Glasgow North East Foodbank

Report and Financial Statements

For the Year Ended 31 March 2025



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Reference and Administration Details

Charity Name Glasgow North East Foodbank

Charity Number SC045255

Principal Address 142 Helenvale Street

Glasgow G31 4NA

Trustees



Bankers Clydesdale Bank

47 Main Street Baillieston G69 6SQ

Independent Examiner

Brett Nicholls Associates Herbert House 24 Herbert Street

Glasgow G20 6NB

The trustees present their Report and Accounts for the Year Ended 31 March 2025.

Structure, Governance and Management

Governing Document

Glasgow North East Food bank was established as a charity on 27th November 2014 and is registered with the Office of the Scottish Regulator with the charity registration number SC045255. The charity is a Scottish Charitable Incorporated Organisation (SCIO) and is governed by its constitution.

Recruitment and appointment of new trustees

The Board, which meets at least four times a year, are the Charity's Trustees. Membership of the Board is open to:

- Any individual who lives in the North East Glasgow area.
- Representatives of voluntary organisations serving the interests of older people.

Objectives and Activities

Charitable Purposes

- To relieve poverty among the residents of Glasgow North East and its environs.
- To provide signposting and ancillary services to those residents.

Significant Activities

- To collect, store, package and distribute foodstuffs to help individuals and families in crisis.
- To promote food bank services which help feed the most disadvantaged and poorest people in our communities.
- To engage with other groups and agencies with the intention of promoting the overall improvement of the North East Glasgow area.
- To promote and manage initiatives for the benefit of the community including the provision of health, social, training & educational activities.

Overview

Our Mission Statement

We exist to support people in crisis in the northeast of Glasgow. To make sure that no one in our community goes hungry. We stand shoulder to shoulder with those in need and can be the difference. But we can't do that alone. As a community, we need to make a choice. Between a future where food banks are normal and one that's different - Better. One that's more compassionate, dignified and just. We work with stakeholders, partners and the community to raise awareness and to be that change.

The period covered in this report is 1st April 2024 – 31st March 2025.

The foodbank continues to deliver its mission whilst navigating through the impact of external factors, such as the cost of living crisis, insufficient incomes, issues with the social security system, budgetary pressures, the ongoing war in Ukraine, the conflict in Middle East, the climate emergency and energy prices have also risen again, all of which presents daily challenges for our staff, volunteers and partners.

In 2024/25, the UK economy had been going through subdued GDP growth, sticky but gradually falling inflation, a loosening labour market with rising unemployment, ongoing fiscal tightening by the government, and significant global economic uncertainty, which includes trade tensions and the impact of US tariffs, weighing on UK trade and business confidence.

Domestic output stagnated in the second half of 2024 with business and consumer confidence trending lower towards the end on the financial year. The outlook has also become more uncertain with increasing European energy and food prices and more persistently high wage growth contributing to inflation increasing to a quarterly peak of 2.5% in March 2025.

We have seen the rate of inflation fall over the beginning of the period only to rise to previous levels again and although pay is increasing, higher Inflation rates still disproportionately impacts those with lower incomes as there is larger % of total income spent on energy bills and food.

It is within the context of the risk of economic uncertainty, inflation, employed poverty and the increases in council tax and water changes that we continue to see the need for foodbanks in the North East of Glasgow grow.

Economic Factors

The IMF forecast global GDP growth will remain 'steady but slow' at 3.2% over 2024 and 2025, the same pace as in 2023. Business activity continued to increase across all major global economies in March, although the pace slowed in both the US and UK. The euro area remains the weakest performer.

The UK economy:

The IMF's forecast for UK growth in 2024 is 1.1%, an upward revision from its previous forecast. This is driven by factors like lower inflation and consumer spending, but is still considered modest and puts the UK in the middle of the G7 pack. The IMF also cautioned that the country must manage rising public debt alongside this growth. The UK is showing signs of a "soft landing," exiting a mild technical recession in 2023 with a projected modest recovery in 2024.

The UK economy remained relatively flat with 0.5% growth recorded in May 2024 and overall 0.5% growth in the period, April – June 2024. Consumer price inflation remained around the 2% target, with a brief dip in May before increasing slightly in July 2024. Core inflation (excluding volatile food and energy prices) was higher, at 3.6% for the quarter.

The Gross Domestic Product (GDP) grew by 0.5% in the second quarter (April-June 2024) after a 0.7% rise in Q1. Business activity in March rose in most regions (including Scotland) supported by a general upturn in demand. UK manufacturing output returned to growth for the first time in five months.

In Scotland, the beginning of the year saw a marked rise in global uncertainty, with the US announcing a range of tariffs, many of which have since been paused, and exports to the US from the UK now facing a minimum tariff of 10%. This follows a weak end to growth in 2024, which saw marginal growth in the final quarter of the year, after the economy had begun the year relatively strongly.

For business, the Growth Tracker for Scotland fell to 45.6 in March, its lowest level since November 2022. This reflects a range of challenges for the economy. There are the direct challenges of rising costs, in part following the impacts of the UK Budget, which have increased employer National Insurance Contributions and minimum wages, as well the increase in economic uncertainty surrounding US trade policy and the ongoing tensions in Russia, Ukraine and the Middle East. Weaker business activity has been accompanied by a reduction in recruitment activity in response to softer demand and in the face of a recent increase in cost pressures.

For households, despite employment remaining broadly stable although recruitment is reducing, households continue to report that their finances remain under pressure and that these pressures are expected to persist. Households face a range of price increases, with the energy price cap and other regulated prices increasing in April, as well as increases in Council Tax and water charges. Inflation is expected to increase over the coming months.

Achievements and Performance

Charitable Activities

The foodbank itself is not exempt from the cost of living increases and a recent Trussell Trust report has indicated that foodbanks in Scotland have shown a sustained increase in numbers and access to emergency food provision remains concerningly high and has doubled in the last decade.

Although the Scottish network has seen an overall 10% decrease in the number of food parcels distributed in 2024/25, following a 4% increase in 2023/24 and a 30% increase in 2022-23. The West of Scotland has seen a 16% increase in food parcels being distributed in 2024/25, Glasgow North East (GNE) Foodbank has seen an overall 9.8% increase in food parcels distributed in the period. This continuing increase is an unacceptable figure in our fight against food poverty.

Glasgow North East has one of the highest areas of deprivation and food poverty in Scotland with a population of 173,876 people, 44.4% had difficulty meeting the costs of food and/or energy and 21.8% experienced food insecurity in the last year. 40.7% of Glasgow P6-7 pupils are registered for free school meals, almost double the rate of pupils across Scotland, (21.1%). 41.1% of Glasgow secondary pupils are registered for free school meals, more than double the rate of pupils across Scotland (18.4%). 31% of Scotland's households are classed as 'fuel poor' and 18.5% 'extreme fuel poor'. (While up to date fuel poverty rates for Glasgow are not available at the time of writing, these rates have been very similar to the Scotland rates previously).

It was therefore imperative that our foodbank supports those individuals in need, in the northeast of Glasgow and provide them with emergency food parcels.

Emergency Food Provision

During the period April 24 – March 25 Glasgow North East Foodbank recorded the following statistics:

	2023/24	2024/25	Increase %
Total food parcels distributed	5,087	5,584	9.8
No of adults provided with food packs	3,393	3,820	12.6
No of children provided with food packs	1,685	1,764	4.7
Total No of foodbank sessions	182	-	-

Trustees' Annual Report

Food Stock

•Stock In: 47,497.13 kg •Stock Out: 36,423.52 kg

Foodbank Development

Staffing:

We have reviewed our staff structure to ensure our foodbank is flexible, responsive and forward thinking with the needs of our service users at the centre of our planning and service delivery. This resulted in the creation of a new role of Foodbank Manager with a more strategic remit and a focus on service development and community connections, we welcomed Daniele Cardoso into post April 2024. We also worked with our current Foodbank Co-ordinator to redesign and expand the role, ensuring this is more reflective of current duties and service delivery and increased areas of responsibility. We have invested in staff development and the provision of a dedicated office base for staff. This has proved a successful transition with both roles operating well in delivering the priorities of the foodbank.

We continue to recruit and maintain a high quality and dedicated team of volunteers across the foodbank locations, whose generosity in the gift of their time and expertise is greatly appreciated and recognised by the staff and trustee board.

We have also recently recruited a Financial Inclusion Worker via securing grant funding from the Trustell Trust and working

We have also recently recruited a Financial Inclusion Worker via securing grant funding from the Trussell Trust and working in Partnership with Parkhead Citizens Advices Bureau. The worker will take up post in the new financial year, providing financial and benefits advice and signposting and we look forward to reporting how successful this has been next year.

We have also secured funding via Virgin Money. We now have an ICT Worker and a laptop that can be used by our service users to access online services which has been invaluable and a popular service.

The current staff and volunteer team is working well in supporting the work of the foodbank and in delivering our services to the vulnerable people and families in the community we serve.

Outreach

The development of our outreach programme is well underway, this year the foodbank delivered;

Summer Holiday Lunch Bags Project

Between 17th July and 12th August 2024, Glasgow NE Foodbank ran a Summer Holiday Lunch Bags Project to support families accessing our service during the school holidays. We distributed 73 x £20 Greggs vouchers and 130 snack bags directly to 130 adults and 130 children who visited our foodbank and four partner centres.

Each snack bag was packed with treats perfect for picnics, days out, or simply enjoying at home, and included information about free summer activities taking place across Glasgow. This project aimed to ease some of the pressure family's face during the holidays by helping ensure children had access to nutritious food and a few extra summer treats.

October Holiday Project

The October Holiday Project successfully provided targeted support to families during the 2024 October school break, in partnership with four Glasgow primary schools. A total of 40 families were supported through the distribution of 40 x £20 Greggs gift cards and 81 snack bags, delivered directly to schools between 7th and 9th October ahead of the holidays. The snack bags were tailored to the number of children in each family and included a variety of treats, along with information on free family activities taking place during the break. The participating schools were Eastmuir Primary (22 snack bags), Golfhill Primary (21 snack bags), Quarry Brae Primary (17 snack bags), and St Michael's Primary School (21 snack bags).

This project strengthened our outreach by connecting with families identified by schools as needing additional support, many of whom may not regularly access foodbank services. The positive feedback from schools and families highlights the value of this seasonal initiative in promoting wellbeing, dignity, and community connection.

Winter Warmer Packs Project

The Winter Warmer Packs Project was successfully delivered in January 2025 to provide warmth, comfort, and care to individuals and families accessing Glasgow NE Foodbank during the coldest time of year. Thanks to support from the Royal Bank of Scotland (part of a £10,000 grant), the project distributed a total of 481 Winter Warmer Packs across all foodbank centres. Each pack included a hat, gloves, neck warmer, hot chocolate sachet, and a small sweet treat. Packs were tailored to age and gender, and distributed as follows: 196 for men, 156 for women, 82 for boys, and 47 for girls.

This seasonal initiative not only met immediate needs for physical warmth but also offered a gesture of dignity and kindness to those facing hardship. The project strengthened community connections and demonstrated our continued commitment to providing holistic, compassionate support throughout the year.

The Foodbank will continue to identify areas of need and pursue funding opportunities to provide targeted programmes in the local community and further develop and strengthen relationships with Education and Health services in the area.

Other Development

The re-establishment of our cuppa and chat during foodbank sessions has been a positive change and has been well received by foodbank users, this helps people feel respected and cared for in what may be a very stressful situation.

In addition to these initiatives the foodbank has also been supplying, where stocks are available, personal care items; shampoo, shower gel, deodorants, period products, nappies, baby food, pet foods and washing detergents, in recognition that poverty is a global issue affecting individuals and families and that additional needs exist beyond the need for emergency food. This has been possible through the hard work of our foodbank employees reaching out to charities and hygiene banks for stock items in addition to those donated from our supporters.

Conclusion

The ongoing delivery and development of our services help deliver our promise 'We believe we share the responsibility to support one another in our communities' and delivery of our strategic goals:

- •We will provide every individual who is referred to the foodbank with an appropriate emergency food pack.
- •We will provide those referred to us with an appropriate crisis food parcel for 7 days to support their family.
- Where there is a need, we will refer individuals to the relevant support agencies, where they will receive appropriate support.
- •We will work with the community, stakeholders and partners to ensure a sufficient supply of food for those in need.
- •We will work with the community, stakeholders and partners to eradicate food poverty in the northeast of Glasgow.

Whilst it has been another difficult year, delivering almost 10% more food parcels that last year in addition to the new community outreach work, it should be noted that the generosity of the public and sponsors continue to recognise the need to support vulnerable people in our communities with our levels of both food and financial donations remaining steady.

We have had a core group of volunteers, who have given us so much of their time and made it much easier to operate out of our Parkhead Hub and our other outreach centres, and we would like to express our gratitude to all of the volunteers and staff who have worked endlessly to provide a quality service. In addition, our Board of Trustees who combine the professional and community expertise required to enable the development of the strategic future of the foodbank have continued to review and/or developed robust governance arrangements for the Foodbank and have established a stable and committed base of support for our staff and volunteers.

In addition to our permanent staff members, one of our most valuable assets is the wonderful and committed group of volunteers who are generous enough to support us with their time and their commitment to keep the foodbank operating no matter the circumstances. The regular volunteers help with all manner of day to day tasks including warehousing, manning the store, client contact, sorting and organising food, making up food parcels and any general tasks assigned to them.

The resilience of our staff and volunteers has been incredible through a period of embedding change and the welcoming of the new Foodbank Manager. The impact of these changes have already been positive, with the growing of our social media presence, increased visibility with our referral agencies, improved links in the community and the development of other services now available to our users.

We continue to work successfully with a wide range of referral and support agencies to try to support those most in need.

In addition, we receive ongoing support from the following organisations:

- Calton Parkhead Parish Church who provide us with not only storage, warehousing, distribution and supply space but office space, internet access and free utilities.
- Parkhead Housing Association who provide payroll services and some operational support.
- •Fleet Alliance who provide our invaluable van.

We are also privileged to have the support of the other organisations to run our outreach centres. We are very fortunate to have so many generous and helpful donors and partner organisations.

We also have organisations that have kindly supported us with corporate volunteering days where a number of their staff who may otherwise not be able to volunteer due to work commitments, donate the full day of their staff work time to the foodbank. This enables our regular volunteers to continue in their role whilst the corporate team carries out larger tasks e.g. whole stock food sorting and reorganizing storage.

The financial worth of volunteering should not be underestimated either. We would like to again express our gratitude to each and every volunteer and organisations who gifts us their time, many have gone above and beyond what we ask of them and no amount of praise would be sufficient.

Financial Position

The charity generated a net surplus of £6,561 for the year ended 31 March 2025 (2024: Deficit of £16,956). At 31 March 2025 reserves stood at £254,603 (2024: £248,042), with £204,381 of these being unrestricted (2024: £223,124).

Reserves Policy

It is the policy of the trustees to hold reserves equivalent to three months running costs. Based on the year end 31 March 2025, this equates to £22,586. The balance at 31 March 2025 of unrestricted reserves stood at £204,381, therefore the trustees are satisfied that this policy is being met. Additional funds will be used to expand on the work of the foodbank as demand increases.

The trustees declare that they have approved the report above.

Signed on behalf of the charity's trustees:



Date:

18/11/2025

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Glasgow North East Foodbank

Report and Accounts for the Year Ended 31 March 2025

Independent Examiner's Report

Report to the trustees/members ofGlasgow North East Foodbank

Registered charity number SC045255

Accounts of the charity for the period 1 April 2024 to 31 March 2025

Set out on pages 12 - 16

Respective responsibilities of trustees and examiner:

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of Independent Examiner's statement:

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the accounts.

Independent Examiner's statement:

In the course of my examination, no matter has come to my attention:

- 1. Which gives me reasonable cause to believe that in any material respect the requirements to:
- keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
- prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations

have not been met, or

2. To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Fellow of the Association of Chartered Certified Accountants Brett Nicholls Associates Herbert House, 24 Herbert Street, Glasgow, G20 6NB

Receipts and Payments Account

Receipts	Notes	Unrestricted Funds £	Restricted Funds £	Total Funds £	2024 Total £
Donations	3	32,001	-	32,001	49,511
Grants	4	12,315	51,432	63,747	4,324
Raising Funds	5	1,157	-	1,157	
		45,473	51,432	96,905	53,835
Payments					
Charitable Activities Costs	6	63,526	26,128	89,654	70,101
Support Costs	7	690	-	690	690
		64,216	26,128	90,344	70,791
Net Receipts/-Payments		(18,743)	25,304	6,561	(16,956)
Funds Brought Forward		223,124	24,918	248,042	264,998
Funds Carried Forward	9	204,381	50,222	254,603	248,042

The notes on pages 14 - 16 form an integral part of these accounts.

All income and expenditure derive from continuing activities in both years.

Statement of Balances

	Unrestricted Funds £	Restricted Funds £	Total Funds £	2024 Total £
Opening Cash and Bank Balances	223,124	24,918	248,042	264,998
Surplus/-Deficit for the year	(18,743)	25,304	6,561	(16,956)
Closing Cash and Bank Balances	204,381	50,222	254,603	248,042

Signed on behalf of the trustees:



Date:

Notes to the Accounts

1. General Information

Glasgow North East Foodbank ("the charity") is a Scottish Charitable Incorporated Organisation governed by its constitution. It was registered as a charity in Scotland (registered number SC045255) on 27 November 2014. Its registered address is Calton Parkhead Church, 142 Helenvale Street, Glasgow, G31 4NA.

2. Basis of Preparation

These accounts have been prepared on the Receipts and Payments basis in accordance with the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended).

3. Donations	Unrestricted			2024
	Funds	Funds	Funds	Total
	£	£	£	£
Concil Donations (C. C. 1. 000)				
Small Donations (< £1,000)				22.5
Charities & Clubs	1,840	-	1,840	3,245
Companies	2,825	-	2,825	4,608
Individuals	8,039	-	8,039	7,984
Other Donations	3,149	-	3,149	240
Schools & Churches	405	-	405	340
Online Donations				
Charities Trust	1,097	-	1,097	572
Event Brite	-	-	-	2,280
JustGiving	8,819	-	8,819	26,142
Legacies				
Dick Memorial	-	-	-	1,500
Bread Over Bombs	400	-	400	400
Coopers	-	-	-	1,250
Mercure	1,500	-	1,500	-
Glasgow Caledonian University	927	-	927	-
Strathclyde University	-	-	-	950
Rathbone Investments	3,000	-	3,000	-
	32,001	-	32,001	49,511

Notes to the Accounts

4. Grants	Unrestricted	Restricted	Total	2024
	Funds	Funds	Funds	Total
	£	£	£	£
Bank of Scotland Foundation	10,000	-	10,000	-
Asda Foundation via Trussell Trust	2,315	51,432	53,747	4,324
	12,315	51,432	63,747	4,324
5. Raising Funds	Unrestricted	Restricted	Total	2024
	Funds	Funds	Funds	Total
	£	£	£	£
Fundraising	1,053	-	1,053	-
Hall Hire	104	-	104	-
	1,157	-	1,157	

6. Charitable Activities Costs	Unrestricted	Restricted	Total	2024
	Funds	Funds	Funds	Total
	£	£	£	£
Wages	50,792	_	50,792	35,424
Pension	3,885	_	3,885	1,492
Other Staff Costs	108	_	108	1,432
Bank Charges	145	_	145	190
_	_	-	_	
Equipment	95	-	95	59
Food supplies	-	21,116	21,116	6,997
Gifts	70	-	70	70
Insurance	3,457	-	3,457	1,765
Membership	256	-	256	159
Motor Expenses	407	-	407	301
Office Costs	513	-	513	2,958
Other Expenses	190	-	190	107
Professional Fees	-	-	-	203
Repairs and Maintenance	772	2,228	3,000	3,000
Stationery & Office	660	-	660	-
Telephone	602	-	602	723
Travel	1,055	-	1,055	21
Volunteer Expenses	519	-	519	1,272
Vouchers	_	2,784	2,784	15,360
	63,526	26,128	89,654	70,101

Notes to the Accounts

7. Support Costs	Unrestricted	Restricted	Total	2024
	Funds	Funds	Funds	Total
	£	£	£	£
Independent Examination Fee	690	-	690	690

8. Related Party Transactions

The trustees received no remuneration or expenses during the year ended 31 March 2025 (2024: Nil).

There were no related party transactions during the year ended 31 March 2025 (2024: Nil).

There were no trustee donations during the year ended 31 March 2025 (2024: One trustee donated £20).

9. Funds Analysis	Opening Balance				Closing Balance
Unrestricted	1 April 2024	Receipts	Payments	Transfers	31 March 25
General	223,124	45,473	64,216	-	204,381
Restricted					
Asda Foundation via Trussell Trust	-	51,432	2,228	-	49,204
Celtic Foundation 2020-21	24,918	-	23,900	-	1,018
	24,918	51,432	26,128	-	50,222
Grand Total	248,042	96,905	90,344	-	254,603

10. Purposes of Funds

General Fund The unrestricted, 'free reserves' of the charity

Celtic Foundation Funding received to buy additional food due to the increase in requests for support

through the CFC & GNEF Covid-19 self-referral project

Asda Foundation via Trussell Trust Funding to go towards the salary of a financial inclusion officer and for general running

costs of the charity.