

FREEDOM CITY FOUNDATION

Trustees Annual Report for the period:

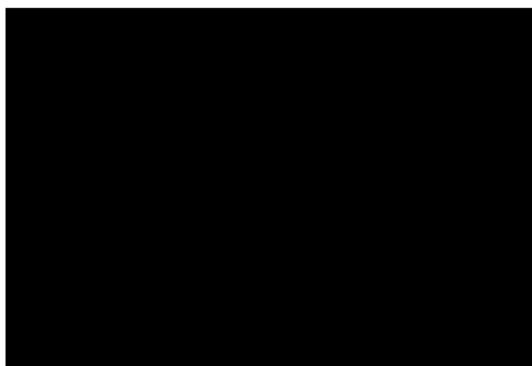
From 01/01/2024 to 31/12/2024

Charity Name: Freedom City Foundation (Formerly Take Heart For The Nations)

Charity Number SC042193

Address: 6 St Mungo's Road, Cumbernauld, G67 1QR

Trustees Names:



Governing Document: SCIO

The Trustees take all decisions concerning the charity and appoint new trustees.

Objects and Activities

1. The prevention or relief of poverty through engaging in local community projects for the poor, underprivileged and people otherwise in need. Also, through projects in targeted communities.
2. The advancement of education. To train, equip, commission and support or assist in the training of any relevant people.

3. The advancement of religion through the advancement of the Christian faith, lifestyle, and education. To empower targeted communities to lead dynamic, transformed, successful lives through the power of the gospel of Jesus Christ.
4. The advancement of health through encouraging, promoting and supporting the spiritual, physical, emotional, mental material wellbeing through our charitable initiatives.
5. The advancement of citizenship or community development through long-term regeneration, rebuilding and restoration projects in individual lives and targeted communities.

Achievements and Performance

The main activity of the charity throughout 2024 continued to be Cumbernauld Foodbank. There has been another reduction in the number of emergency food parcels issued this year, down from 3,189 to 2,441, a drop of 23%. There is some evidence that the drop is due, in part, to the impact that our Real Life Changes Programme is having on foodbank users. Service users receive assistance with finances, benefits, housing matters and health and wellbeing and as detailed below this has had dramatic improvements in individual's circumstances.

The Real Life Change programme has now been running for over two years and is overseen by our Programme Manager with additional support by our Financial Inclusion Team as provided by Citizen's Advice Bureau. The programme has been very popular from the outset and there is regularly a full weekly schedule of meetings with clients. Many users have experienced immediate positive outcomes with financial benefits being most notable. During 2024, 590 clients had benefited from the programme and over £180,000 financial gains achieved

As of April 2024, an additional Financial Inclusion Officer and Triage worker were appointed using extra funding provided by Trussell covering two years. This has enabled us to provide support for more clients as well as additional benefits from having an expanded team. We now have five paid workers as part of The Real Life Changes Programme.

Finances

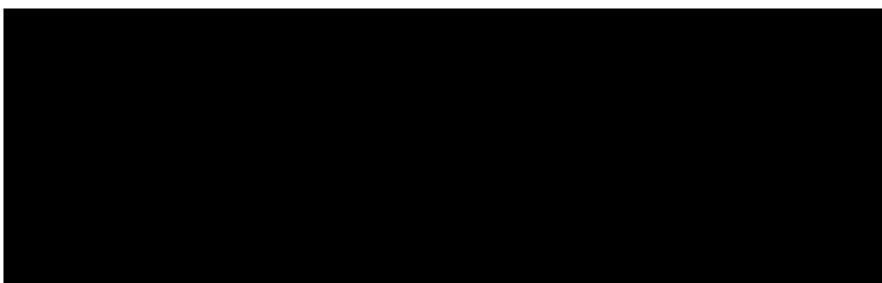
Once restricted funds for our programmes are accounted for, there are sufficient funds available to run the foodbank and meet the charities recurring fees, subscriptions, etc. Also, additional funds can be requested from the Trussell Trust should we continue to face financial pressure, e.g. from purchasing additional food stock, etc.

Future Plans

To change the Chairty Name to Freedom City Foundation as part of a review of the charity's aims and purposes and to amend our constitution where appropriate. This reflects our intentions to provide additional services under the charity, including an addiction support group and a family support resource.

Financial Review

The charity has total reserves of £87,045 of which £29,616 is unrestricted. As donations are received on a regular basis this allows the charity to carry out the plans for the future.



Receipts and payments accounts							
For the period from				to			
	01	01	2024		31	12	2024

Section A Statement of receipts and payments

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total funds current period to nearest £	Total funds last period to nearest £
A1 Receipts						
Donations	3,646	19,791			23,437	23,734
Legacies					-	
Grants	12,285	96,985			109,270	70,918
Receipts from fundraising activities					-	
Gross trading receipts					-	
Income from investments other than land and buildings					-	
Gift Aid					-	
Gross receipts from other charitable activities					-	
A1 Sub total	15,931	116,776	-	-	132,707	94,652
A2 Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
A2 Sub total	-	-	-	-	-	-
Total receipts	15,931	116,776	-	-	132,707	94,652
A3 Payments						
Expenses for fundraising activities					-	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities	4,513	108,676			113,189	106,130
Grants and donations					-	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
Insurance	830				830	825
22					-	
A3 Sub total	5,343	108,676	-	-	114,019	106,955
A4 Payments relating to asset and investment movements						
Purchases of fixed assets					-	
Purchase of investments					-	
A4 Sub total	-	-	-	-	-	-
Total payments	5,343	108,676	-	-	114,019	106,955
Net receipts / (payments)	10,588	8,100	-	-	18,688	(12,303)
A5 Transfers to / (from) funds						
Surplus / (deficit) for year	10,588	8,100	-	-	18,688	(12,303)

Section B Statement of balances

**Signed by one or two trustees
on behalf of all the trustees**

Signature

Print Name

Date of
approval

Section C Notes to the Accounts

C1 Nature and purpose of funds (may be stated on analysis of funds worksheets)

1. **What is the primary purpose of the study?**

C2 Grants

C3a Trustee remuneration

If no remuneration was paid during the period to any charity trustee or person connected to a trustee cross this box (otherwise complete section 3b)

C3b Trustee remuneration - details

C4a Trustee expenses

If no expenses were paid to any charity trustee during the period then cross this box (otherwise complete section 4b)

C4b Trustee expenses - details

	trustees

C5 Transactions with trustees and connected persons

Nature of relationship	Nature of transaction	amount (£)	outstanding at period end (£)

C6 Other information

1. *What is the primary purpose of the study?*

- SC42193

Additional analysis (1)**Analysis of receipts and payments****1 Donations**

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
General	3,646				3,646	220
Foodbank Donations		19,791			19,791	23,513
					-	
					-	
					-	
Total	3,646	19,791	-	-	23,437	23,733

reference

2 Grants

	Unrestricted funds to nearest £	Restricted funds to nearest £		Total current period to nearest £	Total last period to nearest £
				-	
				-	
Trussell Trust	12,285	96,985		109,270	68,713
NLC				-	2,205
Total	12,285	96,985		109,270	70,918

3 Gross receipts from other charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
					-	
					-	
					-	
					-	
					-	
					-	
Total	-	-	-	-	-	-

4 Payments relating directly to charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
General	4,513				4,513	4,159
Christians Against Poverty					-	
Foodbank		28,280			28,280	21,797
Real Life Changes		76,878			76,878	66,835
Warm Spaces					-	4,140
Insurance	830				830	
Take Heart Accommodation		3,518			3,518	9,199
					-	
					-	
Total	5,343	108,676	-	-	114,019	106,130

Additional analysis (2)**5 Breakdown of unrestricted funds**

	Foodbank				Total unrestricted funds	Total unrestricted funds last period
Receipts						
Individual Donations	388				388	220
Legacies					-	
Grants	12,285				12,285	8,963
Receipts from fundraising activities					-	
Gift Aid	3,258				3,258	
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
Sub total	15,931	-	-	-	15,931	9,183
Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
Sub total	-	-	-	-	-	-
Total receipts	15,931	-	-	-	15,931	9,183
Payments						
Expenses for fundraising activities					-	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities	4,513				4,513	4,159
Grants and donations					-	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Insurance	830				830	825
Sub total	5,343	-	-	-	5,343	4,984
Payments relating to asset and investment movements						
Purchases of fixed assets					-	
Purchase of investments					-	
Sub total	-	-	-	-	-	-
Total payments	5,343	-	-	-	5,343	4,984
Net receipts / (payments)	10,588	-	-	-	10,588	4,199
Transfers to / (from) funds						
Surplus / (deficit) for year	10,588	-	-	-	10,588	4,199
Nature and purpose of funds						

Additional analysis (3)**6 Breakdown of restricted funds**

	Foodbank	Real Life Changes	Charity General	Total restricted funds	Total restricted funds last period
Receipts					
Donations	19,791			19,791	23,514
Gift Aid				-	
Grants		96,985		96,985	61,955
Receipts from fundraising activities				-	
Gross trading receipts				-	
Income from investments other than land and buildings				-	
Rents from land & buildings				-	
Gross receipts from other charitable activities				-	
Sub total	19,791	96,985	-	116,776	85,469
Receipts from asset & investment sales					
Proceeds from sale of fixed assets				-	
Proceeds from sale of investments				-	
Sub total	-	-	-	-	-
Total receipts	19,791	96,985	-	116,776	85,469
Payments					
Expenses for fundraising activities				-	
Gross trading payments				-	
Investment management costs				-	
Payments relating directly to charitable activities	28,280	76,878		105,158	101,971
Grants and donations				-	
Governance costs:				-	
Audit / independent examination				-	
Preparation of annual accounts				-	
Legal costs				-	
Accommodation		3,518		3,518	-
Sub total	28,280	76,878	3,518	108,676	101,971
Payments relating to asset and investment movements					
Purchases of fixed assets				-	
Purchase of investments				-	
Sub total	-	-	-	-	-
Total payments	28,280	76,878	3,518	108,676	101,971
Net receipts / (payments)	(8,489)	20,107	(3,518)	-	8,100
Transfers to / (from) funds					
Surplus / (deficit) for year	(8,489)	20,107	(3,518)	-	8,100
Nature and purpose of funds					
Foodbank - Cumbernauld Foodbank, provision of emergency food parcels, run in partnership with The Trussell Trust. Real Life Changes - support programme for users of the foodbank, designed to address underlying causes of food poverty, supported by the Trussell Trust and Citizens Advice Bureau.					

APPENDIX 3



Scottish Charity Regulator

Independent examiner's report on the accounts							v2	
Report to the trustees/members of	Charity name							
Registered charity number	Freedom City Foundation							
On the accounts of the charity for the period	SC							
Set out on pages								
Respective responsibilities of trustees and examiner							Period start date	Period end date
	Day	Month	Year		Day	Month	Year	
	01	01	2024	to	31	12	2024	
							(remember to include the page numbers of additional sheets)	

Respective responsibilities of trustees and examiner	The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.
Basis of independent examiner's statement	My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.
Independent examiner's statement	<p>In the course of my examination, no matter has come to my attention [other than that disclosed on the attached page*]</p> <ol style="list-style-type: none"> which gives me reasonable cause to believe that in any material respect the requirements: <ul style="list-style-type: none"> to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations <p>have not been met, or</p> <ol style="list-style-type: none"> to which, in my opinion, attention should be drawn in order to enable a proper

Signed**:

Name:

Relevant professional qualification(s) or body (if any):

Address:

*Please delete the words in the brackets if they do not apply. If the words do apply, set out those matters which have come to your attention on the following page.

**OSCR will accept digital or typed signatures.

APPENDIX 3

Disclosure section

Only complete if the examiner needs to highlight material problems.

**Give here brief details of
any items that the
examiner wishes to
disclose**