



Scottish Charity Number: SC046691

Annual Report and Financial Statements for the period
ended 31 July 2025

Trustees' Annual Report

For the period ended 31 July 2025

The trustees have pleasure in presenting their report together with the financial statements for the period ended 31 July 2025.

Reference and Administrative Information

Charity Name

Sparta Trampoline Club SCIO

Charity No

SC046691

Address

96 Fifty Pitches Road, Glasgow, G51 4EB

Trustees

	Position	Appointed	Resigned
Nicola Orr	Chair	1 September 2024	4 November 2025
Yvonne Elliot	Trustee	20 May 2025	
	Chair	4 November 2025	
Tracy Mendicino	Treasurer	8 February 2020	
	Trustee	10 November 2024	12 May 2025
Amanda O'Donoghue	Safeguarding Officer	5 March 2018	
	Treasurer	10 November 2024	
Gemma Cannon	Secretary	4 October 2020	23 July 2024
Maureen Cuthbertson	Secretary	1 September 2024	
	Trustee	4 November 2025	
Lucy Ritchie	Trustee	20 May 2025	
	Secretary	4 November 2025	
Stephen Ward	Trustee	5 March 2018	9 September 2024
Louise McFarlane	Trustee	15 August 2021	

Structure, Governance and Management

Constitution

The Charity is a Scottish Charitable Incorporated Organisation (a SCIO). It was registered in its current legal form on 7 July 2016. The charity was previously an unincorporated association but changed its legal form to a SCIO. The assets of the unincorporated association were transferred to the charity on 7 July 2016. It has a single tier structure and as such the trustees are the members of the charity.

Appointment of trustees

The charity's trustees (the Board), who are also members of the club, meet regularly to manage the activities of the club. Membership is open to any person aged 16 or over who, subscribes to the purposes of the organisation and wishes to see them fulfilled, and has completed a PVG application and is not barred from working with children.

Applications to the board of trustees are considered by the Board at their regular meetings. There must be a minimum of three members and a maximum of seven.

All decisions at board meetings will be made by majority vote and every charity trustee has one vote, which must be given personally. If there are an equal number of votes for and against any resolution, the chairperson of the meeting will be entitled to a second (casting) vote. A charity trustee must not vote at a board meeting on any resolution which relates to a matter in which he/she has a personal interest or duty which conflicts (or may conflict) with the interests of the organisation; he/she must withdraw from the meeting while an item of that nature is being dealt with.

Objectives and Activities

Charitable purposes

The organisation's purposes are: To encourage public participation in the sport and practice of trampolining by persons of all ages and abilities living in Glasgow and the surrounding areas, in order to improve their quality of life; To provide and make available to the public, sports facilities, recreational activities, and facilities for recreation or other leisure time occupation; To advance education by providing educational opportunities for participants to expand their skills, knowledge and interest in the sport of trampolining and coaching; To advance and promote community development and citizenship by providing volunteering opportunities and increase community activity, by way of the sport of trampolining and coaching.

Activities

In our Centre we offer several classes every day, seven days a week. We provide opportunities for other members of our community to access our venue to encourage participation in sport, to promote health and wellbeing. On a weekly basis we run

- 12 recreational classes for 5-15 years old.
- 2 Pre-school classes for those aged 2-5 years old.
- We include a quieter class to help those with additional support needs.
- 8 competitive classes for gymnasts aged 7 years and above.
- 2 competitive development classes, providing a training pathway for recreational gymnasts to join the competitive groups.
- 1 session dedicated to our high-performance squad.
- 2 adult classes for anyone aged 16 years and above. (Our eldest gymnast is 72)
- 3 Double Mini Trampoline (DMT) competitive sessions.
- 3 DMT competitive development classes.
- We offer private lessons for 1 to 1 coaching, or small groups.
- We organise birthday parties for members and non-members.
- We hire our hall to other Trampoline clubs who may be looking for extra sessions, and regularly host University clubs.
- Scottish Gymnastics use our facility to run different training sessions.

We now have 350 gymnasts attending sessions and working at 90% capacity:

- 233 in our recreational classes,
- 58 in our competitive classes,
- 14 in our comp development classes
- 29 in our adult recreational classes,
- 16 in our preschool classes.

Our Team

A Board of 3-7 trustees

Performance Director

Club Development Director

16 coaches on casual contracts, 20 volunteer coaches, judges and helpers.

Achievements and Performance

Staff Successes

The club has continued to support our coaches and judges by providing mentorship as they progress through their qualifications and encourage opportunities for Continuous Professional Development where possible.

- 6 coaches increased their coaching qualification level this year.
- 5 judges qualified or increased their skill level.
- 5 gymnasts joined our Youth Coach Development programme.
- 1 gymnast gained a Duke of Edinburgh award for attending Sparta.
- 6 coaches completed CPD in various courses including first aid, flexibility training, mental health awareness and safeguarding.

Special achievements

- Our top judge was nominated for Official of the year for Scottish Gymnastics 2025. He was also selected by Great Britain to judge both trampoline and DMT at the World Games in China.
- 2 coaches went to Lilleshall National Training Centre in May 2025 to do their High-Performance Coach course.
- 3 coaches were selected to represent Scotland at British and international competitions.
- 1 coach qualified as a trampoline tutor.
- 1 volunteer qualified as a National Judge for Trampolining.

Preschool Programme

Our pre-school classes are for children aged 2 to 5 years old where gymnasts and their parents/carers enjoy an introduction to trampolining together.

- In-house proficiency award scheme tailored to the ability of the class.
- Gymnasts learn skills that help with the transition to starting school and the majority stay at our club joining our recreational programme.
- Opportunities for themed sessions e.g. Halloween

Recreational Programme

Recreational members make up the majority of our membership, and the focus is on fun, fitness and friendship, in a safe, inclusive and supportive environment. These classes provide a great introduction into the sport of Trampolining, where members can develop skills, build confidence and enrich their physical and mental well-being.

- Successful completion of British Gymnastics Proficiency awards in November and May, allowed gymnasts and their parents see their progression.
- Awards celebrated at Spectator week, encouraging families to get involved.
- More opportunities for themed sessions and bring a friend events to encourage more participation from more young people.

Competitive Programme

We encourage all members to achieve their personal best, and many choose to join our competitive programme. We are inclusive and support equality so have a policy of self-selection to join the competitive classes. For safety, our performance squad is by trial and invitation.

In the competition season for 2024, We had 58 competitive gymnasts participating at different levels of competition in trampolining, synchro and DMT, and between them, achieved 123 medals.

Several of our gymnasts qualified to compete at Scottish, British and international levels, and were chosen to train with the Scottish team.

- Scottish National Championships – 34 gymnasts qualified, with medal successes of 12 gold, 7 silver and 3 bronze.
- British Championships – 5 gymnasts, 4 placed in the top 20, with 2 winning bronze medals.
- Inter-Regional Challenge Cup – 6 gymnasts represented Scotland.
- Loulé Cup (Portugal) – 7 gymnasts represented Scotland.
- Scalabis Cup (Portugal) – 3 gymnasts represented Scotland.
- Scottish Pathway Programmes – 7 for national trampoline, 2 for performance trampoline and 1 for DMT.

Adult Programme

Many adults just want to bounce to have fun, stay fit and socialise. Some have trampolined when they were younger and want to challenge themselves, many just want to try something new. This year we encouraged participation by launching monthly drop-in adult open bounce sessions, where adults can try the sport, and take part in games and challenges in a fun, relaxed atmosphere. For those wishing to develop their skills further, a group took part in the Adult Gymnastics British Championships in Telford.

- 8 Adults attended the Adult Gymnastics British Championships, with 5 winning medals.
- Adults completed British Gymnastics Proficiency awards, so they could monitor their own progress and challenge themselves.

Financial review

Our main source of funding is fees for sessions and membership.

This year we carried out a small amount of fundraising in the following areas:

- Part of the Cash for Kids programme, events at the club included Pyjamas week, Guess the Teddy's name, Taylor Swift themed night, bake sale.
- Christmas Display, including raffle and tombola.

This year the club paid off the Social Investment Scotland (SIS) Loan that was set up in 2019, to support the club to move to new premises. The original loan was for £20,000.

Reserves policy

The trustees' policy aims to retain 3 months' worth of normal running costs in order to meet commitments and to cover any unexpected expenditure.

Although this has not yet been achieved the club is in a significantly improved position compared to previous years following a staff restructure.

Plans for future period

Our main focus over the next year is to continue to develop the Centre, including the following plans:

- Increase the numbers in our Recreational programme with the aim of having all classes full.
- Increase club reserves through fundraising events.
- Increase participation in Double Mini Trampoline (DMT) within the club.
- Continue to up-skill our coaching team through Trampoline coaching courses and other CPD opportunities.
- Continue to increase the club's standing within British and International Trampolining.

Statement of Receipts and Payments for the period ended 31 July 2025

	Unrestricted Funds	Restricted Funds	Period ended 31/07/2025	Period ended 31/07/2024
Receipts				
Donations	3,791	-	3,791	13,555
Grants	-	-	-	-
Loans	-	-	-	-
Fundraising	-	-	-	5,023
Bank interest	-	-	-	-
Receipts from charitable activities	180,587	-	180,587	207,659
Selling of equipment	-	-	-	-
Total receipts	184,378	-	184,378	230,237
Payments				
Fundraising costs	-	-	-	4,900
Cost of charitable activities	174,174	-	174,174	228,041
Governance costs	-	-	-	-
Loan Repayments	1,668	-	1,668	5,001
Purchase of equipment	-	-	-	-
Total payments	175,842	-	175,842	237,942
Surplus/(Deficit) for the year	8,536	-	8,536	-7,705

Statement of Balances - As of 31 July 2025

	Unrestricted Funds	Restricted Funds	Period ended 31/07/2025	Period ended 31/07/2024
Opening cash at bank and in hand	576	-	8,281	8,281
Surplus for the period	8,536	-	8,536	-7,705
Closing cash at bank and in hand	9,112	-	9,112	576
Bank and Cash Balances				
Bank deposit account	9,112	-	9,112	576
Other assets				
Trampolines ¹	5,354	80,760	80,760	80,760
Other equipment ²	1,139	14,456	15,595	15,595
	6,493	95,216	96,355	96,355

¹ Trampoline and matting equipment is recorded at historic purchase (non-depreciated) value as this is a Receipts and Payments Account. There were no purchases in the current financial year. Trampolines were sold in 2024 for £4000 to GCU and an amount of £47244 removed from asset values last year being original cost of this and earlier asset disposals. A separate asset register is being kept. A more realistic net book value for all assets is £47960

² This is our non-trampoline specific equipment purchases. There were no equipment purchases in the current financial year.

Liabilities (unrestricted fund)

PAYE	1,328	-	1,328	-
National Insurance	-	-	-	-
Pension	390	-	390	-
Wages	0	-	0	3,556
Brian Scott (Trampoline)	1,000	-	1,000	1,000
SIS Loan	0	-	0	1,667
Repayments ³ Landlord-Energy	5,459	-	5,459	-
	8,177	-	8,177	6,223

Receipts outstanding (unrestricted fund)

Fees	227	-	227	330
Camps	-	-	-	188
Clothing	-	-	-	-
Competition Fees	-	-	-	-
	227	-	227	518

³ The SIS loan for £20,000 is a 6-year loan with 1 year interest free and a repayment break of 1 year. The first repayment started on the 31/12/19 of £377.47. The total repayment will be £22,869 and the last repayment was on 30/11/24.

Notes to the accounts - for the period ended 31 July 2025

1 Basis of accounting

These accounts have been prepared on the Receipts and Payments basis in accordance with the Charities & Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended).

2 Nature and purpose of funds

Unrestricted funds are those that may be used at the discretion of the trustees in furtherance of the objects of the charity. The trustees maintain a single unrestricted fund for the day-to-day running of the club.

Restricted funds may only be used for specific purposes. Restrictions arise when specified by the donor or when funds are raised for specific purposes.

3 Related party transactions

Remuneration was paid to the trustees for coaching services as follows:

Isobel Milns-Smith – £3,572 (Previous trustee resigned 30/05/2024)

Louise McFarlane – £16,464

4 Donations

	Unrestricted Funds	Restricted Funds	Period ended 31/07/2025	Period ended 31/07/2024
Donations	3,791	-	3,791	8,538
Gift Aid	-	-	-	5,017
Amazon Smile	-	-	-	-
	3,791	-	3,791	13,555

Notes to the accounts - for the period ended 31 July 2025

5 Grants

	Unrestricted Funds	Restricted Funds	Period ended 31/07/2025	Period ended 31/07/2024
Glasgow City Council Coronavirus Business Support Fund	-	-	-	-
	-	-	-	-

6 Detailed receipts from charitable activities

	Unrestricted Funds	Restricted Funds	Period ended 31/07/2025	Period ended 31/07/2024
Club Membership	5,386	-	5,386	13,113
Session Fees	155,944	-	155,944	145,867
Competition Fees ⁴	11,172	-	11,172	15,083
Camps	-	-	-	16,359
Clothing/merchandise	271	-	271	474
Hall Hire	4,060	-	4,060	11,851
Birthday Parties	1,292	-	1,292	498
Private Lessons	1,635	-	1,635	1,564
Events	272	-	272	2,850
Coaching Courses	555	-	555	-
Total	180,587	-	180,587	207,659

⁴ The club submits entries and pays for the gymnast, on their behalf, to the organising body. The gymnasts then pay the fee to the club rather than the organising body.

Notes to the accounts - for the period ended 31 July 2025

7 Cost of charitable activities

	Unrestricted Funds	Restricted Funds	Period ended 31/07/2025	Period ended 31/07/2024
Rent/Insurance/ Utilities etc	28,652	-	28,652	31,416
Scottish Gymnastics / British Gymnastics Membership	1,704	-	1,704	12,131
Comp Fees/Exps	14,704	-	14,704	16,417
Camps	54	-	54	16,143
Clothing	786	-	786	783
Publicity / Events	72	-	72	306
Wages (coaching services)	116,806	-	116,806	124,777
Tax/NI/Pension	6,000	-	6,000	17,814
Training including safeguarding	1,277	-	1,277	1,402
Volunteering	211	-	211	3,354
Equipment Servicing	2,560	-	2,560	929
Consumable Equipment ⁵	904	-	904	1,663
Bank Charges	244	-	244	696
Accountancy Fees	200	-	200	210
Total	174,174	-	174,174	228,041

⁵ This is our consumable equipment e.g., cleaning supplies, first aid supplies, stationery etc.

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees.

Signature(s)

Amanda O'Donoghue

Yvonne Elliot

Full name(s) Amanda O'Donoghue

Yvonne Elliot

Position (e.g. Chair) Treasurer

Chair

Date 10/3/26

10/3/26