they responded. Their commitment to raising funds to enable the continuation of our work was both amazing and humbling at the same time.

These highlights provide an insight into just how generous and inventive our community have been:

- Sponsored events, including swimming Swiss lakes, climbing mountains, treks, walks and triathalons. We finished the year with four runners supporting PANS PANDAS UK in the London Marathon, together raising over £10,000.
- 'Charity days' corporate golf days, charity auctions, Christmas fairs, cake stalls, football matches, and many more.
- The Big Give Christmas challenge was a wonderful end to 2025 with pledges, donations and match-funding totalling more than £32,000; the largest amount ever raised by our community for this campaign.
- Friends of PANS PANDAS UK doubled its membership, and continues to grow.

Our wonderful community raised a total of **£156,648** during the course of this year and we would like to thank them for their amazing fundraising support. We look forward to strengthening relationships over the coming years.

6.3.2 Healthcare

Healthcare Awareness

Raising awareness of PANS and PANDAS with health professionals remains central to our strategic work in health. Highlights of this work during 2025-26 included successfully securing a competitive workshop slot at the annual Royal College of Paediatrics and Child Health conference, allowing us to co-deliver a presentation with clinical experts to a roomful of paediatricians.

In a similar vein, we were delighted to be asked to speak to the British Paediatric Dentistry Society about PANS and PANDAS, covering what dentists need to know about best practice for supporting and treating patients with the conditions.

Completions of our co-produced CPD-accredited online learning module about PANS and PANDAS totalled 857 by the end of March 2026, meaning that 850 GPs and paediatricians have actively sought to deepen their understanding of the conditions. Despite these achievements, feedback from families continues to indicate significant variation in professional awareness and understanding across different regions and healthcare settings. Increasing knowledge and confidence among healthcare professionals therefore remains an important long-term priority.

In the UK Parliament, we were pleased to invite clinical experts to a PANS PANDAS All-Party Parliamentary Group meeting at Westminster, enabling MPs to expand their knowledge of the conditions and the current barriers to care within the NHS.

From left to right
Professor Rajat Gupta
Mrs Vicky Burford, CEO
Professor Ming Lim
Dr Ashley Liew



Speaking at the RCPCH conference

Healthcare Policy and Progress

Underpinning our awareness-raising efforts is our policy work which focusses on ensuring that the current variation in care available to people with PANS and PANDAS is addressed and that a robust framework is built to provide prompt diagnosis and appropriate treatment. Some of the efforts towards this goal have been our ongoing participation in the development of a clinical guideline for the conditions, and our engagement with NICE to secure an agreement to work together with them in their new guideline collaboration programme. [NICE collaborating with the PANS Guideline Development Group](#)

Progress within healthcare systems can be complex and often takes significant time. While we have been encouraged by growing engagement from national organisations and policymakers, many families continue to report inconsistent access to diagnosis, treatment and specialist support depending on where they live.

The launch of the forthcoming [Perspectives on PANS conference](#) marks an important step in our strategy to ensure wide dissemination and implementation for the clinical guideline when it is published.

We continue to work closely with NHS England and the Department of Health and Social Care, resulting this reporting year in a landmark statement being issued by NHS England welcoming the work of the [PANS PANDAS Steering Group \(PPSG\)](#) and, importantly, recognising PANS and PANDAS as clinical syndromes. [NHS England welcomes work of PANS PANDAS Steering Group - PANS PANDAS UK](#). While this recognition represents an important step forward, we recognise that meaningful improvements for patients will depend on translating recognition into consistent pathways of care and equitable access to services across the UK.

Likewise, as a charity representing individuals with PANS and PANDAS across all four nations of the UK, we were pleased to share a letter from the [Cabinet Secretary for Health and Social Care at the Scottish Government](#) confirming their recognition of the challenges faced by families seeking diagnosis and care in Scotland and committing to monitoring the recommendations of the PPSG.

We were also pleased to be invited to speak at the Northern Ireland Rare Diseases Network All-Party Parliamentary Group, where we highlighted the specific challenges faced by the PANS PANDAS community across the UK.



Hearing [the young people's] experiences first hand was incredibly powerful. Each of them spoke with such clarity and courage about deeply personal challenges, and their willingness to do so was truly admirable.

Wendy Chamberlain, MP, following the Youth Board Round Table event in parliament

Healthcare Research

We know that much remains to be fully understood about PANS and PANDAS, and that more research will support improved recognition, diagnosis and treatment for people affected.

We worked hard to support research initiatives during 2025-26. We have made considerable efforts to connect researchers with families and young people living with the conditions so that research can be guided and informed by experts by experience, and also directly through our advisory work with research teams. We have been delighted to have played a part in securing funding from the National Institute for Health Research for an evidence synthesis project with the University of Exeter, and working closely on the [PANS PANDAS unveiled project](#) as it progresses; this year with the publication of an [evidence and gap map](#) and as we move into the next financial year, with two evidence reviews which will clearly indicate future research avenues. We have also worked closely with researchers at the University of Hertfordshire and the Manchester Rare Conditions Centre to ensure that the voice of lived experience is central to research.

Last, but by no means least, we are proud to have secured funding from [EXPAND](#), an organisation representing all the patient organisations across Europe, towards a forthcoming UK surveillance study which will help researchers understand how many children and young people are affected by the conditions. This is important as it will help to secure the evidence needed for appropriate levels of service provision to be commissioned.

Although research activity is increasing, the evidence base for PANS and PANDAS remains relatively limited compared with many other health conditions. This continues to present challenges for families, clinicians and policymakers seeking clear answers about diagnosis, treatment and long-term outcomes.



Our community is strongest when we come together – it's when I have found understanding, strength, and hope!

Community member

6.3.3 Education

Education Awareness

Raising awareness of PANS and PANDAS in the education sector remained central to our work this year. We contributed to conversations through appearances on various Special Educational Needs and Disabilities (SEND) platforms including the [SENDCast](#) podcast, [Access All Areas of SEND](#), and [In the Pod](#) via Psychology Direct for educational psychologists.

Families consistently tell us that educational experiences can vary considerably depending on whether school staff have prior awareness of PANS and PANDAS. As a result, improving understanding across the education sector remains a key priority.

We strengthened our written reach through articles in [SEN Magazine](#), [Special Needs Jungle](#), and on [edpsy.org.uk](#), alongside the publication of [Understanding PANS and PANDAS: A Guide for Educational Psychologists](#). We also engaged directly with the education sector through attendance at the NASEN Live Conference, the national TES SEND Show and the Festival of Educational Psychology, ensuring PANS and PANDAS remain visible within wider SEND discussions.

Alongside this, we launched a new [primary school video](#) resource, [factsheets](#) on the conditions via the SEND network and collaborated with wider professionals to develop videos on [tailored support in school](#) and guidance on [emotionally based school avoidance](#) (EBSA). We also facilitated delivery of an education health and care plan (EHCP) webinar.



Insightful training to a heart breaking, life altering medical condition. I can only hope as an education practitioner that the awareness and understanding of all professionals increases imminently so that more individuals can be understood and provided

Educational professional following teacher training session

Education Policy and Progress

Our awareness work is underpinned by ongoing engagement with policymakers in education to ensure that the needs of children and young people with PANS and PANDAS are reflected in education systems. This year, we responded to four major consultations: the [Children's Wellbeing and Schools Act 2026](#), [Keeping children safe in education](#), the updated [Supporting children and young people with medical conditions and allergy guidance](#), and the [SEND and alternative provision improvement plan](#).

We were pleased to see tangible progress, including the inclusion of PANS and PANDAS in the updated Supporting children and young people with medical conditions and allergy guidance and explicit reference within [Including Learners with Medical Needs in Schools](#). A dedicated [training module](#) on PANS and PANDAS was also launched on the Medical Needs in Schools platform across Oxfordshire, Northamptonshire and Leicestershire, supporting more consistent implementation at a local level.

While these developments represent important progress, families continue to report difficulties securing appropriate adjustments and support within education settings. We therefore recognise that further work is required to ensure policy changes are consistently reflected in practice.

We continued to contribute to wider policy discussions through All Party Parliamentary Group engagement, including SEND briefings, and through our membership of the [Health Conditions in Schools Alliance](#) policy group. Alongside this, the guiding principles for Local Authorities, which are being developed by the [Education, Social Care and Health Working Group](#) have progressed significantly following detailed review by external stakeholders and Steering Group representatives. It is now being evaluated by the PANS PANDAS Steering Group, with bids in place aiming to support the next phase of development.

Education Research and Professional Development

Feedback from both families and education professionals suggests that knowledge of PANS and PANDAS remains inconsistent across the sector. Many educational professionals want greater confidence in recognising and supporting affected pupils, particularly where symptoms have a significant impact on attendance, behaviour and learning.

Developing professional knowledge was a key priority in 2025-26. A significant milestone was the CPD accreditation of our [training module for Educational Psychologists](#), the first resource of its kind in the UK.

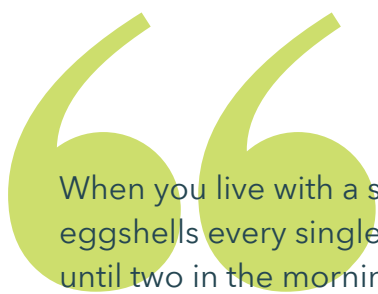
We continued to deliver our successful teacher training sessions, which we also deliver in partnership with the education training platform [Twinkl TeachMeet](#). Work started on co-creation of an Emotional Literacy Support Assistant (ELSA) training module with Educational Psychology organisation [Skylakes Psychology](#) to improve targeted school support. We also strengthened the evidence base through education-focused data gathered via the [PANS PANDAS UK Speak Up 2026 survey](#).

6.4 Lessons Learned

A key learning point during 2025-26 has been that progress in awareness and policy development must be accompanied by effective dissemination and practical implementation to have the most significant impact.

We have seen increasing recognition of PANS and PANDAS across healthcare, education and policymaking, but families continue to tell us that day-to-day experiences often do not reflect this progress.

This insight is helping to shape our priorities for the year ahead, with a particular focus on implementation, professional training and community support.



When you live with a sibling who has PANS, you learn to walk on eggshells every single day. Her OCD kept her awake screaming until two in the morning and I couldn't sleep through it. It stopped us leaving the house, so I was late to school. I couldn't invite friends over for years because I never knew what might happen.

Some of what I experienced was traumatic. I developed flashbacks, panic; symptoms of PTSD. Loud or excitable people became triggers. Revising for exams felt impossible when I couldn't feel safe in my own home.

Through all of this, I stayed quiet because I didn't want to add to my parents' stress.

Teagan, 16, sibling of a child with PANS and a member of the PANS PANDAS UK Youth Advisory Board



2025/26

Impact at a glance

Training



534 Educators trained

27 Teacher training sessions delivered

“Sharing with colleagues to attend! A must for everyone to know.”

Teacher training attendee

“My child’s teacher attended the PANS PANDAS UK Teacher Training, and I just can’t thank the charity enough. It has transformed the support provided by the teacher, and the impact on my daughter’s ability to better engage with school is phenomenal. Thank you from the bottom of my heart”

Parent of a child with PANS

GP training modules completed
857



Communication

114,000+
Visits to our website

10,887
Community newsletters sent

1,250
Physicians’ bulletins sent

Social media

Facebook
1.4 million views
Follows up +20%
Interactions up 27%

Follows up +27%
Reactions up 54%
59k views
LinkedIn

Instagram
57k views
Follows up +105%
Interactions up +100%



Community

110
Friends

21

Youth Board
members

Community
Reference
56 Group
members

£130,513
Fundraised

92
Volunteers

28 APPG
members

259
Fundraising
Group members

4 Grants awarded

4 Business Club Members

Support

282
support emails
responded to



I honestly don't know where we would be without you and everyone at PANS PANDAS UK. We cannot thank you enough for everything you have done over the years—both the work that everyone sees and, perhaps even more importantly, the countless unseen hours behind the scenes. I can't imagine the heartache, determination and sheer hard work that has gone into getting us to this point.

Parent of a child with PANDAS

I appreciate you going the extra mile, explaining how the system works. It is not easy to navigate, not knowing where and who to contact for help.

Parent of a child with PANS

I can't thank you enough for your quick reply and the incredible resources you have provided. It genuinely made me smile when I read your email, mainly down to the fact that you made it so simple (something that I'm not currently experiencing elsewhere) and you were so kind, just the boost I needed to keep fighting for my little girl.

Parent of a child with PANS

987 in-person support
group attendees

92 online
support
attendees

The support group provided invaluable information, experience and advice

Support group attendee

7,769
Facebook
support
group
members

I felt really validated

Support group attendee

Support Group Impact

100%

Of people attending our support groups said they felt:



Better informed | **More connected** | **Less isolated**

“Joining the support calls has been incredible. Researching can be lonely, confusing and one-way but being able to speak to knowledgeable people with experiences, insights and ideas has made the current situation more survivable.”

Online support group attendee

“It’s such an important feeling to know you can be truly understood.”

Regional support group attendee

“I feel less alone You’ve answered so many of my questions You have given me hope.”

Online support group attendee

“I don’t often get a bit of time out ... I found it really helped my mental health to do something for me but with people who understand”

Regional support group attendee

“There’s immense value in connecting with others who understand what it’s like. You don’t feel you have to explain which you normally do so much of.”

Regional support group attendee

“It has been a lifeline for me and I know for others that attend too. I look forward to attending, as does my PANDAS sufferer, whereas in our day to day life we are fairly isolated and don’t often go out.”

Regional support group attendee

100%

would recommend our support groups to another person affected by PANS or PANDAS

Our Strategic Partnerships

...at a glance

- Stakeholders represented within the PPSG
- PANS PANDAS Steering Group and Subgroups
- Outputs
- Stakeholder Collaborations



Section 8: Financial Review

8.1 The Reporting Period for this Report

The Charity's financial performance reported below is for the period from 1 April 2025 to 31 March 2026.

We use a financial software package called Xero to manage and monitor our financial transactions, as it is a piece of software compatible with HMRC requirements, and familiar to our Auditors.

Our financial results have been independently examined and the examiner reported that there were no issues of any concern.

This Annual Report contains two relevant appendices:

- Appendix A is the Independent Examiner's Report;
- Appendix B is the Statement of Financial Activities, containing:
 - The Profit and Loss Account;
 - The Balance Sheet;
 - The Notes to the Accounts.

To follow is a brief summary of those statutory documents.

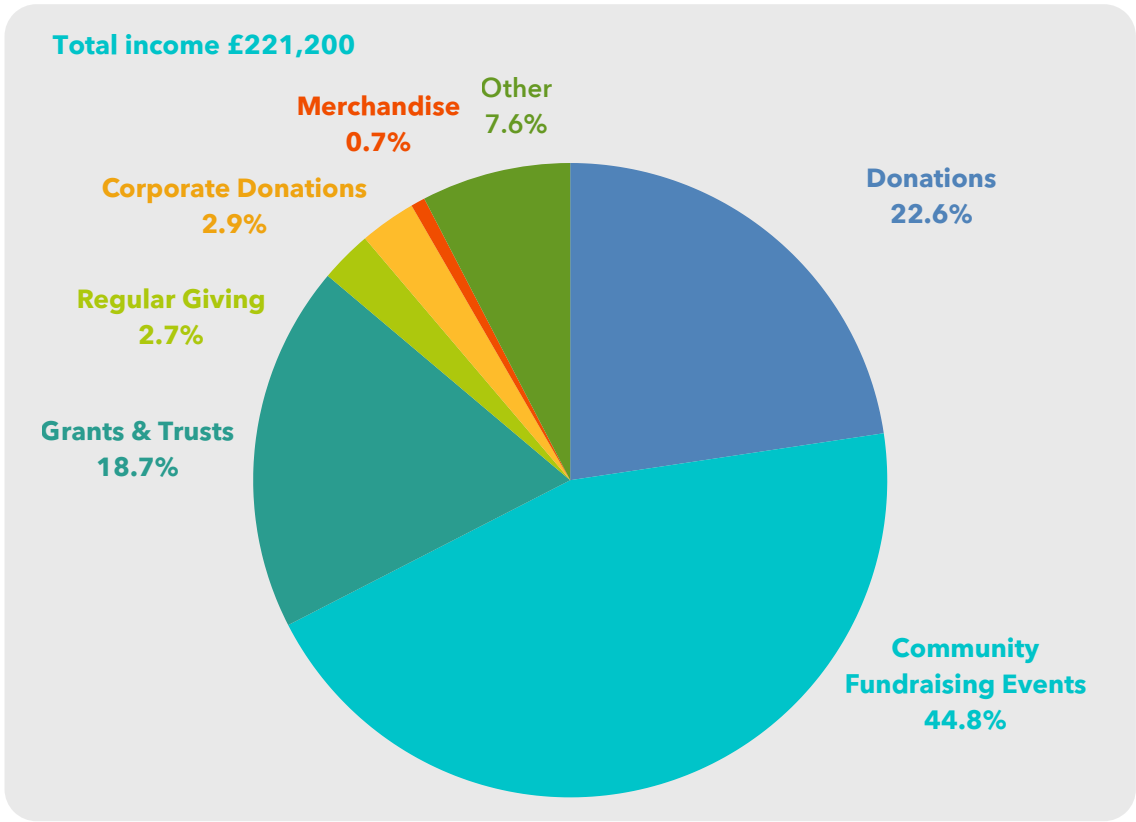


I can't thank you enough for your quick reply and the incredible resources you have provided. It genuinely made me smile when I read your email, mainly down to the fact that you made it so simple (something that I'm not currently experiencing elsewhere) and you were so kind, just the boost I needed to keep fighting for my little girl.

Community member reply to email support response

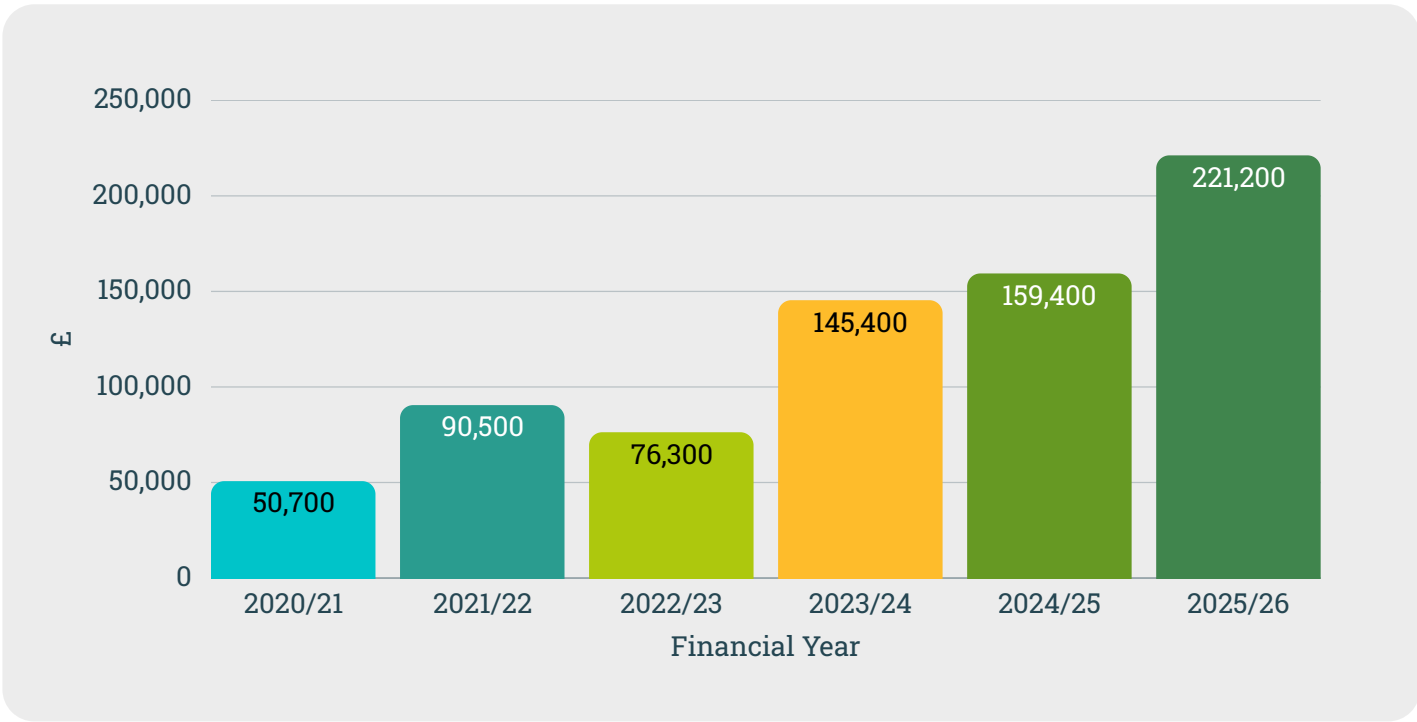
8.2 Income in 2025-26

The chart below presents the sources of income during the financial year, together with the percentage represented by each source.



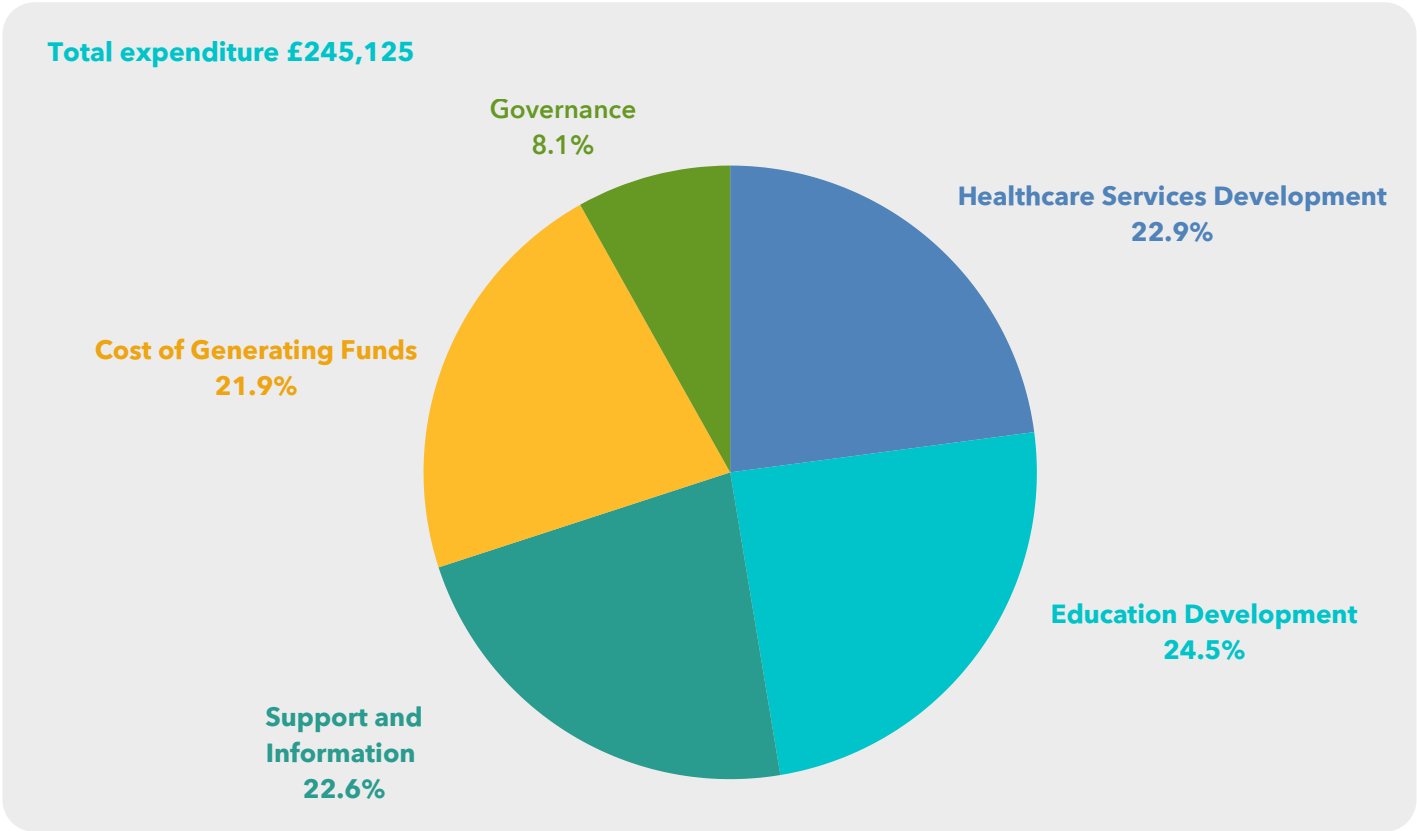
8.3 Historic Income Trends

The graph below shows the historic income trends.



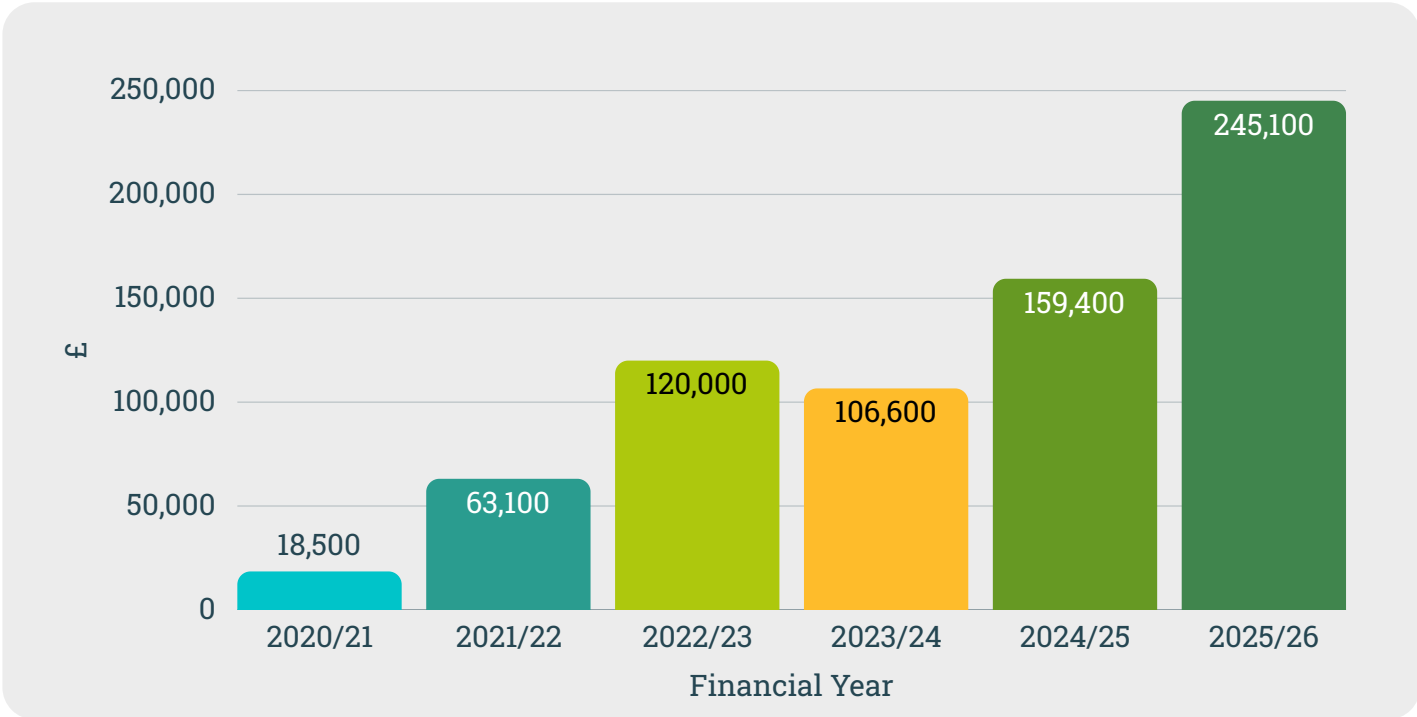
8.4 Expenditure in 2025-26

The chart below presents the sources of expenditure during the financial year, together with the percentage represented by each source.



8.5 Historic Expenditure Trends

The graph below shows the historic expenditure trends.



8.6 Reserves

In 2025-26, we improved our financial risk process by undertaking a risk assessment of the financial threats to PANS PANDAS UK. We based our approach on a quantitative assessment based on two scenarios:

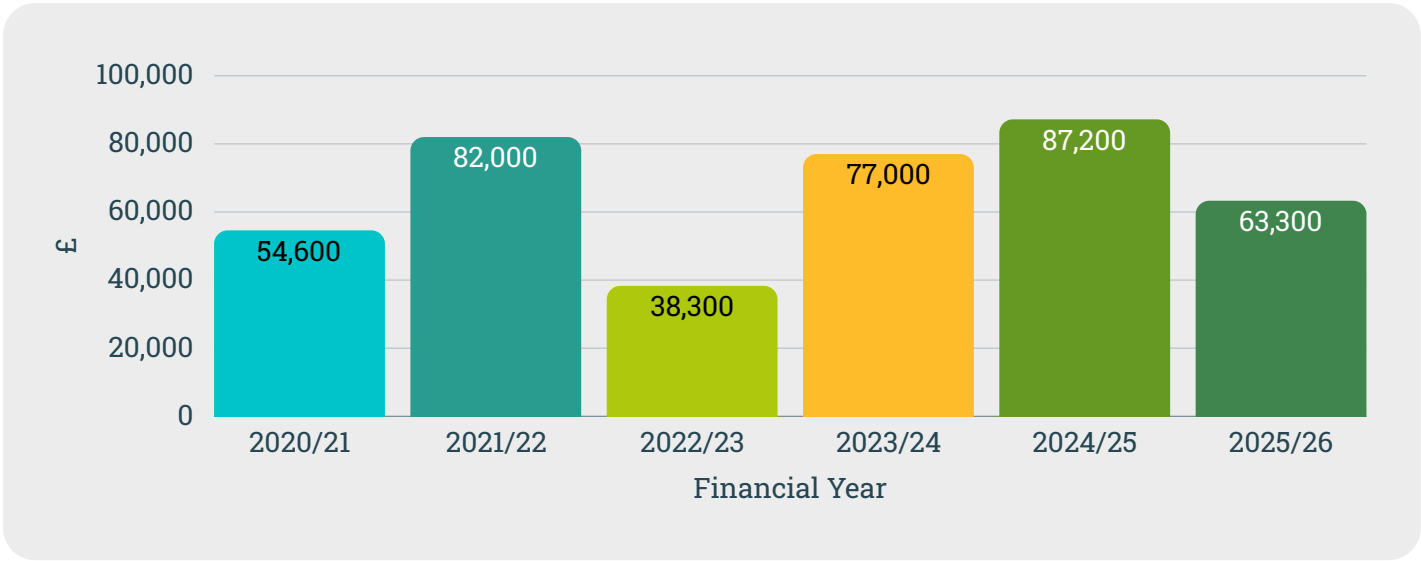
- A catastrophic situation forcing the closure of the charity. This gave rise to a figure amounting the about 2 months’ turnover, and it is the absolute minimum reserve the charity has to hold to meet its contracted commitments;
- An assessment of the likelihood and financial consequence of a number of plausible threats to income and expenditure. These calculations led to figure representing a reserves level of about 4 months’ turnover.

The trustees adopted the range of 2-4 months as a policy position.

The table below presents the reserves position at the start and the end of the financial year.

Reserves position		
	As at March 2025	As at March 2026
Total Reserves	£87,208	£63,260
Of which, held in Unrestricted Funds	£21,854	£46,767
Of which, held in Restricted Funds	£65,354	£16,493
Total Reserves as a Proportion of Annual Turnover	58% (7 months)	29% (3.4 months)

The chart below presents the reserves held at the end of each financial year.



8.7 Funds in deficit

We have no funds in deficit.

8.8 Commentary on the financial year's performance

Compared to the previous year of 2024/25, the Charity's income grew from £159K to £221K, an increase of nearly 39%, while the expenditure grew from £149K to £245K, an increase of 65%. By either measure, the Charity is growing, and is achieving successes in line with our charitable objectives.

There was a financial loss on the year, of about £24K, due mainly to lower grants and trusts income, and lower corporate / organisational income. Although these areas of income were down, the community fund-raising was up, and we were able to sustain our efforts by utilising our reserves, which had grown somewhat larger than our policy position requires.

Reserves are now comfortably within our desired range. Because the level of reserves is now at a comfortable level, we should not need to utilise them in future years; we plan to balance our future income and expenditure to sustain them at that level.



I just wanted to say a huge thanks again for the support call in general, it's incredible and I regularly join to keep learning and if I can, share with others. Your advice since the first call that I joined back in January, has been invaluable and without this, the first 7 months of despair, being ignored, misdiagnosis, treating symptoms, etc could have easily turned into several years. You were the first person that listened and it was a major turning point.

Message of thanks from an online support group attendee

Section 9: Funds Held as Custodian Trustee on Behalf of Others

PANS PANDAS UK does not hold any assets in respect of other charities.

Section 10: Public Benefit Statement

We believe we have complied with the duty to have due regard to the guidance on public benefit published by the commission in exercising their powers or duties.

Section 11: Plans for Future Periods

11.1 Financial Year 2026/27

Although only larger charities subject to statutory audit are required to provide details of plans for future periods, we nevertheless provide headlines for activity in the financial year 2026-27. This period will see many of our workstreams coming to fruition, and so we outline some of the more notable initiatives here:

Important Publications

We recognise that families, professionals and policymakers need access to credible, evidence-based information to improve understanding of PANS and PANDAS and support better decision-making. In response, we anticipate the publication of a number of important resources designed to strengthen both awareness and practice in 2026-27, including:

- the clinical guideline being developed in collaboration with the Royal College of Paediatrics and Child Health;
- the Guiding Principles for Local Authorities;
- a Lived Experience Report based on findings from our PANS PANDAS 'Speak Up' survey, featuring case studies and community perspectives; and
- a Disease Burden Cost Analysis, being undertaken by the London School of Economics.

Together, these publications will help to strengthen the evidence base, amplify the voices of those affected by PANS and PANDAS, and support more informed decision-making across healthcare, education and public policy.

Perspectives on PANS

We identified a need to bring together researchers, clinicians, families and adult patients to strengthen shared understanding of PANS, improve clinical practice and ensure that lived experience informs future developments. To address this, we will deliver Perspectives on PANS, a landmark three-day international conference.

The conference will include:

- an invitation-only research symposium;
- a clinical learning day; and
- a community day for parents, carers and adult patients.

By creating opportunities for research, professional learning and lived experience to come together, we aim to support greater collaboration, build knowledge and improve the support available to people affected by PANS.

We also hope that the conference will provide the platform for the launch of the PP clinical guideline currently being developed in collaboration with the Royal College of Paediatrics and Child Health.

11.1 Financial Year 2026/27 (cont.)

Dissemination

We recognise that publishing guidance alone is not enough to create meaningful change. For guidelines to have a real impact, professionals must understand them, feel confident applying them in practice, and have access to information in formats that meet the needs of different audiences.

Following publication of the clinical guideline and Local Authority guidance, our focus will therefore shift to dissemination and implementation. We will develop accessible resources, easy-read materials and supporting training to help professionals understand and apply the recommendations effectively.

To ensure our information meets the highest standards of accessibility and quality, we will also work with the [Patient Information Forum](#) (PIF) to secure the [PIFtick quality mark](#). Through this work, we aim to improve awareness, encourage consistent practice, and make high-quality health information more accessible to our community.

National Institute for Care Excellence (NICE)

We recognise the importance of ensuring that guidance relating to PANS and PANDAS is developed through a robust and credible process. While NICE has advised that there is currently insufficient evidence for the development of a NICE treatment guideline, it has confirmed that it will review the clinical guideline once completed.

Should NICE determine that the development process has met the required standards, it will consider signposting to the guideline from its website. This would help increase visibility, support professional confidence, and encourage wider awareness of the guidance across the healthcare sector.

Research

We recognise that significant gaps remain in the evidence base for PANS and PANDAS, and that further research is essential to improve understanding, diagnosis and treatment. We also know that research is most impactful when it reflects the experiences of those living with these conditions.

To address this, we will continue working closely with the University of Exeter Evidence Synthesis Team to further develop the Evidence and Gap Map, ensuring that lived experience helps to shape future research priorities and professional learning.

We also anticipate the launch of the multidisciplinary [Surveillance Study](#) and hope to secure funding for the first UK-led clinical trial in PANS and PANDAS. Together, these initiatives will help strengthen the evidence base, identify research priorities and contribute to improved outcomes for patients and families.

11.1 Financial Year 2026/27 (cont.)

All Party Parliamentary Group

Families continue to tell us that access to timely and appropriate healthcare remains one of the most significant challenges they face. We believe that lasting change requires greater awareness and engagement among policymakers and decision-makers.

Building on the success of the Youth Board roundtable event in Parliament, the PANS PANDAS All-Party Parliamentary Group will host a second backbench debate in the House of Commons chamber, focusing on barriers to healthcare access experienced by our community.

By bringing these issues directly to Parliament, we hope to raise awareness, encourage progress, and ensure that the voices and experiences of people affected by PANS and PANDAS are heard at the highest levels of policy discussion.

European Parliament

We recognise that many of the challenges facing people with PANS and PANDAS are shared internationally, creating opportunities for collaboration, learning and collective advocacy.

As a result, PANS PANDAS UK has been invited to speak at the European Parliament during the event PANS and PANDAS: A Bridge Between Science, Healthcare and European Policies, organised by [Associazione Genitori PANS PANDAS BGE](#) in collaboration with patient organisations from across Europe.

This event will bring together policymakers, healthcare leaders, researchers and patient advocates, including the President of the European Parliament and the European Commissioner for Health. By contributing to these discussions, we hope to strengthen international collaboration and increase recognition of the needs of people living with PANS and PANDAS across Europe.

More CPD accredited training

Schools and families continue to tell us that many education professionals need greater confidence in recognising and supporting children and young people affected by PANS and PANDAS. In response, we will recruit a dedicated programme manager to expand our teacher training provision and increase its reach.

We will also develop a dedicated learning module for Emotional Literacy Support Assistants, recognising the important role they play in supporting pupils' emotional wellbeing in schools. Following a successful pilot in early 2026, we will launch our CPD-accredited training module for Educational Psychologists, helping more professionals understand the conditions and provide informed, appropriate support to children, families and schools.

11.1 Financial Year 2026/27 (cont.)

Service Specification Working Group

As work on the clinical guideline progresses, we recognise the need for greater clarity around referral pathways and service provision for people with PANS and PANDAS. Families frequently report confusion about where to seek help, and which professionals should be involved in their care.

To address this, the PANS PANDAS Steering Group will begin work on the development of a service specification and referral pathway framework. This work will help define the roles of different professionals involved in patient care and support a more coordinated approach to diagnosis and treatment.

By providing greater clarity and consistency, we hope to improve patient journeys and support earlier access to appropriate assessment and care.

PANS PANDAS UK Strategy

The significant developments anticipated during the coming year provide us with an opportunity to reflect on our progress and consider the next stage of our organisational journey. We recognise that the needs of our community continue to evolve and that our future priorities should be shaped by the people we serve.

Once this programme of work has been completed, we will begin the process of renewing the PANS PANDAS UK strategy, with extensive involvement from our community to help identify future priorities and opportunities.

Some of the areas we may explore within this strategy review include:

- **Enhanced Community Support**
Families regularly tell us that navigating healthcare, education and everyday life with PANS and PANDAS can be overwhelming and isolating. In response, we would like to establish a dedicated support team that can work directly with community members, helping them navigate challenges and access appropriate information and support.
- **Telephone Helpline**
We recognise that some community members would benefit from direct access to professional guidance and a safe space to discuss their experiences. We would therefore like to develop a telephone helpline staffed by professional advisers who can provide evidence-based information, signposting and emotional support.
- **Supporting the Devolved Nations**
We know that experiences and access to support can vary considerably across different parts of the UK. To better understand these differences, we hope to secure funding for a scoping exercise exploring the needs of community members in Scotland, Wales, Northern Ireland and the Channel Islands.

This work will help us tailor our support, awareness and advocacy activity more effectively and ensure that people affected by PANS and PANDAS can benefit from our work regardless of where they live.

Section 12: Signed Statement

I, Andy Koss, hereby sign this Annual Report as a true record of the activities of the Charity for the year from 1 April 2025 to 31 March 2026

Signed:



Name: Andy Koss

Position: Chair of Trustees, PANS PANDAS UK

Date: 11 September 2026

Having been duly authorised to do so by the Trustees of the Charity.

Section 13: Appendices

Appendix A

Independent Examiner's Report

Appendix B

Statement of Financial Activities, containing:

- The Profit and Loss Account
- The Balance Sheet
- The Notes to the Accounts.

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
PANS/PANDAS UK**

Independent examiner's report to the trustees of PANS/PANDAS UK

I report to the charity trustees on my examination of the accounts of the Charity for the period ended 31st March 2026.

Responsibilities and basis of report

As the charity Trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mark Harwood FCA BFP FMAAT
Michael Harwood & Co
Chartered Accountants
Greville House
10 Jury Street
Warwick
Warwickshire
CV34 4EW

Date: 

PANS/PANDAS UK

STATEMENT OF FINANCIAL ACTIVITIES
for the Year Ended 31st March 2026

		Year Ended 31 st March 2026			Year Ended 31 st March 2025		
	Notes	Unrestricted £	Restricted £	Total £	Unrestricted £	Restricted £	Total £
Income from:							
Donations & legacies	2	182,698	35,500	218,198	79,270	77,354	156,624
Other trading activities		1,603	-	1,603	647	-	647
Investments		1,007	-	1,007	-	-	-
Other		369	-	369	2,142	-	2,142
Total income		185,677	35,500	221,177	82,059	77,354	159,413
Expenditure on:							
Charitable activities:	3						
Health services development		25,129	31,018	56,147	29,766	2,000	31,766
Education development		30,092	21,867	51,959	28,526	10,000	38,526
Patient information and support		35,357	20,046	55,403	25,430	-	25,430
Youth Advisory Board		-	-	-	-	-	-
Research		-	-	-	-	-	-
Teacher Training		210	587	797	1,301	-	1,301
Conferences		-	7,252	7,252	-	-	-
Total charitable activities		90,788	80,770	171,558	85,023	12,000	97,023
Raising funds	4	51,784	1,840	53,624	34,439	-	34,439
Governance	5	18,192	1,751	19,943	17,780	-	17,780
Total expenditure		160,764	84,361	245,125	137,242	12,000	149,242
Net income/(expenditure)		24,913	(48,861)	(23,948)	(55,183)	65,354	10,171
Transfers between funds		-	-	-	-	-	-
Net movement in funds	10	24,913	(48,861)	(23,948)	(55,183)	65,354	10,171
Fund balances brought forward		21,854	65,354	87,208	77,037	-	77,037
Fund balances carried forward		46,767	16,493	63,260	21,854	65,354	87,208

PANS/PANDAS UK

BALANCE SHEET
As at 31st March 2026

	Note	31/03/2026 Unrestricted £	31/03/2026 Restricted £	31/03/2026 Total £	31/03/2025 Unrestricted £	31/03/2025 Restricted £	31/03/2025 Total £
Current assets							
Debtors	8	1,016	-	1,016	1,010	-	1,010
Cash at bank and in hand		47,992	16,493	64,485	23,489	65,354	88,843
Total current assets		<u>49,008</u>	<u>16,493</u>	<u>65,501</u>	<u>24,499</u>	<u>65,354</u>	<u>89,853</u>
Current liabilities							
Creditors	9	(2,241)	-	(2,241)	(2,645)	-	(2,645)
Net current assets		<u>46,767</u>	<u>16,493</u>	<u>63,260</u>	<u>21,854</u>	<u>65,354</u>	<u>87,208</u>
Net assets/liabilities	10	<u>46,767</u>	<u>16,493</u>	<u>63,260</u>	<u>21,854</u>	<u>65,354</u>	<u>87,208</u>

The financial statements were approved by the Trustees on11/09/2026

On behalf of the Trustees



Mr Andrew Koss
Chair

PANS/PANDAS UK

NOTES TO THE ACCOUNTS for the Year Ended 31st March 2026

1. ACCOUNTING POLICIES

a) Basis of preparing the financial statements

PANS/PANDAS UK is a Charitable Incorporated Organisation registered in England & Wales and Scotland. The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, Charities Accounts (Scotland) Regulations 2006 and UK Generally Accepted Practice.

The financial statements are prepared on a going concern basis under the historical cost convention and are presented in sterling which is the functional currency of the charity and rounded to the nearest £1.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

b) Income

All incoming resources are included in the Statement of Financial Activities (SoFA) when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that the income will be received.

For donations to be recognised the charity will have been notified of the amounts and the settlement date in writing. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained then income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity and it is probable that they will be fulfilled.

Donations, grants and gifts given for specific purposes are treated as income in the year of receipt. Unspent restricted income is included under restricted funds as it is fully committed.

No amounts are included in the financial statements for services donated by volunteers. Further detail is given in the Trustees' Annual Report.

Income from trading activities includes activities to raise funds for the charity. Income is received in exchange for supplying goods and services in order to raise funds and is recognised when entitlement has occurred.

c) Expenditure

Expenditure is included on an accruals basis, and has been classified under headings that aggregate all cost related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably. Where costs cannot be directly attributed, they have been allocated on a basis consistent with the use of resources (see 1.d) below).

Irrecoverable VAT is charged as an expense against the activity for which expenditure arose.

Redundancy and termination costs are recognised as an expense in the SoFA and a liability on the Balance Sheet immediately at the point the charity is demonstrably committed to either: terminate the employment of an employee or group of employees before normal retirement date; or provide termination benefits as a result of an offer made in order to encourage voluntary redundancy. The charity is considered to be demonstrably committed only when it has a detailed formal plan for the termination and is without realistic possibility of withdrawal from the plan.

d) Allocation of expenditure

Salaries - The salaries of project workers are allocated directly to the projects on which they work, alongside the charity's contribution to pensions where appropriate.

PANS/PANDAS UK

NOTES TO THE ACCOUNTS for the Year Ended 31st March 2026

1. ACCOUNTING POLICIES - continued

d) Allocation of expenditure - continued

Other costs - Core costs are allocated to the expenditure headings in the Statement of Financial Activities as follows:

	Administration Costs %	Communications Costs %
Health services development	30	20
Education development	30	20
Patient information and support	30	20
Youth Advisory Board	0	0
Research	0	0
Cost of generating funds	5	40
Governance	5	0
	100	100
	Administration Costs £	Communications Costs £
Health services development	17,696	591
Education development	17,696	591
Patient information and support	17,696	591
Youth Advisory Board	-	-
Research	-	-
Cost of generating funds	2,949	1,181
Governance	2,949	-
	58,986	2,954

e) Taxation

The charity is an exempt charity within the meaning of schedule 3 of the Charities Act 2011 and is considered to pass the tests set out in Paragraph 1 Schedule 6 Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes.

f) Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes as set out in note 11 to the financial statements.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes. Further explanation of the nature and purpose of each fund is included in note 12 to the financial statements.

g) Debtors and creditors receivable / payable within one year

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

h) Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions are expensed as they become payable.

PANS/PANDAS UK

NOTES TO THE ACCOUNTS for the Year Ended 31st March 2026

2. DONATIONS AND LEGACIES INCOME

	Year Ended 31 st March 2026			Year Ended 31 st March 2025		
	Unrestricted £	Restricted £	Total £	Unrestricted £	Restricted £	Total £
Regular giving	5,862	-	5,862	3,913	-	3,913
Major donors	40,000	-	40,000	-	60,354	60,354
Individuals	10,066	-	10,066	10,863	-	10,863
Companies/Organisations	5,836	500	6,336	10,677	-	10,677
Trusts & foundations	6,349	35,000	41,349	4,133	17,000	21,133
PPUK fundraising events	66,905	-	66,905	22,244	-	22,244
Community-led events	-	-	-	15,304	-	15,304
Gift Aid	15,468	-	15,468	12,136	-	12,136
The BIG Give	32,212	-	32,212	-	-	-
Total donations and legacies	182,698	35,500	218,198	79,270	77,354	156,624

3. CHARITABLE ACTIVITIES EXPENDITURE

	Year Ended 31 st March 2026			Year Ended 31 st March 2025		
	Unrestricted £	Restricted £	Total £	Unrestricted £	Restricted £	Total £
Project costs	6,137	14,156	20,293	20,316	-	20,316
Project staff costs	61,323	35,081	96,404	27,860	12,000	39,860
Administration*	21,555	31,533	53,088	31,995	-	31,995
Communications*	1,773	-	1,773	4,852	-	4,852
Total expenditure on charitable activities	90,788	80,770	171,558	85,023	12,000	97,023

* = see Note 1.d)

4. COSTS OF GENERATING FUNDS

	Year Ended 31 st March 2026			Year Ended 31 st March 2025		
	Unrestricted £	Restricted £	Total £	Unrestricted £	Restricted £	Total £
Merchandise	1,313	88	1,401	527	-	527
Resources & materials	1,288	-	1,288	1,345	-	1,345
Event costs	3,028	-	3,028	494	-	494
Platform fees	1,519	-	1,519	2,456	-	2,456
Professional fees	15,856	-	15,856	14,815	-	14,815
Other fundraising costs	1,235	-	1,235	656	-	656
Staff costs	25,167	-	25,167	9,133	-	9,133
Administration*	1,197	1,752	2,949	1,778	-	1,778
Communications*	1,181	-	1,181	3,235	-	3,235
Total expenditure on raising funds	51,784	1,840	53,624	34,439	-	34,439

* = see Note 1.d)

PANS/PANDAS UK

NOTES TO THE ACCOUNTS for the Year Ended 31st March 2026

5. GOVERNANCE COSTS

	Year Ended 31 st March 2026			Year Ended 31 st March 2025		
	Unrestricted £	Restricted £	Total £	Unrestricted £	Restricted £	Total £
Trustee expenses/costs	313	-	313	3,081	-	3,081
Insurance	1,812	-	1,812	974	-	974
Accountancy software	900	-	900	442	-	442
Bookkeeping	7,260	-	7,260	7,200	-	7,200
Independent examiner	1,140	-	1,140	2,340	-	2,340
HR services	1,652	-	1,652	1,951	-	1,951
Other costs	-	-	-	15	-	15
Staff costs	3,917	-	3,917	-	-	-
Administration*	1,198	1,751	2,949	1,777	-	1,777
Total governance costs	18,192	1,751	19,943	17,780	-	17,780

* = see Note 1.d)

6. STAFF COSTS

	Year Ended 31 st March 2026 £	Year Ended 31 st March 2025 £
Gross wages	154,379	66,484
Social security	6,582	-
Pension costs	4,192	1,922
Other employee costs	-	3,425
Total salaries, wages and related costs	165,153	71,831
Average number of employees	<u>8</u>	<u>6</u>

No employee earned £60,000 per annum or more.

Total redundancy/termination payments amount to £nil (2025 - £3,425) and related to the Administration Manager position which was deemed to be no longer required following a restructure.

7. TRUSTEES' REMUNERATION AND EXPENSES

No Trustee or connected person received any remuneration or expenses either directly or indirectly.

8. DEBTORS

	31.03.26 £	31.03.25 £
Prepayments	1,016	1,010
	<u>1,016</u>	<u>1,010</u>

PANS/PANDAS UK

NOTES TO THE ACCOUNTS for the Year Ended 31st March 2026

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.03.26 £	31.03.25 £
Trade creditors	871	264
Other creditors	194	941
Accruals	1,176	1,440
	<u>2,241</u>	<u>2,645</u>

10. MOVEMENT IN FUNDS

	Funds at 01.04.25 £	Incoming resources £	Expended resources £	Transfers £	Funds at 31.03.26 £
Unrestricted funds:					
General fund	21,854	109,471	(118,548)	-	12,777
Designated funds:					
- Caudwell Fund 2	-	40,000	(32,501)	-	7,499
- The BIG Give 2025	-	36,206	(9,715)	-	26,491
	<u>21,854</u>	<u>185,677</u>	<u>(160,764)</u>	<u>-</u>	<u>46,767</u>
Restricted funds:					
Education Fund	-	15,000	(15,000)	-	-
Information & Support Fund	5,000	-	(4,268)	-	732
The BIG Give 2024	20,354	-	(15,136)	-	5,218
Caudwell Fund 1	40,000	-	(40,000)	-	-
National Lottery Grant Fund	-	20,000	(9,707)	-	10,293
Support Group Fund	-	500	(250)	-	250
	<u>65,354</u>	<u>35,500</u>	<u>(84,361)</u>	<u>-</u>	<u>16,493</u>
TOTAL FUNDS	<u>87,208</u>	<u>221,177</u>	<u>(245,125)</u>	<u>-</u>	<u>63,260</u>

11. DESIGNATED FUNDS

The Trustees have set aside the designated funds for the following purposes:

Caudwell Fund 2

A second donation received from Rebekah Caudwell which was not formally restricted like the first (see below) but to be for the costs of the CEO salary and Health Services Development work as before.

The BIG Give 2025

Campaign income for work with our community of patients and patients' family members.

12. RESTRICTED FUNDS

The purposes for which the restricted funds are held by the charity are:

Education Fund

Grant funding received from the James Tudor Foundation for the delivery of teacher training.

PANS/PANDAS UK

NOTES TO THE ACCOUNTS for the Year Ended 31st March 2026

12. RESTRICTED FUNDS (continued)

Information & Support Fund

Grant funding received from the Quilter Foundation for the development of information resources about PANS and PANDAS, specifically for the community of children and young people affected.

The BIG Give 2024

Christmas Campaign income towards delivery of an online community conference in 2025 and an in-person international conference in 2026.

Caudwell Fund 1

Donation received from Rebekah Caudwell towards the costs of the CEO salary and Health Services Development work.

National Lottery Grant Fund

Grant funding for youth board work.

Support Group Fund

Donation received from CMS Law to facilitate peer-to-peer patient support groups.

13. RELATED PARTY DISCLOSURES

Donations received without conditions from Trustees amounted to £1,025 (2024: £nil).

There were no other related party transactions during the year.