

APPENDIX 1

OSCR

Scottish Charity Regulator

Office of the Scottish Charity Regulator

Trustees' Annual Report for the period								
Period start date						Period end date		
From	Day	Month	Year	To	Day	Month	Year	
	01	01	2025		31	12	2025	

Reference and administration details

Charity name Frame Running Scotland
Other names charity is known by
Registered charity number SC 052168
Charity's principal address 55 Bellevue Crescent
 Ayr
 South Ayrshire

Postcode KA7 2DP

Names of the charity trustees on date of approval of Trustees' Annual Report

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Peter Drysdale	Chair		Board
2	Lauren McAllister	Secretary		Board
3	David Phee	Treasurer		Board
4	Graeme Doig			Board
5	Gavin Drysdale			Board
6	Pierette Melville			Board
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

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Reference and administration details

Names of all other charity trustees during the period, if any, (for example, those who resigned part way through the financial period)

Name

Dates acted if not for whole year

Structure, governance and management

Type of governing document

The charity is a single tier Scottish Charitable Incorporated Organisation (SCIO), governed by its constitution.

The charity has no affiliation to an umbrella group or parent body.

Trustee recruitment and appointment

The Board appoints the Trustees.

Objectives and activities

Charitable purposes

- A. the relief of those in need by reason of age, ill-health, disability, financial hardship or other disadvantage (including relief given by the provision of accommodation or care)
- B. the advancement of public participation in sport (and sport means sport which involves physical skill and exertion)
- C. the provision of recreational facilities, or the organisation of recreational activities, with the object of improving the conditions of life for the persons for whom the facilities or activities are primarily intended

Summary of the main activities in relation to these objects

- a) raising awareness of Frame Running across communities and in particular with sport, education and health organisations
- b) increasing Frame Running participation in recreation and competition across Scotland. This may include organising events.
- c) supporting the development of Frame Running at international, national, club and individual levels
- d) supporting national (within Scotland) Frame Running startups/activities/come & trys where possible.
- e) fundraising to support the activities a, b, c and d above.

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Achievements and performance

Summary of the main achievements of the charity during the financial period

In 2025 the contribution of our equipment Hub, the Wooden Spoon Frame Running Equipment Hub, to the development of frame running in Scotland continued to increase. The hub's purpose being to provide clubs with ready access to running frames and accessories and in doing so help remove the equipment barrier to clubs providing opportunity. The hub is now providing equipment to over fifty percent of clubs.

Support was provided to one athlete to attend the international frame running development camp and competition in Denmark.

We published one newsletter and maintained our website and social media.

Financial review

Brief statement of the charity's policy on reserves

The charity maintains reasonable reserves as contingency.

Details of any deficit

None.

Donated facilities and services (if any)

Victoria Park Athletics Club provide a lockable container for storage of Equipment Hub equipment.

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Other optional information

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)
OSCR will accept
digital or typed
signatures

Full name(s)

Position (e.g. Chair)

Date



DAVID PHEE

TREASURER

11/6/26



PETER DRYSDALE

CHAIR

11/6/26

Receipts and payments accounts						
For the period from				to		
	01	01	2025		31	12 2025

Section A Statement of receipts and payments

	Unrestricted funds	Restricted funds	Expendable endowment funds	Permanent endowment funds	Total funds current period	Total funds last period
	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
A1 Receipts						
Donations					0 -	13969
Legacies					-	
Grants					-	
Receipts from fundraising activities					-	
Gross trading receipts					-	
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
					-	
A1 Sub total	-	-	-	-	0 -	13969 -
A2 Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
A2 Sub total	-	-	-	-	-	-
Total receipts	-	-	-	-	-	-
A3 Payments						
Expenses for fundraising activities					-	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities	877				877 -	1350
Grants and donations					-	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
Other					-	
					-	
A3 Sub total	877 -	-	-	-	877 -	1350 -
A4 Payments relating to asset and investment movements						
Purchases of fixed assets					-	
Purchase of investments					-	
A4 Sub total	-	-	-	-	-	-
Total payments	877 -	-	-	-	877 -	1350 -
Net receipts / (payments)	(877) -	-	-	-	(877) -	1350 -
A5 Transfers to / (from) funds					-	
Surplus / (deficit) for year	(877) -	-	-	-	(877) -	1350 -

Section B Statement of balances		Unrestricted funds	Restricted funds	Expendable endowment funds	Permanent endowment funds	Total current period	Total last period
		to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
B1 Cash funds	Cash and bank balances at start of year	12619	0			12619 -	12619
	Surplus / (deficit) shown on receipts and payments account	(877)				(877) -	0
						-	
						-	
	Cash and bank balances at end of year	11742 -	0 -	-	-	11742 -	12619 -

(Agree balances with receipts and payments account(s))

Fund to which asset belongs	Market valuation to nearest £	Last year to nearest £
Total	-	

[illegible]

Fund to which asset belongs	Cost (if available) to nearest £	Current value (if available) to nearest £	Last year to nearest £
		24000	24000
Total	-	24000 -	24000

Fund to which liability relates	Amount due to nearest £	Last year to nearest £
Total	-	

Fund to which liability relates	Amount due (estimate) to nearest £	Last year to nearest £
Total		

Date of approval

Mr. J.
K. K. K.

DAVID PHEE
PETER DRYSDALE

11/6/26
1/6/26

2013-04-02 Copy of Trustees AR Ap2 excel.xls / Statement of balances

C1 Nature and purpose of funds (may be stated on analysis of funds worksheets)

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Type of activity or project supported

Type of activity or project supported	Individual / institution	Number of grants made	£
Total			

If no remuneration was paid during the period to any charity trustee or person connected to a trustee cross this box (otherwise complete section 3b)

Authority under which paid

Authority under which paid	E

If no expenses were paid to any charity trustee during the period then cross this box (otherwise complete section 4b)

Number of trustees	£
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[illegible]

Nature of relationship

Nature of relationship		Nature of transaction		Transaction amount (£)	Balance outstanding at period end (£)

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Analysis of receipts and payments

	Unrestricted funds	Restricted funds	Expendable endowment funds	Permanent endowment funds	Total current period	Total last period
	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £	to nearest £
					0 =	13569
					-	-
					-	-
					-	-
Total	-	-	-	-	0 =	13569

	Unrestricted funds to nearest £	Restricted funds to nearest £	Total current period to nearest £	Total last period to nearest £
			-	
			-	
			-	
			-	
Total	-	-	-	

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
					-	
					-	
					-	
					-	
					-	
					-	
					-	
Total	-	-	-	-	-	

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Insurance	467				467 -	0
Event Assistance	0				0 -	300
Athlete Development and Participation	300				300 -	900
Mail Box	0				0 -	150
Website	110				110 -	0
					-	
					-	
					-	
					-	
					-	
					-	
Total	877 -	-	-	-	877 -	1350 -

sc 052168

Additional analysis (2)

5 Breakdown of unrestricted funds

					Total unrestricted funds	Total unrestricted funds last period
Receipts						
Donations					0	1999
Legacies					-	-
Grants					-	-
Receipts from fundraising activities					-	-
Gross trading receipts					-	-
Buildings					-	-
Rents from land & buildings					-	-
Gross receipts from other charitable activities					-	-
Sub total	-	-	-	-	0	1999
Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	-
Proceeds from sale of investments					-	-
Sub total	-	-	-	-	-	-
Total receipts	-	-	-	-	-	-
Payments						
Expenses for fundraising activities					-	-
Gross trading payments					-	-
Investment management costs					-	-
Payments relating directly to charitable activities					877	1350
Grants and donations					-	-
Governance costs:					-	-
Audit / independent examination					-	-
Preparation of annual accounts					-	-
Legal costs					-	-
Sub total	-	-	-	-	877	1350
Payments relating to asset and investment movements						
Purchases of fixed assets					-	-
Purchase of investments					-	-
Sub total	-	-	-	-	-	-
Total payments	-	-	-	-	877	0
Net receipts / (payments)	-	-	-	-	(877)	0
Transfers to / (from) funds						
Surplus / (deficit) for year	-	-	-	-	(877)	0

Nature and purpose of funds

Unrestricted funds are those that may be used at the discretion of the trustees in furtherance of the objectives of the charity. This includes unrestricted funds for the day-to-day running of the charity.

Additional analysis (3)

6 Breakdown of restricted funds

					Total restricted funds	Total restricted funds last period
Receipts						
Donations					-	
Legacies					-	
Grants					-	
Receipts from fundraising activities					-	
Gross trading receipts					-	
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
Sub total	-	-	-	-	-	-
Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
Sub total	-	-	-	-	-	-
Total receipts	-	-	-	-	-	-
Payments						
Expenses for fundraising activities					-	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities					-	
Grants and donations					-	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
Sub total	-	-	-	-	-	-
Payments relating to asset and investment movements						
Purchases of fixed assets					-	
Purchase of investments					-	
Sub total	-	-	-	-	-	-
Total payments	-	-	-	-	-	-
Net receipts / (payments)	-	-	-	-	-	-
Transfers to / (from) funds						
Surplus / (deficit) for year	-	-	-	-	-	-

Nature and purpose of funds

Restricted funds may only be used for specific purposes. Restrictions arise when specified by the donor.

APPENDIX 3



Independent examiner's report on the accounts

v2

Report to the trustees/members of

Charity name

Frame Running Scotland

Registered charity number

SC 052168

On the accounts of the charity for the period

Period start date

Day Month Year to
01 01 2025

Period end date

Day Month Year
31 12 2025

Set out on pages

(remember to include the page numbers of additional sheets)

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In the course of my examination, no matter has come to my attention [other than that disclosed on the attached page*]

1. which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
 - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations

have not been met, or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed**:

Name:

Relevant professional qualification(s) or body (if any):

Address:

Susan McFadyen
SUSAN MCFADYEN

Date: 11/6/26

*Please delete the words in the brackets if they do not apply. If the words do apply, set out those matters which have come to your attention on the following page.

**OSCR will accept digital or typed signatures.

APPENDIX 3

Disclosure section

Only complete if the examiner needs to highlight material problems.

**Give here brief details of
any items that the
examiner wishes to
disclose**