

OUTPOST ARTS

Scottish Charity No. SC048764

ANNUAL REPORT AND FINANCIAL STATEMENTS
YEAR ENDED 31ST JULY 2024

Trustees' Annual Report

For the year ended 31st July 2024

The Trustees have pleasure in presenting their report together with the financial statements for the year ended 31st July 2024

Reference and Administrative Information

Charity Name

OutPost Arts SCIO

Charity No

SC048764

Address

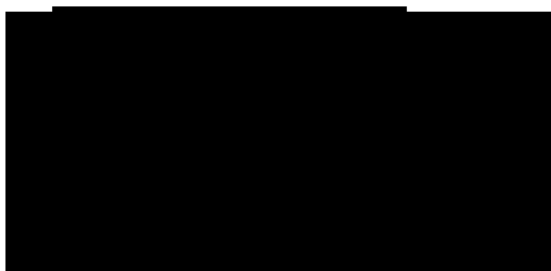
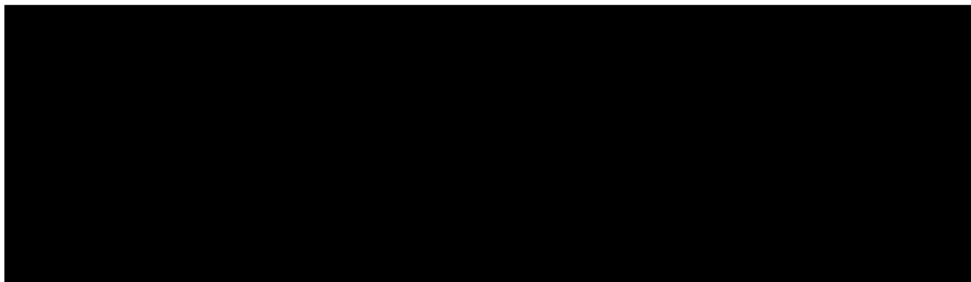
Buccleuch Mill

Glenesk Road

Langholm

DG13 0ES

Current Trustees



Structure, Governance and Management

Constitution

The Charity is a Scottish Charitable Incorporated Organisation (a SCIO). It was registered in its current legal form on the 16th October 2018. It is a two tier structure and as such it's members appoint people to serve on the board and take decisions on changes to the constitution. The Trustees are the board and hold regular meetings and generally control the activities of the organisation and monitor and control the financial position of the organisation.

Appointment of Trustees

The OutPost Arts Board, which normally meets quarterly, are the Charity's Trustees. Membership of the Board is open to all members of OutPost Arts, predominantly drawn from local and regional communities. Trustees are elected at the Annual General Meeting which is held in November, or appointed by the Board. There must be a minimum of three and a maximum of eight trustees.

Objectives and Activities

Charitable Purposes

We aim to advance the education and learning amongst the public in the understanding and appreciation of the arts,
We aim to advance the health and wellbeing of people through participation in creative arts practices.
We aim to advance citizenship through using the arts and creativity to contribute to the regeneration of the Esk Valley area.

Activities:

1. DG Creative Wellbeing

We have successfully delivered the 'Developing Creative Wellbeing' and 'Developing Creative Health projects, working with key partners to develop 'DG Creative Wellbeing' - an innovative, holistic and ground-breaking initiative that connects community and clinical-space based programmes.

a. Developing Creative Health - Art in Healthcare Programme

OutPost Arts have worked in partnership with NHS D&G to develop a wide-reaching creative health programme across multiple regional healthcare sites (DGRI, Midpark Hospital, Mountainhall Treatment Centre and Galloway Hospital)

The AIH programme's key aim is to enhance the patient and visitor experience with participatory activities, performances, events, exhibitions, and site-specific enhancements.

The programme was launched at DGRI in April 2023 and has since developed a range of high quality, meaningful programme of workshops, events, activities, installations and interventions.

The Director oversees all programmes, supported by an Admin & Finance Manager. Programme Coordinators work directly with freelance artists and creative producers to create new creative work, host workshops, and deliver activities and events.

Participatory programmes have been initiated and developed, supporting staff, patients and visitors to healthcare spaces. We are working with ODL & HR teams to nurture and further develop staff wellbeing and team-building initiatives.

Permanent and temporary exhibition spaces have been developed at DGRI, Midpark & Galloway Hospitals. These spaces host displays of patient/staff work, and work from external sources. This has allowed us to develop a year-round exhibition programme.

Enhancements to clinical spaces include window murals, murals and displays. In development are a Memory Trail for elderly patients at DGRI, and 'Pausing Places' - creatively designed privacy barriers to create comfortable spaces for ward staff at DGRI.

b. Developing Creative Wellbeing - Community Programme

The community programme is split into x4 separate programmes of activities (Art Journal Project, Creative Toolbox, Graduate Programme & Satellite Programme) and an Adult & a Youth Creative Wellbeing Lead work with a range of people and referral partners (e.g. D&G College, D&G Carers Centre, CAMHS, local schools, partner arts organisations).

Art Journal Project: 20 Adults and Peer Mentors took part in the 2023-24 AJP programme, supported by the Adult Community Lead. Led by skilled Associate Artists, the group took part in a range of high-quality creative wellbeing activities, workshops and research trips, sparking new ideas, nurturing new friendships, growing in confidence, promoting mindful creative practises, and building a supportive and encouraging creative community. Peer Mentors were also offered additional opportunities to explore creative leadership, and several PMs led their own art workshops. Another Peer Mentor was supported to apply to take part in Spring Fling 2025 (and was successful). Three graduates were accepted onto creative further education courses.

Creative Toolbox: The Youth Art Journal Project was redesigned to incorporate a 'storytelling' theme, promoting exploration of a wider variety of artforms. In 2023-24, 15 young people and Peer Mentors from 2022-23 programme took part in a range of high quality creative wellbeing activities, workshops and research trips, sparking new ideas, nurturing new friendships, growing in confidence, promoting mindful creative practises, and building a supportive and encouraging creative community.

AJP & CT Collaboration: Art Journal Project and Creative Toolbox participants shared their work in an end-of-project exhibition at DGRI (and Creative Toolboxes coordinated their own showcase event at The Stove Café).

The groups also collaborate as part of the Graduate Programme.

Graduate Programme: Over a third of the AJP and CT participants have continued their creative development journeys by accessing a 3-strand programme that focuses on expanding horizons, skills development, empowerment and resilience - creating new pathways towards longer term wellbeing. Graduates have access to participation in a Mural Project to literally 'scale up ambitions', a mentoring programme, and will receive creative enterprise support. Graduates form a creative collective to create a range of products to sell at an annual professional craft market (Upland Made in 2023 and Shambellie Christmas Market in 2024) - donating proceeds to a mental health charity of their choice. In 2023, Graduates worked with Lead Artist [REDACTED] and CAMHS service managers to create a largescale mural for The Willows, which supports children, young people and families - creating a welcoming, supportive and creative environment for the waiting room area.

Satellite Programme: From 2023-24 we have worked with a range of partners across the region to increase access to creative wellbeing opportunities including 'Made WELL' initiative in partnership with Upland CIC - bringing free, accessible mindful arts and crafts workshops to an annual makers market, and 'The Care Project' in partnership with Scottish Care - piloting creative approaches to support residents and staff in x3 regional care homes.

c. Developing Creative Health & Wellbeing - Network Programme

The Creative Wellbeing Network has built a programme that achieves it's key purposes to Amplify, Connect & Cultivate, initiate conversation around creative wellbeing (and the issues/barriers that feed into that) via several 'Cuppa & Catch-up' events, bringing people together, and using creative means explore and discuss - hosting a Healing Arts Scotland event, and launching a Draft Creative Wellbeing Manifesto engagement. The final manifesto will be launched at a Creative Health & Wellbeing Symposium in February 2025, hosted by the network and attended by a range of cross-sector stakeholders. The network is also working closely with Scottish Mental Health Arts Festival to create closer links between the initiative and DG Creative Wellbeing project.

Achievements & Performance

OPA is acknowledged as one of the region's most significant arts organisations with specialist knowledge and skills in creative health and wellbeing. OPA is also now known to the national network of creative health and wellbeing organisations, and is working in partnership with national initiatives and strategic bodies. We have spearheaded important initiatives that have positively influenced the wellbeing and prospects of large numbers of people - supporting people to manage poor physical and mental health, increase their confidence and self-esteem, and this has had significantly positive effects on the wellbeing of their families and close social circles. Working in partnership with NHS D&G, we have successfully shored up cross-sector support for an embedded Art in Healthcare programme - a first for our region. The Community, Network and Art in Healthcare programmes are groundbreaking - establishing new frameworks, platforms, processes and access points.

We have successfully achieved funding to expand our capacity - recruiting experienced and capable freelancers and core team members. We continue to strengthen our team, offering training and learning opportunities.

We have successfully created a project website and comms strategy that is successfully amplifying our work and the role of arts in health and wellbeing.

Financial Review

Our main source of funding has been regional and national funding bodies.

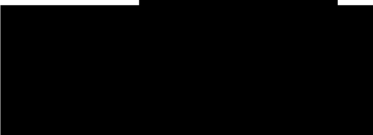
Reserves Policy

The trustee's policy is to retain a minimum of three months of normal running costs in order to meet commitments and to cover any unexpected expenditure. Three months average expenditure stands at approx. £47,774 and our reserves are currently at £133,035

All of the reserves held relate to restricted funds and there are no free reserves within the charity.

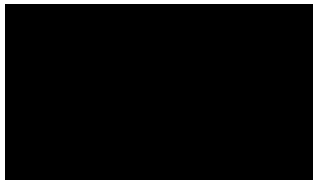
Plans for the Future Period

Seeking 3 years funding, we will continue to deliver DG Creative Wellbeing, potentially embedding and expanding the Community, Network & Art in Healthcare programmes, and working with an increased number of participants and partner organisations. We will build a fundraising strategy to explore income-generation. We will continue to nurture relationships with national and local culture, creative and cross-sector partners and communities, and continue to build a network of partnerships, creative wellbeing initiatives and opportunities - raising awareness of creativity's important connection with health and wellbeing and amplifying the voices of all stakeholders.



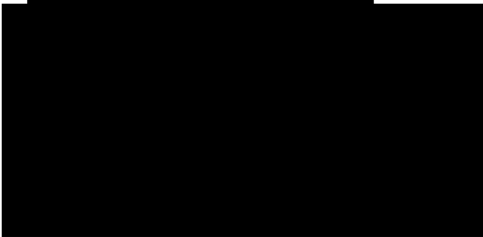
Statement of Receipts and Payments for the year ended 31st July 2024

	Unrestricted Funds	Restricted Funds	Year End 31/07/2024	Year End 31/07/2023
Receipts				
Donations				
Grants		159,900	159,900	211,150
Fundraising				
Bank Interest				
SMHAF Donation to project		200	200	
Receipts from Charitable Activities				
Total Receipts	<u>0</u>	<u>160,100</u>	<u>160,100</u>	<u>211,150</u>
 Payments				
Fundraising Costs				
Costs of Charitable Activities		191,096	191,096	113,479
Governance Costs				
Purchase of Equipment				
Total Payments		<u>191,096</u>	<u>191,096</u>	<u>113,479</u>
Surplus/(Deficit) for the year	<u>0</u>	<u>-30,996</u>	<u>-30,996</u>	<u>97,671</u>



Statement of Balances for the year end 31st July 2024

	Unrestricted Funds	Restricted Funds	Year End 31/07/2024	Year End 31/07/2023
Opening cash at bank and in hand		164,031	164,031	66,359
Restatement of previous year allocation		-	-	-
Restated opening balance		164,031	164,031	66,359
Surplus/(Deficit) for the year	-	30,996	- 30,996	97,672
Closing cash at bank and in hand	0	133,035	133,035	164,031
Bank and Cash Balances				
Building Society Account		133,035	133,035	164,031
	0	133,035	133,035	164,031
Assets	0	0	0	0
Liabilities	0	0	0	0



Notes to the accounts for the year ended 31st July 2024

1 Basis of accounting

These accounts have been prepared on the Receipts and Payments basis in accordance with the Charities & Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended).

2 Nature and purpose of funds

Unrestricted funds are those that may be used at the discretion of the trustees in furtherance of the objects of the charity. The trustees maintain a single unrestricted fund for the day-to-day running of the club.

Restricted funds may on be used for specific purposes. Restrictions arise when specified by the donor or when funds are raised for specific purposes. During the year the charity received £160,100 of grants and donations.

3 Related party transactions

None

4 Donations

	31/07/2024	31/07/2023
SMHAF donation to project	200	
	<u>200</u>	<u>0</u>

5 Grants received

	Unrestricted Funds	Restricted Funds	
The Robertson Trust		9,000	9,000
The Holywood Trust		30,000	30,000
D & G Health Board Endowment Fund		95,900.00	95,900
Communities Mental Health Fund (via TSDG)		0.00	50,000
National Lottery Community Fund		25,000	26,250
		<u>159,900</u>	<u>211,150</u>

6 Cost of charitable activities

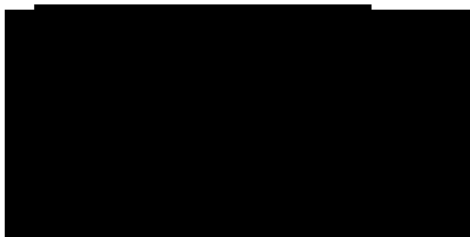
	Unrestricted Funds	Restricted Funds	Total 31/07/2024	Total 31/07/2023
Artists Fees		143,651	143,651	80,506
Hire - Rent/Bills		4,776	4,776	2,271
Materials & Project Costs		13,366	13,366	21,291
Website/Advertising/Marketing		506	506	1,125
Memberships & Subscriptions		1,011	1,011	
Insurance		322	322	208
Bank Charges		29	29	27
Property costs				
Training		620	620	
Expense Claims		5,892	5,892	
Equipment Purchase		2,887	2,887	
Stationery		604	604	1,349
Miscellaneous				0
Pension - Di Hay		759	759	
Wages - D Hay		16,673	16,673	6,702
	<u>0</u>	<u>191,095</u>	<u>191,095</u>	<u>113,479</u>

7 Governance costs

Nil

8 Comparatives for statement of Financial Activities

	Unrestricted Funds	Restricted Funds	Year End 31/07/2023
Receipts			
Donations		0	0
Grants		211,150	211,150
Fundraising			
Bank Interest			
Website/Advertising/Marketing			
Sales			
Receipts from Charitable Activities			
Hire			
Total Receipts	<u>0</u>	<u>211,150</u>	<u>211,150</u>
 Payments			
Fundraising Costs		0	0
Costs of Charitable Activities		113,479	113,479
Governance Costs		0	0
Purchase of Equipment		0	0
Total Payments	<u>0</u>	<u>113,479</u>	<u>113,479</u>
 Surplus/(Deficit) for the year	<u>0</u>	<u>97,671</u>	<u>97,671</u>



Independent Examiner's Report to the Trustees of OutPost Arts

I report on the accounts of the charity for the year ended 31 July 2024 which are set out on pages 1 to 6.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the 2006 Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

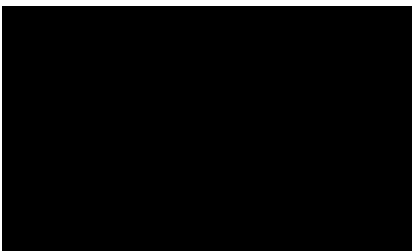
Independent examiner's statement

In the course of my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with Section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations
 - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations

have not been met, or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Relevant Professional qualification/professional body: FCA

Address: Dodd & Co Limited
FIFTEEN Rosehill
Montgomery Way
CARLISLE
CA1 2RW

Date: 9 April 2025