REGISTERED COMPANY NUMBER: CS006160 (Scotland)
REGISTERED CHARITY NUMBER: SCO52321

Report of the Trustees and

Unaudited Financial Statements

for the Year Ended 28 February 2026

for

Menopause Warriors Scotland, Scio

KPP Glasgow South Ltd
Chartered Certified Accountants
Unit 3 , 37 Rosyth Road
Morris Park
Glasgow
G5 0YE

Contents of the Financial Statements
for the Year Ended 28 February 2026

Menopause Warriors Scotland, Scio

Report of the Trustees
for the Year Ended 28 February 2026

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 28 February 2026. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

CS006160 (Scotland)

Registered Charity number

SCO52321

Registered office

962 Govan Road
Glasgow
Lanarkshire
G51 3AJ

Trustees

Ms J Dillon
Ms C Spalding
Mrs J V MacDuff
Ms H Barton
Ms A Thompson
Ms M Brooks

Company Secretary

Ms C Spalding

Independent Examiner

Brendan D McNulty FCCA
KPP Glasgow South Ltd
Chartered Certified Accountants
Unit 3 , 37 Rosyth Road
Morris Park
Glasgow
G5 0YE

Approved by order of the board of trustees on 16 June 2026 and signed on its behalf by:

J.V. MacDuff
J.V. MacDuff (Jun 17, 2026 10:15:25 GMT+1)

Mrs J V MacDuff - Trustee

Independent Examiner's Report to the Trustees of
Menopause Warriors Scotland, Scio

Independent examiner's report to the trustees of Menopause Warriors Scotland, Scio ('the Company')
I report to the charity trustees on my examination of the accounts of the Company for the year ended 28 February 2026.

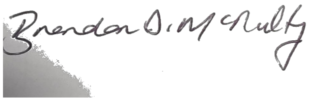
Responsibilities and basis of report
As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement
I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Brendan D McNulty FCCA
The Association of Chartered Certified Accountants

KPP Glasgow South Ltd
Chartered Certified Accountants
Unit 3 , 37 Rosyth Road
Morris Park
Glasgow
G5 0YE

16 June 2026

Statement of Financial Activities
for the Year Ended 28 February 2026

	Notes	Unrestricted fund £	Restricted fund £	28.2.26 Total funds £	28.2.25 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		10,779	25,000	35,779	34,936
EXPENDITURE ON					
Raising funds		-	14,309	14,309	-
Other		540	-	540	-
Total		540	14,309	14,849	-
NET INCOME		10,239	10,691	20,930	34,936
RECONCILIATION OF FUNDS					
Total funds brought forward		6,292	22,771	29,063	6,887
TOTAL FUNDS CARRIED FORWARD		16,531	33,462	49,993	41,823

The notes form part of these financial statements

Menopause Warriors Scotland, Scio

Balance Sheet
28 February 2026

	Notes	Unrestricted fund £	Restricted fund £	28.2.26 Total funds £	28.2.25 Total funds £
CURRENT ASSETS					
Cash at bank		8,036	25,962	33,998	29,063
NET CURRENT ASSETS		8,036	25,962	33,998	29,063
TOTAL ASSETS LESS CURRENT LIABILITIES		8,036	25,962	33,998	29,063
NET ASSETS		8,036	25,962	33,998	29,063
FUNDS	4				
Unrestricted funds				8,036	6,292
Restricted funds				25,962	22,771
TOTAL FUNDS				33,998	29,063

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 28 February 2026.

The members have not required the company to obtain an audit of its financial statements for the year ended 28 February 2026 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for
(a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
(b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 16 June 2026 and were signed on its behalf by:

J.V. MacDuff
J.V. MacDuff (Jun 17, 2026 10:15:25 GMT+1)

J V MacDuff - Trustee

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements
The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income
All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure
Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation
The charity is exempt from corporation tax on its charitable activities.

Fund accounting
Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. TRUSTEES' REMUNERATION AND BENEFITS

During the year ended 28 February 2026, one trustee received remuneration for services provided to the charity as an employee, working 2.5 days per week. This remuneration was paid in accordance with the charity’s governing document and applicable charity law.

No other trustees received remuneration or other benefits during the year ended 28 February 2026 nor for the year ended 28 February 2025.

Trustees' expenses

There were no trustees' expenses paid for the year ended 28 February 2026 nor for the year ended 28 February 2025.

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3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	8,935	26,001	34,936
EXPENDITURE ON			
NET INCOME	8,935	26,001	34,936
RECONCILIATION OF FUNDS			
Total funds brought forward	696	6,191	6,887
TOTAL FUNDS CARRIED FORWARD	9,631	32,192	41,823

4. MOVEMENT IN FUNDS

	At 1.3.25 £	Net movement in funds £	At 28.2.26 £
Unrestricted funds			
General fund	6,292	1,744	8,036
Restricted funds			
Restricted Funds	22,771	3,191	25,962
TOTAL FUNDS	29,063	4,935	33,998

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	10,779	(9,035)	1,744
Restricted funds			
Restricted Funds	25,000	(21,809)	3,191
TOTAL FUNDS	35,779	(30,844)	4,935

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4. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.3.24 £	Net movement in funds £	At 28.2.25 £
Unrestricted funds			
General fund	696	5,596	6,292
Restricted funds			
Restricted Funds	6,191	16,580	22,771
TOTAL FUNDS	6,887	22,176	29,063

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	8,935	(3,339)	5,596
Restricted funds			
Restricted Funds	26,001	(9,421)	16,580
TOTAL FUNDS	34,936	(12,760)	22,176

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.3.24 £	Net movement in funds £	At 28.2.26 £
Unrestricted funds			
General fund	696	7,340	8,036
Restricted funds			
Restricted Funds	6,191	19,771	25,962
TOTAL FUNDS	6,887	27,111	33,998

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4. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	19,714	(12,374)	7,340
Restricted funds			
Restricted Funds	51,001	(31,230)	19,771
TOTAL FUNDS	70,715	(43,604)	27,111

5. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 28 February 2026.

Detailed Statement of Financial Activities
for the Year Ended 28 February 2026

	28.2.26	28.2.25
	£	£
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	3,279	518
Gift aid	-	418
Grants & Funding	32,500	34,000
	35,779	34,936
Total incoming resources	35,779	34,936
EXPENDITURE		
Other trading activities		
Wages	14,309	-
Charitable activities		
Insurance	652	642
Computer Subscription	552	557
Laptops, printer & accessories	1,782	867
Room Hire	7,833	7,350
Banners, Hoodies & Printing	1,701	1,496
Petrol, Parking & Transport Co sts	932	610
Refreshments	1,067	522
Training	1,390	536
Membership - Local Giving	86	180
	15,995	12,760
Support costs		
Governance costs		
Accountancy and legal fees	540	-
Total resources expended	30,844	12,760
Net income	4,935	22,176

This page does not form part of the statutory financial statements

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Final Audit Report 2026-06-17

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