APPENDIX 1

OSCR

Office of the Scottish **Charity Regulator**

Trustees' Annual Report for the period

	Period start date				Period end date		
	Day	Month	Year		Day	Month	Year
From	01	01	2025	To	31	12	2025

Reference and administration details

Charity name	Glut 1 Deficiency UK
Other names charity is known by	
Registered charity number	**SC051607**
Charity's principal address	2 East Grimsby Road Arbroath **Postcode DD11 1PA**

Names of the charity trustees on date of approval of Trustees' Annual Report

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Trudy Morgan			
2	Stefanie Plomer			
3	Sheena Cunniffe			
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Reference and administration details

Names of all other charity trustees during the period, if any, (for example, those who resigned part way through the financial period)

Name	Dates acted if not for whole year

Structure, governance and management

Type of governing document	Trust deed
Trustee recruitment and appointment	Minimum of 3 trustees appointed on a rotational basis

Objectives and activities

Charitable purposes	Glut 1 Deficiency UK aims to support carers and patients impacted by Glut 1 Deficiency Syndrome in the UK and Ireland. Increasing awareness of Glut 1 DS (Glut1 DS). Improved education for families and health professionals in relation to Glut1 DS. Advocacy for families and patients impacted by Glut1 DS. Support and funding for Glut1 DS research.
Summary of the main activities in relation to these objects	Raising awareness of the condition amongst professionals, caregivers via event attendance, social media and building networks and partnerships.

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Achievements and performance

Summary of the main achievements of the charity during the financial period

We have worked alongside many organisations throughout 2025 to raise the profile of the charity and of the condition.

Beacon For Rare Diseases
Rare Revolution Magazine
Epilepsy Research UK
Matthew's Friends
Epilepsy Sparks/ Torie Robinson
RDNN Rare Disease Nurse Network
Genetic Alliance
Eurodis
Metabolic Support UK
The Journal of Inherited Metabolic Disease
M4RD Medics for Rare Diseases
Wales Gene Park Genomics Partnership Wales

During the year we have attended a number of events both online and in person to raise awareness of Glut 1 Deficiency, including attendance at the BPNA annual conference and Keto College.

Financial review

Brief statement of the charity's policy on reserves

Reserves surplus of £20,194 as at 31/12/25.

Reserves are intended to be held at an appropriate level to cover operational expenditure and commitments.

Details of any deficit

None

Donated facilities and services (if any)

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Other optional information

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	
Full name(s)	Sheena Johnston Cunniffe
Position (e.g. Chair)	Treasurer
Date	22/09/2026