KINTYRE LINK CLUB

ANNUAL REPORT & RECEIPTS AND PAYMENTS ACCOUNTS

Financial year ended 31 March 2026

Registered Scottish Charity No.: SC028913

Kintyre Link Club, Stewart Road, Campbeltown, PA28 6AT

Reference and charity details

Detail	
Charity name	Kintyre Link Club
Registered charity number	SC028913
Financial year covered	1 April 2025 to 31 March 2026
Accounting basis	Receipts and Payments
Prepared by / date	19th October 2026
Approved by the trustees on	29rd October 2026

Trustees' annual report

The Kintyre Link Club provides a welcoming and supportive environment for individuals with lived experience of poor mental health. Throughout the year, the club delivered activities including creative writing, swimming sessions, mindfulness, arts and crafts and healthy lunches to reduce isolation and promote wellbeing. This report summarises our key activities, outcomes, and financial performance for the year.

Achievements and Performance: During 2025–2026, Kintyre Link Club continued to provide a welcoming, supportive environment for adults experiencing poor mental health, helping to reduce social isolation, build friendships and promote recovery and wellbeing.

Highlights throughout the year included regular swimming sessions, sound baths, a group trip to Oban and participation in a Gaelic music workshop. These activities provided opportunities for members to try new experiences, build confidence, improve wellbeing and strengthen friendships.

The Club also welcomed representatives from TSI and the Community Mental Health Team, helping to strengthen partnership working and maintain connections with local services. A particularly exciting development was the start of the CHARTS project, creating opportunities for members to engage with local heritage, culture and creative activities.

Through its varied program of activities and continued partnership working, Kintyre Link Club remains an important community resource, offering peer support, a sense of belonging and meaningful opportunities for people experiencing mental ill health. The Club continues to play a valuable role in tackling loneliness and isolation and supporting members to lead fuller, more connected lives.

Feedback from members highlighted improved self-esteem, stronger social connections, and a renewed sense of purpose.

Volunteer involvement increased this year, reflecting the club's growing community presence and impact.

Financial Review:

Total income for the year was **£51,098**, made up of grants, donations, and fundraising.

- Restricted income of £11,100 was received from CCWT, Argyll & Bute Council, MACC and the Corra Foundation to support the specific purposes for which each grant was awarded.

- Unrestricted income of £39,998 included grants from the Robertson Trust (£6,000) and the CMHW Fund (£10,000), alongside other unrestricted grants, local fundraising and donations. This funding supported the Club's running costs, including staff wages and premises costs.

Expenditure totalled £39,852.97, with the main costs being staff wages, activities and materials, and rent and administration.

- Future Plans: Looking ahead, the club aims to expand its reach within the community by: Introducing new peer-led sessions and creative workshops based on member feedback.

- Strengthening links with local organisations and health partners to enhance support pathways.

- Seeking new funding streams to maintain our five-day service build on our successes.

- Continuing to promote mental health awareness and inclusion across the Kintyre area.

Our focus remains on creating connections, supporting recovery, and building resilience for those affected by mental ill health.

Trustees: Ellie Woodburn (chairperson), Joanna McMillan (vice chair), Corrine Russell (secretary) Tracy Chambers (treasurer) Eileen Graham, Mathew Steele.

Receipts and payments account

Receipts (income)

Income category	2025/26	2024/25
Donations and fundraising	£3,998.00	£2,592
Grants – unrestricted	£36,000.00	£3,900
Grants – restricted	£11,100.00	£30,500
Other	£0.00	£638
TOTAL RECEIPTS	**£51,098.00**	**£37,630**

Payments (expenditure)

Expenditure category	2025/26	2024/25
Staff wages	£25,759.44	£29,249
Activities, materials and member support	£6,841.47	£8,002
Rent and admin	£7,252.06	£8,468
TOTAL EXPENDITURE	**£39,852.97**	**£45,719**

Statement of Balances

Statement of Balance	Unrestricted	Restricted	Total
Opening cash balance	£1,199.73	£4,581.00	£5,780.73
Income received	£39,998.00	£11,100.00	£51,098.00
Expenditure paid	£24,171.97	£15,681.00	£39,852.97
Surplus/(deficit) for year	£15,826.03	(£4,581.00)	£11,245.03
Closing cash balance	**£17,025.76**	**£0.00**	**£17,025.76**

5. Notes to the accounts – Restricted funds

All restricted funding brought forward and received during the year was fully spent on eligible costs in accordance with the relevant funding purposes. The opening restricted balance of £4,581 was used during the year. The grants received and spent during 2025/26 were:

Fund / grant	Balance at start	Received	Spent	Balance at end
Opening restricted funds brought forward	£4,581.00	—	£4,581.00	£0.00
CCWT	£0.00	£4,000.00	£4,000.00	£0.00
Argyll & Bute Council (ABC)	£0.00	£1,500.00	£1,500.00	£0.00
MACC	£0.00	£2,600.00	£2,600.00	£0.00
Corra Foundation	£0.00	£3,000.00	£3,000.00	£0.00
TOTAL	**£4,581.00**	**£11,100.00**	**£15,681.00**	**£0.00**

Reserves

On 31 March 2026, the Club held cash funds of £17,025.76. On the basis that all restricted funds had been spent on eligible purposes, the closing balance was unrestricted. The trustees recognise the importance of maintaining sufficient reserves to support ongoing operations, meet commitments and help manage unexpected costs or interruptions to funding. The trustees will monitor the charity's financial position and review its reserves policy regularly. Any outstanding bills or commitments should be considered when assessing the amount of freely available reserves.

6. Trustee approval

The trustees confirm that they have considered and approved the Annual Report and Receipts and Payments Accounts for the financial year ended 31 March 2026.

Name: Ellie Woodburn

Role: Chair

Signature: Ellie Woodburn

Date: 29th Oct 2026

7. Independent Examiner's report

Independent Examiner's report to be completed and signed by the independent examiner after their examination of the accounts.

Name of Examiner: Alan Stephens

Professional status or qualification: Independent Examiner

Signature: A N Stephens

Date: 3rd Nov 2026