

No Limits Sports Club

Trustees Annual Report
and
Financial Statements

For the year ended 31 December 2025

Scottish Charity Number: SC026826

**Trustees' Annual Report and Financial Statements
For the year ended 31 December 2025**

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Trustees' Annual Report

Administrative Information

Charity Name

No Limits Sports Club

Charity Number

SC026826

Trustees

(at date of approval of the Annual Report and Accounts)

David Lovelock (Chairperson)

Alexander Scott (Vice Chair)

Elaine McCallum (Treasurer)

Paul Weddell (Secretary)

Patsy Edmondson

Jane Marshall

Stewart Muraska

Alan Sinclair (resigned 28th February 2026)

Ashley Gilmour (resigned 28th February 2026)

Nikki Cooper (resigned 28th February 2026)

Lisa Sinclair (resigned 28th February 2026)

Susan Weddell (resigned 28th February 2026)

Lorraine Ferguson (resigned 28th February 2026)

Address

27 Millbank Place

Uphall

West Lothian

EH52 5DU

Independent Examiner

Jane Melhuish

50 Mossie Terrace

Bathgate

West Lothian

EH48 2UJ

**Trustees' Annual Report and Financial Statements
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Structure, Governance and Management

Governing Document

The charity is an unincorporated association governed by its constitution adopted on 5th April 1997 and last amended on 26th February 2018.

Recruitment and Appointment of Trustees

The voting members of the board, which meets on a monthly basis, are the charity's trustees. Members of the board are elected at the Annual General Meeting and the board may appoint any member at any time to serve on the committee.

Objectives and Activities

Charitable purpose

Our charitable purpose, as set out in the constitution, is to promote the welfare of people in particular children and young adults, with a disability and in furtherance thereof:

- To provide sporting and leisure opportunities for people, in particular children and young adults, with a disability.
- To help individual club members develop confidence through participation in sports and leisure activities in order to promote health and well being.
- To encourage individual club members to develop any particular sporting abilities which they may have, and to aid them in furthering their sporting potential.
- To provide opportunities for club members to participate in a range of sporting and leisure activities, and to encourage and support them to do so.

Activities and achievements

This year we had our usual two weekend trips to Badaguish in Aviemore, when we took groups of 30-40 people to take part in water sports at Loch Insh, archery and visits to Landmark.

In July we took 48 people to The Bendrigg Trust in Kendal, Cumbria for a week long activity holiday that included activities such as caving, water sports, archery, indoor and outdoor climbing and day trips to Blackpool and Lake Windermere.

Throughout the year our Boccia group met regularly on Saturday mornings and we sent teams to compete in a number of events across Scotland, winning numerous medals.

Other events held during the year included indoor and outdoor archery sessions, trips to Innoflate, Mill Farm and Blair Drummond Safari Park, and sessions such as hula hooping, use of the outdoor cycle track and visits from Cool Creatures within the Saturday club sessions.

We also held a successful fundraising night in September at Broxburn Utds social club.

The penultimate event of the year was a visit to the Little Mermaid Pantomime at the Kings Theatre in Glasgow where 50 people enjoyed a terrific afternoon's entertainment.

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Financial Review

Financial Performance

During the year, donations received included those from The Round Table £3,384, Plexus Corp £4,291, Turcan Connell £4,000, Weir Charitable Trust £8,460, Bruce Wake Trust £2,500 and Cash for Kids £8,486 towards restricted funds.

Unrestricted donations and fundraising of £5,328 were received during the year and other income of £23,858.

Reserves Policy

It is the policy of the Trustees to maintain unrestricted funds at a level sufficient to cover six months of core activity expenditure.

The trustees are confident that by continuing to apply to a range of funders during the coming year, they will be able to continue the current activities of the charity into the next financial year.

Approved by the Trustees on 20th May 2026 and signed on their behalf by:

David Lovelock
Chair

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Independent Examiner's Report

To the Trustees of No Limits Sports Club

I report on the accounts of the charity for the year ended 31st December 2025 which are set out on Pages 7 to 10, together with the Trustees' Annual Report on pages 3 to 5.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustees Investment (Scotland) Act 2005 and of the Charities Accounts (Scotland) Regulations 2006 (as amended).

The charity trustees consider that the audit requirement of Regulation 10 (1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44 (1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006 (as amended). An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning and such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on whether the accounts present a "true and fair view".

Independent examiner's statement

In the course of my examination, no matter has come to my attention which gives me reasonable cause to believe that, in any material respect, the requirements to keep accounting records in accordance with Section 44 (1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations have not been met, or to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Jane Melhuish

Date: 20th May 2026

Name: Jane Melhuish
Address: 50 Mossie Terrace
Bathgate
West Lothian
EH48 2UJ

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Receipts and Payment Account
For the year ended 31st December 2025

	Notes	Unrestricted Funds £	Restricted Funds £	Total 2025 £	Total 2024 £
Receipts					
Restricted Donations	3	-	40,015	40,015	18,097
Donations and Fundraising		5,328	-	5,328	10,773
Membership and subscriptions		6,779	-	6,779	6,468
Other Income		17,079	-	17,079	16,283
Total Receipts		<u>29,186</u>	<u>40,015</u>	<u>69,201</u>	<u>51,621</u>
Payments	5				
Charitable Activities		32,470	40,015	72,485	85,241
Governance Costs		50	-	50	150
		<u>32,520</u>	<u>40,015</u>	<u>72,535</u>	<u>85,391</u>
Payments Relating to Fixed Assets					
Purchase of Fixed Assets		-	-	-	-
Total Payments		<u>32,520</u>	<u>40,015</u>	<u>72,535</u>	<u>85,391</u>
Net Receipts/(Payments)		(3,334)	-	(3,334)	(33,770)
Surplus/(Deficit) for the year		<u>(3,334)</u>	<u>-</u>	<u>(3,334)</u>	<u>(33,770)</u>

The notes on pages 9 and 10 form part of these financial statements.

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Statement of Balances

As at 31st December 2025

Cash and Bank Balances	Unrestricted Funds £	Restricted Funds £	2025 £	2024 £
Cash at Bank at 31 December 2024	16,068	2,770	18,838	52,608
Surplus/(Deficit) for the Year	(3,334)	-	(3,334)	(33,770)
Cash at Bank at 31 December 2025	<u>12,734</u>	<u>2,770</u>	<u>15,504</u>	<u>18,838</u>
Bank Balance				
Current Account	<u>12,734</u>	<u>2,770</u>	<u>15,504</u>	<u>18,838</u>
Other Assets at Cost	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
Liabilities				
Independent Examiner's Fee	<u>50</u>	<u>-</u>	<u>50</u>	<u>50</u>

The notes on pages 9 and 10 form part of these financial statements.

The financial statements were approved by the Charity Trustees on 20th May 2026 and signed on their behalf by: -

Elaine McCallum
Treasurer

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Notes to the Accounts

1. Basis of Accounting

These accounts have been prepared on the Receipts and Payments basis in accordance with the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended).

2. Fund Accounting

Unrestricted funds are those available to use at the discretion of the Trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Restricted funds are those which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The various restricted funds of the charity are shown in Note 4.

3. Movement of Funds

	1st January 2025 £	Receipts £	Payments £	31st December 2025 £
Unrestricted Funds				
General Fund	16,068	29,186	(32,520)	12,734
	<u>16,068</u>	<u>29,186</u>	<u>(32,520)</u>	<u>12,734</u>
Restricted Funds				
Bendrigg Fund	-	40,015	(40,015)	-
Fishing Fund	2,770	-	-	2,770
Total Restricted Funds	<u>2,770</u>	<u>40,015</u>	<u>(40,015)</u>	<u>2,770</u>
Total Funds	<u>18,838</u>	<u>69,201</u>	<u>(72,535)</u>	<u>15,504</u>

No transfers were made between funds.

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Notes to the Accounts continued

4. Purpose of Funds

Bendrigg Fund: To fund a week long residential activity holiday for members and their families at the Bendrigg Trust, Kendal, Cumbria.

Fishing Fund: To fund fishing tutorial sessions for members in West Lothian.

5. Analysis of Payments

	Unrestricted Funds £	Restricted Funds £	Total 2025 £	Total 2024 £
Hall hire/equipment	4,307	-	4,307	2,775
Insurance	372	-	372	348
Outings/Events	4,404	-	4,404	3,109
Professional fees/licences	925	-	925	508
Sundry expenses	1,081	-	1,081	1,146
Bendrigg costs	13,489	40,015	53,504	67,693
Badaguish costs	7,892	-	7,892	8,932
Fishing costs	-	-	-	730
Independent Examiner's Fee	50	-	50	150
Total payments	<u>32,520</u>	<u>40,015</u>	<u>72,535</u>	<u>85,391</u>

6. Trustee Remuneration and Related Party Transactions

During the year no trustees received remuneration either for their work as trustees or for any work undertaken on behalf of the charity (2024: £nil).

During the year seven trustees received reimbursement of expenses of £3,688 (2024: £2,274).

No trustees or person related to a trustee had any personal interest in any contract or transaction entered into by the charity.