REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31st MARCH 2024

The Trustees present their report with the financial statements of the charity for the year ended 31st March 2024

The Board of Trustees are satisfied that the charity continues to operate resourcefully and consider the charity to be on a sound footing to maintain and continue its activities in furtherance of its objectives.

The Charity received £28500 for its core budget from West Lothian Council for 2023/2024.

Purpose and Objectives

Uplifting Community, Empowering All Young People

Our organization aims to be a practical pillar of support for every member of our community, embracing diversity in all its forms.

We believe in working hand-in-hand with partners to provide vital relief from hardship and springboards for growth.

Together, we strive to uplift through:

- Relief services that deliver necessities with compassion
- Educational initiatives that empower progress
- Recreational programs that nourish joy and connection
- Inclusive spaces that welcome all identities and experiences

At our core, we understand every person has inherent worth and potential. Our mission is to foster an empowered, united community where all can thrive through access, understanding, and care.

Reserves and Reserves Policy

The trustees have a formal policy on reserves. They consider that having 6 months reserves is a sufficient requirement to meet future demands of its core activity and future contingencies.

Risk Management

The Trustees have a duty to identify and review risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error

Completed and ongoing work

This year 2023-2024we said goodbye to our ManagerTom Heron who has led and grown the charity for the last 15 years. Our new manager Emmie Main took over the role after the summer program in August. All youth groups are running to capacity. Some areas of our work have proved to be invaluable to our community,

The Food Outlet

Twice a week, our doors open to provide good quality food for hundreds in our community. On Tuesdays and Thursdays from 12-3 pm, we offer help to anyone seeking relief from empty cupboards.

Thanks to the generosity of our partners, we provide many types of food. All customers can shop with dignity, finding everything from fresh produce to pantry staples. Those unable to pay are still welcomed with open arms, no one should go hungry. Our volunteers offer friendly guidance to all who visit.

While more than 50 people may come through our doors each day we're open, they often shop for 4 more back home. In this way, we're able to help feed over 250 people daily.

Behind each number is a story. The single mother struggling to make ends meet. The elderly couple deciding between food or heating. The family just trying to get back on their feet. At our outlet, judgment is left at the door. Everyone is given a hand up, not a hand out.

As needs in the community grow, so do our services. We' have financial advisors, Fuel Bank Vouchers and The School Bank to provide additional resources.

The Bicycle Lending Library

At our one-of-a-kind Bicycle Lending Library, wheels keep turning thanks to ongoing funding and a team driven to deliver access to all.

With a fleet maintained by our knowledgeable volunteers, we have bikes of all sizes ready to ride. Simply join our library, choose your ride, and explore what our community has to offer. Our services make cycling accessible, enjoyable, and safe:

- Borrow a bike for a day
- Free helmets provided for safety on the road
- Monthly group rides led by experienced cyclists
- Ongoing bicycle maintenance and repair education
- Volunteer opportunities for hands-on bicycle mechanic training

Cycling is more than just transportation – it's a path to health, empowerment, and environmental good. With every mile pedalled, we build connections and strengthen our community from the ground up.

Youth Forum

Our Youth Forum is shifting into high gear thanks to the passion and participation of local youth ages 10-18. By creating a consistent space for young people to gather, learn, and be heard, the Forum is driving positive change from within.

Each week, vibrant discussions ensue as youth dive into issues important to them and their community. From mental health to financial literacy to oral hygiene, interactive workshops empower attendees to take charge of their wellbeing.

The Forum also uplifts youth voices by inviting policymakers, community leaders, and experts to listen and respond to the group's ideas, questions, and calls to action. This inside access gives young people agency over matters directly impacting their lives.

With membership holding steady, the Forum moves forward with momentum.

When young people are heard, understood, and equipped with knowledge, their potential is limitless. By investing in spaces like the Youth Forum, we secure a brighter future fuelled by the energy of youth.

Community Garden

With 23 growing beds brimming with fresh produce, our garden offers community members a quiet place in Knightsridge. While tending their plants, stresses and anxieties give way to the restorative power of digging in the dirt.

Thanks to new funding, we're now expanding our garden programming to further nourish our community. Weekly "life skills" classes will meet in the garden, teaching the young people the joys of growing your own food. We'll share the bounty of fresh vegetables and herbs with those in need.

For so many, our garden became a lifeline. As we continue moving forward with hope, this space will only bloom bigger. We can cultivate a lasting resource.

Volunteers

We have much to celebrate thanks to our incredible volunteers who uplift and sustain our youth programs. Their selfless efforts are the heartbeat of all we do.

At our food outlet, volunteers generously give their time to sort donations, set up the shop, and lend a hand to those in need. In our community garden, they get their hands dirty

tending beds and nurturing life. And in our youth clubs, adult and youth volunteers alike devote themselves to mentoring the next generation.

Without our volunteers, spaces like the food outlet and garden would not exist. Our youth would not have the guidance they depend on. There would be more empty plates and lonely days. That's why we must recognise and appreciate our volunteers as the backbone of community.

Outreach Project

Meeting Youth Where They Are: The Outreach Project

By stepping into the streets and gathering spaces of our youth, our Outreach Project is fostering life-changing connections. Thanks to our partnership with W.L.C and Livingston Designer Outlet, we've expanded the reach of this impactful program.

Our dedicated staff ventures out to meet young people on their own terms, building trust through active listening and open dialogue. On these visits, they provide essential support:

- Healthy snacks and drinks to fuel busy days
- Condoms, sanitary products, and other essentials
- Referrals to services
- Non-judgmental conversations about anything on their minds

With compassion and consistency, we chip away at barriers that isolate youth from assistance and community. The Outreach Project plants seeds - a kind word, a sausage roll, a brochure - that blossom into greater stability down the road

General and thematic work

Our youth groups are blossoming together again through our Friday Club, Girls Group, and Boys Club. We now meet both outdoors and indoors, providing a blend of fresh air, activity, and shelter.

Outdoors in the park, there is joyful play and deep connection. Indoors in our community centre, lively discussions and crafts spark creativity.

By moving fluidly between spaces, we accommodate changing needs and seasons. On pleasant days, we play lively games on the grass and chat under the sun. On wet afternoons, we head inside for a game of pool, a board game, or do some crafts.

This flexible approach nurtures growth.

They appreciate the consistency we provide amidst uncertainty. Our mentors initiate open talks about navigating life's current challenges. They remind youth that inner resilience can conquer outer turmoil.

Knightsridge Adventure Project

	£	£
Income & Expenditure		
For the Year Ended 31st March 2024		
	Restricted	Unrestricted
Incoming Resources		
medining nesources		
West Lathian Council Care Funding		36463
West Lothian Council Core Funding Income from Summer Clubs	5000	30403
	5000	77622
Food Outlet Development		77622
Job Retention Scheme		
Income from October Holiday Period		
Inclusive Playground		
Other Income	8835	5100
Cashback Project	102	
Income Cycling Project	500	
Councillors Disbursement Fund		
Community Garden Grant	432	
Mini Bus Hire Income		
Outreach and Youth Forum Scheme	8305	
Lottery Dormant Accounts Scheme		
Go Fund me donations		
Donations		232
Health Initiatives		252
Health initiatives		
Total Income	23174	119417
Total Income	23174	119417
	23174	119417
Resources Expended	23174	
Resources Expended Staff Salaries (Admin)	23174	119417 56420
Resources Expended Staff Salaries (Admin) Staff Employer's NIC	23174	56420
Resources Expended Staff Salaries (Admin) Staff Employer's NIC Pension Contribution	23174	56420 15659
Resources Expended Staff Salaries (Admin) Staff Employer's NIC Pension Contribution Events and Activities	23174	56420 15659 1666
Resources Expended Staff Salaries (Admin) Staff Employer's NIC Pension Contribution Events and Activities Girls Group and Volunteers	23174	56420 15659 1666 1125
Resources Expended Staff Salaries (Admin) Staff Employer's NIC Pension Contribution Events and Activities Girls Group and Volunteers Food Oulet	23174	56420 15659 1666 1125 47591
Resources Expended Staff Salaries (Admin) Staff Employer's NIC Pension Contribution Events and Activities Girls Group and Volunteers Food Oulet Healthy Living & Initiatives	23174	56420 15659 1666 1125
Resources Expended Staff Salaries (Admin) Staff Employer's NIC Pension Contribution Events and Activities Girls Group and Volunteers Food Oulet Healthy Living & Initiatives Cashback	23174	56420 15659 1666 1125 47591 3061
Resources Expended Staff Salaries (Admin) Staff Employer's NIC Pension Contribution Events and Activities Girls Group and Volunteers Food Oulet Healthy Living & Initiatives	23174	56420 15659 1666 1125 47591
Resources Expended Staff Salaries (Admin) Staff Employer's NIC Pension Contribution Events and Activities Girls Group and Volunteers Food Oulet Healthy Living & Initiatives Cashback	23174 4023	56420 15659 1666 1125 47591 3061
Resources Expended Staff Salaries (Admin) Staff Employer's NIC Pension Contribution Events and Activities Girls Group and Volunteers Food Oulet Healthy Living & Initiatives Cashback Office Costs		56420 15659 1666 1125 47591 3061
Resources Expended Staff Salaries (Admin) Staff Employer's NIC Pension Contribution Events and Activities Girls Group and Volunteers Food Oulet Healthy Living & Initiatives Cashback Office Costs Community Garden Project		56420 15659 1666 1125 47591 3061
Resources Expended Staff Salaries (Admin) Staff Employer's NIC Pension Contribution Events and Activities Girls Group and Volunteers Food Oulet Healthy Living & Initiatives Cashback Office Costs Community Garden Project KSAG		56420 15659 1666 1125 47591 3061
Resources Expended Staff Salaries (Admin) Staff Employer's NIC Pension Contribution Events and Activities Girls Group and Volunteers Food Oulet Healthy Living & Initiatives Cashback Office Costs Community Garden Project KSAG Cleaning Repairs		56420 15659 1666 1125 47591 3061 1734
Resources Expended Staff Salaries (Admin) Staff Employer's NIC Pension Contribution Events and Activities Girls Group and Volunteers Food Oulet Healthy Living & Initiatives Cashback Office Costs Community Garden Project KSAG Cleaning Repairs Printing and Stationery		56420 15659 1666 1125 47591 3061 1734
Resources Expended Staff Salaries (Admin) Staff Employer's NIC Pension Contribution Events and Activities Girls Group and Volunteers Food Oulet Healthy Living & Initiatives Cashback Office Costs Community Garden Project KSAG Cleaning Repairs		56420 15659 1666 1125 47591 3061 1734
Resources Expended Staff Salaries (Admin) Staff Employer's NIC Pension Contribution Events and Activities Girls Group and Volunteers Food Oulet Healthy Living & Initiatives Cashback Office Costs Community Garden Project KSAG Cleaning Repairs Printing and Stationery Cycle Project Software	4023	56420 15659 1666 1125 47591 3061 1734
Resources Expended Staff Salaries (Admin) Staff Employer's NIC Pension Contribution Events and Activities Girls Group and Volunteers Food Oulet Healthy Living & Initiatives Cashback Office Costs Community Garden Project KSAG Cleaning Repairs Printing and Stationery Cycle Project Software Outreach and Youth Forum Scheme		56420 15659 1666 1125 47591 3061 1734 485 115 243
Resources Expended Staff Salaries (Admin) Staff Employer's NIC Pension Contribution Events and Activities Girls Group and Volunteers Food Oulet Healthy Living & Initiatives Cashback Office Costs Community Garden Project KSAG Cleaning Repairs Printing and Stationery Cycle Project Software Outreach and Youth Forum Scheme Insurance	4023	56420 15659 1666 1125 47591 3061 1734 485 115 243
Resources Expended Staff Salaries (Admin) Staff Employer's NIC Pension Contribution Events and Activities Girls Group and Volunteers Food Oulet Healthy Living & Initiatives Cashback Office Costs Community Garden Project KSAG Cleaning Repairs Printing and Stationery Cycle Project Software Outreach and Youth Forum Scheme	4023	56420 15659 1666 1125 47591 3061 1734 485 115 243

£

£

Vehicle Insurance Equipment Purchases

Accountant's Fees		2012
Total	19173	135296
Net Income Expenditure for the year	4001	-15879
Reserves Brought Forward	-623	206984
Total Funds Carried Forward	3378	191105

£

2024	2023	
Total	Total	
		CURRENT ASSETS
		Current A/c
		Bank of Scotland
26462	24050	Petty Cash
36463	31850	
5000 77622	10150 44581	
77022	44361	Total Current Assets:
		Total Cultent Assets.
		less Current Liabilities
13935	62	Pension Creditor
102		PAYE/NI
500	11500	Accruals
432	3080	
0	90	
8305	13185	
		Net Current Assets
232	2560	TOTAL ASSETS:
0	100	Represented by
142591	117158	Funds
		Opening Balance Restricted
56420	44104	Opening Balance Unrestricted
50420	44184	
15659	870	
1666	859	Surplus / Deficit in the Year -Restr
1125	18	Surplus /Deficit in the Year - Unres
47591	15526	
3061	8066	Total Surplus/ Deficit in the Year
1734	1866	
4023	3437	Table of Barbard
405	1.4	Total Funds Restricted
485 115	14 30	Total Funds Unrestricted
243	50	
0	14216	
O .	14210	Signed Julie Henderson
15150		Trustee
939	265	
743		
3503	679	

2012	2187
154469	111627
-11878	5531
206361	200830
194483	206361

/larch 2024 2024	2023
180903 20045 15	210273 2781 498
200963	213552
186 512 5782	24 880 6017
6480	6921
194483	206631
-623 206984	8675 192155
	200830
4001	-9298
-15879	14829
-11878	5531
3378 191105	-623 206984
194483	206361

KNIGHTSRIDGE ADVENTURE PROJECT INDEPENDENT EXAMINERS REPORT FOR THE YEAR ENDED 31st MARCH 2024

Charity No SCO 51959

Respective responsibilities of trustees and independent examiner.

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10 (1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44 (1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of independent examiner's statement.

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and, consequently, I do not express an audit opinion on the accounts.

Independent examiner's statement.

In the course of my examination, no matter has come to my attention

1 which gives me reasonable cause to believe that in any material respect the requirements;

- to keep accounting records in accordance with section 44 (1) (a) of the 2005 Act and comply with Regulation 4 of the 2006 Accounts Regulations and;
- -to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations have not been met or

2 to which in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Willow Book-keeping Accounting & Payroll Services 26 Ashley Gardens Edinburgh EH 11 1RW

Date 18/09/2024