



Horizons Recovery Café SCIO

Scottish Charity No. SC052508

Report and Financial Statements

For the year ended 31 March 2026

APPENDIX 1

OSCR

Scottish Charity Regulator

Office of the Scottish Charity Regulator

Trustees' Annual Report for the period							
Period start date				Period end date			
From	Day	Month	Year	To	Day	Month	Year
	01	April	2025		31	March	2026

Reference and administration details

Charity name
Other names charity is known by
Registered charity number
Charity's principal address

Horizons Recovery Café SCIO
SC052508
c/o MELD
11, St Andrews Street
Dalkeith
Midlothian
Postcode EH22 1AL

Names of the charity trustees on date of approval of Trustees' Annual Report

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Margot Russell	Chair and Publicity Director		
2	Alan Campbell	Finance Director		
3	Eric Campbell	Without Portfolio	Appointed 3 December 2025	
4				
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12				
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15				
16				
17				
18				
19				

Reference and administration details

Names of all other charity trustees during the period, if any, (for example, those who resigned part way through the financial period)

Name	Dates acted if not for whole year
Laura Stacey	Resigned 6 July 2025
Shelby Noonan	Appointed 3 September 2025, resigned 12 December 2025
Andy Johnson	Appointed 3 September 2025, resigned 12 December 2025
Josh Andrews	Resigned 12 February 2026

Structure, governance and management

Type of governing document	SCIO Constitution. Governed by a board of trustees.
Trustee recruitment and appointment	Trustees are identified by recommendation, via association with the café or advertised via facebook page and appointed either by members' vote at AGM or co-opted by Board of Trustees

Objectives and activities

Charitable purposes	The organisation's main purpose is the advancement of physical and mental health in Midlothian Scotland and championing addiction recovery helping individuals and families to thrive.
Summary of the main activities in relation to these objects	The organisation's main activities to achieve its purpose working in partnership with funders MELDAP (Mid and East Lothian Drug and Alcohol Partnership), the National Lottery Community Fund and the Robertson Trust and 3rd party organisations MELD (Mid and East Lothian Drugs), Access to Industry, LEAP (Lothians and Edinburgh Abstinence Programme, Citizens Advice Bureau and Cyrenians is done through: • Creating a safe environment free from alcohol and non-prescribed drugs for vulnerable people to get some food and the necessary help, support and advice they need to stay on the road to recovery. • Promoting recovery from substance misuse • Providing recovery orientated activities and volunteering opportunities • Providing opportunities for voluntary work and help people work towards getting paid employment. • Making recovery visible, reducing stigma and preventing suicide

Summary of the main achievements of the charity during the financial period

Summary of Main Achievements

Recovery / Community Café

Horizons Recovery Café is open every Monday and Friday (at Dalkeith Baptist Church)

The café is run by people recovering from substance misuse / addictions as well as volunteers.

The café is a welcoming and supportive place for vulnerable and marginalised people to come together and get much needed help and support to overcome addiction and stay on the road to recovery.

We opened in 2013 as a constituted community group and have a proven track record over 13 years of providing a safe place – free from alcohol and illicit substances to help people recover, reduce stigma and show recovery happens. Typically, 80-100 people come to the café on a weekly basis.

In April 2023 we were successful in becoming a Scottish Charitable Incorporated Organisation (SCIO) to enable us to explore new opportunities to expand the café further.

Citizens Advice Bureau Drop-in Service

During the café hours on a Friday, we are providing a weekly drop-in Citizens Advice Service (a project run by the Citizens Advice Bureau) which we were able to do from funding secured from the National Lottery Community Fund.

This service greatly benefits many vulnerable and marginalised people at times of great need and difficulty in their lives.

These vulnerable people are able to speak in confidence with the Citizens Advice Bureau adviser for assistance with issues including benefits, debt, housing, employment, home energy supply, consumer issues and/or immigration and get the necessary help and advice on matters that often cause so much stress and anxiety in their lives which can act as triggers to continue addiction or contribute to relapse. At times these difficulties can lead to extreme stress and even to an increased risk of suicide.

Here are the statistics for the Citizens Advice Bureau clinic run during café hours on a Friday for year ending 31 March 2026

Client contacts: 87

Female clients: 40%

Male clients: 60%

Client Financial Gains: £120,238

Most common issues: Benefits, Emergency Support, Debt and Housing

Support Group Meetings

During the year the following support groups / meetings were held on a Monday or Friday at the café:

- SMART Recovery Meetings
- Lothians & Edinburgh Abstinence Programme (LEAP) Aftercare Meetings
- Access to Industry Drop-in Meetings

Challenges / Areas for Improvement

During the year we managed to fund one additional member of staff which has helped with staffing the café but still have more to do and the plan is to secure more funding for paid staff and carry out more publicity and initiatives for volunteers and trustees

Financial review

Brief statement of the charity's policy on reserves

The charity holds unrestricted reserves to enable it to meet its future service commitments and as a contingency fund. The balance on the reserve is mostly due to the transfer of the bank balance held by the café prior to becoming a SCIO and funds for the Citizens Advice Bureau services provided.

It also has a restricted Benefits Advice Fund reserve representing the balance of a grant which will be spent in future periods.

Details of any deficit

Not applicable

Donated facilities and services (if any)

Volunteers are key to the running and success of the café, and we heavily rely on a core set of volunteers who put in many hours week after week to help and support the charity for which we are very much grateful for.

APPENDIX 1

Other optional information

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)
*OSCR will accept
digital or typed
signatures*

A Campbell

Full name(s)

Alan Campbell

Position (e.g. Chair)

Finance Director

Date

24 June 2026

APPENDIX 3



		Independent examiner's report on the accounts v2					
Report to the trustees/members of	Charity name	Horizon Recovery Cafe SCIO					
Registered charity number		SC052508					
On the accounts of the charity for the period	Period start date				Period end date		
	Day	Month	Year		Day	Month	Year
	01	April	2025	to	31	March	2026
Set out on pages	6 to 9						(remember to include the page numbers of additional sheets)
Respective responsibilities of trustees and examiner	The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.						
Basis of independent examiner's statement	My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.						
Independent examiner's statement	In the course of my examination, no matter has come to my attention - - which gives me reasonable cause to believe that in any material respect the requirements: - to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations have not been met, or - to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.						
Signed**:					Date:	24 June 2026	
Name:	Christopher Spalding						
Relevant professional qualification(s) or body (if any):	CA (ICAS)						
Address:	James Anderson & Co						
	Pentland Estate						
	LOANHEAD						
	EH20 9QH						

*Please delete the words in the brackets if they do not apply. If the words do apply, set out those matters which have come to your attention on the following page.

** OSCR will accept digital or typed signatures

Horizons Recovery Café SCIO

SC052508



Receipts and payments accounts							
For the period from	Period start date			to	Period end date		
	Day	Month	Year		Day	Month	Year
	01	April	2025		31	March	2026

Section A Statement of receipts and payments

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total funds current period to nearest £	Total funds last period to nearest £
A1 Receipts						
Donations					-	
Legacies					-	
Grants	22,658	20,000			42,658	18,264
Receipts from fundraising activities					-	
Gross trading receipts	13,020				13,020	12,056
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
					-	
A1 Sub total	35,678	20,000	-	-	55,678	30,320
A2 Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
A2 Sub total	-	-	-	-	-	-
Total receipts	35,678	20,000	-	-	55,678	30,320
A3 Payments						
Expenses for fundraising activities					-	
Gross trading payments	33,859				33,859	23,834
Investment management costs					-	
Payments relating directly to charitable activities		6,818			6,818	8,518
Grants and donations					-	
Governance costs:					-	
Audit / independent examination	858				858	840
Preparation of annual accounts					-	
Legal costs					-	
Other					-	
					-	
A3 Sub total	34,717	6,818	-	-	41,535	33,192
A4 Payments relating to asset and investment movements						
Purchases of fixed assets					-	
Purchase of investments					-	
A4 Sub total	-	-	-	-	-	-
Total payments	34,717	6,818	-	-	41,535	33,192
Net receipts / (payments)	961	13,182	-	-	14,143	(2,872)
A5 Transfers to / (from) funds						
					-	
Surplus / (deficit) for year	961	13,182	-	-	14,143	(2,872)

Section B Statement of balances

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
B1 Cash funds	Cash and bank balances at start of year	27,462	9,340			36,802	39,674
	Surplus / (deficit) shown on receipts and payments account	961	13,182			14,143	(2,872)
						-	
						-	
	Cash and bank balances at end of year	28,423	22,522	-	-	50,945	36,802
	(Agree balances with receipts and payments account(s))						

	Details	Fund to which asset belongs	Market valuation to nearest £	Last year to nearest £
B2 Investments	None			
		Total	-	-

	Details	Fund to which asset belongs	Cost (if available) to nearest £	Current value (if available) to nearest £	Last year to nearest £
B3 Other assets	Van	Unrestricted	11,000	3,840	4,800
		Total	11,000	3,840	4,800

	Details	Fund to which liability relates	Amount due to nearest £	Last year to nearest £
B4 Liabilities	Accruals	Unrestricted	598	152
	Accruals	Restricted - Benefits Advice	2,273	-
	Independent examiner's fee	Unrestricted	900	858
		Total	3,771	1,010

	Details	Fund to which liability relates	Amount due (estimate) to nearest £	Last year to nearest £
B5 Contingent liabilities	None			
		Total	-	-

Signed by one or two trustees
on behalf of all the trustees

Signature*

Print Name

Date of
approval

A Campbell	ALAN CAMPBELL	24 June 2026

* Please note - OSCR will accept digital or typed signatures

Section C Notes to the Accounts

C1 Nature and purpose of funds (may be stated on analysis of funds worksheets)

The charity has an unrestricted Operations Fund which represents funds that the charity is free to use in accordance with its charitable objectives. It also has a restricted Benefits Advice Fund to provide a drop in service to assist service users with accessing benefits.

C2 Grants

Type of activity or project supported	Individual / institution	Number of grants made	£
No grants were paid by the charity			
Total			-

C3a Trustee remuneration

If no remuneration was paid during the period to any charity trustee or person connected to a trustee cross this box (otherwise complete section 3b)

X

C3b Trustee remuneration - details

Authority under which paid	£
No remuneration paid to trustees	

C4a Trustee expenses

If no expenses were paid to any charity trustee during the period then cross this box (otherwise complete section 4b)

X

C4b Trustee expenses - details

	Number of trustees	£
No trustees expenses reimbursed		

C5 Transactions with trustees and connected persons

Nature of relationship	Nature of transaction	Transaction amount (£)	Balance outstanding at period end (£)
No transactions			

C6 Other information

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Horizons Recovery Café SCIO

SC052508

Additional analysis (1)

Analysis of receipts and payments

1 Donations

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
None					-	
					-	
					-	
					-	
Total	-	-	-	-	-	-

2 Grants

	Unrestricted funds to nearest £	Restricted funds to nearest £	Total current period to nearest £	Total last period to nearest £
Midlothian Council	15,658	-	15,658	16,114
Midlothian Voluntary Action	-	-	-	2,150
National Lottery Community Fund	-	20,000	20,000	-
Robertson Trust	7,000	-	7,000	-
Total	22,658	20,000	42,658	18,264

3 Gross receipts from other charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Café takings	13,020				13,020	12,056
					-	
					-	
					-	
					-	
					-	
					-	
Total	13,020	-	-	-	13,020	12,056

reference error

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4 Payments relating directly to charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Café operating costs	33,859	-			33,859	23,834
Benefits Advice Service	-	6,818			6,818	8,518
					-	
					-	
					-	
					-	
					-	
					-	
					-	
Total	33,859	6,818	-	-	40,677	32,352