

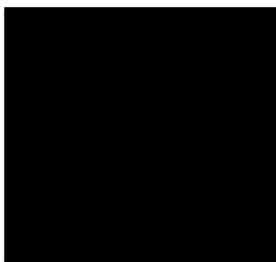
Charity registration number SC047597 (Scotland)

HEARING VOICES NETWORK DUNDEE (SCIO)
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

HEARING VOICES NETWORK DUNDEE (SCIO)

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees other than office bearers



(Appointed 4 September 2024)

(Appointed 30 May 2025)

Chair

Treasurer



(Appointed 04/09/2024)

Charity number (Scotland)

SC047597

Contact Address

216-222 Hilltown
Dundee
DD3 7AU

Independent examiner

BK Plus Limited
144 Nethergate
Dundee
DD1 4EB

Bankers

The Royal Bank of Scotland plc
133 Albert Street
Dundee
DD4 6PR

HEARING VOICES NETWORK DUNDEE (SCIO)

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HEARING VOICES NETWORK DUNDEE (SCIO)

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2025

The trustees of Hearing Voices Network Dundee present their annual report and financial statements for the year ended 31 March 2025.

Legal and Administrative Information

The Hearing Voices Network Dundee is a Scottish Charitable Incorporation Organisation, registered on 20 July 2017 (number SCO47597) and is governed by constitution.

Overview

This year has been a period of significant growth and consolidation for the Haven. We have focused on strengthening our internal structures, expanding our support offerings, and enhancing collaboration with statutory and community services. Our goal has remained consistent: to provide a safe, inclusive, and supportive environment for voice hearers and others in the community facing emotional and mental health challenges.

Our opening hours are Monday to Friday 10am-4pm and Saturday 9am-2pm. We currently have a full-time operations manager, two part time support workers, a part time development worker, a part time kitchen coordinator and a part time office coordinator.

Volunteers are a crucial part to the organisation and under the supervision of the development officer they support the activities of the charity.

As of this reporting year, the Haven benefits from the dedication of 20 active volunteers (excluding board members), who contribute across a wide range of activities within the organisation. Many volunteers support multiple areas. The current breakdown is as follows:

- Community Kitchen: 9 volunteers
- Peer2Peer: 3 volunteers
- Befriending: 3 volunteers
- Group Facilitation: 2 volunteers
- Drop-In Support: 2 volunteers
- Reception: 1 volunteer
- Miscellaneous Support: 2 volunteers

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Charities and Trustee Investment (Scotland) Act 2005, the Charities Accounts (Scotland) Regulations 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)".

Achievements and performance

During the reporting period, the charity has worked alongside local and national organisations and bodies to provide a greater support mechanism for members and afford a better awareness to external agencies and the general public.

- Introduced a more intensive 1:1 support structure and expanded our drop-in provision.
- Launched a new weekly group timetable, offering structured support tailored to individual needs.
- Developed a comprehensive internal recording system for communication, note-taking, risk assessments, and crisis management.
- Strengthened partnerships with statutory and non-statutory agencies, enhancing the continuity of care.
- Created a shared sense of belonging and connection within our community hub.
- Overhauled internal processes including implementation of a new accounting system, revival of our social media presence, and updates to operational policies and procedures.

HEARING VOICES NETWORK DUNDEE (SCIO)

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

Support Provision

- All new members undergo an initial contact session to assess needs, risks, and agency involvement.
- Support options include drop-in sessions, long-term and short-term 1:1 work, group participation, and general emotional or practical support.
- A new reflective tool, 'The Tree', has been introduced to assist in goal setting and personal development during 1:1 sessions.
- Daily, staff provide consistent emotional support and reassurance to attendees.
- A wide variety of support groups now run weekly (8 core groups), with additional informal sessions.
- Groups include support for voice hearers, general support, art, meditation, life skills, and social activities.
- New initiatives include a history group and improvised drama sessions, fostering creative engagement and emotional expression.
- Sewing group run by two members designing and making clothes that support service users.

Community Kitchen

- A weekly cooking group led by staff supports 3 regular attendees in learning meal planning, preparation, food hygiene, and cooking skills.
- 1:1 cooking support is also offered for those unable to engage in group settings.
- Discounted meals for members of the charity.

Partnership and Collaborative Working

- Increased referrals and close coordination with Community Mental Health Team, NHS Tayside (Carseview hospital) and other psychiatric services.
- Ongoing collaboration with NHS Community Nursing (monthly drop-in), Learning Disability Team, Old Age Psychiatry, and Social Work.
- Strong links with community organisations such as Art Angel, Positive Steps, WRASAC, Advocacy, and Scottish Autism.

Good Practice and Governance

- Continued development of robust risk assessment and recording practices.
- Regular staff supervision and weekly team meetings support professional boundaries and reflective practice.
- Ongoing internal and external training aligned with staff development needs.
- Focus on the wellbeing and safety of both staff and community members underpins all activities.

Funding

Dundee Health and Social Care Partnership (DHSCP) continue to be the main funder, enabling the charity to operate its day-to-day activities.

In this reporting year we also received funding from the Lang Foundation to financially support people learning to cook.

The Arnold Clark Community Fund also supported the art group run by a dedicated art teacher.

Financial review

The results for the period are set out in the attached accounts. The Trustees are currently working towards achieving their reserves policy, which is to maintain unrestricted funds that equate to approximately three months' expenditure.

At the period end the reserve policy is not being met. At 31st March 2025, unrestricted reserves amount to £30,087 (2024-£21,391).

HEARING VOICES NETWORK DUNDEE (SCIO)

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

Going Concern

After making appropriate enquiries, the Trustees have a satisfactory expectation that the company has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis preparing financial statements.

Structure, governance and management

The Trustees' strategic leadership and governance duties are carried out via six weekly scheduled Board Meetings. During the period, operational day to day management has been carried out by Operations Manager.

People with lived experience of mental health challenges have a positive influence on the direction of the charity, and as such, at least one trustee must be a voice hearer. Only full members of the charity are able to serve as Trustees and are normally elected at the Annual General Meeting. Nomination for a Trustee position must be made either in writing or during the annual general meeting. If nominations exceed vacancies, elections are held by a ballot.

In addition to the Trustees elected, the Board may co-opt up to two further trustees who, after co-option, will serve until the conclusion of the next annual general meeting.

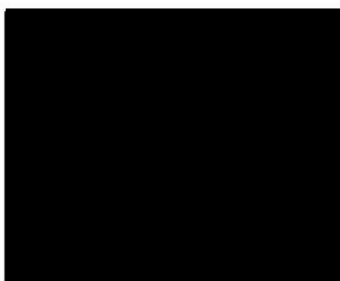
In the absence of members who are willing to be nominated or appointed as Trustees, vacancies are advertised to the wider voluntary sector via Dundee Volunteer and Voluntary Action (DVVA), Scottish Council for Voluntary Organisations (SCVO), local newsletters and social media platforms. The potential Trustee will complete an application form, supply two references, PVG check and meet the Board prior to any appointment.

Charitable Purpose

The objectives in the charity's constitution are:

- To relieve the suffering and distress of persons suffering from "hearing voices" due to mental illness
- To educate society, professionals and carers in what it means to "hear voices" and the effects it has on the "hearer"
- To promote greater integration in the community for those who suffer mental health problems and experience "hearing voices"
- To provide mutual support for "voice hearers and their carers."

The trustees of Hearing Voices Network Dundee who served during the year and up to the date of signature of the financial statements were:



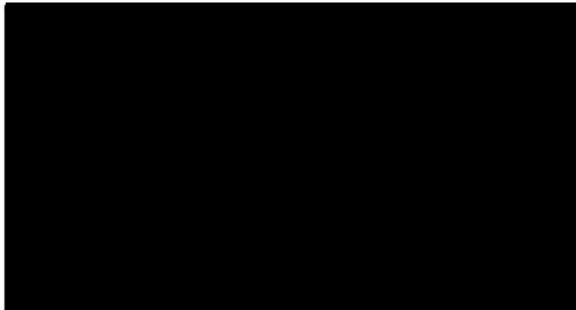
(Resigned 5 March 2025)
(Resigned 17 May 2024)
(Appointed 4 September 2024)
(Resigned 4 September 2024)
(Resigned 13 December 2024)
(Appointed 30 May 2025)

HEARING VOICES NETWORK DUNDEE (SCIO)

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

The Trustees' report was approved by the Board of Trustees of Hearing Voices Network Dundee.



HEARING VOICES NETWORK DUNDEE (SCIO)

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF HEARING VOICES NETWORK DUNDEE OF HEARING VOICES NETWORK DUNDEE (SCIO)

I report on the financial statements of the charity for the year ended 31 March 2025, which are set out on pages 6 to 15.

Respective responsibilities of trustees of Hearing Voices Network Dundee and examiner

The charity's trustees of Hearing Voices Network Dundee are responsible for the preparation of the financial statements in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006. The charity trustees of Hearing Voices Network Dundee consider that the audit requirement of Regulation 10(1)(a)-(c) of the Charities Accounts (Scotland) Regulations 2006 does not apply.

It is my responsibility to examine the financial statements as required under section 44(1)(c) of the Charities and Trustee Investment (Scotland) Act 2005 and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the financial statements.

Independent examiner's statement

In the course of my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with Section 44(1)(a) of the Charities and Trustee Investment (Scotland) Act 2005 and Regulation 4 of the Charities Accounts (Scotland) Regulations 2006, and
 - to prepare financial statements which accord with the accounting records and comply with Regulation 8 of the Charities Accounts (Scotland) Regulations 2006have not been met, or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.

BK Plus Ltd

BK Plus Limited

144 Nethergate

Dundee

DD1 4EB

Date: 22/9/25

HEARING VOICES NETWORK DUNDEE (SCIO)

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2025

	Notes	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Income from:							
Charitable activities	3	-	174,959	174,959	2,748	166,578	169,326
Other trading activities	4	21,542	-	21,542	9,356	2,899	12,255
Total income		21,542	174,959	196,501	12,104	169,477	181,581
Expenditure on:							
Charitable activities	5	10,326	194,844	205,170	20,879	173,016	193,895
Total expenditure		10,326	194,844	205,170	20,879	173,016	193,895
Net income/(expenditure) and movement in funds		11,216	(19,885)	(8,669)	(8,775)	(3,539)	(12,314)
Reconciliation of funds:							
Fund balances at 1 April 2024		21,391	21,799	43,190	30,166	25,338	55,504
Fund balances at 31 March 2025		32,607	1,914	34,521	21,391	21,799	43,190

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

HEARING VOICES NETWORK DUNDEE (SCIO)

BALANCE SHEET

AS AT 31 MARCH 2025

	Notes	2025 £	£	2024 £	£
Current assets					
Cash at bank and in hand		40,250		43,190	
Creditors: amounts falling due within one year	11	(5,729)		-	
Net current assets			34,521		43,190
The funds of the charity					
Restricted income funds	13		1,914		21,799
Unrestricted funds	14		32,607		21,391
			34,521		43,190

The financial statements were approved by the trustees of Hearing Voices Network Dundee on



HEARING VOICES NETWORK DUNDEE (SCIO)

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

Charity information

The Hearing Voices Network Dundee is a Scottish Charitable Incorporated Organisation, registered on 20th July 2017 (number SC047597) and is governed by its constitution.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Charities and Trustee Investment (Scotland) Act 2005, the Charities Accounts (Scotland) Regulations 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a statement of cash flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees of Hearing Voices Network Dundee have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees of Hearing Voices Network Dundee continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees of Hearing Voices Network Dundee in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

HEARING VOICES NETWORK DUNDEE (SCIO)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

(Continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.7 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.8 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees of Hearing Voices Network Dundee are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

HEARING VOICES NETWORK DUNDEE (SCIO)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

3 Income from charitable activities

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Charitable activities						
Donations and gifts	-	-	-	2,748	26	2,774
Performance related grants	-	174,959	174,959	-	166,552	166,552
	-	174,959	174,959	2,748	166,578	169,326

4 Income from other trading activities

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Fundraising events	2,061	-	2,061	285	2,249	2,534
Canteen/Cafe	14,292	-	14,292	9,068	-	9,068
Other Income	5,189	-	5,189	3	650	653
Other trading activities	21,542	-	21,542	9,356	2,899	12,255

HEARING VOICES NETWORK DUNDEE (SCIO)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

5 Expenditure on charitable activities

	Charitable activities 2025 £	Charitable activities 2024 £
Direct costs		
Staff costs	139,704	126,267
Volunteer and Training	3,184	8,162
Recruitment	394	95
Rent payable	15,000	15,340
Purchases	8,825	8,811
Insurance	2,625	2,677
Light & heat	4,475	3,802
Repairs and maintenance	13,688	1,716
Assets purchased	201	91
Telephone & postage	4,039	9,430
Professional fees	2,708	7,189
Meeting costs	294	2,208
Sundry expenses	742	1,085
Fundraising	241	4,174
Service delivery and Activities	2,747	-
	<u>198,867</u>	<u>191,047</u>
Share of support and governance costs (see note 6)		
Governance	6,303	2,848
	<u>205,170</u>	<u>193,895</u>
Analysis by fund		
Unrestricted funds	10,326	20,879
Restricted funds	194,844	173,016
	<u>205,170</u>	<u>193,895</u>

6 Support costs allocated to activities

	2025 £	2024 £
Governance costs	6,303	2,848
Analysed between:		
Charitable activities	<u>6,303</u>	<u>2,848</u>

HEARING VOICES NETWORK DUNDEE (SCIO)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

7 Net movement in funds	2025	2024
	£	£
The net movement in funds is stated after charging/(crediting):		
Fees payable to the charity's independent examiner:		
- for other financial services	6,303	2,848
	<u>6,303</u>	<u>2,848</u>

8 Trustees Of Hearing Voices Network Dundee

No trustees in their capacity as trustees received remuneration. Expenses reimbursed to trustees acting in their capacity as trustees of the charity amounted to £229 (2024- £520). Expenses reimbursed to trustees acting in their capacity as volunteers in the charity's activities amounted to £65 (2024-£22).

9 Employees

The average monthly number of employees during the year was:

	2025	2024
	Number	Number
	7	7
	<u>7</u>	<u>7</u>
Employment costs	2025	2024
	£	£
Wages and salaries	135,014	120,655
Other pension costs	4,690	5,612
	<u>139,704</u>	<u>126,267</u>

There were no employees whose annual remuneration was more than £60,000.

10 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

11 Creditors: amounts falling due within one year

	2025	2024
	£	£
Trade creditors	3,072	-
Other creditors	137	-
Accruals and deferred income	2,520	-
	<u>5,729</u>	<u>-</u>

HEARING VOICES NETWORK DUNDEE (SCIO)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

12 Retirement benefit schemes

	2025 £	2024 £
Defined contribution schemes		
Charge to profit or loss in respect of defined contribution schemes	4,690	5,612

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

13 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 April 2024 £	Incoming resources £	Resources expended £	At 31 March 2025 £
DHSCP Snooker	159	-	(159)	-
DHSCP	20,051	173,659	(193,385)	325
World HV Congress	1,589	-	-	1,589
Arnold Clark - Grant	-	300	(300)	-
Lang Foundation - cooking group	-	1,000	(1,000)	-
	<u>21,799</u>	<u>174,959</u>	<u>(194,844)</u>	<u>1,914</u>

Previous year:

	At 1 April 2023 £	Incoming resources £	Resources expended £	At 31 March 2024 £
CRF Free Food For All	242	-	(242)	-
DHSCP Snooker	159	-	-	159
DHSCP	19,627	166,252	(165,828)	20,051
Faith In The Community	226	-	(226)	-
World HV Congress	5,084	2,925	(6,420)	1,589
Cooking Classes	-	300	(300)	-
	<u>25,338</u>	<u>169,477</u>	<u>(173,016)</u>	<u>21,799</u>

HEARING VOICES NETWORK DUNDEE (SCIO)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

13 Restricted funds

(Continued)

DHSCP Recurring (Dundee Health and Social Care Partnership) - to fund core running costs of the organisation.

CRF Free Food For All Project - to provide free meals/refreshments for members and the local community.

DHSCP Snooker Project - to fund external games activities.

Faith In The Community Free Food 4 All Project - additional funding to assist in providing free meals/refreshments for members and the local community.

World Hearing Voices Conference - various fundraising activities in relation to sending members as delegates to Intervoice World Congress.

Cooking Classes - to provide funding to give cooking classes to members.

14 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2024 £	Incoming resources £	Resources expended £	At 31 March 2025 £
General funds	21,391	21,542	(10,326)	32,607
Previous year:	At 1 April 2023 £	Incoming resources £	Resources expended £	At 31 March 2024 £
General funds	30,166	12,104	(20,879)	21,391

15 Analysis of net assets between funds

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £
At 31 March 2025:			
Current assets/(liabilities)	32,607	1,914	34,521
	32,607	1,914	34,521

HEARING VOICES NETWORK DUNDEE (SCIO)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

15 Analysis of net assets between funds

(Continued)

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
At 31 March 2024:			
Current assets/(liabilities)	21,391	21,799	43,190
	<u>21,391</u>	<u>21,799</u>	<u>43,190</u>

16 Related party transactions

There were no disclosable related party transactions during the year (2024 - none).