

Trustees' Report and Financial Statement for the year ended 31 March 2026

The trustees are pleased to present their report together with the financial statements and the independent examiner's report for the year ended 31 March 2026.

Reference & Administrative Information

Charity Name

Edinburgh and Lothian Prostate Cancer Support Group

Charity Number

SCO41732

Trustees in the period since 31 March 2025

Charlie Hogg
Richard Kerr
Gary Tait
Tom Lambie

Management Committee

Gary Tait, Chairman
Richard Kerr, Treasurer
Morton Cowie, Secretary
Charlie Hogg (West Lothian)
Tom Lambie (West Lothian)
Richard Clayton (Edinburgh)
Richard Mellis (Edinburgh)

Structure Governance & Management

Constitution

Edinburgh and Lothian Prostate Cancer Support Group is a charitable unincorporated association and its objectives are as set out in the Group's constitution. The group was granted charitable status by the Office of the Scottish Charity Regulator (OSCR) in 2010.

Members

The group is open to any individual who shares the aims of the group.

Appointment of Trustees and Management Committee

The trustees and members of the Management Committee are elected or re-elected by the members at the Annual General Meeting.

Contact Address

All enquiries to the group can be send to enquiries@elprostatecancersupport.co.uk.

Charitable purposes

The full list of the purposes and aims of the group are set out in the constitution but in summary they are:

- To enable men with prostate cancer to support others who face life (and perhaps death) with a similar diagnosis.
- To offer support, advice and guidance to men diagnosed with prostate cancer, to their families, friends and carers.
- To provide opportunities for such people to explore their experiences and their feelings.
- To provide support to men (and their carers, families and friends) in Edinburgh and Lothian, who have been diagnosed with prostate cancer.

Group Activities

During the year to 31 March 2026 the group has continued its operations in accordance with its charitable purposes.

Members' Meetings

The group has two branches (in Edinburgh and West Lothian) and both branches held a successful series of member meetings throughout the year and cumulative attendance at these meetings was in the region of 400 men (and partners). Attendance numbers at the meetings continues to grow reflecting the work undertaken by the respective branches in promoting the group's support services. The committees of the respective branches have also worked hard to present at the member meetings an interesting mix of talks on topics relating to prostate cancer presented by recognised experts in their field.

An important part of the meetings is the opportunity they provide for attendees to raise questions and talk with their fellow members about issues affecting them. Our ethos is "patients supporting patients" and this is best achieved by talking to each other in an open and supportive manner.

Buddy Service

Both branches continue to offer a buddy service whereby a newly diagnosed man is offered an opportunity to connect with an existing member who has experienced a similar pathway and/or had a similar treatment regime or just wants to talk on a 1:1 basis with another man who has experienced prostate cancer. This remains a key service provided by the group and one which is valued by all participants. In the region of 60 men were provided with a buddy service in the past 12 months. The management committee are keen to provide the buddy service to a larger number of men and are looking into opportunities to more actively promote the service to all men in Edinburgh and Lothian newly diagnosed with prostate cancer.

During the year we held a successful buddy training and recruitment session jointly with Maggie's Edinburgh. This was well attended by members from both the Edinburgh and West Lothian branches and resulted in a number of members joining our buddy roster. This is important given that treatments evolve over time and the experiences of some of our most supportive existing buddies are now some years old. We are always on the lookout to extend the buddy roster so if you would like to be part of this very important service please contact Richard Clayton (enquiries@elprostatecancersupport.co.uk).

Walking Group

The walking group have again had an active year with regular and enjoyable walks around Edinburgh and Lothian. The walks are an excellent way to not only enjoy the great scenery in our area but also to get to know other members of the group. If you would like to participate in a future walk, then please email enquiries@elprostatecancersupport.co.uk.

Promotional Activities

Our continued aim is to improve promotion of the support services provided by the group so that men recently diagnosed with prostate cancer are aware of our services and may consider contacting us. As part of our ongoing campaign to raise awareness of the group's support services in the past 12 months we have run awareness desks at: Cameron Toll, The Centre (Livingston), a Cancer Card event and various other community events. Thank you to all the members who participated in these promotional events.

Liaising with External Organisation's

The committee continues to work closely with key local organisation's such as Prostate Scotland, Maggie's, Western General Hospital and the Beatson. In addition, we regularly provide comments on research and study proposals prepared by clinicians and researchers as part of their applications for research grants. We view the engagement with local experts in the field of urology and prostate cancer who are developing new screening and treatment techniques and methods as an important part of the service provided by the group. The contribution of our members to these studies continues to be recognised and valued by the clinicians.

Colin Weir

It was with great sadness that we reported during the year the death of Colin Weir. Colin was a member of the Group Management Committee and in this role he made a considerable contribution to the operations of the group and was leading our initiative to promote the group's support services to newly diagnosed men. Colin was a very positive individual and was always an active participant in discussions at our members' meetings. He was also an active participant in a prostate cancer research study and he regularly shared his experience of this study at meetings. Additionally, Colin had a strong relationship with Prostate Scotland and regularly assisted them with visits to workplaces to make men more aware of the symptoms of prostate cancer and the importance of early detection. Colin will be greatly missed by us all.

On behalf of the group, we pass on our sincere condolences to the families of all members who have sadly passed away during the year.

Financial Review

For the year ended 31 March 2026 a deficit of £2,003 (31 March 2025: deficit of £3,782) was recorded.

Revenue

Revenue in the year ended 31 March 2026 was £13,392 which is significantly higher than the £1,535 revenue recorded in the previous year. Amounts received from donations and fund raising in the financial year were:

- £5,066 QB Wood Architects (nominated charity for their annual charity day)
- £3,000 Kingsfield Golf Club
- £1,750 Stirling & District Classic Car Club
- £1,000 Foundation Scotland (Baillie Gifford)
- £802 Edinburgh Kiltwalk
- £500 Co-Op Group
- £500 Rotary Club of Livingston
- £162 Sundry donations
- £150 Charities Trust
- £98 Ferguson's Bakery

The committee is very grateful to the individuals and organisation's who have made donations to financially assist the group during the period which enables the group to continue providing its support services to men diagnosed with prostate cancer.

Expenditure

Total expenditure in the year amounted to £15,395 of which £10,500 (31 March 2025: £950) represented donations made by the group. The largest donation was £10,000 which was paid to Prostate Scotland, reflecting 50% of the amount donated to the group from ex-member Ian Hogarth's estate. Administrative expenses were £4,895 which were higher than the £4,367 incurred in the previous year, largely reflecting inflationary pressure on the costs of running our members meetings.

Cash

Cash held as at 31 March 2026 was £19,603 (31 March 2025: £21,606). This balance reflects £10,000 of the Ian Hogarth donation which will be used to fund projects and £9,603 to cover operational expenditure of the group.

Ian Hogarth Donation

As reported in last year's trustee report it was agreed by the management committee to donate to Prostate Scotland £10,000 of the £20,000 previously bequeathed by Ian Hogarth. We can report the donation to Prostate Scotland has been made and they have agreed the money will contribute to the funding of a number of specific projects including COMPASS and the re-development of their website.

The balance of £10,000 remains unspent by the group whilst we identify appropriate projects which will enhance the support services provided to current and future members.

The Next 12 Months

Looking ahead to the next 12 months our core aim will continue to be supporting men (and their families) who have been diagnosed with prostate cancer. We also plan to increase promotion of the group's support services so that more men, their families, and health professionals are aware of their local prostate cancer support group. We will also continue to foster existing and develop new working relationships with local organisation's and clinicians involved in prostate cancer.

Subject to approval by the members at the AGM a copy of the 2026 Trustee Report and Annual Accounts will be posted onto the Group's website www.elprostatecancersupport.co.uk.



Gary Tait
Chairman & Trustee
Edinburgh

Independent Examiner's Report to the Trustees of Edinburgh and Lothian Prostate Cancer Support Group (SCO41732)

I report on the financial statements of the charity for the year ended 31st March 2026, which are set out in pages 6 to 7.

Respective responsibilities of Trustees and Examiner

The charity's Trustees are responsible for the preparation of the financial statements in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006. The charity's Trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of Independent Examiners' statement

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.

Independent Examiner's statement

In the course of my examination no matter has come to my attention

1. which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Regulations, and
- to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Regulations

have not been met, or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

A handwritten signature in blue ink, appearing to read 'D Holland'.

David Holland, C.A.
Edinburgh
24 June 2026

Revenue and Expenditure Account For the year ended 31 March 2026

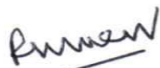
	Note	2026 £	2025 £
<u>Revenue</u>			
Donations received	2	13,028.00	1,534.74
Miscellaneous income	2	333.00	-
Bank interest		31.34	-
Total Revenue		13,392.34	1,534.74
<u>Expenditure</u>			
Administrative expenses	3	4,895.22	4,366.72
Donations made	4	10,500.00	950.00
Total Expenditure		15,395.22	5,316.72
Net deficit in the year		(2,002.88)	(3,781.98)

Statement of Movement in Funds For the year ended 31 March 2026

	£
Bank balance as at 31 March 2025	21,605.80
Net deficit in the year	(2,002.88)
Bank balance as at 31 March 2026	19,602.92

Bank Reconciliations For the year ended 31 March 2026

	£
<u>Charity Account</u>	
Opening balance at 1 st April 2025	21,605.80
Payments In	14,111.00
Payments Out	(34,195.22)
Closing balance as at 31 March 2026	1,521.58
<u>Instant Access Account</u>	
Opening balance at 1 st April 2025	-
Payments In	18,831.34
Payments Out	(750.00)
Closing balance as at 31 March 2026	18,081.34
Total Cash in Hand as at 31 March 2026	19,602.92



Richard N Kerr
Treasurer & Trustee
East Lothian, EH34 5HD

Notes to the Accounts

For the year ended 31 March 2026

- 1** The Group was officially recognised as a Charity for tax purposes by HM Revenue and Customs on 22nd June 2011 (registered with OSCR 24th August 2010). These accounts have been prepared on the Receipts and Payments Basis in accordance with the Charities & Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland).

2 Donations received

The Group has received, with grateful thanks, several donations during the year. Details of various individual donations are recorded in the Trustee Report and on the donations section of the Group's website. Some donations are also received via LocalGiving, payroll donations and other fundraising events organised separately to the Group. The Group also received £333 from the sale of the old Audio Visual equipment used for Edinburgh meetings.

3 Administration expenses

The following expenses were incurred in the running of the Group and the organisation of members' meetings.

	2026	2025
	£	£
Meeting expenses	2,636.95	2,409.08
Admin costs	1,664.38	937.81
Publicity and marketing	593.89	1,019.83
	4,895.22	4,366.72

4 Donations made by the Group

	2026	2025
	£	£
Prostate Scotland	10,000.00	250.00
Maggie's Centre	250.00	250.00
Crofthead Community Centre	250.00	250.00
The Beatson Cancer Charity	-	200.00
	10,500.00	950.00

- 5** No remuneration has been paid to any Trustee of the Group, or to any other person. There are no other transactions to report between the Group and its Trustees, or any other person.
- 6** The Group's bank balance as at 31 March 2026 was £19,602.92 (31 March 2025: £21,605.80)