



**Lochlan's
Legacy**

Trustees' Annual Report

2024/25

Charity Report

Reference and Administrative Information

Information	Details
Charity name	Lochlan's Legacy SCIO
Scottish charity number	SC050543
Reporting period	2024/25
Principal office	Mossback Farm, Cairn Rd Cumnock. KA18 1SL
Website	www.lochlanslegacy.org.uk

Trustees During the Year

- Lochlan Murdoch – Founder
- Lesley Murdoch – Charity Manager
- Scott Murdoch – Chair Person
- Shona Shankland – Trustee
- Irene Milligan – Secretary
- Gemma Milligan – Treasurer
- Holly Duffy – Trustee

Structure, Governance and Management

Constitution

Lochlan's Legacy is a Scottish Charitable Incorporated Organisation (SCIO) regulated by the Office of the Scottish Charity Regulator (OSCR). The charity operates under its adopted Constitution, which sets out the charitable purposes, governance arrangements, powers of the Trustees and procedures for the management of the organisation.

The Constitution is reviewed regularly to ensure it remains fit for purpose and compliant with current charity legislation and recognised good practice. During the Annual General Meeting, the Constitution was formally reviewed by the Trustees and members and was readopted without amendment, confirming that it continues to provide an effective framework for the governance of the charity.

Trustee Recruitment and Appointment

The Board of Trustees is responsible for ensuring that it has the appropriate skills, knowledge and experience to effectively govern the charity and fulfil its legal duties.

Trustees' Annual Report 2024/25

Trustees are recruited through an open and transparent process, drawing on expressions of interest, recommendations from existing partners and volunteers, and targeted recruitment where specific skills are required. In selecting new Trustees, the Board seeks to achieve a balanced mix of professional expertise, lived experience of Type 1 Diabetes, governance knowledge and community representation.

All prospective Trustees receive information about the charity's aims, governing document and legal responsibilities before appointment. New Trustees are formally appointed in accordance with the Constitution and are provided with an induction to familiarise them with the charity's operations, policies, finances and governance arrangements.

During the reporting period, the charity also strengthened its governance by appointing Non-Executive Directors to provide additional strategic advice and specialist expertise, supporting the Trustees in achieving the charity's long-term objectives.

The Trustees meet regularly throughout the year to oversee the strategic direction, financial management, risk management and operational performance of Lochlan's Legacy, ensuring that all decisions are made in the best interests of the charity and its beneficiaries.

Trustee Changes.

Irene Milligan stepped down at AGM from her role. Gemma Milligan will now undertake role of Secretary and Shona Shankland as Treasurer. 2 additional Trustees were added at AGM. Lorna Smith and Alan Kerr.

Charitable Purposes

Lochlan's Legacy exists to improve the lives of children and young people living with Type 1 Diabetes throughout Scotland. The charity aims to raise awareness, reduce stigma, increase understanding and create opportunities for young people and families to feel supported, included and empowered.

- Raise awareness and understanding of Type 1 Diabetes.
- Reduce stigma and improve inclusion in schools, sport and communities.
- Support children, young people and families living with Type 1 Diabetes.
- Improve knowledge among schools, sports clubs and community organisations.
- Encourage volunteering, youth leadership and lived-experience advocacy.
- Promote positive mental wellbeing, confidence and resilience.
- Work collaboratively with healthcare professionals and partner organisations.

Trustees' Annual Report

Once again, the Trustees are honoured to share the accomplishments of Lochlan's Legacy since the last Annual General Meeting. This year has been a period of significant growth, strengthened partnerships and continued impact across Ayrshire and beyond.

Programme Delivery Overview

The table below summaries the number of attendees across the CPD Course, School Programme and TID and Me sessions during the reporting period.

Establishment	Delivered By	CPD Course	School Programme	TID and Me
Kilmarnock Community Trust	L. Murdoch	4	–	–
New Cumnock Guild	–	20	–	–
Cumnock Juniors Community Enterprise	–	16	–	–
Loudoun Academy	–	20	–	–
Logan Primary School	–	–	204	–
Lochnorris Primary School	–	–	567	–
Galston Primary School	–	–	503	–
St Columbkille's Primary School	–	–	30	–
Carrick Academy	–	–	50	–
Newmilns Primary School	–	–	187	–
Cumnock Town Hall	–	–	–	200
CAyrFest	–	–	–	500
NHS	–	–	–	200
Football Fun Fest	–	–	–	100

Programme Updates

CPD Accredited Basic Awareness Course

Lochlan's Legacy has built strong connections this year through delivery of the CPD Accredited Type 1 Diabetes Basic Awareness Course. The charity has also engaged with local MPs to highlight that many discussions currently taking place in Westminster are already being actioned here in Scotland.

Feedback on this programme remains extremely positive, and the Trustees are actively seeking funding to ensure its continuity and future expansion.

School Programme

The School Programme continues to expand across multiple local authorities, as demonstrated by the participation numbers above. This remains a top priority for future funding applications, although the charity has not yet been successful in securing dedicated support for this strand.

Feedback from schools and pupils is consistently excellent, and young people particularly enjoy meet-and-greet sessions with Lochlan when these can be arranged.

T1D and Me – Giving Youth a Voice

The T1D and Me Youth Group continues to make a meaningful impact, supporting young people to use their lived experience, develop confidence and contribute to positive change.

- Several members attended the VASA Awards, receiving 50-hour and 100-hour volunteering certificates.
- Lochlan participated in a Q&A session as a past Summit Award recipient.
- The group were finalists at the East Ayrshire Youth Awards.
- The highlight of the year was Football Fun Fest 2024 at Townhead Park, Cumnock, made possible through the hard work of youth volunteers.

Media and Public Engagement

Filming and Media

Lochlan and Lesley have worked with Now Ayrshire TV, Ayrshire Live and BBC News to help raise awareness of Type 1 Diabetes and the work of Lochlan's Legacy.

VASA, TACT and Volunteer Recruitment

Through partnerships with Volunteer Association South Ayrshire (VASA) and TACT, the charity has recruited new volunteers and attended local volunteer drives. At CAyrFest, held in Ayr Town Hall with over 500 attendees, the charity maximised the opportunity to raise awareness of its work.

EACVO

The charity continues to attend Third Sector events through EACVO and has been invited to share its experiences with other organisations. These events have been highly informative and valuable for networking.

Diabetes Cross-Party Working Group

Involvement in the Diabetes Cross-Party Working Group remains strong. Representatives attended the Scottish Parliament on Wednesday 12 November as part of World Diabetes Day, providing an excellent opportunity to connect with stakeholders and advocates.

iDrive

Lesley, Holly, Lochlan and Josh attended iDrive, hosted by Ayrshire Road Alliance, delivering important information on Type 1 Diabetes and driving. The day was extremely positive and impactful.

Collaborations and Special Projects

Omnipod Collaboration

The charity was honoured to be invited to London to contribute lived-experience insights for the Omnipod and Marvel launch introducing the new Marvel hero, Diasonic. The charity was also selected as the Scottish voice of Omnipod, taking part in a full day of filming in Edinburgh.

Ian Duncan Racing

Lochlan's Legacy was once again proud to be a Charity Partner at the Ian Duncan Race Day.

NHS Collaboration

Collaboration with NHS teams in Girvan, Ayr and Kilmarnock continues to strengthen. The charity attended patient events, steering group meetings and lived-experience sessions with Lochlan. The Trustees expect this partnership to grow further in the coming year.

Primary Care – Obesity and Diabetes Seminar

Lesley and Holly attended this event at the DoubleTree by Hilton, Glasgow. Lochlan's Legacy was the only charity represented, providing an excellent opportunity to showcase the organisation and its lived-experience approach.

Ayrshire Chamber of Commerce

Joining Ayrshire Chamber has proven to be a positive step for the charity, with active engagement in the opportunities and support they provide.

Events

Shine A Light Ball

The first Lochlan's Legacy charity ball was a tremendous success, despite needing to downsize from the original plans. The event raised over £3,300 before associated costs, resulting in a surplus and provided valuable learning for future events.

- Special thanks to Elliot, Scott, Nicole and Evan for entertainment.
- Thanks to The Park Hotel for hosting the event.
- Thanks to Alan Kerr for technical support.

Awards and Recognition

This year brought exceptional achievements and recognition for Lochlan, the Youth Group and the wider work of Lochlan's Legacy.

- Lochlan received The Diana Award.
- Lochlan was named a BBC Make a Difference – Active Award Finalist.
- The East Ayrshire Youth Awards recognised both group and individual achievements through finalist nominations.

Social Media

The charity's social media presence continues to grow through campaigns such as the Christmas Campaign, Diabetes Awareness Month and regular updates from the youth group, programmes and events.

Funding and Support

Funding applications submitted or engaged with this year included Scottish Children's Charity, Pride of Britain, Sported Lottery, Peter Harrison Foundation and National Lottery. The charity was delighted to receive approval for a three-year National Lottery application, alongside numerous donations received across the year.

Brad Lyons – Player Sponsor

Lochlan's Legacy was delighted to sponsor Brad Lyons once again this year and thanks him for his continued support.

Board Development

The charity has added Non-Executive Directors to the Board of Trustees, strengthening leadership, governance and strategic oversight. Trustees extend sincere thanks to all Board members for their continued commitment and guidance.

Financial Review

The Trustees are responsible for ensuring that the charity's finances are managed responsibly and that appropriate financial controls are in place to safeguard charitable funds.

During the financial year, Lochlan's Legacy continued to receive income through grants, donations, fundraising events, corporate partnerships and community fundraising activities. These funds enabled the charity to continue delivering its charitable activities while investing in future growth and sustainability.

Financial Performance

To be completed by the Treasurer.

Area	Treasurer Information
Total income	£42,431
Main sources of income	Grants / Donations / Fundraising Events / Corporate Support / Other Income
Total expenditure	£28,812
Year-end surplus	£13,620

Expenditure

Expenditure was incurred in support of the charity's charitable purposes, including programme delivery, staff costs, volunteer expenses, educational resources, events and fundraising, governance and administration, and public awareness activities.

Investment Policy

As a small charitable organisation, Lochlan's Legacy does not currently hold any investments. Surplus funds are held in bank accounts to ensure liquidity and financial stability.

Risk Management

The Trustees regularly review the financial risks facing the charity and have appropriate financial procedures and controls in place. Budgets are monitored throughout the year, and financial reports are reviewed at Trustee meetings to ensure the charity remains financially sustainable.

Future Plans

The Trustees remain committed to building on the charity's achievements and continuing to improve the lives of children, young people and families living with Type 1 Diabetes across Scotland. Over the coming year, Lochlan's Legacy will focus on strengthening existing programmes while developing new initiatives that respond to the needs of beneficiaries.

Expanding Our Educational Programmes

- Increase delivery of the CPD Accredited Type 1 Diabetes Basic Awareness Course to schools, sports clubs, community organisations and employers across Scotland.
- Continue to develop and expand the School Programme, reaching more primary and secondary schools and promoting greater awareness and understanding of Type 1 Diabetes.
- Secure additional funding to ensure the long-term sustainability of both education programmes.

Growing Youth Engagement

- Continue to develop T1D and Me – Giving Youth a Voice, providing more opportunities for young people to influence services, share lived experience and develop leadership skills.
- Recruit and support additional youth volunteers, encouraging participation through the Saltire Awards and other recognised volunteering programmes.
- Create more opportunities for peer support and social connection for young people living with Type 1 Diabetes.

Expanding National Programmes

- Deliver T1D Sport Matters, a Scotland-wide programme funded through National Lottery Awards for All, bringing Commonwealth Games-inspired family events to communities across Scotland. These events will encourage participation in sport, improve confidence, reduce barriers to physical activity and strengthen peer support for young people living with Type 1 Diabetes.
- Expand the T1D Inspirational Athletes Programme, increasing the number of athlete ambassadors from a wider range of sports who can inspire children and young people living with Type 1 Diabetes through positive role modelling, mentoring and community engagement.

Organisational Growth

- Recruit an additional employee to increase organisational capacity, enabling the charity to expand programme delivery, strengthen volunteer support, develop new partnerships and respond to growing demand for services across Scotland.
- Continue to invest in volunteer recruitment, training and development to ensure volunteers remain at the heart of the organisation.

Strengthening Partnerships

- Continue to build strong relationships with NHS services, schools, local authorities, sports governing bodies, third sector organisations, Diabetes Scotland and corporate partners.
- Develop further collaborative working to improve awareness, education and support for people living with Type 1 Diabetes throughout Scotland.

Financial Sustainability

- Secure additional grant funding, corporate sponsorship and community fundraising opportunities to support the charity's continued growth.
- Diversify income streams to ensure the long-term financial sustainability of the organisation.
- Continue to develop fundraising events and campaigns that engage supporters while raising awareness of the charity's work.

Governance and Organisational Development

- Continue to strengthen the Board of Trustees through ongoing recruitment, training and succession planning.
- Further develop policies, procedures and governance arrangements in line with OSCR guidance and recognised good practice.
- Continue to strengthen the charity's operational infrastructure to support sustainable growth as a national organisation.

Raising Awareness

- Continue to use media, social media, public speaking opportunities and community events to increase understanding of Type 1 Diabetes and reduce stigma.
- Ensure the voices and lived experiences of children, young people and families remain at the heart of all programmes, campaigns and future developments.

The Trustees are excited about the opportunities ahead and remain committed to ensuring that Lochlan's Legacy continues to make a meaningful difference to the lives of children, young people and families living with Type 1 Diabetes throughout Scotland.

Conclusion

As demonstrated throughout this report, Lochlan's Legacy has continued to grow from strength to strength. The charity's reach, partnerships, youth engagement and community impact have expanded significantly, and the Trustees look forward with determination and optimism to the year ahead.

The Trustees would like to thank every volunteer, supporter, donor, partner organisation, healthcare professional, school, family and young person who has supported Lochlan's Legacy during another remarkable year.

Together, we will continue to build a Scotland where every young person living with Type 1 Diabetes can thrive.

Approval

Approved by the Board of Trustees on:

Signed on behalf of the Trustees

Chairperson: Scott Murdoch

Signature: *Scott Murdoch*

Date: 30/07/2026